Teal Meal Guide

NO SUBSTITUTIONS OR CHANGES
UNCW CAMPUS DINING

HAWKS NEST

JOLE MOLE
Includes one of the following:
Chips or Whole Fruit and
22oz. Regular Fountain Beverage/Water.
Option 1 Burrito
Option 2 Quesadilla
Option 3 Nachos
Option 4 Taco Salad

OPA!
Includes one of the following: Side,
Chips or Whole Fruit and
22oz. Regular Fountain Beverage/Water.
Option 1 Salad
Option 2 Pita
Option 3 Wrap

GREENSPOT
Includes one of the Following: Side,
Chips or Whole Fruit and
22oz. Regular Fountain Beverage/Water.
Option 1 Blackbean Burger
Option 2 Tofu Pup
Option 3 PLT
Option 4 Greenspot Burger
Option 5 Dawg
Option 6 BLT
Option 7 Greenspot House Salad
Option 8 Caesar Salad
Option 9 Grilled Cheese

FLATZ
Includes one of the following: Chips or
Whole Fruit and 22 oz.
Fountain Beverage/Water
Option 1 Flatbread
Option 2 Two Pizza Slices

R E T A I L   L O C A T I O N S

EINSTEIN BROS. BAGELS
Includes 20oz. Fountain Beverage/Water, Iced
Tea/Coffee or 16oz. Hot Coffee
Option 1 Includes Chips or Whole Fruit, 20oz.
Fountain Beverage/Water,
Iced Tea/Coffee or 16oz. Hot Coffee
Option 1 Classic Breakfast Egg Sandwich
Option 2 Bagel and Shmear
Option 3 Tasty Turkey or Veg Out

PORT CITY JAVA
Option 1 Includes 16oz. Hot/Iced Coffee or Hot Tea
+ Whole Fruit
Option 2-3 Includes 16oz. Hot/Iced Coffee, Hot Tea
or Hot/Iced Espresso Bar Beverage + Whole Fruit
Option 1 Any Breakfast Sandwich on Bagel or English Muffin
Option 2 Any Bagel
Option 3 Any Muffin
* Excludes additional flavor or espresso shots.

DUNKIN’ DONUTS
Option 1-2 Includes Whole Fruit and Small Iced
Tea/Coffee or Medium Hot Coffee
Option 3-5 Includes Hashbrown or Whole Fruit
and Small Iced Tea/Coffee or Medium Hot Coffee
Option 1 Bagel with Cream Cheese
Option 2 2 Donuts
Option 3 Bacon, Egg and Cheese Sandwich
Option 4 Sausage, Egg and Cheese Sandwich
Option 5 Chicken Bacon Sandwich

CHICK-FIL-A
Option 1-2 Includes Choice of Small Coffee
or 20oz. Fountain Beverage/Water
Option 3-6 Includes Choice of 20oz.
Fountain Beverage/Water
Option 1 3 Count Chick-N-Mini Combo
Option 2 Any Breakfast Biscuit Combo
Option 3 Regular or Spicy Chick-fil-A Sandwich Combo
Option 4 8-Piece Nugget Combo
Option 5 8-Piece Grilled Nugget Combo
Option 6 3-Count Strips Combo

THE LANDING
Includes Chips or Whole Fruit
and 20oz. Fountain Beverage/Water
Option 1 Any Sandwich
Option 2 Any Salad

MOOYAH
Includes French Fries or Sweet Potato Fries
and a Fountain Beverage
Option 1 MOOYAH Cheeseburger
Option 2 Grilled Chicken Avocado Club Sandwich
Option 3 Avocado Black Bean Burger
Option 4 Hot Dog

SUBWAY
Option 1 6in. Breakfast Sandwich + Hashbrown or
Whole Fruit + 21oz. Fountain
Beverage/Water or Coffee
Option 2 Choice of 6” Sub (Turkey Breast, Veggie
Delite, Italian BMT, Meatball Marinara,
Ham, Tuna, or Sweet Onion Chicken
Teriyaki) + Chips or Whole Fruit +
21oz. Fountain Beverage/Water

EMAIL US AT TEALMEAL@UNCW.EDU