PREMIER LEARNING FOR PEOPLE AGES 50+ FALL 2022 CATALOG

REGISTRATION OPENS WEDNESDAY, AUG. 24
LETTER FROM THE ADVISORY COUNCIL CHAIR

Welcome to the fall 2022 semester. This catalog represents the efforts of dedicated staff and an active group of member-volunteers. We owe a debt of gratitude to those who work to create and execute the high-quality learning opportunities in this catalog.

Benjamin Franklin wrote, “An investment in knowledge always pays the best interest.” We can all benefit from the many opportunities to keep our brains active, as well as meet new people, share our time and talents, and learn more about the Lower Cape Fear region and the world beyond. OLLI at UNCW offers the chance for knowledge and so much more.

We often have people joining us who are new to the program or who enter a new class without recognizing anyone. Many of us begin the semester excited to see friends and may not be aware that there are new members seated nearby. I’m going to make it a personal goal to greet at least one unfamiliar classmate each time I attend an event, and I encourage you to do the same!

Please consider joining a committee/team to assist in developing future classes. We always need new ideas, new speaker suggestions and personal expertise that you may have. The volunteer leaders and Advisory Council members are listed at the back of the catalog. The OLLI staff members are also happy to help you become involved in your area of interest. Please let us know how we can make you feel more included.

Again, best wishes for a rewarding semester. I look forward to welcoming familiar faces and meeting new friends this year.

Pat McCarthy
2022-24 OLLI Advisory Chair
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**Osher Lifelong Learning Institute**

**Full Registration Opens Wednesday, August 24 • 9 A.M.**

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**910.962.3195**

**www.uncw.edu/olli • 3**
The icons below appear throughout the catalog to identify the particular course format.

**OLLI does not record or distribute presentations**

**In-Person/Face-to-Face** – Classes that meet in person are also called “face-to-face.” These include programs that meet outdoors, in the OLLI building, on the UNCW campus and off-campus locations. Instructors are usually in-person, but they may occasionally be remotely streamed into the classroom.

**Online/Zoom** – Zoom is an online videoconferencing software, and Zoom courses are streamed live. After you register for classes, OLLI will email you a meeting link to participate. Using a personal computer, participants may attend class, hear the lecture, see slides, participate in discussions, and ask questions or make comments through a “chat” function.

**Hybrid** – The hybrid format offers a choice for how people want to participate in selected programs. Members choose to register for the in-person version of the course or to register for the online/Zoom version of the course. The course will be delivered in person, but will also be streamed through Zoom to participants remotely.

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**Special Offer for OLLI Members:**

$20 tickets to the Nov. 12 performance of Ballet Hispánico. Ticket availability is limited.

Purchase your ticket at the Kenan Auditorium box office (T-Th, 12-4 p.m.) or call 910.962.3500!
SPECIAL EVENTS

ANNUAL KICK-OFF AND ICE CREAM SOCIAL
Saturday, Sept. 10 • 2 – 3:30 p.m.
Free and open to the public
Space is limited, registration required

Come celebrate the beginning of a new academic year! We are planning special entertainment and guest speakers. Register today and mark your calendars!

NEW MEMBER WELCOME
Monday, Sept. 19 • 3 – 4 p.m.
Free to OLLI members, registration required

New to OLLI? The New Member Welcome provides new members with the opportunity to talk with staff and volunteers. All questions are welcome! Ask about our programs, the culture of volunteerism, OLLI committees and OLLI’s ongoing relationship with UNCW. Enjoy meeting other “newbies” with refreshments and fun.

FREE ZOOM TRAINING FOR ADULTS 50+
Friday, Sept. 9 • 1 – 2 p.m.
Free and open to the public.
Space is limited, registration required

OLLI at UNCW is providing complimentary Zoom training to get adults age 50+ comfortable using the software. This training will be done online through Zoom.

HAUSING AFFORDABILITY IN THE CAPE FEAR
Two sessions
Free for members, registration required

Join Katrina Knight, Executive Director of Good Shepherd Center and chair of the Cape Fear Housing Coalition, for a conversation on the unique housing challenges facing our community. Attendees can submit questions in advance.

I: The Problem
Tuesday, Nov. 29 • 10 – 11 a.m.

No matter where you live in our region, the rising cost of housing has an impact on your daily life. Renters and homeowners alike are becoming increasingly cost-burdened - spending too much of their income on housing with less left over for food, transportation, health care and other basic needs.

II: The Solutions
Tuesday, Dec. 6 • 10 – 11 a.m.

