



# First Friday in Friday Annex

Volume 3, Issue 1

Back-to-School Issue

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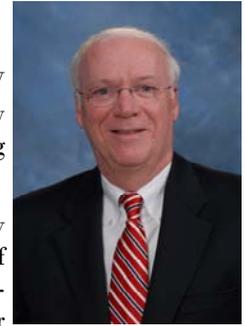
Production: Debra Simpson (simpsond@uncw.edu)

## Upcoming Dates:

- Sept. 7: Labor Day. No classes.
- Sept. 14: Faculty Council. 8:30 a.m. Education Building 162
- Sept. 15: Sigma Theta Tau Board Meeting and SON faculty presentations. 5 p.m., NHRMC
- Sept. 17: Information Session on the Peru Experience. 5 p.m., LRC
- Sept. 21: Prelicensure Council, 8:30 a.m., Education Building 162.
- Sept. 21: ANS "Externship Info Session" for Juniors." King Hall 203
- Oct. 5-6: Fall Break
- Oct. 10: Camp Special Time, Jacksonville.
- Oct. 12: Faculty Meeting. 8:30 a.m. Education Building 162
- Oct. 14: Information Session on the Peru Experience. 5 p.m., LRC.
- October 19: Prelicensure Council, 8:30 a.m., Education Building 162
- Oct. 24: Juvenile Diabetes Research Foundation Walk
- Nov. 5: Sigma Theta Tau Honor Society Induction, Burney Center
- Nov. 9: Faculty Meeting. 8:30 a.m., Education Building 162

*Please submit items of interest, calendar events, notable achievements, community events and questions you may have for our faculty and staff to our editorial/production staff: Sandy O'Donnell or Debra Simpson.*

## Greetings from the Director



Effective August 1, 2009, I assumed the position of Director, UNCW School of Nursing. I am both pleased and honored to serve as your new Director and I look forward to moving the UNCW School of Nursing forward in new and promising directions.

The School of Nursing has a wonderful reputation in the community due to its outstanding graduates and the significant contributions of faculty and staff. One most recent success was that our May Prelicensure graduates based NCLEX with a pass rate of 93%. The number of students in our various programs continues to increase because of the teaching expertise, clinical competence and scholarship of our faculty.

In talking with various members of the university community, it is clear that student success is a major focus along with helping students develop professionally and personally. I am impressed with the University's Mission Statement, Strategic Vision and Core Values. I am looking forward to implementing them with students and faculty.

This coming year should be one of extreme excitement as plans unfold to complete construction of the new School of Nursing building due for completion in the early summer of 2010.

Thank you faculty and staff from the UNCW School of Nursing as well as the University-wide community in helping me feel welcome. I look forward to working with you all as your new Director.

## Welcome to our New Director

Welcome to our new Director, **Dr. James McCann**.

**Dr. McCann** obtained his B.S.N. from Villanova University in '72, his M.S.N. in Psychiatric-Mental Health Nursing from Case Western Reserve University in '77 and his Ph.D. from The Catholic University of American in '82. He received a post-masters Adult Nurse Practitioner certificate from George Washington University in '93 and a certificate in spiritual direction from the Washington Theological Union '05. **Dr. McCann's** career in nursing has been multi-faceted with several positions within the U.S. Public Health Service. In '00 he retired as a Captain in the Commissioned Corps of the US. Public Health Service. His most recent position was as the Founding Dean of the School of Nursing at Marian University, Fond du Lac, Wisconsin. **Dr. McCann** has been married to his wife **Kathleen** (also a Ph.D.-prepared nurse) for 31 years. They have two sons, **Patrick** and **Timothy**.

## Welcome to our Newest Students

We welcome all 52 members of the Prelicensure Class of May '10; 33 new RN to BS students; and 26 new graduate students, 17 of whom are enrolled in the Family Nurse Practitioner program and 9 in the Nurse Educator program.



## Notable Recognition

**Dr. Janie Canty-Mitchell** was one of 20 nurses selected nationwide as a Robert Wood Johnson Fellow. This three-year fellowship program provides extensive leadership development for nurses in executive roles in public or community health, science and research, corporate health, academia, government or military health service. This fellowship will provide Dr. Canty-Mitchell with an opportunity to design and implement a leadership project to address health issues of importance to UNCW and the broader health system. She is the only NC fellow in the 2009 cohort.

