Writing for Health and Human Services
Athletic Training, Exercise Science, Gerontology, Health, Recreation Therapy

WRITING SERVICES - UNCW - DEPAOLO HALL, 1ST FLOOR - 962-7857

Basics
- Online style manual reference: Purdue OWL *APA Formatting and Style Guide*

References
- Basic Format (Single Author example):
  Last Name, First Name. (Year). *Title*. Publication City: Publisher.
- Reference list should follow hanging indent guidelines.
- Reference list should be listed alphabetically by the author’s last name.
- In-text citations should include the last name of the author and year of publication inserted when appropriate. If either the name or year is listed in the narrative, it is not necessary to also include it in parentheses. Example: (Miller, 2012).

Basic Format/Organization of a Paper
- Title Page: Running header begins on title page.
- Abstract: Separate page, subheading “Abstract” should be centered, no formatting.
- Introduction
- Method
- Results
- Discussion
- References

Suggested Databases
- EBSCOhost
- CINAHL
- Health Source Plus: Nursing/Academic Edition
- SPORTDiscus
- PubMed
- Physical Education Index
- eHRAF World Cultures
- PsycARTICLES & PsycINFO

Links for Handout References
- *APA Style Index* at the American Psychological Association
  [http://www.apastyle.org/index.aspx](http://www.apastyle.org/index.aspx)
- Purdue OWL, *APA Style Formatting*
  [http://owl.english.purdue.edu/owl/resource/560/01/](http://owl.english.purdue.edu/owl/resource/560/01/)
- *Merriam-Webster’s Dictionary Online*

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