NOTE FROM THE DIRECTOR

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of North Carolina Wilmington.

Our catalog is the embodiment of the programs our lifelong learning members have articulated they want to enrich and enhance both their intellectual growth and their social engagement.

Earlier this summer I had the opportunity to have lunch with a small group of our original members. We were bidding “adieu” to Elwood and Mary Walker, who were relocating to Florida. Since 2000 they have volunteered in leadership, committee and teaching roles in OLLI. They were part of a core group of community volunteers dedicated to creating, growing and strengthening the concept and growth of highly engaging, intellectually and socially stimulating programs and experiences for older adults. I was overwhelmed by the number of years these and other members have worked with this organization to make it the strong vibrant organization it is today.

We are a healthy, growing and changing lifelong learning organization. This year, the gavel is being passed to our newer members to assume leadership roles, committee roles and teaching roles; they will take OLLI to 2020 and beyond. To that note, I would like to welcome our new Advisory Council Chair, Geneva B. Reid. Please get involved! Your passion and dedication will help propel us into the future!

Shelley L. Morse, Director

NOTE FROM THE ADVISORY COUNCIL CHAIR

Your OLLI Needs You. We Want You! Yes, We Do! Your Advisory Council members definitely want you to participate in many of the inspiring programs offered, such as forums, societies, academic courses, dinners, outdoor activities, and travel. Although listening to others and learning from them is certainly a cornerstone of the OLLI experience, we want you to do more. We want you to help other members continue to learn and to live life fully by sharing your talents, knowledge, and experiences with them by way of chairing a forum, serving on a committee, ushering at the Met Opera broadcasts, or suggesting a topic of your interest and then leading a discussion on that topic in a forum or society. We know that all of our members, not just a few, have talents, experiences, and knowledge that can enrich the lives of others if shared. We ask you to please consider sharing some of that vast knowledge with the rest of us.

I am asking you to step up, even to speak up, and I’m willing to make an equally important commitment to you, my fellow members. My commitment to you is to smooth the path of meaningful volunteer experiences by suggesting ways for members to volunteer, helping volunteer leaders to be successful, and recognizing and rewarding volunteer efforts. If you have questions or comments about how to serve, please talk to me and other members of your Advisory Council. Our names are in the catalog, and we’ll be glad to hear from you.

Working together, the members, the staff, and the Advisory Council can make our wonderful OLLI at UNCW even better.

Geneva B. Reid, Advisory Council Chair, 2018-20

MISSION STATEMENT

The mission of the Osher Lifelong Learning Institute at UNCW is to be the premier lifelong learning opportunity for members 50 years of age or older in Southeast North Carolina who seek academic, social and experiential learning. This is achieved through:

1. Fostering a high-quality, intellectually stimulating curricula centered on programs developed and led by university faculty, fellow OLLI members and others throughout the region.
2. Sustaining a positive, open environment that offers respect for sharing ideas and perspectives where people feel valued.
3. Connecting the university and lifelong learning community by serving as a gateway to university events and creating opportunities for involvement in teaching, research and service.
4. Partnering with area organizations to support the mission of OLLI.

VISION STATEMENT

Our vision is to be a diverse, member-driven organization committed to being an exceptional community of lifelong learners.

WHO WE ARE

OLLI at UNCW is a membership organization which seeks to foster lifelong learning opportunities, individual growth and social connection. Funded in part by the Bernard Osher Foundation, we are part of a national network of 121 lifelong learning institutes on college and university campuses in each of the 50 states and the District of Columbia. The common threads among members of the network are: the membership board; lifelong learning programs specifically developed for “seasoned” adults age 50+; university connection and support; volunteer leadership; and a diverse selection of intellectually stimulating courses.

We depend on OLLI members to contribute to the success and growth of OLLI at UNCW by serving as volunteers either in our classrooms, on our Advisory Council or on many committees which design our high-quality programs and events.

BECOMING A MEMBER

Membership is a requirement for enrollment in all OLLI courses or events, except for Met Opera Live in HD and National Theatre events.

- Academic membership: $50 (expires June 30, 2019)
- Fall semester membership: $30 (expires December 31, 2018)

Membership entitles you access (fees apply) to all courses and activities, members-only special events, as well as the many advantages of being a member of the UNCW family. It is easy to join! Visit www.uncw.edu/olli or call our registration office at 910.962.3195.
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Story and Song: The Music of the Words
with UNCW professor and author Philip Gerard, M.F.A.

Tuesday, Sept. 18
Noon – 1:30 p.m. • $26

As an avid musician who writes novels and nonfiction, narrative essays and short stories, UNCW creative writing professor Philip Gerard is keenly aware of the power of music to color words with emotion. In writing stories and essays, Gerard often finds himself also composing songs that help him understand and clarify subjects in his fiction and nonfiction.

Come hear selected original songs that have inspired or been inspired by Gerard’s writing and learn about the creative process and the intersections between the works. And, of course, Gerard will entertain questions about that creative process – in making books, stories and songs.

Oysters: Shellfish Mariculture and Habitat Restoration
with Troy Alphin, Ph.D.

Thursday, Oct. 18
Noon – 1:30 p.m. • $26

Historically, the eastern oyster (Crassostrea virginica) supported a vital fishery for much of the east coast of the United States. As stocks have declined over the last century, demand by consumers remained consistent, fueling efforts to restore oysters and develop a thriving maricultural industry. These efforts are the focus of policy review for industry development and public trust. Speaker Troy Alphin is a UNCW professor of biology and marine biology and a senior research associate in the UNCW Center for Marine Science.

The Day the Music Died
with Phil Bruschi, M.S.

Wednesday, Nov. 14
Noon – 2 p.m. • $26

Don McLean’s iconic song “American Pie” released in 1971 repeatedly mentioned “the day the music died.” He refers to the 1959 plane crash that killed the early rock-and-roll performers Buddy Holly, The Big Bopper and Ritchie Valens. One theme of the song seems to be the loss of innocence of the early rock-and-roll generation as symbolized by the plane crash claiming the lives of these young singing heroes.

This OLLI program takes it a step further by paying tribute to not only those killed in that plane crash, but a number of other rock stars who died long before their time. Bruschi will discuss the careers of such artists as Jim Croce, Harry Chapin, John Lennon, Ricky Nelson and more while singing their hit songs. Join him for this enlightening and entertaining program.

LEONARDO DA VINCI: Before the Code
with Elliot Engel, Ph.D.

Thursday, Oct. 4 • 6 – 8 p.m. • $40

Many scholars consider Leonardo da Vinci to be the greatest artistic genius in the history of Western civilization. Elliot Engel probes the breadth and depth of da Vinci’s extraordinary mind while revealing the fascinating causes for his many unfinished masterpieces, including the universal mystery of Mona Lisa’s smile. Using anecdotes, analysis and large doses of humor, historian Engel brings to life this most universal of topics.

Engel earned his Ph.D. as a Woodrow Wilson Fellow at UCLA and has written 10 books, multiple plays and a PBS series on Charles Dickens. For his scholarship and teaching, he received North Carolina’s Adult Education Award, NC State’s Alumni Professorship and the Victorian Society’s Award of Merit. Most recently, for his 30 years of academic work and service in promoting Charles Dickens, he was nominated and inducted into the Royal Society of Arts in England.

Elliot Engel is sponsored in part by Carolina Bay of Wilmington.
The JoAnne Woosley Jarrett Endowment

In Support of Academic Courses

JoAnne Woosley Jarrett, a dedicated, passionate, longtime lifelong learning member and active OLLI volunteer has generously created an endowment. The JoAnne Woosley Jarrett Endowment for OLLI at UNCW will support the Academic Courses. JoAnne and her family have been a part of the UNCW community for three generations.

Thank you to JoAnne Woosley Jarrett for your generous support of OLLI at UNCW!

ART HISTORY

Picturing the American Way
with Parme Giuntini, Ph.D. Art History

Wednesdays, Sept. 5 – 26
Four sessions • 1 – 2:30 p.m.
$60

Imagine a widespread group of immigrants building a new country in a new land and making art to represent their new national and cultural identity. Take a look at these challenges for American colonists as they grappled with what constituted art for their newly established republic, from how a president should be pictured to what sites, stories and heroes were appropriate in telling their American story.

Parme Giuntini is a recent transplant from Los Angeles, CA, where she was director of art history at Otis College of Art and Design for 20 years. Her research focuses on 18th-century domestic portraiture, fashion, gender, design and pedagogy.

Photography and Social Justice in the Early 20th Century
with Kemille Moore, Ph.D.

Thursdays, Sept. 13 – Oct. 4
Four sessions • 3 – 4:30 p.m.
$60

Learn about the world of American photography as social documentation, from the “dash and run” images of the New York City tenements in 1900 to the encyclopedic recording of the Great Depression and the American Dustbowl (organized and funded by the government). What makes these images so extraordinary, so memorable? Examine the impact and legacy of photography in the history of American social justice.

Kemille Moore is an associate dean in UNCW’s College of Arts and Sciences and an associate professor in the Department of Art and Art History. She teaches a wide range of courses, including Baroque art, history of printmaking and history of photography.

CREATIVE WRITING

The Story of Your Life
with Sherry Rotz, M.S.W., M.Ed.

Tuesdays, Oct. 23 – Dec. 4
No Class on Nov. 20
Six sessions • 9:30 – 11:30 a.m.
$80

Every life has a story, a purpose, a lesson—a plot. Using Guided Autobiography, a semi-structured process for life review, this program helps unearth the roots of memory and write “the Story of Your Life,” two pages at a time. The course utilizes a series of life themes to help you gain access to memories and organize them in a way that honors the complex threads that shape our lives. By writing two pages each week and sharing in small groups, participants gain an appreciation for the direction their lives have taken and an understanding of how their personal identity has been shaped by the crosscurrents in their lives.

Sherry Rotz practiced as a clinical social worker specializing in individual and group therapy with children, adolescents and adults for 18 years. Prior to that she taught fourth grade for 20 years. The

continued
ACADEMIC COURSES

NORTH CAROLINA SYMPHONY

SPECIAL OFFER FOR OLLI AT UNCW MEMBERS!
SAVE OVER 30% OFF REGULAR PRICES FOR CONCERTS IN WILMINGTON!

BEETHOVEN’S 5TH
Sept. 29, 2018 • 7:30 p.m.

RHAPSODY IN BLUE
Oct. 14, 2018 • 7:30 p.m.

HOLIDAY POPS
Dec. 19, 2018 • 7:30 p.m.

Regular price: $72 • OLLI price: $49

Wilson Center
Cape Fear Community College

The phone number to obtain a discount is 919.733.2750. The discount is not retroactive or available at the door or online. Restrictions may apply.

ncsymphony.org

ENGLISH

Women’s Poetry
with Alex Porco, Ph.D.

Wednesdays, Oct. 17 – 31
Three sessions • 3 – 4:30 p.m.
$45

Join us for a celebration of 20th-century poetry by women! We will primarily read poems in the Anglo-American tradition; however, some time will be devoted to international poets in translation. Poets from the modern and postmodern periods will be included: H.D., Mina Loy, Marianne Moore, Elizabeth Bishop, Adrienne Rich and Audre Lorde, and more recent poets such as Morgan Parker, Eileen Myles and Solmaz Sharif. Poems will be considered in relation to literary, historical and cultural contexts.

No previous experience with poetry is required.

Alex Porco is an assistant professor of English at the University of North Carolina Wilmington. He earned his Ph.D. from the State University of New York at Buffalo. Porco’s research and teaching focus on 20th-century poetry and poetics. He is the editor of the critical edition of Jerrold Levy and Richard Negro’s Poems by Gerard Legro (2016).

highlight of her teaching career was teaching others to write their stories.
Rotz is a certified instructor for Guided Autobiography and believes that everyone should have the opportunity to tell their unique story.

ECONOMICS

Cryptocurrencies: Fact or Fiction
with David P. Echevarria, M.B.A., Ph.D.