**Melissa Aselage** has received a \$100,000 scholarship for her research leading to improvements in the quality of care for elders. The two-year Pre-Doctoral Building Academic Geriatric Nursing Capacity scholarship, funded by the John A. Hartford Foundation and the Atlantic Philanthropies, will be used to support the doctoral training of **Aselage** and help her generate student interest in careers in geriatric nursing. **Aselage** has developed podcasts to teach undergraduate nursing students geriatric health care. The SON has partnered with the New York University Hartford Institute of Geriatric Nursing and the American Association of Colleges of Nursing to develop the podcasts to teach students across the country.



In June '09 **Dr. Kris Walters** was the recipient of *Drug Information Journal's* Student Award for Excellence in Publishing for her article "Consent Forms, Lower Reading Levels, and Using Flesch-Kincaid Readability Software", published the July '08 issue of the Drug Information Association Journal. In April '09 **Dr. Walters** was awarded a \$13,000 Sloan Initiative grant as co-Principal Investigator with **Dr. Robert Roer** to develop the UNCW Certificate in Clinical Research Project Management proposal.

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## Notable Achievements

**Dr. Soo Kim-Godwin** and **Dr. Jane Fox** had research articles published this summer in two nursing journals: (1) Gender Differences in Intimate Partner Violence and Alcohol Use Among Latino-Migrant and Seasonal Farm Workers (*Journal of Community Health Nursing*); and (2) Dating Violence Among High School Students in Southeastern North Carolina (*The Journal of School Nursing*).

**Dr. Kae Livsey** recently had two research projects published: 1) "Structural empowerment and Professional Nursing Practice Behaviors of Baccalaureate Nursing Students in Clinical Learning Environments" in the *International Journal of Nursing Education Scholarship*; and 2) "Clinical Faculty Influences in Student Caring Self Efficacy" in the *International Journal of Human Caring*.

**Dr. Susan Roberts** recently had her research "Lopinavir/Ritonavir in Pregnancy" published in the *Journal of Acquired Immune Deficiency Syndromes*.

**Dr. Susan Roberts** and **Dr. Kris Walters** have recently had their abstract "Registries and Post-Marketing Safety Studies: Just Another Clinical ATrial?" published in the April 24-28 2009 Association of Clinical research Professionals Global Conference, Colorado Convention Center (Denver, CO).

**Debbie Ezzell** will be presenting at a 2-day conference Sept. 15-16 on best practices in simulation entitled "You Brought the Manikin, Now What?". **Ezzell's** topic will be "The Phases of Simulation Integration Throughout an Undergraduate Nursing Curriculum". She will discuss the phases of simulation integration, the use of simulation during "boot camps" to prepare students for clinical rotations, simulation use in summer camps for middle school students and the evaluation of learning outcomes.

Congratulations to **Dr. Kathleen Ennen**, **Dr. Judith Jarosinski**, and **Anne Zabriskie** for achieving the Certified Nurse Educator (CNE) designation by successfully completing the CNE examination.

**Allison Jacobs**, MSN-FNP student, is one of 21 nurses in NC selected to win the prestigious award The Great 100 Scholarships for 2009. She will be honored at the Great 100 gala Oct. 3.

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## Update on the New Building

The new building project is on schedule and is half-way through the contract period.



No, the photo on the right is not the construction crew of the new School of Nursing facility. It is a very dedicated team of School of Nursing administration (both past and present), faculty and staff.

Pictured from left to right: **Dr. RuthAnne Kuiper**, **Anne Zabriskie**, **Stephanie Smith**, **Dr. Janie Canty-Mitchell**, **Annette Richards**, **Dr. Virginia Adams**, **Dr. Jim McCann**, **Dr. Jeanne Kempainen** and **Dr. Kris Walters**.



## New Online Application for the Prelicensure Program

Students in the newest prelicensure class (May '11) were able for the first time to submit their application for admission using a new online system developed by ITSD specifically for the School of Nursing. **Amy Davis**, the Systems Analyst, who designed and programmed this system, presented a demonstration to the SON Student Affairs Committee on Aug. 24. The presentation has also been made to the Executive Committee of ITSD and will be made at an upcoming meeting of the UNCW Board of Trustees.

