PROPOSAL FOR CHANGE IN PROGRAM

UNIVERSITY CURRICULUM COMMITTEE

University of North Carolina at Wilmington  Wilmington, NC  28403

Type of program change proposed (check all that apply)

| Establishment, dissolution, division, or consolidation of academic departments or other degree-granting entities |
| X Establishment, dissolution, or revision of academic degrees, including majors, minors, and certificate programs |
| Policies for maximum and minimum hours required for majors, minors, and certificates |
| Total number of hours required for graduation |
| University-wide competency requirements (other than basic studies, oral communication intensive, or computer competency) |
| Course prefixes |
| Curricular conflicts between schools and/or colleges |
| Other general curricular policies which have total university impact |

Description of proposed program change:
The UNCW Healthful Living Fitness Education is requesting to remove EXS 217 and EXSL 217, Human Anatomy and Physiology II, from the requirements. The intent of the requirement of this course for HFE is being taught in ATR 220 - Functional and Structural Kinesiology. *This reduces the Core courses from 47 to 43 hours.*

In addition, the Healthful Living and Fitness Education - Teacher Licensure Concentration would like to add a 1 credit course, PED 300 Principals of the edTPA: Teaching Performance Assessment course, to better prepare students for meeting new licensure requirements. *This increases the K-12 Licensure Concentration from 32 to 33 hours.*

The total degree requirement range will change from "74-79 hours" to "70-76 hours".

List of attached documents for review:

Signature of Department Chairperson:  Lindsey Nanney
Signature of Dean:  Chris Lantz
Signature of the UCC Chairperson:  Stuart Borrett

ACTION OF THE UNIVERSITY CURRICULUM COMMITTEE:
UCC Approved: 4/01

APPROVED BY PAUL TOWNSEND ON 12/18/18
Healthful Living and Fitness Education, B.A.

Return to: College of Health and Human Services

http://www.uncw.edu/hahs

Dr. Combs (program coordinator), Dr. Huelskamp, Mr. Weber

The Healthful Living and Fitness Education program is designed for students who want to enter K-12 teaching or the health, wellness and fitness industries. Students must complete the core courses and then, choose from one of two concentrations: the K-12 Teacher Licensure concentration or the Lifetime Fitness and Health concentration. The K-12 Teacher Licensure concentration is accredited by the National Council for Accreditation of Teacher Education (NCATE) and prepares students to teach, coach and assume leadership positions in K-12 schools. The Lifetime Fitness and Health concentration prepares students for a career in the health and fitness industry. A Master of Education (MED) degree and a Master of Arts in Teaching (MAT) are also offered, in conjunction with the Watson College of Education.

Oral Communication Requirement:

To satisfy the oral communication requirement for the B.A. degree in Healthful Living and Fitness Education, a student must successfully complete PED 235.

Applied Learning Requirement:

To satisfy the applied learning requirement for the B.A. degree in Healthful Living and Fitness Education, a student must successfully complete EDN 409 or PED 348.

Requirements for a Major in Healthful Living and Fitness Education for the B.A. Degree:
I. Core (43 hours)

- ATR 220 - Functional and Structural Kinesiology
- EXS 216 - Human Anatomy and Physiology I
- EXSL 216 - Human Anatomy and Physiology I Laboratory
- EXS 217 - Human Anatomy and Physiology II
- EXSL 217 - Human Anatomy and Physiology II Laboratory
- HEA 207 - Nutrition and Behavior
- HEA 210 - Substance Abuse Prevention
- PED 221 - First Aid and Injury Care
- PED 235 - Foundations of Health and Physical Education
- PED 345 - Childhood Obesity
- PED 350 - Motor Behavior
- PED 385 - Health and Physical Education Curriculum Development
- PED 386 - Physical Activity Pedagogy I
- PED 387 - Physical Activity Pedagogy II
- PED 391 - Health Behavior Theory Applications
- PED 415 - Adapted Physical Activity

II. Concentration (27-33 hours)

Students must select one of the following concentrations:

K-12 Teacher Licensure Concentration (33 semester hours)

This concentration prepares students to become physical education and health teachers in K-12 schools. Students must obtain a 2.7 cumulative GPA and be admitted to the Watson College of Education prior to enrollment in EDN 352 and EDN 409.

- EDN 200 - Teacher, School and Society
- EDNL 200 - Field Studies
- EDN 203 - Psychological Foundations of Teaching
- EDN 303 - Instructional Technology
- PED 300 – Principles of the edTPA: Teaching Performance Assessment
- EDN 352 - Developing Reading and Writing Competence in the Middle Grades
- EDN 409 - Student Teaching
- HEA 205 - Human Sexuality
- HEA 304 - Comprehensive School Health Education, Grades K-12
• **PED 410 - Seminar in Physical Education**

**Lifetime Fitness & Health Concentration (27 semester hours)**

This concentration prepares students for a career in the health and fitness industry.

• **EBD 280 - Entrepreneurship for Non-Business Majors**  
• **GRN 101 - Introduction to Gerontology**  
• **HEA 325 - Health and Aging**  
• **LED 211 - Principles of Leadership**  
• **MGT 350 - Principles of Management**  
• **PED 336 - Coaching, Sport, and Society**  
• **PED 348 - Practicum in Lifetime Fitness and Health**  
• **PED 390 - Advanced Concepts of Personal Training**  
• **REC 380 - Marketing for Recreation, Sport Leadership and Tourism**  

**Total Degree Requirements: 70-76 hours**

**Additional Information for Teacher Licensure:**

Students within the K-12 Teacher Licensure Track are required to take 18 hours in an academic concentration area. Healthful Living and Fitness Education majors in the K-12 Teacher Licensure concentration are encouraged to the Community Health concentration. The 18 hours of health content for the Community Health concentration are satisfied through the completion of the following courses: **HEA 205, HEA 207, HEA 210, HEA 304, PED 221,** and **PED 391** which are embedded within the degree core requirements and the K-12 Teacher Licensure concentration.

In order to be eligible for an internship, students must:

• Be admitted to the Watson College of Education  
• Have a cumulative GPA of 2.7 or better  
• Have completed all required education courses and ideally all academic major courses  
• Complete an application for internship at least one semester in advance of the intended student teaching semester and attend orientation meetings  
• Earn a grade of ‘C-’ or better in all required health and physical education courses.

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