Thursdays, Aug. 30 – Sept. 6
Two sessions • 6 – 7:30 p.m.
$30

There are three main streams of thought regarding cryptocurrencies (Bitcoin, etc.). One believes they offer a risky opportunity for capital gains (treat like a commodity). A second believes they are a sham and will eventually collapse (like the tulip craze). The third sees them as a means for conducting transactions away from the oversight or control of the government (tax and confidentiality issues).

David Echevarria is a former Marine Corps aviator (Vietnam veteran). After active duty he worked for several companies as a production and inventory control supervisor/manager. He earned a B.A. in business from Chapman University, an M.B.A. from the University of West Florida, and a Ph.D. from the University of Massachusetts at Amherst. He is currently an adjunct professor of finance in UNCW’s Cameron School of Business.

ACADEMIC COURSES

BECOME AN OLLI MEMBER TODAY!

To become a member and register for programs, visit www.uncw.edu/ollin or call our registration office at 910.962.3195
OLLI Literary Club: Literature from World War I

Sept. 25, Oct. 29 and Nov. 27
Three sessions • Times vary
$45

This literary book club focuses on literature stemming from World War I. Explore three books together, with guest speakers each month.

Tuesday, Sept. 25 • 1 – 2:30 p.m.
W. Somerset Maugham’s Ashenden: Or the British Agent (1928) with Paula Kamenish, Ph.D.

W. Somerset Maugham’s Ashenden: Or the British Agent (1928), a collection of short stories, was based on the author’s experience as a secret agent with British Intelligence during the war. The central character, Ashenden, is very much an autobiographical character. It was loosely adapted into the film Secret Agent (1936), directed by Alfred Hitchcock.

Paula Kamenish is an associate professor of English who holds a Ph.D. in comparative literature from UNC Chapel Hill. In 2000, she was awarded the UNCW Distinguished Teaching Professorship and the UNCW Board of Trustees Teaching Excellence Award. She speaks French, German and is a student of Spanish. Her 2015 book is MAMAS OF DADA: Women of the European Avant-Garde.

Monday, Oct. 29 • 3 – 4:30 p.m.
Hemingway’s A Farewell to Arms with Keith Newlin, Ph.D.

Ernest Hemingway’s A Farewell to Arms is widely regarded as one of the finest novels to come out of World War I. Based on Hemingway’s experience as an ambulance driver for the Red Cross, the novel sets a love story amid the chaos of the war. Explore the novel’s sources and themes and its place in establishing Hemingway’s reputation as one of the foremost stylists of modernism.

Keith Newlin is a professor of English at UNCW. He earned his Ph.D. from Indiana University, and his teaching and research focus on American realism, naturalism and modernism. The editor of Studies in American Naturalism, his books include Critical Insights: The Sun Also Rises; Hamlin Garland, A Life; and The Oxford Handbook of American Literary Naturalism.

Tuesday, Nov. 27 • 1 – 2:30 p.m.
Erich Maria Remarque’s All Quiet On the Western Front with John Denison, M.A.

Burned by the Nazis for its anti-war sentiments, All Quiet On the Western Front is the most acclaimed of Erich Maria Remarque’s 15 novels, sometimes earning praise as the greatest war novel of all time. A German Army veteran of WWI, Remarque portrays the experiences of a group of patriotic, idealistic young men whose lives were destroyed by the war, even though they may have escaped its shells. The novel’s popularity remains undiminished 100 years later.

John Denison holds a master’s from the University of Rochester (NY) and taught English literature and theater arts in high schools and colleges for 40 years in New York and, most recently, at Southeast Louisiana University. Since moving to Wilmington in 2012, he has been an active OLLI member and currently serves on the Academic Course Committee.

A Shakespeare Sampler with Cleve Callison, Ph.D.

Mondays, Sept. 10 – Oct. 1
Four sessions • 6 – 7:30 p.m.
$60

Explore the variety of William Shakespeare’s literary and dramatic works. We'll begin with a selection of the sonnets — what their literary and social contexts are, what the role of the Dark Lady of the sonnets and the young man might play and possibly who they might have been — if anyone. Next we’ll move to one of the great history plays, Henry IV, Part One, featuring Shakespeare’s greatest comic creation, the fat knight Falstaff. We’ll go from there to a tragedy and possibly a comedy. Choice of the final work(s) will be determined by participants voting in the first class.

Cleve Callison is the former station manager of WHQR public radio. He did his undergraduate work in English at Duke, and received his master’s and Ph.D. in English from the University of Wisconsin. He has taught in adult education programs at Miami University (Ohio) and several OLLI classes at UNCW — History of the English Language; Shakespeare; Faulkner; Poetry, Puzzles and Paradoxes; Who Wrote the Old Testament?; and The Great Chain of Being: The Universe from Late Antiquity to the Renaissance.
GEOGRAPHY

Travels in Africa
with Julie Hunt, B.S.

Mondays, Oct. 15 – 29
Three sessions • 6 – 7:30 p.m.
$45

Dreaming of a trip to the continent of Africa? Come hear a series of three lectures on some well-loved destinations in Africa from a seasoned, intrepid traveler. Illustrated with plenty of photographs and personal experience, the course delves into three extraordinary areas of the African continent. You may be inspired to become a tourist in Africa yourself!

Oct. 15: Animals of the Okavango Delta
Each year, an inland sea is created on the flatlands of Botswana. Large enough to be seen from space, the wetland begins as a trickle in the remote mountains of Angola where summer rains drain into the Okavango over a four-month period. The result is a miraculous concentration of wildlife like nowhere else in the world – large herds of elephants plus leopards, rhinos, hippos and the unusual spectacle of swimming lions.

Victoria Falls straddles the border between Zambia and Zimbabwe and is truly one of the most amazing natural wonders on earth. Scottish explorer David Livingstone was the first European to view the great falls in 1855. Diamond magnate Cecil Rhodes envisioned a Cape to Cairo railroad stop nearby. And of course, Africa’s big five animals are here in great abundance.

Oct. 29: Cape Winelands – Blending History, Delicious Wines, Dramatic Scenery
South Africa’s Cape Winelands have a rich history spanning some 350 years. Dutch settlers first planted grapes in the region in hopes of supplying wine to the ships of the Dutch East India Company. In the 1680s, French Huguenots brought their growing expertise to the region. Today, wine enthusiasts tour and taste in the picturesque towns of Franschhoek, Stellenbosch and Paarl.

Julie Hunt is a sought-after travel expert and consultant to the cruise industry for the last 20 years. Hunt also works as an advisor on travel-related television programs, most recently for Jeff Corwin’s Ocean Treks and Vacation Creation. She has a B.S. from Louisiana State University specializing in business administration.
**ACADEMIC COURSES**

**Medical Interventions: Get the Facts Before the Health Crisis**  
*with Jane Brody, Ph.D., R.N. and Samuel Brody, M.D.*  
**Wednesdays, Dec. 5 – 12**  
Two sessions • 1 – 2:30 p.m.  
$30

In the midst of a healthcare crisis, decisions are made quickly and under extreme emotional pressure. This course seeks to open the topic and explore the subject outside of a personal healthcare emergency. The ramifications of ordinary, extraordinary and invasive care will be discussed. Factors that determine the appropriateness and efficacy for individuals will be presented. Current evidence-based information will be shared about a variety of treatments such as artificial feeding tubes, chemotherapy, dialysis, pacemakers, ventilators and CPR. The difficulties surrounding making and living with choices in care will also be discussed.

Jane Brody is a psychiatric nurse clinician with more than 40 years of experience clinically and as a nurse educator. She was the recipient of the SUNY Chancellor’s Award for Excellence in Teaching. Samuel Brody is a geriatrician who has been a physician for over 40 years. He has been named a “Top Doctor” in New York City while serving as an assistant clinical professor of medicine at Mt. Sinai Medical School.

**Let’s Stress Less!**  
*with Holly Konrady, M.Ed., e-RYT 500*  
**Wednesdays, Sept. 19 – Oct. 3**  
Three sessions • 3 – 4:30 p.m.  
$45

The American Institute of Stress confirms that stress interferes with cognitive processes like memory and concentration. Dr. Dean Ornish has stated that stress can lead to chronic disease and keep us from healing.

We may not be able to eliminate stress, but we can change the way we respond to it. This course focuses on ways to help you respond to life’s stressors in more healthful and productive ways. Learn to avoid these pressures and reduce their impact through stress management techniques, such as breathing, imagery, progressive relaxation, stretching, and meditation…all 21st-century life skills!

Konrady is the stress management specialist for the Dr. Dean Ornish Heart Disease Reversal Program at New Hanover Regional Medical Center. She has her master’s degree in instructional leadership, has completed mindfulness-based stress reduction at Duke Integrative Medicine as well as 500 hours of yoga therapy training. Konrady owns Shine Yoga Therapy where she inspires and guides people to better health and well-being.

**HISTORY**

**Sharing History with the National Archives**  
*with Patricia Lawler, M.A.*  
**Mondays, Nov. 19 – Dec. 10**  
Four sessions • 10 – 11:30 a.m.  
$60

U.S. National Archives and Records Administration is a treasure trove of historical records that anyone can use to research and discover. But finding something in the National Archives can be challenging. With more than 12 billion pages of paper records alone, the National Archives and Records Administration has a massive number of records to digitize or transcribe. Now the National Archives has a project to engage “citizen archivists,” volunteers who contribute to the National Archives by making records more accessible online.

This “how-to” course introduces participants to the National Archives internet site and the opportunity to transcribe history as a citizen archivist. In addition to a general overview of the website and a description of the registration process, you will explore a variety of “transcription missions,” including text, photographs and video. You are guaranteed to learn something new every time you start a transcription mission!

Patricia Lawler is a freelance editor who graduated from NC State with a B.A. and an M.A. in English. She has held a variety of positions in state and federal government as well as nonprofit organizations, most recently as the southeastern regional associate for the North Carolina Community Foundation. Her mother was a German war bride, and Lawler discovered a passion for historical research while editing her mother’s memoirs.
Cinematic Perspectives of African American History
with Glen Anthony Harris, Ph.D.

Wednesdays, Nov. 28 – Dec. 12
Three sessions • 6 – 7:30 p.m.
$45

This course is intended as a conversation, debate and analysis of the social politics and ideology of African American cinema (case in point: the socially engaged film) and the representation of American history from the 1960s to the first decade of the 21st century. The class will focus on two themes: first, how socially engaged cinema and documentaries played a significant role in shaping narrative cinema languages and formal conventions in African American history. The second theme is film’s ideological power to shape the audience’s conceptions of African American identity and its mediation of the audience’s social attitudes.

Glen Anthony Harris received his Ph.D. from Florida State University in 2003. He taught at North Carolina Central University, North Carolina A&T State University, and Florida A&M University before joining UNCW’s history department in 2002. He is the author of The Ocean Hill-Brownsville Conflict: Intellectual Struggles Between Blacks and Jews at Mid-Century, (Lexington Books, 2012) which examines the role that certain black and Jewish writers and intellectuals played in the characterization of black-Jewish relations during the 1968 school conflict.

The Spanish and French Popular Fronts: Paths to the Future
with Michael Seidman, Ph.D.

Thursdays, Sept. 6 – 27
Four sessions • 1 – 2:30 p.m.
$60

The Popular Fronts of the later 1930s were formed as antifascist coalitions. Even though the Spanish Popular Front failed to prevent General Franco’s dictatorship, it did offer a prototype of Communist dictatorships in Eastern Europe following World War II. The French Popular Front also ineffectively combated Fascism and Nazism but provided a preview of the consumer and leisure-based societies in Western Europe after World War II.


The Russian Revolutions of 1917: Old Questions, New Answers
with Susan McCaffray, Ph.D.

Tuesdays, Sept. 18 – Oct. 2
Three sessions • 3 – 4:30 p.m.
$45

The Russian Revolution was a pair of revolutions in Russia in 1917 which dismantled the Tsarist autocracy and led to the rise of the Soviet Union. Hear about the background, personalities and major developments of the Russian Revolution. Whose revolution was it? Why then? Who opposed it? What can we learn from the course of it?