The SON Pre-Licensure online program application is located within the Banner system and can be accessed by students via Seaport. In addition to processing applications, the system will obtain data from the UNCW Banner student system and generate reports which will facilitate the evaluation and ranking of applications consistent with admission selection criteria. The new system is intended to reduce the number of man hours required to prepare applicant ranking spreadsheets used in determination of admission selections. An additional benefit of the system is the reduction of potential errors through elimination of candidates who have not already been admitted to UNCW.

To ensure data integrity within the new system for the most recent admissions, a paper application was required to supplement the electronic application form. Eventually, a paperless application process will be implemented, as well as the expansion within the near future of the system to the RN to BS and Clinical Research programs.

## The Peru Experience

The SON Clinical and Cultural Experience to Peru will take place May 16 - June 5, '10. The change in dates from Spring Break to post-Graduation has been made to better accommodate student course schedules during the Spring semester. Information sessions to present an overview of the program, its costs and deadlines are scheduled for Sept. 17 and Oct. 14 at 5 p.m. in the LRC.

Undergraduate nursing students travelling to Peru in March '09 (pictured right) participated in a research project to study the assessment of community health needs. The project was jointly conducted by the School of Nursing and Health Bridges International (HBI), a non-government organization working in Arequipa, Peru. SON faculty who participated were **Dr. Susan Pierce**, **Dr. Kae Livsey**, and **Roberta Allred** from the School of Nursing and **Dr. Jennifer Horan** from the Department of Public Administration.

In addition to supporting overall community health course learning outcomes, students collected demographic and health care utilization data from 500 local households. The partnership between HBI and the School of Nursing was directly developed as a result of the School of Nursing partnership with Father Alex and the Arequipa parish.

**Dr. Livsey**, in coordination with HBI, will be conducting a community assessment in Ancash, Peru in late October. Any students who are interested in participating in this project should email **Dr. Livsey** at [livseyk@uncw.edu](mailto:livseyk@uncw.edu).




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## News from the Sim Lab

For the fourth straight year the Sim Lab hosted Camp BONES participants who practiced hands-on nursing skills on a controlled environment.

On June 25, 24 students and two educators from the Isaac Bear Early College High School Camp MED Program were able to observe the various moderate and high fidelity capabilities of our Simulation Lab. The camp, funded by a SEAHEC grant, allowed students to explore traditional and nontraditional careers in medicine. Students were able to utilize several of the manikins to auscultate heart and lung sounds and able to visualize a birthing process. The newborn manikin allowed students to observe newborn reflexes and circumoral cyanosis and hear newborn cries. The adult manikin SimMan was programmed to talk and react to student activities and conversation. Also during this session **Marty Medina**, Director of Student Services, presented an overview of the UNCW pre-licensure program and discussed admission criteria.

On Aug.7 another Camp MED from Duplin County participated a variety of Sim Lab activities. Fifteen students and two Club MED staff, participated in a program developed by **Sonali Batish** of Camp MED and **Debbie Ezzell**, UNCW faculty. Specifically students participated in hands-on nursing activities including assessments of simulated auto accident victims. Students enthusiastically assumed the role of nurses as they "interacted" with manikins moulaged to depict the sustained injuries. Additionally, students practiced medication administration. Since the Sim Lab was also being utilized by Camp BONES students preparing for their Nurse Aide I exam, students from the Camp MED program played the roles of patients during a simulation of bathing, feeding and repositioning.

During April and May discussions and on-site visits by obstetrical medical personnel from NHRMC were held to explore a project for graduate medical education involving the use of high fidelity simulation. On July 25, one lead physician and four obstetrical residents participated in a two-hour simulation involving the pregnant manikin Noelle and newborn manikin Hal. A new group of residents is expected to utilize the Sim Lab each month for a two-hour training session. These sessions are designed to (1) introduce the residents to high fidelity simulation, and (2) simulate the care of the low risk labor and delivery patient and the simulation of a high risk delivery of an infant with shoulder dystocia.

