**B. A. Physical Education and Health K-12 (PED)**  
*College: Health and Human Services*  
Teacher Licensure Concentration**

Course requirements for all UNCW degrees include: (1) **University Studies**, (2) specific major requirements, and (3) sufficient elective hours for a combined total of a minimum of 124 hours.

### MAJOR REQUIREMENTS – PED (Minimum 84 hours)

#### Core Courses: (38 hours)
- **+PED 216** Human Anatomy and Physiology I (4)
- **PED 235** Foundations of Health and Physical Education (3) *(Meets Oral Communication Requirement)*
- **PED 336** Coaching, Sport, and Society (3)
- **PED 340** Biomechanics of Sport and Exercise (3) Prerequisite: PED 216 or BIO 240 with a grade of “C-” or better
- **PED 345** Childhood Obesity (3) Prerequisite: PED 216
- **PED 350** Motor Behavior (3) Prerequisite: PED 216 or BIO 240
- **PED 385** Health and Physical Education Curriculum Development (3) Prerequisite: PED 235
- **PED 386** Teaching Healthful Living in Elementary Schools I (4) Prerequisite: PED 235
- **PED 387** Teaching Healthful Living in Secondary Schools (4) Prerequisite: PED 235
- **PED 388** Teaching Healthful Living in Elementary Schools II (3) Prerequisite: PED 386
- **PED 389** Seminar in Physical Education (1) Corequisite: EDN 409
- ***PED 386** Teaching Healthful Living in Elementary Schools I (4) Prerequisite: PED 235
- ***PED 387** Teaching Healthful Living in Secondary Schools (4) Prerequisite: PED 235
- ***PED 388** Teaching Healthful Living in Elementary Schools II (3) Prerequisite: PED 386
- ***PED 389** Seminar in Physical Education (1) Corequisite: EDN 409
- **PED 410** Adapted Physical Activity (4) Prerequisite: Senior standing or consent of instructor; EXS 216 or BIO 240

#### Education Courses: (28 hours)
- **+EDN 200** Teacher, School and Society (3), Field Studies (1) Corequisite: EDNL 200
- **+EDN 203** Psychological Foundations of Teaching (3)
- ***EDN 303** Instructional Technology (3) *(Meets Computer Requirement)*
- **EDN 352** Developing Reading and Writing Competence in the Middle Grades (3) Prereq: Admission to WSE
- **EDN 356** Reading for K-12 Teachers (3)
- **EDN 409** Practicum (12) Corequisites: All professional core & specialty area courses, admission to WSE and a 2.70 GPA on all work attempted at UNCW *(Meets Applied Learning Requirement)*

#### Academic Concentration: (18 hours) **Note:** PED majors are encouraged to complete the community health concentration.
- **Approved disciplines:** ANT, ART, Behavioral Studies, BIO, CHM, Community Health, ENG, EVS, Fine Arts, FRH, GGY, GLY, HST, Literature Studies, MBY, MAT, MUS, PAR, PLS, PSY, Science and Humanities, Social Studies, SOC, SPN and THR. Concentration course requirements may be obtained from academic advisors within the WCE or the WCE web site: [http://www.uncw.edu/ed/advising/concentration.html](http://www.uncw.edu/ed/advising/concentration.html).

#### Add-on Licensure in Health: (18 hours)
- **HEA 105** Individual Well Being (3)
- **HEA 207** Nutrition and Behavior (3)
- **HEA 210** Substance Abuse Prevention (3)
- **HEA 245** Consumer Health (3)
- **HEA 304** Comprehensive School Health Education, Grades K-12 (3)
- **HEA 351 (PBH 351)** Health Communications (3)

Students are licensed in Physical Education and are also required to take 18 hours in an academic concentration. In order to be eligible for an internship, students must be admitted to WCE, have a cumulative GPA of 2.70 or better, have completed all required Education courses and ideally all academic major courses, complete an application for an internship at least 1 semester in advance and attend orientation meetings, and earn a grade of “C-” or better in all required health and physical education courses.

**For information on the Teacher Education Program admissions criteria and the courses required for licensure in North Carolina, see the Watson College of Education section of the undergraduate catalogue. Students planning to pursue licensure should apply to the WCE as soon as admissions requirements are met (typically in the sophomore year) and plan their programs in regular consultation with their advisors. Teacher licensure requirements are established at the state level and may be changed by the state at any time.**

*These courses require a lab  
+May also be used to satisfy University Studies Foundations & Approaches and Perspectives requirements*

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**Requirements to declare PRE-PED (Teacher Licensure):** Completion of 24 hours  
**Requirements to declare PED (TC):** An overall GPA of 2.7 or better among all coursework attempted, and additional requirements as outlined in the undergraduate catalogue. Student must pass Praxis I exam.

For further information, see the PED website: [http://www.uncw.edu/shahs/academic/teacher.html](http://www.uncw.edu/shahs/academic/teacher.html) and [http://catalogue.uncw.edu](http://catalogue.uncw.edu).

This document is considered an unofficial guide. Please refer to your degree audit for the latest updates.

5/25/2015