Susan McCaffray has been a member of the UNCW faculty since 1988. She teaches undergraduate and graduate courses on the history of Muscovite, Imperial and Soviet Russia as well as Europe in the 19th and 20th centuries. Her special interests include the history of economic thought and policy, including labor relations and serfdom and the history of St. Petersburg. McCaffray received her Ph.D. from Duke University. Her most recent publication is The Winter Palace and the People: Staging and Consuming Russia’s Monarchy, 1754–1917 (Northern Illinois University Press).
PHILOSOPHY AND RELIGION

Biomedical Ethics: A Short Course
with Rev. Victor Frederiksen III
Mondays, Aug. 13 – 27
Three sessions • 1 – 2:30 p.m.
$45

What standard of ethics are helpful in making medical, and specifically end-of-life, treatment decisions? Case studies will be introduced and reviewed followed by discussion. The course will enlighten you in making informed and always difficult decisions regarding end-of-life care. The central question throughout it is: “What should one do?”

Vic Frederiksen is adjunct professor of biomedical ethics at the University of Cincinnati Medical School in Cincinnati, OH. He graduated magna cum laude from the Rochester Colgate Crozer Center for Theological Studies, Rochester, NY in 1969 and has been an ordained Episcopal priest for 48 years. Frederiksen served as director of pediatric chaplaincy at Children’s Hospital Medical Center, Cincinnati, OH for 10 years.

The Early Years of Church and State: Evolving Attitudes Toward War
with Gregory Thomas, Master’s of Theology
Tuesdays, Oct. 16 – 30
Three sessions • 3 – 4:30 p.m.
$45

This class challenges students to look critically at the evolution of Christian attitudes toward war, beginning with the first followers of Jesus and his pacifist movement through St. Augustine’s “Just War” theology to Charlemagne and Holy War.

Greg Thomas is an ordained clergy person with 25 years of pastoral experience. He has been an avid student of Christian history in Europe and has taught adult classes in the churches he has served, classes designed to be both interactive and instructional. He is an active member of the Baptist Peace Fellowship of North America.

MUSIC

Twilight of the Gods: The Music of the Beatles
with Reed Wallace, M.M., M.B.A.
Thursdays, Oct. 11 – Nov. 1
Four sessions • 1 – 2:30 p.m.
$60

Innovative. Influential. Iconic. It can be argued that no musical act has ever achieved such lasting importance as the Beatles.

Starting in Liverpool, come trace the Beatles through Abbey Road and beyond, analyzing the creativity of their music and why it has such a lasting legacy. Explore how Beatles songs reflect diverse sources, and track their musical evolution, spanning 13 studio albums. Reflect on the significance of technological innovations and the impact on their recordings of the social and political turbulence of the 1960s. The focus of our musical journey is on what is ultimately most important and enduring about them: those extraordinary songs!

Reed Wallace is executive director of the Wilmington Symphony Orchestra, directing the symphony’s business and fiscal affairs. A native of Pittsburgh, PA, he earned a Master of Music from Northwestern University and a Master of Business Administration from the University of Alabama. Prior to his career in nonprofit management and fundraising, he was a professional trombonist, performing for 11 years with the Alabama Symphony Orchestra and teaching as adjunct faculty with the Alabama School of Fine Arts in Birmingham.

MUSIC IS THE POETRY OF THE AIR
– JEAN PAUL RICHTER

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910.962.3195
PSYCHOLOGY

Buddhist Psychology
with Catherine Ibsen, Ph.D.
Mondays, Nov. 12 – Dec. 17
Six sessions • 3:30 – 5 p.m.
$65

It has been argued that Buddha taught a psychology rather than a religion. Early Buddhist teachings present the management of stress and suffering as a skill set rather than a set of beliefs. We will explore some of the overlapping concepts and techniques for cultivating health, happiness and flourishing. No prior knowledge of Buddhism or psychology is required.

Catherine Ibsen received a Ph.D. in psychology from the University of Wisconsin-Milwaukee in 1977 and has had a clinical psychology practice in Wilmington since 1981. Ten years ago, she discovered yoga and from there began to study early Indian teachings on meditation and mindfulness. She recently completed an RYT-500 certification to teach mindful yoga through Spirit Rock, an insight meditation center in Woodacre, CA. She authors a website (bhavanacommunity.org/home.html) that provides local opportunities for exploring Western Buddhist ideas and practices.

Developing Learning Agility
with David Hoff, M.A., M.Ed.
Monday, Oct. 29
One session • 1 – 2:30 p.m.
$15

What is learning agility? How does ability differ from agility? What other factors affect learning agility? Strategy comes to mind. Define the nine dimensions of learning agility and discuss ways learning agility can be developed. Discover how learning agility is related to being a “high-potential person” and why that is important to all of us at any age.

David Hoff has 40 years of experience in talent management. This experience is equally split as an internal and external consultant. He was director of human resource development and selection and director of international human resources at Anheuser-Busch. He is currently the COO and EVP for leadership development at EASI-Consult. In 2017, he co-authored a book entitled Learning Agility-The Key to Leader Potential. Hoff writes an “Insights” column for the Greater Wilmington Business Journal.

Political Philosophy and Human Nature, Revisited
with Steve Kelly, M.A.
Fridays, July 27 – Aug. 31
Six sessions • 9:30 – 11 a.m.
$65

Steve Kelly returns to a discussion of human nature and its impact on our ability to live together in civil society. His fall 2017 course, “Political Philosophy and Human Nature,” left a number of intriguing issues unexamined, so he is back to dive into the topic again.

In the first session, review the material already covered and handouts from the first course. The remaining sessions will focus on two philosophers – Aristotle and John Rawls. The central thread will be the tension between community and the individual, and woven into that, the tension between the Right and the Good. And standing by in the wings, to keep us honest, will be our close cousins the chimpanzees and the bonobos.

No background in philosophy – or primatology – is necessary. Just bring your common sense and curiosity.

Steve Kelly is a practicing geotechnical engineer in Wilmington. He has had a lifelong interest in moral and political philosophy. He has a B.S. in mathematics and a B.A. in philosophy from Bradley University and an M.A. in philosophy from the University of Illinois.
Exercise and the Brain
with Julian Keith, Ph.D.
Wednesday, Sept. 19
One session • 6 – 7:30 p.m.
$15

Regular physical exercise is known to be good for the heart, the bones and the muscles, and not surprisingly, also the brain. Come hear the good news about how exercise protects the brain from the effects of stress by creating beneficial vascular and neurochemical changes.

Julian Keith received his Ph.D. in psychology and neuroscience from the University of Colorado, Boulder. He joined the UNCW faculty in 1990 and is a professor and chair of the psychology department. His research on the brain, neuroplasticity and behavior has been supported by grants from the National Institutes of Health, including current support for a clinical trial evaluating the effectiveness of neurofeedback for the treatment of symptoms of attention deficit disorder in adults. He is co-director of the MARS Memory Health Network.

Now What?
Life After Retirement
with Sarah Brownlee, M.Ed., M.S.W., L.C.S.W., L.M.B.T.
Tuesdays, Sept. 18 – Oct. 2
Three sessions • 6 – 7:30 p.m.
$45

Retirement is thought to usher in the “golden years” and offer respite, relaxation and free time to pursue interests. For many, however, leaving work and growing older also present unplanned lifestyle changes and personal challenges.

“No What?” addresses concerns in transitioning from work to retirement and challenges of aging, such as sense of purpose and sense of self, societal/cultural perceptions, ageism, loneliness and wellness.

Sarah Brownlee owns a holistic healthcare practice in Wilmington, specializing in support for those living with long-term health issues. She is licensed as a psychotherapist, licensed and board-certified in orthopedic massage, and certified as a medical qigong practitioner.

PUBLIC AND INTERNATIONAL AFFAIRS

Crime in the Cape Fear
with Benjamin David, district attorney for New Hanover and Pender counties
Mondays, Aug. 27 – Dec. 3
15 sessions • 5 – 7 p.m.
$65

OLLI at UNCW members are invited to attend the lecture portions of this UNCW political science/criminology course.

With District Attorney Ben David, explore a broad introduction to topics relating to crime and punishment in the American legal system as viewed through the lens of the Cape Fear Region. Criminal activity is often thought of as a scourge on society that must be punished or dealt with in the sternest way possible to deter others from committing future crimes. Over time, we have come to understand that crime and its associated punishments do not always appear to be the same or even related. Our understanding of crime has changed, as has our understanding of the appropriate way to punish criminal behavior. What is the best vehicle for reducing crime on a permanent basis? This series introduces a number of topics related to the legal process and explores a number of solutions to crime in the Cape Fear region; many are unique to the area.

Presidents and Congressional Elections
with Aaron King, Ph.D.
Wednesday, Oct. 3
One session • 6 – 7:30 p.m.
$15

Although a president is not on the ballot, midterm elections are a referendum on his performance in office. What does this mean for the Republicans, having held control of the House of Representatives since 2010 and a majority in the Senate continued
since 2015? Consider the presidents’ impact on congressional elections historically as well as the projected impact the current President might have on the 2018 elections and the implications for 2020. We will touch on topics like incumbency, gerrymandering, and the strategic behavior of candidates/political parties.

Aaron S. King is an assistant professor of political science in the Department of Public and International Affairs at UNCW. After graduating from the Honors College at Michigan State University with a degree in political science and geography, he attended graduate school at Duke University to study American politics and political methodology, where he received his Ph.D. in 2013. His research and teaching focuses on American political institutions, such as Congress, political parties and the presidency, as well as elections and research methods.

SCIENCE

Science Myths and Facts in Modern Times
with John LaSala, Ph.D.

Wednesdays, Oct. 3 – 31
Five sessions • 1 – 2:30 p.m.
$65

Explore myths and facts behind some of the modern science-dependent “scaries” in the news such as climate change, GMOs, threats from vaccines, GenX, offshore drilling, fracking, the rise of asthma and the overuse of antibiotics. We’ll also look at some historical examples and what we can learn from them. The class will demonstrate a science-based, common-sense appraisal of important technical issues without an overlay of politics. (For a complete course description visit www.johnlasala.net and select Fall 2018 in the menu on the left.)

OLLI member John LaSala earned his doctorate in applied physics at Stanford University in 1987 and, as an active-duty U.S. Army officer, served 12 years as a physics professor and lab director at the U.S. Military Academy, West Point. Upon retirement from the Army, he spent 15 years in private industry, where he applied his expertise in lasers and optics to develop new products and businesses. Before moving to Wilmington, he served as the Class of ’67 Endowed Professor of Physics Chair at West Point, where he developed a new course on renewable energy. He volunteers as a business student mentor in the Cameron Executive Network.

Nuclear in Our Community
with Matthew Mann, B.S. Nuclear Engineering

Monday, Oct. 15
One session • 2:30 – 4:30 p.m.
Free for members

Join us for a special panel discussion to discuss nuclear energy in our community during Nuclear Science Week. Topics include the Brunswick Nuclear Plant and the General Electric Fuel Fabrication shop and their roles in our community. Guest speakers include Matthew Mann, director of Cape Fear Community College’s Nuclear Technology Program, and other regional experts.

CRISPR: The Good, The Bad and the Unknown
with Patricia Young, Ph.D.

Tuesdays, Oct. 9 - 23
Three sessions • 6 – 7:30 p.m.
$45

CRISPR is a family of DNA sequences in bacteria and archaea. The sequences contain snippets of DNA from viruses and form the basis of a technology known as CRISPR/Cas9 that effectively changes genes within organisms.

Session 1 History, mechanism and evolution – What is CRISPR and how does CRISPR work?

Session 2 Applications – What is CRISPR-Cas 9 technology and what is it used for?

Session 3 Bioethics and policy barriers to genetic engineering – What are the social, ethical and legal implications of gene editing in humans, animals and plants?

Patricia Young is a chemist who recently returned to Wilmington after working for more than 30 years as a research scientist at Waters Corporation in the Boston area. Her area of expertise is characterization and quantification of biomarkers in complex biological matrices. This work requires extensive knowledge of biochemistry, molecular biology and organic chemistry.

THEATER

Intro to Stand-Up
with Ashley Strand, M.F.A.