On Aug. 31, the SON sponsored a skills lab program was held in the Sim Lab for education students enrolled in a course studying the needs of persons with intellectual disabilities. This lab experience, which is conducted every fall, provides a hands-on experience for education students to learn about the medical devices and terminology commonly used by the "medically fragile" child in the education environment. **Debbie Ezzell**, SON faculty, and **Susan Ritchie**, a community health nurse, provided demonstrations of portable medical devices used frequently by these children in the current local public school system.

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## Summer 2009 Camp BONES Events:

This was the first year that the Camp BONES Academy hosted four cohorts of participants in one summer. Each group arrived at campus eager to learn and excited about campus living.

Eight participants (pictured left) from the first cohort of Camp BONES (Summer, '06) recently completed a Nurse Aide 1 course. This training was a partnership with Laney High School. **Sonya Thigpen** and **Carol Highsmith** provided the instruction. Already, four students have passed the certification exam with two students expecting to take it.

A special thank you is extended to all nursing faculty who provided instruction to our future nurse and health care professionals.

On Aug. 26, UNC-TV presented a film segment on the Camp BONES program on its show *North Carolina Now*. The segment which highlighted the purpose of the program to introduce nursing to middle school students, the excitement of students who “shadowed” nurses in the acute care setting and the many contributions made by faculty and hospital personnel to the program.




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## Food Drive to Kick Off

A recent newspaper article describing the increase of hunger among NC children has prompted the School of Nursing to initiate a food drive. This drive has been registered with the Wilmington branch of The Food Bank of Central and Eastern North Carolina. This food bank serves several different agencies and promotes programs specific to children such as Kids Café and the Backpack Program. Specifically, the Kids Café offers 25 after-school programs geared towards nourishing hungry children. The children also receive tutoring, nutrition education, mentoring and other activities in addition to a nutritious dinner Monday through Friday. The Backpack Program enables children to take home a backpack filled with food for weekend consumption.

The food drive will last throughout the month of September. All faculty, staff and students are being asked to become involved and donate non-perishable food items, such as canned meals (stews, soups, tuna, ravioli), peanut butter, cereal, canned fruits and vegetables, rice, pasta, dried beans, and formula and infant cereal. Boxes for collection will be placed in the Friday Annex. For further information, please contact **Brandy Mechling** at [mechlingb@uncw.edu](mailto:mechlingb@uncw.edu) or by calling (910) 962-7292.

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## Award of Earmark Grant from HRSA

The School of Nursing was notified in August of an earmark grant of \$165,330 from the Health Resources and Services Administration (U.S. Dept of Health and Human Services) entitled Health Care and Other Facilities Awards - Special Congressional Initiative. **Dr. RuthAnne Kuiper** wrote the justification for equipment to be used in the distance education classroom in the new building. It will allow the projection of classes and simulations to students at off-campus sites. This ability to project to distant sites will address the health professional workforce shortages by increasing the capacity of student enrollment and faculty availability. By preparing more nurses with BSN degrees, it is projected that both the quality and the years of a healthy life for our population may improve. Further, since distance education approaches allow learner to remain in their rural communities, and since nurses educated in rural areas tend to remain in rural areas, the other goal of eliminating the country's rural health disparities will be addressed.

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## AHEC Funding for the RN to BSN Off-campus Option

Funding in the amount of \$22,500 has been awarded by the NC Area Health Education Center (AHEC) to implement the RN to BS program beginning this fall. The funds will be used to support the off-campus students in 2009-10. Nursing courses Expanding Roles in Professional Nursing Practice (NSG 316) in being offered this fall and Health Assessment (NSG 250) will be offered in the spring.

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## 2009 US Russia Nursing Conference



**Dr. Carol Heinrich and Dr. Judy Jarosinski** presented their research findings during the 14-day U.S. Russia Conference held in Russia in August. Specifically, **Dr. Heinrich** presented her research “Efficacy of a Health Literacy Intervention on Diabetic Health Outcomes” and **Dr. Jarosinski** her research on “Experiencing Hallucinations from a Perspective of Being”.

