

Sustainable Habits

The individual decisions we make on a daily basis impact the world we live in today and the outlook for our future. Use this check list to start making simple decisions that lead to sustainable habits.

Recycle

Ensure recycling is separated from trash and prioritize buying recyclable materials.



1

Green Transportation

Plan to commute through use of bicycle, walking, mass transit, or car pool.



2

Printer Usage

Print only when necessary and utilize both sides of the paper.



3

Water Bottle

Bring a reusable water bottle instead of buying plastic bottles.



4

Grocery Bags

When shopping remember to use reusable bags instead of plastic ones.



5

Appliances

Prioritize purchasing appliances with a good energy efficiency rating.



6

Support Local

Always try to purchase products, such as groceries, from local sources.



7

Thermostat Usage

Set indoor temperature to appropriate level to save energy and money.



8

Turn off and Unplug

Remember to turn lights off and unplug unused electronic devices



9

Respect

Demonstrate respect to others and help educate.



10

"The greatest threat to our planet is the belief that someone else will save it." –Robert Swan