Thursdays, Sept. 20 – Oct. 25
6 sessions • 6 – 7:30 p.m.
$99

This is your chance to perform at a professional comedy club! You will develop your best seven-minute set working with professional actor and stand-up comedian Ashley Strand. The class culminates with a performance at Wilmington’s Dead Crow Comedy Club. Class time is limited, so bring material to the first class, we start performing on day one!

Ashley Strand is a company member of Wilmington’s own Alchemical Theatre and winner of the 2009 Hong Kong International Comedy Festival. His comedy credits include the Edinburgh, L.A. and D.C. Fringe Festivals; The Great Canadian Laugh-Off; the Kilkenny Cat’s Laugh Festival; the Laughing Devil Festival; the Laughing Skull Festival; and the Connecticut Xtreme Comedy Challenge. Strand holds an M.F.A. in classical acting from The George Washington University.
**OUTDOOR**

**Birds of Southeastern North Carolina: Bird-Watching by Habitat**

*with Jill Peleuses, Owner, Wild Bird & Garden*

Classroom preparation:
Monday, Sept. 10

Field trips:
Tuesdays, Sept. 18 – Nov. 20
Four Sessions • $59
Times vary by date

During this class we will focus on birds and their habitats. We will adventure to the coast, marsh and woodlands to discover a variety of species in their natural environments. Located along the “Atlantic Flyway,” southeastern North Carolina is a haven for many different bird species. Join us for a series of bird walks to discover the birds of our region. Throughout this class students observe and learn how to identify fall migrants, backyard birds, shorebirds and resident songbirds. You’ll soon be hooked on this lifelong hobby.

**Sept. 10**  Birding by Habitat & Bird Identification Program  
OLLI Classroom • 8 – 10 a.m.

**Sept. 18**  Airlie Gardens: Birds of the Marsh, Woodland and Fresh Water  
8:30 – 10:30 a.m.  
with Jill Peleuses and Dave Weesner, local birding expert and Wild Bird & Garden staff

**Oct. 16**  Oakdale Cemetery: Woodland Birds and Songbirds  
8:30 – 10:30 a.m.

**Nov. 20**  Wrightsville Beach: Birds of the Shore  
8:30 – 10:30 a.m.

**Bald Head Island Nature Excursion**

*with Bald Head Island Conservancy*

$99

Option I  
Wednesday, Sept. 12 • 8 a.m.* – 3 p.m.

Option II  
Tuesday, Sept. 25 • 8 a.m.* – 3 p.m.

*Ferry departs Southport at 8 a.m. Program begins at 9 a.m.*

Across the Cape Fear River from Southport lies Bald Head Island, a barrier island where the diversity and bounty of coastal habitats are on full display. Bald Head Island’s natural beauty includes the expansive salt marsh tidal creek ecosystem, which is home to abundant species of birds, invertebrates and fish. Spend the day with OLLI and the Bald Head Island Conservancy’s coastal education team as you explore the island’s majestic habitats. Additionally, you will learn about sea turtle conservation research and the sustainability of coastal environments. Price includes lunch at Maritime Market Cafe, round-trip ferry transportation from Southport, conservancy guides, transportation on the island and a tour of Old Baldy (the lighthouse).

Participants must be on the 8 a.m. ferry from the Deep Point Marina in Southport to arrive on Bald Head Island for the tour.

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**OLLI NEW HORIZONS BAND**

*with Dominic Talanca, M.M.*

Mondays, Sept. 10 – Nov. 26
11 sessions • 7:30 – 9:30 p.m.

$79 OLLI Members  
No Class on Nov. 12

**Concert**: Monday, Dec. 3  
7:30 p.m.  
Kenan Auditorium

In cooperation with the UNCW music department, the OLLI New Horizons Band provides an ensemble experience for adult brass, woodwind and percussion players interested in making music. Each weekly session includes full band rehearsals. The band performs one concert each semester.

Dominic Talanca, M.M., UNCW assistant professor and director of bands, conducted bands for 10 years in the Texas public school system at Marcus High School and Durham Middle School. He received his Bachelor of Music in music education and his Master of Music in wind conducting from the University of North Texas, and is completing his Doctor of Musical Arts in wind conducting at Northwestern University.

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910.962.3195  
www.uncw.edu/olli
**Downtown Wilmington Historical Walking Tour**

with Robin Triplett

$12

Option I

Thursday, Sept. 27 • 10 a.m. – Noon

Option II

Wednesday, Oct. 24 • 10 a.m. – Noon

Option III

Tuesday, Nov. 6 • 10 a.m. – Noon

Discover Historical Downtown Wilmington with Robin Triplett, a Wilmington native and owner of Trips with Triplett. Learn about Wilmington’s rich and colorful history as you stroll along the river through downtown Wilmington.

**Architectural Walking Tour**

with the Historic Wilmington Foundation

$15

Option I

Monday, Oct. 1 • 10 a.m. – Noon

Option II

Wednesday, Oct. 3 • 10 a.m. – Noon

Option III

Friday, Oct. 5 • 10 a.m. – Noon

Discover Wilmington and its rich architectural history through our neighborhood guided architectural walking tour. Historic Wilmington Foundation is leading this Streetcar Suburbs tour, which showcases the architectural, social and cultural history of the neighborhood in which it takes place.

The Streetcar Suburbs tour tells the story of Wilmington’s first two suburbs, Carolina Place and Carolina Heights, which grew around the city’s streetcar route. This tour brings attention to the special qualities of the neighborhoods and how they contribute to the city’s quality of life. Architectural styles you’re likely to see include Colonial Revival, American bungalows, Craftsman, Tudor, Dutch Revival and ranch houses. The Streetcar tour begins at Temple Baptist Church, 1801 Market Street.

**Downtown Wilmington Walking Foodie Tour**

with Taste Carolina Gourmet Food Tours

Thursday, October 25

1:15 – 4:30 p.m.

$88, includes all taxes and gratuities

Taste Carolina tours get to the heart of Wilmington’s delicious downtown! You’ll sample an eclectic assortment of restaurants, enjoy food and drink, and meet some of the city’s best chefs. You’ll also learn about the downtown area, including its history, architecture, and the overall culinary scene. Find out where to eat and how the Port City has become a food lover’s paradise!

Please wear comfortable clothes and shoes and dress for the weather. Walking tours run rain or shine. Please let us know of any dietary restrictions/food allergies when you register.
Walk through the History of Wrightsville Beach
with W.B. Museum and N.C. Coastal Federation
Tuesday, Oct. 9
10:30 a.m. – Noon • $15
Join OLLI for a fun morning learning about the history and future of Wrightsville Beach at the W.B. Museum. First, reflect how life was lived in a typical summer cottage at Wrightsville Beach, including its history and development. Then take a walk around “the loop” with the N.C. Coastal Federation as they show techniques for how we can reduce the amount of polluted stormwater runoff that reaches nearby creeks and sounds, such as rain gardens and permeable pavements. Bring your lunch for an outdoor picnic on the porch!

Behind the Scenes Cruise of Wrightsville Beach
with Wrightsville Beach Scenic Tours
$32
Option I
Tuesday, Sept. 11 • 1:30 – 3:30 p.m.
Option II
Thursday, Sept. 13 • 1:30 – 3:30 p.m.
Option III
Wednesday, Sept. 19 • 1:30 – 3:30 p.m.
Option IV
Friday, Sept. 21 • 1:30 – 3:30 p.m.
Cruise the waterways surrounding Wrightsville Beach from the deck of the area's favorite cruising boat, Shamrock. Join OLLI and Capt. Joe for a cruise through Banks Channel, Mott's Creek and the Intracoastal Waterway, passing Harbor Island, Airlie Gardens and the Causeway on our trip around Wrightsville Beach. Discover the fascinating history behind the third-oldest yacht club in America, the ecology of our natural salt marsh, the destructive power of 1954's Hurricane Hazel, the foundation and construction of manmade Harbor Island and much more.

Cape Fear River Cruise
with Capt. Doug Springer, Wilmington Water Tours
Tuesday, Oct. 2
10 – 11:50 a.m. • $35
Capt. Doug will be your guide as your cruise will head south past the state ports and sneak into the lower Brunswick River. Passing by the port you will have a chance to see the two newly installed neo-Panamax cranes, then we will continue past the ports and enter the lower Brunswick River. The Brunswick River at one time was the entry point into the upper reaches of the Cape Fear River. It is rich with the history of the early English explorers. However, it may best be known in modern times for “the second largest ship graveyard in the world.”

Location: 212 South Water Street, on the Riverwalk between Orange and Ann Streets.

Masonboro Island Kayak and Birding Excursion
with Don Harty and Jill Peluses
Wednesday, Sept. 26
One session • 8:30 a.m. – Noon • $85
Join Mahanaim Adventures (Don Harty) and Wild Bird & Garden (Jill Peluses) on a guided birding kayaking adventure to Masonboro Island Reserve! Masonboro Island has more than 5,500 acres of natural barrier islands and estuary habitats to explore. Masonboro is a pristine coastal island that is only accessible by boat and offers adventurers a fantastic opportunity to experience this natural barrier island and estuary.

continued
Meet at Trails End Park at 8:30 a.m. Bring binoculars, a bottle of water, a light snack and an adventurous spirit for this great adventure. Dress for fun, sun and adventure along the beaches of Masonboro Island. We plan on being back at Trails End Park about noon.

**Eagle Island Kayak Excursion**  
*with Don Harty, Mahanaim Adventures*

**Friday, Oct. 12**  
**One session • 9 a.m. – Noon**  
$79

Join us as we explore historic Eagle Island. Eagle Island is just minutes away from Downtown Wilmington and offers a great chance to view wildlife in its natural habitat. Eagle Island lies at the confluence of the Cape Fear and Brunswick Rivers in southeastern NC in the Lower Cape Fear River Basin. Eagle Island consists of approximately 3,100 acres situated between Wilmington and Leland. This adventure is an easy 5.5-mile kayaking adventure that is timed to take advantage of the falling tides, allowing you to paddle with the outgoing tide. You will get a chance to see view the beauty of Sturgeon Creek and Eagle Island from a kayak. This adventure should take no longer than 2.5 hours from the time we leave the Belville River Park.

We will meet at the Belville River Park on NC HWY 133 in Belville at 8:30 a.m. We will paddle to the Town of Leland’s Cypress Cove Park on Sturgeon Creek and will need to shuttle vehicles to and from both parks. This is a half-day adventure so plan on being back home at noon. Come dressed for fun and adventure along the river!

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**Gentle Yoga**  
*with Heather Till, e-ryt-500*

**Tuesdays, Sept. 18 – Nov. 6**  
**Eight sessions • 9:30 – 10:30 a.m.**  
$69

These gentle floor yoga classes are appropriate for all levels (stiff bodies are welcome!) and incorporate gentle and restorative, supported yoga, breathwork, mindfulness and guided relaxation. Classes offer an opportunity to slow down and focus on mindful movements that help to improve strength and coordination, flexibility and resilience, thus reducing stress and allowing for a greater sense of well-being.

Heather Till, e-ryt 500, is a certified professional yoga therapist and integrative nutrition health coach (Institute for Integrative Nutrition). She teaches simple practices for mindful living that help individuals to reclaim their natural health and energy and live healthier, happier lives.

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**Chair Yoga**  
*with Heather Till, e-ryt-500*

**Mondays, Sept. 17 – Nov. 5**  
**Eight sessions • Noon – 1 p.m.**  
$69

A gentle form of yoga that is practiced standing, using a chair for support or seated in a chair. These classes incorporate gentle movement, breathwork, mindfulness and relaxation. This practice of yoga is perfect for all levels and abilities and is easily adaptable to meet your specific needs. From those with mobility issues to those desiring a more supported practice, Off the Floor Yoga works with your body to improve strength, flexibility and resilience.

See bio above.

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**Introduction to Mindfulness**  
*with Tina Abraham*

**Mondays, Oct. 29 – Nov. 19**  
**Four sessions • 9:30 – 11 a.m.**  
$60

Mindfulness is a practice in mental awareness, attention and acceptance that is linked with numerous health benefits. This class is intended to help develop a deeper understanding of mind-body connection, a more accepting and compassionate relationship to internal and external experiences and create greater understanding of self.