The goals of the conference were to present various aspects of Russian culture and perspectives on nursing and health care delivery, build collegial relationships and friendships between the U.S. and Russian nurses, foster intercultural professional understanding, and create the basis for post conference exchanges and collaborations. The conference began in Novgorod for three days. It was followed by a nine-day waterway excursion St. Petersburg to Moscow. The travelers were able to stop at small towns and villages to learn more about the history and culture of the Russian people living in these remote areas. Site visits were made to a mental health center, orphanage, a rural hospice center, acute care hospital setting, and the Novgorod Institute of Education, which offers nursing, dental, and medical programs. In Russia nurses are taught by physicians. However, recently advanced levels of nursing educational programs are being offered for nurses interested in leadership and management positions.

Conference participants were nurses in clinical practice and nursing education from Russia, Australia, South Africa, and the U.S. Research findings were presented on innovative topics related to clinical practice and nursing education. The President of the Russian Nursing Association, **Valentina Sarkisova**, presided during the first conference session and described the history of nursing in Russia and the current work being accomplished on the development of standards of practice for nursing in Russia. Collaborative working partnerships among conference participants were established to enhance nursing both in Russia and in the countries represented at the conference.



Many strong professional relationships were established during this intensive nursing/cultural conference that may enhance nursing in both the US and Russia. It was agreed that the conferees would work with one of the Russian nurses in order to further develop and implement a patient/family teaching guide to provide patients upon their discharge from the hospital. Currently in Russia patients and families do not receive teaching regarding patient care at home. Since patient teaching is considered one of the responsibilities of the physicians, nurses are unable to assume this role. Further, the collaborative project is looking to change the scope of practice for nurses in Russia to include patient teaching.




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## Accelerated Baccalaureate Nursing Program

Congratulations to the 20 faculty and staff who made possible the summer completion of the Department of Education Congressionally-directed grant, entitled “Nursing programs including military veterans, clinical research, and distance learning”.

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### Class Advisors

Class of Dec. '09: **Dr. Kathleen Ennen**

Class of Dec. '10: **Anne Zabriskie**

Class of May '10: **Sandra O'Donnell**

Class of May '11: **Nancy Murdock**

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## ANS News

The UNCW Chapter of the Association of Nursing Students (ANS) is off to a great start. First, the chapter will be adopting a local family whose daughter has leukemia and is currently being treated at Duke. ANS members are seeking donations and various resources to help ease the financial burden.

ANS will host on Sept. 21 an "Externship Info Session" in which senior students will share extern experiences from this summer and provide tips for juniors on obtaining externship positions. Also, community service projects are being planned for this semester and they include assisting with a food bank during Thanksgiving and visiting an assisted living facility to host a "story time" for the residents.



ANS officers pictured above are: (front row): **Amanda Formy-Duvall**, Secretary, **Helena Mangeri**, Treasurer, and **Erin Griffis**, Historian; (back row): **Anne Marie Goff**, faculty advisor, **Leah Pursel**, President, **Jenny Curry** and **Lisa Chambers**, co-Vice Presidents.

## American Men in Nursing - UNCW Chapter

The UNCW Chapter of the American Men in Nursing has been officially recognized as a student organization. Special recognition goes to **Dennis Williams** (May '09), **Nick Deluca** (May '09) and **Jonathan Hughes** (May '09) for drafting the first constitution. Congratulations to the newly elected officers: **Bryan Sisk** (Dec. '09), president; **Adam Sturkey** (Dec. '09), vice president; and **Sean Toomey** (Dec. '10), treasurer. The organization meets on the second Monday of each month in Friday. For additional information, please contact faculty advisor **Debbie Ezzell**.

## Congratulations to Those Accepting New Positions . . .

Since the publication of the Graduation Edition of the newsletter, May '09 graduates have accepted the following positions: **Jamie Darby**, NP-C, has joined the practice of Advance Care, a primary medical care practice; **Stephanie Holderman**, who joins the nursing staff on the Post-Surgical Unit at Georgetown University Hospital; **Kelly Rooks**, who is working on the Medical/Diabetes Unit at NHRMC; and **Dennis Williams**, who is practicing on the Medical Intermediate Care Unit, Duke University.

Please submit calendar events, notable achievements, community events, research/scholarship activities and questions for faculty/staff to our editorial and production staff: **Sandy O'Donnell** (odonnells@uncw.edu) or **Debra Simpson** (simpsond@uncw.edu).

### Lingering Thought

Nurses are the heartbeat of health care.

Author Unknown