This practical course will include: Guided instruction in mindfulness meditation practices, inquiry exercises, group discussion and dialogue to enhance awareness in everyday life.

Tina Abraham was trained as a mindfulness based stress reduction teacher at the internationally acclaimed Center for Mindfulness in Medicine, Health Care and Society at the University of Massachusetts Medical School, Oasis Institute. She completed professional training with teachings from Dr. Jon Kabat-Zinn and Dr. Saki Santorelli.

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**Water Aerobics at Brightmore**  
*with Fran Tabor*

**Mondays and Wednesdays, Sept. 17 – Nov. 21**  
**20 sessions • Noon – 1 p.m.**  
$185

Enjoy the benefits of water fitness and get a great workout without stressing your joints. Classes are held in the warm, salt-water therapy pool at Brightmore Independent Living Fitness and Aquatic Center. All fitness levels are welcome. Each class includes a warm-up followed by cardiovascular and resistance training, ending with cool-down stretches for posture and balance.
Illustrated Lecture on the History and Development of Wrightsville Beach

with Madeline C. Flagler, executive director of Wrightsville Beach Museum of History

Monday, Sept. 17
One session  •  1 – 2:30 p.m.
$15

“Moonlight and Big Bands to Surfboards and the Shag” – A talk on the history of Wrightsville Beach from its establishment during the time of trolleys and streetcars to its growth as a low-key surf town offering deep-sea fishing and sailing. We will discuss the rise of Lumina and the popularity of big-band music to the boom of smaller venues with beach music and dancing the shag and how this is reflected in its current status as a “Best Surf Town” and “Best Small Beach Town.”

Introduction to Mah Jongg

with Dennis Conlon

Mondays, Sept. 17 – Oct. 22
Six sessions  •  9:30 – 11:30 a.m.
$69

The history of mah jongg is shrouded in myth. Is it truly thousands of years old or does it only date back to the mid-1800s? Was it created by Confucius, as is fabled, or as a game for the royal court, which was forbidden to commoners? What is not a mystery is the popularity of this game of strategy and chance all over the world.

Students will learn about the composition of the mah jongg set, the mechanics of playing the game, how to formulate a strategy to win and tactics to prevent others from winning. Several sessions of supervised play will illustrate the lessons and confirm the student’s ability to play the game either socially or in a competitive atmosphere. Each student must acquire a copy of the Official Standard Hands and Rules of the National Mah Jongg League ($7 at www.nationalmahjonggleague.com) to participate in this course.

Hand Drumming for All

with Perry Smith, B.A.

Mondays, Sept. 17 – Oct. 22
Six sessions  •  9 – 10 a.m.
$69

Find out why people from all walks of life are jumping on the hand drumming band wagon. Hand drumming provides an opportunity to regain our symmetry connecting our left and right brain in an active and sometimes highly energetic way. While drumming, you are also activating the language learning parts of the brain while you are ‘communicating’ with the other drummers.

Perry Smith is a musician living and playing in Wilmington and has been leading drum circles since 2000. Smith worked with Chuck Davis and the African American Dance Ensemble. Smith received his B.A. in music/classical guitar at UNCW.

Class location is The Art Works, 200 Willard St. in Wilmington. Drums will be provided.

Cell Phone Photography

with Chris Forman, M.Ed.

Session I
iPhone Photography
Monday, Oct. 1
2 – 3:30 p.m.  •  $15

Session II
Android Photography
Tuesday, Oct. 16
1 – 2:30 p.m.  •  $15

Join former professional photographer and retired teacher Chris Forman to learn all about cell phone photography. With the advances in smartphone technology, everyone has a camera with them at all times. This class is designed to help you get the most from that phone camera and take better photos. Learn how to frame the image, exploit your phone’s features, and do some simple editing to improve the images. We will also explore sharing those images on social media. All you need is your phone and a desire to get creative.
Dance Duo – Waltz and Line Dance
with Dance Pros N & V Studio

Wednesdays, Oct. 10 – Nov. 14
Six sessions • 2 – 3 p.m.
$69

Waltz is called the mother of all dances, as it forms a foundation to move on to other dances. Instruction will cover proper hold and technique, movement about the dance floor and several beautiful steps. Line dancing can benefit your motor skills, your musicality and your mental/physical health. Both dances will be taught by a professional dance instructor from the Ukraine who has been dancing since he was five. Volodymyr Hrabovyi “Vlad” has a degree in dance choreography, has been teaching dance for 15 years (including seven years for Cunard Cruise Lines), has put on many successful shows and competitions, and has turned students into friends all over the world.

Behind-the-Scenes Tour of Cape Fear Community College's Wilson Center
Free for OLLI members

Option I
Monday, Sept. 24 • 11 – 11:45 a.m.

Option II
Tuesday, Sept. 25 • 11 – 11:45 a.m.

Option III
Wednesday, Sept. 26 • 3 – 3:45 p.m.

Join us for an exclusive behind-the-scenes tour of Cape Fear Community College’s Wilson Center, southeastern North Carolina’s most talked about performing arts venue. Learn about the center’s state-of-the-art technical capabilities and topnotch acoustics. See the dressing rooms where the stars prepare to wow you. You’ll be amazed by just how much goes into making a Broadway tour so magical. Each tour is limited to 15 people; registration is required.

www.alchemicaltheatreco.org

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**WOMEN ON WEDNESDAYS**

Wednesdays, Sept. 26 – Dec. 5

Ten sessions • 10 a.m. – Noon • $60

Chaired by Lynn Gattone and Stephanna Tewey

*WOW meets at the Cameron Art Museum.*

**Sept. 26**

**The Ever-Changing World of U.S. Immigration Law and Policy**

Vanessa Gonzalez, Esq., practicing immigration attorney, addresses immigrants' rights in the context of the history of U.S. immigration law and policy. She describes her work as an attorney representing immigration cases in North Carolina and gives information about human rights advocacy as it pertains to Dreamers and undocumented immigrants.

**Oct. 3**

**Mary Cassatt and Berthe Morisot: Impressionism from Their Perspective**

Parme Giuntini, Otis College of Art and Design, Los Angeles, associate adjunct professor of art history, explains the unique set of challenges that artists Mary Cassatt and Berthe Morisot faced as they balanced being both avant-garde Impressionists and bourgeois women in 19th-century France.

**Oct. 10**

**Women Take Stock: Investing for Financial Independence**

Megan Kopka, financial advisor from Kopka Financial, LLC, discusses the importance of women having a good investment education as she presents sound financial principles that have been proven to create successful investors. She also suggests various investment resources that are available for wise investments.

**Oct. 17**

**A Woman in Government: Politics and Public Service**

Margaret Haynes, City of Wilmington Mayor Pro-Tem, shares her personal journey in public service as an elected official on the Wilmington City Council. She will also provide information about current issues facing the city council, such as response to population growth and plans for the future.

**Oct. 24**

**A Professional Violinist: A Career with Variations**

Danijela Zezelj-Gualdi, UNCW instructor of violin and viola and artistic director of the UNCW Community Music Academy, depicts the active life of a successful violinist and her creative work as an artistic director, a performer and a community music arts organizer. She will also perform a short selection from her most recent repertoire.

**Oct. 31**

**Facing Adversity and Building Resilience in Early Childhood**

Jane Morrow, executive director of Smart Start of New Hanover County, discusses a child's first five years as being critical to a child's development. She explores the effects of toxic stress on children, the ways to build coping skills and Smart Start's role in the community.

**Nov. 7**

**Protect Medicare: What You Need to Know**

AARP North Carolina Associate State Director of Advocacy and Community Outreach Suzanne LaFollette-Black presents the history of Medicare, program eligibility, general benefits and the impact of current legislative action. She addresses end-of-life health care provisions and advice for retired women.

**Nov. 14**

**Coral Reef Decline: Climate Change and Human Overpopulation**

Alina Szmant, UNCW adjunct professor of marine science, uses her 50 years of experience doing coral reef research to assess the plight of coral reefs worldwide, the extent and speed of coral decline and ultimate causes of this ecology problem.

**Nov. 21**

No Class

**Nov. 28**

**Building Bridges of Understanding Among the People of the United States and Pakistan**

Caroline Clements, UNCW professor of psychology, describes the partnership between UNCW and the International Islamic University, Islamabad, Pakistan. She tells about present-day Pakistan, its history and culture and how this exchange program helped create understanding between faculty and students.

**Dec. 5**

**Get Your “Fanny” in the Kitchen**

Fanny Slater, cookbook author, television personality and local foodie shares stories about cooking by her dad's side and learning about colorful, nutritious ingredients from her mother. Fanny recounts winning Rachael Ray's "Great American Cookbook Competition" and the publication of her cookbook *Orange, Lavender and Figs: Deliciously Different Recipes from a Passionate Eater.*
FALL 2018

with retirement communities and the role they play in our aging process. Glass, professor of gerontology at UNCW, will discuss interested in the potential for older adults to provide mutual support and other elder self-directed intentional communities. She is especially Anne P. Glass is a leading researcher in the new field of senior cohousing …Or Do We?

Oct. 16 Retirement Communities: We Know What They Are …Or Do We?

Anne P. Glass is a leading researcher in the new field of senior cohousing and other older self-directed intentional communities. She is especially interested in the potential for older adults to provide mutual support to each other. Glass, professor of gerontology at UNCW, will discuss retirement communities and the role they play in our aging process.

Sept. 25 “New Drugs for Bad Bugs!” The Status of Antibiotic-resistant Bacterial Infections and What Can Be Done About Them

Microbiologist Joanna Clancy will discuss how inappropriate uses of antibiotics are causing selection of resistant microbes. So far, antibacterial drugs that kill resistant strains have been hard to find. We’ll review the state of the antibiotic-resistance problem and industry efforts to find effective new drugs.

Oct. 2 Behavioral Economics

The fields of psychology and traditional economics have come together to define the new field of behavioral economics that challenges many former assumptions about how humans make choices that drive economic activity. Behavioral economics looks at how psychology affects economic decision-making. In other words, it looks at how our thoughts and emotions may affect how we make decisions. PLATO member Doug Mendola will discuss this new way of looking at rational behavior and how it affects our decision-making process and is affecting public policy.

Oct. 9 The La-Z-Boy Furniture Story

The La-Z-Boy team: Ray Klutz, store manager, will present the history and construction of La-Z-Boy furniture; Pat Humes, sales consultant, will walk you through the process of purchasing furniture for your home; and Eve McGee, La-Z-Boy designer, will discuss interior design basics.

Oct. 16 Retirement Communities: We Know What They Are …Or Do We?

Anne P. Glass is a leading researcher in the new field of senior cohousing and other elder self-directed intentional communities. She is especially interested in the potential for older adults to provide mutual support to each other. Glass, professor of gerontology at UNCW, will discuss retirement communities and the role they play in our aging process.

Oct. 13 The Hunter Gatherer Within Us: Are We Fighting Our Genes?

The human body has evolved over millions of years to adapt to a particular way of life. Recent cultural evolution has radically altered the former way of life to which we were adapted through our genes. Bill Stewart, PLATO member and former drug researcher and exercise scientist, will examine the consequences of this cultural shift on formerly “good” genes which now may be turning on us.


Charles A. Lewis, Ph.D., retired L.T., USNR, attended the SUNY Maritime College from 1955-59. He sailed for Lykes Steamship Co., MSTS (Military Sea Transportation Service) and American Export Isbrandtsen, and was a cargo officer for Grace Lines. After leaving shipping, Lewis joined UNCW where he is professor emeritus of health and applied human sciences, recipient of the Chancellor’s Award of Excellence in Teaching, the Distinguished Teaching Professor award and was a UNCW commencement speaker in December 1998.

Nov. 3 No Class, Election Day

Nov. 13 The Hunter Gatherer Within Us: Are We Fighting Our Genes?

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Nov. 27 N.C. Museum of Art

Opened in 1956 as the first major museum collection in the country to be formed by state legislation and funding, the N.C. Museum of Art now encompasses a collection that spans more than 5,000 years of artistic work from antiquity to the present. Owen Wexler, professional artist and PLATO member, will give an overview of the history, collections, services and special exhibits of this magnificent public museum in Raleigh. A must-see institution with a huge outdoor art park and walking sculpture trail.

Dec. 4 Human Interest Stories

Please join us as Plato member Dick Meyerson leads the audience in discussion of family, friends and acquaintances who have inspired us. We will be sharing people who have made a difference in our life with stories of courage, humor and uniqueness.

PLATO, “People Learning Actively Teaching Ourselves,” is a society of lifelong learners that offers a diverse curriculum, some member-led sessions and a guaranteed opportunity to interact with fellow PLATO members throughout the semester.
Sept. 13  Mediation: What It Is, How It’s Done
Lori Wainright serves as Fifth District court custody mediator for New Hanover/Pender counties. She will discuss the role of a mediator and issues that have arisen during her years of service. Wainright earned a master’s in clinical counseling from UNC and is a licensed professional counselor.

Sept. 20  The Hemlock Society: Goals, Methods and Issues
David Walker, formerly president of the Denver chapter of the Hemlock Society, will discuss the history and evolution of this organization, and present choices and issues regarding end-of-life.

Sept. 27  Accidents and Experiences, with Driving Safety Tips for Seniors
Herb Strickler, PLATO member, will discuss his recent car accident (showing dash cam video) to put the subject in context. Bobby Schupp, Cape Fear CC instructor of a defensive driving course for 18 years, will relate his classroom experiences and tips for safer driving.

Oct. 4  The Growing Traffic Problem in Wilmington: Current Status and Plans for the Future
We have all experienced the aggravation of the increase in traffic in Wilmington due to population and commerce growth. Laura Padgett, former Wilmington City councilwoman for 20 years and transportation expert, will discuss the current transportation situation, transportation needs and plans for the future to alleviate traffic pressures.

Oct. 11  The Wright Flight: The Story Behind the Design and Flight of the Wright Flyer
The Wright brothers, Orville and Wilbur, two aviation pioneers, made the first controlled sustained flight of a powered heavier-than-air aircraft in December 1903 in Kitty Hawk, NC. A year later, they developed the first practical fixed-wing aircraft. Kip Nygren, OLLI member and former professor and department head at the United States Military Academy at West Point, NY, will discuss these breakthrough aviation events.

Oct. 18  The Arts of Wilmington
Wilmington has a (deserved) reputation as an artsy city. Rhonda Bellamy, executive director of the Arts Council of Wilmington and New Hanover County, will discuss the arts in Wilmington and the role of the Arts Council in promoting the arts.

Oct. 25  The World Economic Interdependence
Over the last century, the economies of countries around the world have become increasingly more interdependent. Jason Wheeler, certified financial planner, has a broad understanding of the internationalization of economies which he will explain and discuss.

Nov. 1  Hurricanes, Emergency Preparedness and Unique Features of the Cape Fear Weather Predictions
Steve Pfaff, warning coordinator meteorologist at the National Weather Service ILM, will discuss challenges of forecasting and weather preparedness in the Cape Fear region. He’ll describe the NWS efforts to track storms heading toward the region.

Nov. 8  The Hunter Gatherer Within Us: Are We Fighting Our Genes?
The human body has evolved over millions of years to a particular way of life. Recent cultural evolution has radically altered the former way of life to which we were adapted through our genes. Bill Stewart, PLATO member, and former drug researcher and exercise scientist, will examine the consequences of this cultural shift on formerly “good” genes which now may be turning on us.

Nov. 15  History, Ecology and Preservation of the Cape Fear River
The Cape Fear River is vital to the regional economy and to our way of life. Riverboat Capt. Doug Springer, who became Riverkeeper in 2007 and also served as the executive director for Cape Fear River Watch Inc. from 2007-10, will lead a discussion on maintaining the Cape Fear River Basin.
Science and Environmental Academy (SEA) and Coffee meets weekly to present relevant topics from the fields of science and the environment. UNCW professors, as well as knowledgeable community presenters, share their expertise and offer opportunities for enjoyable interaction in a friendly, relaxed setting.

**Thursday, Sept. 13 – Nov. 15**

10 sessions • 10 a.m. – Noon • $60

Chaired by Dick and Sue Hayes.

Committee members Stan McLeroy, Valerie Robertson, Eric Robinson, Art Seifert, Linda Seifert and Sue Zarutskie.

Sea and Coffee meets at Cameron Art Museum.

**Sept. 13 Water, Water Everywhere – But…**

Water and water-related concerns are the issues of this century. Whether for our own consumption (quality and quantity), use in energy and agricultural production, or in hazards such as sea level rise and flooding, we need to be able to plan for demand and mitigate potential damage. We will look at the global to local issues of our water world.

Roger Shew, lecturer, UNCW Departments of Earth and Ocean Sciences and Environmental Studies

**Sept. 20 Coastal Ecosystems and the Red-cockaded Woodpecker**

This discussion will highlight the ins and outs of conservation surrounding the federally endangered red-cockaded woodpecker. It will explain why these birds have been persecuted by many and why they shouldn’t be feared if you have them on your land.

Carson Wood, conservation biologist, Coastal Plain Conservation Group

**Sept. 27 Multiple-resistant Organisms**

According to the CDC, antibiotic resistance is a global health threat. This presentation will focus on why bacteria mutate, becoming resistant. It will identify causes of increasing antibiotic resistance including overprescribing of antibiotics, overuse of antibiotics in the animal industry and the lack of novel antibiotics. Emerging resistant pathogens will be discussed.

Tamara Link, assistant professor, UNCW School of Nursing

**Oct. 4 El Niño and La Niña: What Are the Connections?**

Climate events in the tropical Pacific Ocean are now known to have significant effects on weather elsewhere in the world. Moreover, the so-called ENSO cycle (El Niño–Southern Oscillation) is the most significant climate oscillation aside from global seasonality. Explore the ocean-atmosphere connections underlying these phenomena, their impacts on the southeastern U.S. and the implications for global climate.

Lawrence B. Cahoon, professor, biology and marine biology, UNC Wilmington
Oct. 11  An Introduction to Drone Technology and Usage
An ever-increasing number of aerial tasks are being accomplished with unmanned aircraft of various sizes and designs. This session will introduce the up-and-coming drone industry and discuss different types of drones and their uses.

*Ben Neville, owner and head cinematographer/photographer, Drone's Eye LLC*

Oct. 25  Artificial Intelligence: The Hype and the Reality
Do computers pose an existential risk to humanity? Will we soon be groveling at the virtual feet of our machine overlords? Or, at a more practical level, how will the continued development of machines with human-like intelligent abilities affect our jobs, our society and our security? We will discuss the current state-of-the-art in artificial intelligence and where it is projected to be in the near future.

*Curry Guinn, Ph.D., professor and chair, Department of Computer Science, UNC Wilmington*

Nov. 1  The Economic Implications of Environmental Policy
This presentation will provide an economic perspective on environmental protection. The benefits and costs of environmental regulations in the U.S. and abroad will be discussed, as well as alternative ways of harnessing the power of market forces to promote sustainable use of environmental resources.

*Peter Schuhmann, professor of economics, Department of Economics and Finance, Cameron School of Business, UNC Wilmington*

Oct. 18  Herbicide Resistance and Its Impact on N.C. Agriculture
Ever wonder what is in the weed killers you purchase in your local hardware store? Ever think about how many of those same chemicals are used by farmers throughout the U.S. every single year? Learn how pesticides work, what causes them to stop working, and how pesticide misuse affects agricultural policy both here in N.C. and across the U.S.

*Howard M. Wallace II, county extension director, N.C. Cooperative Extension Service, Hoke County Center*

Nov. 8  Waste Reduction and Resource Recovery
In this presentation, we will dispel recycling myths, learn new waste-reduction tips and showcase innovative ways to reduce the impact of food waste on our solid waste management systems.

*Joe Suleyman, director, New Hanover County Environmental Management*

Nov. 15  The Ancient Bald Cypress of North Carolina’s Black River
Charles Robbins will share the fruits of his kayak explorations along the Black River and in Three Sisters Swamp, home to hundreds of ancient bald cypress trees. Aged over 2,000 years, these North Carolina trees are the oldest living cypress trees in the world. Capt. Robbins will discuss ongoing conservation efforts on the Black and Cape Fear Rivers.

*Capt. Charles (“C.R.”) Robbins, owner, Capt. Charles Robbins’ Cape Fear River Adventures*
Sept. 21  Two Hundred Years of Aircraft Design Evolution  
with Kip Nygren 
In 1799, Sir George Cayley was the first to propose a fixed wing airplane that separated propulsion from lift. For the next 100 years, a variety of designers created airplanes based on his basic design, which eventually led to the development of the Wright Flyer in 1903. With that impetus, many brilliant researchers and designers evolved the airplane from a 40-mph fragile craft into the amazing variety of high performance aircraft flying today. This presentation endeavors to tell this fascinating story.

Sept. 28  Graph Theory  with Jim Glasenapp, M. Mathematics 
Learn about graphs and ways to represent them. We will discuss Königsgberg bridge problem, Euler and his circuits and Hamilton’s circuits – a much harder problem. Other topics include Ore’s theorem, the traveling salesmen problem, why we have to be satisfied with approximation, and more.

Oct. 5  Unraveling the Complexities: The Use of Physiological Techniques to Measure Cognitive Load Changes in Chemistry Students 
with Nathaniel Groves, Ph.D.
Researchers have long recognized that there appears to be a limit to the amount of information that learners can process simultaneously. Anything beyond that limit will seriously interfere with and inhibit the learning process and ultimately lead to cognitive overload. Physiological data such as heart rate or an electroencephalogram (EEG) has been established as a valid and reliable method for measuring changes in cognitive load. This presentation will highlight our efforts to understand the complex interplay between cognitive load and students’ learning of chemistry.

Oct. 12  Cooking the GOOS: Ocean Observation and Its Use in the Detection of Climate Change  
with Frederick Bingham, Ph.D. 
The ocean is difficult to observe. Past attempts to do so have been ad hoc and fraught with sampling bias that made it difficult to reliably detect long-term changes. Fortunately, in the past decade or two, ocean observing systems have been developing to remedy this gaping hole in our knowledge of the climate system. In this lecture, Bingham reviews current systems to observe ocean conditions and discuss some of the important results that have emerged over the past few years and the new directions that the Global Ocean Observing System is headed.

Oct. 19  The Physics of Music  with Doug Wille 
Sound is a wave propagating in air. We will see how sound is created, what physical means there are to create sound and how sound becomes music. Then the structure of musical scales is described and finally how musical instruments function.

Oct. 26  Optical Fiber: The Actual Internet Superhighway  
with John LaSala, Ph.D.
Since its invention in the 1970s, optical fiber has become the preferred means of carrying the huge amount of data we depend on for telecommunications, video streaming and World Wide Web access across large distances – even under oceans. Learn how optical fiber transmits light so well, why optical frequencies are needed for high-bandwidth information transmission, how data streams are generated by lasers and how high-performance fiber is made locally at the Wilmington Corning plant and cabled at another N.C. plant.
Special-interest forums are thought-provoking discussions led by OLLI member volunteers. The forums are smaller than the societies, and many require prereading on the assigned topic. Forum participants are encouraged to suggest topics, lead the discussion on topics of special interest to them and help develop the agenda for future forum sessions.

Please note: Participants must have email to receive class materials.

FRIDAY FORUM
chaired by Ed DeMarco
First and Third Fridays, Sept. 7 – Dec. 7
Seven sessions  •  10 a.m. – Noon  •  $50

The Friday Forum is for individuals who seek adventures in collaborative learning and informed discussion. Each member of the group becomes a vital contributor to the learning experience and is expected to lead a session after two semesters of attendance. The objective is to have group members increase their knowledge of major issues facing us in the 21st century.

Sept. 7  Subconsciousness and Fake News
       led by Tom Jenkins

Sept. 21 Land Management
       led by Jim Horan

Oct. 5  Mass Transportation
       led by Bud Dealey

Oct. 19 Brain and Learning Styles
       led by Bill Ahlberg

Nov. 2  The Decline of American Prosperity
       led by Gus Dahl

Nov. 16 Accidents, Insurance, Laws and Driving Tips for Seniors
       led by Herb Strickler

Dec. 7  Low-Income Housing
       led by Dennis Manning

AMERICAN HISTORY FORUM
(1803 – 1837)
coordinated by Clauston Jenkins
Second Wednesdays, Sept. 12 – Dec. 12
Four sessions  •  3 – 5 p.m.  •  $32

We will use Gordon S. Wood’s book, The American Revolution: A History, as the basic text. In essence, this forum is designed as a survey for those who want to increase their understanding of our nation’s history. In the fall of 2018, the American History Forum will cover the period from 1801 to 1837 – the so-called “Second American Revolution” where we moved from the Federalists to the Democratic-Republicans. We will study our nation’s development from Thomas Jefferson’s democracy to Andrew Jackson’s populism.

Sept. 12 Thomas Jefferson and John Marshall – two Virginia Cousins Who Distrusted Each Other and How They Shaped Our Nation
       led by Clauston Jenkins

Oct. 10 The War of 1812 and the Era of Good Feelings
       led by Jim Horan

Nov. 14 The Jackson Era: Part I
       led by Joanna Clancy

Dec. 12 The Jackson Era: Part II
       led by Julia Loeffler

It is recommended that all participants have access to the internet. To give members of the forum the broad general information useful in discussion, we suggest obtaining a used copy of the college survey text Nation of Nations: A Narrative History of the American Republic, Volume I, by James West Davidson. It will be useful for history up to 1877 and can be purchased online for less than $10.
THE PUBLIC ISSUES FORUM
Coordinating Committee: Dave Morison, Chair; Sue Patterson; Rich Cooper; Alan Armstrong

Second and fourth Mondays, Sept. 10 – Dec. 10
Seven sessions • 1 – 3 p.m. • $50

The Public Issues Forum is for those interested in gaining a deeper understanding of major political, economic and societal issues. Short background articles on most topics will be provided; members are encouraged to read a book or articles on the subject. The format may include lectures by UNCW faculty or other experts, book discussions, viewing of certain public affairs programs, and presentations by members. Presentations are followed by facilitated discussion.

Sept. 10 Economic Factors of College Life
Facilitator: Sue Patterson
Frederick (Fred) Holding, director of scholarships and financial aid at UNCW, will present information about financing a college education, a challenging responsibility in the ever-changing world of financial aid. This forum will cover a basic overview of the financial aid process from A-Z while addressing any new federal and state regulations for the current 2018-19 academic year and potential changes for 2019-20.

Sept. 24 Government Relations – The Good Kind
Facilitator: Dave Morison
Karen Gottovi, former state legislator, former Secretary of Aging for North Carolina, and AARP government affairs representative, will give us her perspective on government as a policy maker, a state agency head, and a lobbyist.

Oct. 8 Local Government and Its Powers
with Bill Saffo, mayor. Facilitator: Sue Patterson
Bill Saffo, the longest-serving mayor in Wilmington’s history, will discuss local government’s powers in comparison to state and federal powers, including which level of government North Carolina provides, what services and capital improvements are available, and how each government is funded. He also plans to discuss cooperative efforts among the different levels, as well as recent efforts by the General Assembly to centralize more authority in the state government.

Oct. 22 From the Block to the Boardroom
with Khalilah Olokunola. Facilitator: Alan Armstrong
Khalilah Olokunola will speak about the many young Americans who are stuck at the bottom of the economic ladder because of personal circumstance, juvenile mistakes, cultural bias, and failures in our educational system. There is a way out and the speaker is now part of a creative, non-governmental educational bootstrap program to help others find their way as well. Participants will be asked “who” you are and how such understanding has contributed to what you have achieved.

Nov. 12 Medicare/Medicaid in NC
with Dan Gottovi, M.D. Facilitator: Dave Morison
Dan Gottovi, M.D. will present a program on the operations of the Medicare/Medicaid program in North Carolina from the prospective of a practicing physician, and where Medicare and Medicaid are likely to go in the future. Gottovi was a founder of Wilmington Health and worked for many years as an internist and primary care physician. He served for several years on the North Carolina Medicaid Advisory Board.

Nov. 26 Yuval Noah Harari on The Future of Mankind
Facilitator: Rich Cooper
Using Harari’s book, Homo Deus: A Brief History of Tomorrow, and videos of Harari speaking about the book and the ideas presented, we will investigate the ideas and give participants an opportunity to react to them. Harari’s new book (due to be published in 2018), 21 Lessons for the 21st Century, will examine “some of the world’s most urgent issues, including terrorism, fake news and immigration.” Ideas from this book may be included in the presentation.

Dec. 10 NC School Vouchers
with Bonnie Bechard. Facilitator: Sue Patterson
Bonnie Bechard, VP, League of Women Voters of the Lower Cape Fear, will review her study of the curriculum used by private schools receiving N.C. voucher dollars though the “Opportunity Scholarship” program. She found that 77 percent of the funds are going to Biblical world-view schools, whose curriculum is often not accepted at major universities and is not applicable to many 21st-century careers. Her report also summarizes findings of a Duke Law School voucher study focusing on the lack of public accountability for schools receiving these public dollars.
FIRST LADIES FORUM
Coordinated by Rebecca Taylor and Gayle Keresey
Fourth Wednesdays, Aug. 22 – Nov. 28
Four sessions • 10 a.m. – Noon • $32
Are they only famous for the man they married? Explore the lives and contributions that presidential wives have made to the culture and history of their time. Session leaders will present their research and lead discussion of the themes and contributions of their lives.

Aug. 22 Betty Ford
led by Nancy Nail

Sept. 26 Lady Bird Johnson
led by Jane Ramsey

Oct. 24 Rosalynn Carter
led by Rita Scul

Nov. 28 Edith and Alice Roosevelt
led by Rebecca Taylor

WORLD WAR II FORUM (1944)
chaired by Cort Barnes
Wednesdays, Sept. 5, Oct. 3, Oct. 31 and Dec. 5
Four sessions • 10 a.m. – Noon • $32
This forum covers the year 1944.

WW II – 1944 (Early)
Sept. 5 D-Day: June 1944
Oct. 3 Operation COBRA: July-August 1944
Oct. 31 Operation Bagration: June-August 1944
led by Mike Roberts
Destruction of Warsaw: August-September 1944
led by Cort Barnes
Dec. 5 Battle for Marianas/Battle for Philippine Sea:
June 1944
**HISTORICAL CHRISTIANITY FORUM**  
*Chaired by Ron Henderson*

**Second Wednesdays, Sept. 12 – Dec. 12**

Four sessions  •  10 a.m. – Noon  •  $32

This forum seeks to continue our study of the historical Jesus by examining the evolution of Christianity into a world religion.

It is a discussion group where a different class member, who is not an expert in the field of study, leads each session. Class preparation and participation is expected of all members. Presentations and discussions will be focused on a historical analysis, not faith-based. Non-Christians are welcome and encouraged to attend, as this is an academic analysis of the history and development of Christianity, not Bible study per se.

Our textbook is *The New Testament* by Bart Ehrman (Oxford University Press), using 6th edition chapter numbers, which are different in earlier editions. Please note that used copies may be available for much less than new copies. In addition, forum members should read the Wikipedia narrative on these subjects.

- **Sept. 12**  
  Paul’s Role in the Development of Early Christianity, led by Cleve Callison  
  Chapters 20, 21, 22, 23, 24

- **Oct. 10**  
  Non-Gospel New Testament Writings  
  led by Spencer Weig  
  Chapters 12, 13, 19, 25

- **Nov. 14**  
  Women, Jews, Pagans and Christians – Early Christianity and “Others”  
  led by Ron Henderson  
  Chapters 26, 27, 28

- **Dec. 12**  
  The Historical Jesus in Context  
  led by Bob Kanich  
  Chapters 14, 15, 16, 17, 18

**AMERICAN PRESIDENTS**  
*Coordinated by Tom Knupp*

**Wednesdays, Aug. 29, Sept. 19 and Oct. 17**

Three sessions  •  10 a.m. – Noon  •  $24

Explore the myths, realities and challenges in the lives of former American presidents. Session leaders will present their research and lead a discussion. Participants commit to reading one biography or related articles from a list of suggested sources. Questions to facilitate a discussion will be provided in advance by each presenter.

- **Aug. 29**  
  George Washington  
  led by Tom Knupp

- **Sept. 19**  
  John Adams  
  led by Spenser Weig

- **Oct. 17**  
  Thomas Jefferson  
  led by Gayle Kersey

**AMERICAN WOMEN OF VALOR**  
*Examining Biographies of American Women Who Have Made a Difference*

*Nancy Nail and Barbara Waxman, Co-chairs*

**Second Tuesdays, Sept. 11 – Dec. 11**

Four sessions  •  2 – 4 p.m.  •  $32

The focus of this fall forum is on American women whose contributions to American society have blazed a trail to new territory in the arts, education, women’s rights and social activism. In each session a knowledgeable discussion leader who has researched the life and work of her chosen woman of valor will speak on themes and patterns in her woman of valor’s life work, using a variety of biographical and autobiographical sources. Discussion, questions and comments by participants will be an important aspect of the sessions.

- **Sept. 11**  
  The Real Woman Behind Little Women  
  led by Rebecca Taylor

- **Oct. 9**  
  Caterina Jarboro (1898-1986), America’s First Black Prima Donna, led by Dr. Helena K. Spencer

- **Nov. 13**  
  Charlotte Hawkins Brown: Educator and Race Woman, led by Dr. Kathleen Berkeley

- **Dec. 11**  
  Eunice Kennedy Shriver: Champion for the Mentally Disabled, led by Nancy Nail
LANGUAGE FORUM
Chaired by Stan McLeroy
Fridays, Sept. 28 – Nov. 9
Four sessions  •  10 a.m. – Noon  •  $32

2018 committee members William Alexander, Amanda Boomershine, Cleve Callison, Charles Lynn, Stan McLeroy, Eleni Pappamihiel, David Spieser-Landes, and Louis St. Peter developed this program.

This is a new forum presenting relevant topics of historical and present-day significance on the development and evolution of languages. UNCW professors, as well as other knowledgeable individuals, share their expertise and create a forum for discussion. We hope to expand in the future and welcome suggestions for future topics and speakers.

Sept. 28  Language and Culture
Led by Bill Alexander, Ph.D., associate professor, cultural anthropology, UNCW

Human language, its characteristics and its relationship to other communication systems will be examined. The use of language to illuminate historical relationships and current sociocultural processes will be discussed, as well as ways in which one can investigate culture through cognitive structures elicited from speech. Topics include socio-linguistic approaches to gender, ethnicity, social identity, region and social class, endangered languages, and environmental knowledge.

Oct. 12  Dialects of North America
Led by Cleve Callison, Ph.D., English, retired station manager for WHQR Public Radio, Wilmington

Language can be viewed as the DNA of history and peoples. The various dialects of English heard in the U.S. and Canada offer clues to the history of European, Africa, Hispanic, Asian and other settlements in North America, with distinctive differences along the East Coast and interesting mixtures farther west. Since Wilmington has for the first time seemingly reached the point where a majority of adults were not born here, we will look at comparisons of various dialects based on region of origin, ethnicity and economic status as well as the impact of literacy and media, along with other topics based on class interest.

Oct. 26  How Does Your Brain Learn Another Language?
Led by Eleni Pappamihiel, Ph.D., professor, UNCWs Watson College of Education

Do your children really learn another language much easier than you do? If you didn’t learn another language when you were a child, are you doomed to being monolingual? In this seminar we’ll talk about how people learn additional languages and how your brain processes language. Learn how you can help children learn another language and how you could potentially learn another language in your adulthood.

Nov. 9  The Challenges of Biblical Translation
Led by Philip C. Stine, Ph.D., publishing consultant, author, former translation consultant

How do you translate “lamb of God” for people who are unfamiliar with sheep? Philip Stine will discuss his work with United Bible Societies in Africa, where he was responsible for a large team of translators working to render the Bible into every African language. Based on his 2014 book, he will also present the fascinating story of the committee that produced the King James Bible and the enormous role it continues to play in culture, religion, literature and history.
TWO THREE-MONTH PROGRAMS

Due to popular demand we have added another three-session wine program to the curriculum. Both programs (A and B) will be the same; they will include the same wines, gourmet food and presentation. Please select Program A or Program B.

Program A – Wednesdays, Sept. 12, Oct. 17 and Nov. 7
Program B – Wednesdays, Sept. 26, Oct. 24 and Nov. 14
$80

The Pairing of Food with Wine – Harmony or Discord?

Aristotle says that “the whole is greater than the sum of its parts.” In this class you will learn that this can be true of wine and food when paired correctly. Fine wine is beautiful! A well-crafted dish is delectable! But when expertly brought together, they truly sing in harmony!

What does one need to know to be the keen matchmaker of food and wine? Which flavors and qualities need to be contrasted with the wine instead of replicated? You will learn much of what you need to know to be able to enjoy food and wine together as a whole experience from Freedom Beverage representative Victoria Boron and restaurateur, sommelier Kiera Hill (Sept. 12) and OLLI favorite Ernie Manzella (Sept. 24).

Alto Adige – Northern Italy’s Hidden Gem

Alto Adige is a wine region like no other in Italy. Situated on the southern side of the Alps, Alto Adige (the Italian name for South Tyrol) is Italy’s northernmost wine growing region, producing less than one percent of Italy’s total production. Discover the variety of grapes and the unique wines produced in Alto Adige with Jamie Mingia, owner of the Wine Sampler and a certified specialist of wine of the Society of Wine Educators. We will taste an assortment of wines from this region and learn what distinguishes them from those produced in the often better known areas to the south.

Virginia: Could It Be the Napa of the East?

The birthplace of the American wine industry is in Virginia. After more than 400 years of producing wine in Virginia, it is amazing what has happened in the past 10 years with our neighbors to the north. From one winery in the 1600s to 30 or so in the 1980s to over 100 today, the boom in Virginia wine making is unbelievable! Sweet wines do not dominate, and experimentation with lesser-known varietals has become the norm in Virginia. Join us for an evening with Sommelier Mike Summerlin as we explore the Napa of the East.
BRUNSWICK COUNTY
WINE TASTINGS
Location: Blossoms Restaurant in Magnolia Greens
with Mike Lane, CWE
Thursdays, Oct. 11 and Nov. 8
$50

Australian Wines – Moving Beyond Critter Labels
Thursday, Oct. 11 • 6 – 8 p.m.
Australia’s wine-growing regions produce hundreds of grape varieties and styles from cool climate pinot noirs to complex cabernets and savory shirazes, from age-worthy rieslings and semillons to brilliant sparkling wines. Yet many Americans know little about the Australian wine scene except for big, bold shirazes and large production, critter-labeled wines that overflow our markets. Lane will present an updated view of Australian wines and introduce us to six smaller production wines being produced by boundary-pushing winemakers that are finding their way into glasses across our country.

Spain’s Rioja Region – Tempranillo and So Much More
Thursday, Nov. 8 • 6 – 8 p.m.
In Rioja, one of Spain’s most important wine regions, Tempranillo is the king of grapes. Still other grapes in the region are capturing the attention of global wine drinkers these days, thanks to the creativity of individual winemakers and improved wine distribution. Lane will discuss and showcase several Rioja varietals such as Garnacha, Graciano, Mazuelo and Viura. Tempranillo may still be your “fave,” but be open to falling in love with something new from Rioja, too!

Presenter Michael Lane is a certified wine educator. The CWE Exam is a unique certification that not only tests a candidate’s wine knowledge, but also validates his or her tasting acumen and teaching ability. Lane is also certified by the Court of Master Sommeliers. He brings more than 25 years of experience working with restaurants and wine sales to his teaching. Lane serves as the on-premise and fine wine specialist for Epiphany Wine Company in Raleigh. His business card labels him “The Grand Cru-bah.”

ANNUAL HOLIDAY WINE TASTING
Wednesday, Dec. 12 • 6 – 8 p.m.
$45
Join us for our eighth annual OLLI Wine Society Holiday Wine Tasting. The program will be led again by planning committee member John Tufano, who will present six specially selected and distinctive wines, all of which befit a holiday tasting. Enjoy savory hors d’oeuvres and a flavorful meal that will enhance your wine tasting experience and make the evening a festive time to share with fellow OLLI members before the holiday rush.

BEER INGREDIENTS, DECONSTRUCTED
Wilmington Brewing Company
Wednesday, Oct. 3 • 1:30 – 3 p.m.
$20
This class spotlights the very essence of beer: its ingredients – grain, hops, yeast and water. Presenters Michelle and John Savard, owners of Wilmington Homebrew Supply and Wilmington Brewing Company, know this topic well. After graduating from UNC Asheville with degrees in business administration and mass communications, but more importantly with a passion for brewing, these Wilmington natives opened a small homebrew shop on Kerr Avenue in 2012. Their enthusiasm for teaching home brewing graduated to opening their brewery, a 11,800-square-foot, three-barrel and 25-barrel facility in 2014, located a few blocks away from their original location. In addition to learning about beer ingredients, tasting beers using those ingredients will add to our understanding and appreciation. A tour of WBC will complete this educational experience. Some after class assignments may continue in their tap room!
The Osher Lifelong Learning Institute at UNCW presents the 2018-19 season of Met Opera Live in HD, the Metropolitan Opera’s award-winning series of live transmissions. It features 10 productions and live interviews with cast, crew, production and other behind-the-scenes extras. All performances are shown in high-definition. Shows are in UNCW Lumina Theater, subtitled in English, and feature a guest lecture 45 minutes prior to the broadcast. Distinguished guest speakers include local opera lover Jerry Nolan, as well as UNCW Department of Music professors Nancy King, Barry Salwen and Helena Spencer.

Individual Tickets: $20 OLLI members, $24 nonmembers

2018-19 operas are generously sponsored by Cambridge Village of Wilmington.
SEASON TICKET SPECIAL OFFER!

$220 includes all 10 operas, a wine and cheese reception to kick off the season and a one-year OLLI membership.
London Theatre
Broadcasts

The Best of London Theatre
Broadcast to the
OLLI Building Classroom

Tickets
$18 OLLI Members • $20 General Public
$10 Students/Youth
$6 UNCW Students with I.D.

BY EXPERIENCE HD

RECORDED LIVE IN LONDON’S NATIONAL THEATRE AND SHOWN IN HIGH DEFINITION!
National Theatre Live is presented by the Osher Lifelong Learning Institute

JULIE
by Polly Stenham after Strindberg

Friday, Nov. 2 • 1 p.m.

Vanessa Kirby (The Crown, NT Live: A Streetcar Named Desire) and Eric Kofi Abrefa (The Amen Corner) feature in the cast of this brand new production, directed by Carrie Cracknell (NT Live: The Deep Blue Sea) and broadcast live from the National Theatre to cinemas.

Wild and newly single, Julie throws a late-night party. In the kitchen, Jean and Kristina clean up as the celebration heaves above them. Crossing the threshold, Julie initiates a power game with Jean – which rapidly descends into a savage fight for survival.

This new version of August Strindberg’s play Miss Julie, written by Polly Stenham, remains shocking and fiercely relevant in its new setting of contemporary London.

KING LEAR
by William Shakespeare

Thursday, Nov. 8 • 1 p.m.

Recorded in London’s West End, see Ian McKellen’s “extraordinarily moving portrayal” (Independent) of King Lear in cinemas.

Chichester Festival Theatre’s production received five-star reviews for its sell-out run, and transfers to the West End for a limited season. Jonathan Munby directs this “nuanced and powerful” (The Times) contemporary retelling of Shakespeare’s tender, violent, moving and shocking play.

Considered by many to be the greatest tragedy ever written, King Lear sees two aging fathers — one a King, one his courtier — reject the children who truly love them. Their blindness unleashes a tornado of pitiless ambition and treachery, as family and state are plunged into a violent power struggle with bitter ends.

THE MADNESS OF GEORGE III
by Alan Bennett

Friday, Dec. 7 • 1 p.m.

Multi-award-winning drama The Madness of George III, is National Theatre Live’s first-ever broadcast from Nottingham Playhouse.

Written by one of Britain’s best-loved playwrights Alan Bennett (The History Boys, The Lady in the Van), this epic play was also adapted into a BAFTA Award-winning film following its premiere on stage in 1991.

The cast of this new production includes Olivier Award winners Mark Gatiss (Sherlock, Wolf Hall, NT Live Coriolanus) in the title role, and Adrian Scarborough (Gavin and Stacey, Upstairs Downstairs, After the Dance).

It’s 1786 and King George III is the most powerful man in the world. But his behavior is becoming increasingly erratic as he succumbs to fits of lunacy. With the king’s mind unravelling at a dramatic pace, ambitious politicians and the scheming Prince of Wales threaten to undermine the power of the crown, and expose the fine line between a king and a man.

www.uncw.edu/ntlive
Experience and celebrate the liberal arts when UNCW’s College of Arts and Sciences presents its 16th annual College Day program. The college’s faculty encourages a love of learning and provides students with the tools to become lifelong learners. It is in this spirit that the college faculty invites the community to come to “college” for a day. Attend four classes, choosing among those offered in the humanities, the arts, social sciences and the sciences.

Linger after class to chat with a professor, enjoy a tasty, mid-day lunch break and enjoy a fall day on the beautifully landscaped grounds of UNCW!
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Register online or by phone
www.uncw.edu/olli
910.962.3195

- A confirmation letter and program information will be sent to you via email. If you do not have an email address, you will receive these materials at the address you provide. Specific course location will be provided at registration.

- We must receive your registration information and payment at least three (3) university working days prior to the program start date, unless otherwise noted.

- Refunds/Cancellations: Fees can only be refunded if a written notification of withdrawal is received three (3) university working days prior to the start of the program, unless otherwise noted. A processing fee of $10 is charged on cancellations.

- The Osher Lifelong Learning Institute at UNC Wilmington follows the closings of the university. If the university's opening time is delayed or if the university is closed, all OLLI classes, events, meetings and other activities will be canceled for that duration. Visit the university website at www.uncw.edu for the latest information on university closings.

- We are located at 620 South College Road, Wilmington, NC 28403-5614.

UNC Wilmington is committed to and will provide equal educational and employment opportunity. Questions regarding program access may be directed to the Compliance Officer, UNCW Chancellor's Office, 910.962.3000, Fax 910.962.3483. UNCW does not discriminate on the basis of sex. Questions regarding UNCW's Title IX compliance should be directed to TitleIX@UNCW.edu.

UNCW complies with all provisions of the Americans with Disabilities Act (ADA). Accommodations will be made available upon request. If you have special needs and would like to participate in this program, please contact the Osher Lifelong Learning Institute at UNCW, 910.962.3195 ten (10) days prior to the event so proper consideration may be given to the request. This publication is available in alternative format on request. The Osher Lifelong Learning Institute at the University of North Carolina Wilmington follows an open admissions policy.

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INTERNATIONAL TRAVEL

SWITZERLAND

Hidden Trails and Majestic Peaks

SEPT. 6 – 15, 2019  •  10 DAYS  •  12 MEALS

Come travel with OLLI! This is the home of the Matterhorn and Lake Geneva, where chocolate is high art and culture is intrinsic. You’ve booked passage to Switzerland – via the absolute best way to explore it – the Swiss Railway. Start among the historic architecture of Neuchatel, wrought in the grand Belle Époque style. Walk through centuries-old vineyards and taste unparalleled Swiss wine. Soak in views of the Matterhorn from the picturesque mountain town of Zermatt. Sample legendary Laderach chocolate as you watch chocolatiers work their confectionary craft. See the magnificent landscape roll past your window as the train moves through the country’s peaks and valleys. Get ready for a remarkable Swiss journey that you’ll never forget.

For more information, visit www.uncw.edu/olli or call 910.962.4034.