Nearly every day in one of our local news outlets you can find an article covering the rising cost of living and the overwhelming need for more affordable housing. Learn about current efforts to create and preserve affordable housing in our community, innovative programs that are working across the country and how you can be a part of the solution.
SPECIAL EVENTS

OLLI SPEED FRIENDSHIP
Friday, Oct. 21 • 1 – 2:30 p.m.
Free for members, registration required

Don’t miss a fun afternoon of connections and laughs. We will provide a list of questions to break the ice and to meet new friends. Smiles are guaranteed or your money back! The 60-minute session will include small group breakouts to introduce yourself and to get to know others. You will share a bit about yourself with everyone during the event. And if you choose, your contact information (name/email) will be shared with others after the event.

ELECTRIC BIKE ETIQUETTE – THE DO’S AND DON’TS
with Susan Williams, M.P.A.
Wednesday, Nov. 9 • 11 a.m. – noon
Free to OLLI members

E-bikes are a great option when it comes to traveling on the road for commuting, fun or exercise. If you’re considering purchasing an e-bike or just bought one, it’s important that you prioritize safety. OLLI program coordinator Susan Williams has been commuting to work for years and recently transitioned from a road bike to an e-bike. Susan will share her experience about staying safe on your e-bike and common bike etiquette rules you should follow. You’ll be ready for a great ride, while respecting others on the path!

WALKING SCOTLAND’S WEST HIGHLAND WAY
with Amy Keith, M.A.
Friday, Sept. 30 • 10 – 11:30 a.m.
Free for members, registration required

From the Camino de Santiago in Spain to the Appalachian Trail in the United States, more and more people are enjoying the challenge of a long-distance walk. In May 2022, OLLI staff Amy Keith and her husband walked Scotland’s famous long-distance trail, the West Highland Way. Over the 96 miles, they discovered a deeper connection to Scotland, nature and themselves. Keith will share her experience, from planning, packing and logistics, to nine blissful and exhausting days on the trail, including the hard lessons. Finally, OLLI participants will be encouraged to share their knowledge and experience on long-distance walks.

57,000 objects and a Giant Ground Sloth!

Permanent & traveling exhibitions and educational programs relating to the history, science and cultures of the Lower Cape Fear.

Hours: Tues-Sat 9 am-5 pm, Sun 1-5 pm
814 Market Street, 910-798-4370
capefearmuseum.com
**ART HISTORY**

**Baroque Art: Part I**  
with Abigail Upshaw, Ph.D.  
**Wednesdays, Sept. 7 – 28**  
Four sessions • 3 – 4:30 p.m.  
$60

This course will consider Baroque art from its origins in Europe (specifically the Italian peninsula) through its diffusion into the Americas, Africa and Asia. Most of the focus will be on the 17th and 18th centuries, beginning with the stylistic revolutions of Caravaggio and Bernini before looking at the role of colonization, technological innovations, missionary movements and religious reform, and how they influenced worldwide trends in art and architecture. Part II will be offered in spring 2023, when we consider the artistic and architectural styles exported from Europe in an increasingly interconnected world.

Abigail Upshaw is an assistant professor in the UNCW Department of Art and Art History. Upshaw is a scholar of early modern Italian visual and material culture. Her research tends to the materiality and function of ephemera in early modern social, religious and political life, particularly in the court centers of northern Italy. Her current project investigates Leonardo da Vinci’s involvement with the theater during his nearly 20-year tenure at the Sforza court of Milan. She was awarded the Pedretti Fellowship from the Renaissance Society of America in 2022.

**Rethinking Impressionism**  
with Parme Giuntini, Ph.D.  
**Wednesday, Oct. 12 – Nov. 2**  
Four sessions • 1 – 2:30 p.m.  
$60

People often think of Impressionism as a movement that produced pretty pictures of gardens, ballerinas, Paris street scenes and, of course, waterlilies. Take a closer look and discover that beyond those pretty pictures, Impressionism jolted the 19th century world with challenges to aesthetics, class and social relationships, and even gender codes and politics.

Parme Giuntini is a recent transplant from Los Angeles, CA, where she was director of art history at Otis College of Art and Design for 20 years. Her research focuses on 18th century domestic portraiture, fashion, gender, design and pedagogy.
ACADEMIC COURSES

Women Artists of the 19th Century
with Kemille Moore, Ph.D.
Tuesdays, Oct. 18 – Nov. 1
Three sessions  •  3 – 4:30 p.m.
$45

Explore the importance of women painters, sculptors and printmakers in Europe and America from the era of the French Revolution to the end of the 19th century. From the Neoclassical style of Angelica Kauffman to the Japanese-inspired prints of Mary Cassatt, our journey will examine huge paintings that met with an enthusiastic critical response, lesser known small etchings and exquisite figurative sculptures by an artist post-humously regarded among the finest of her age. Beyond the works themselves, such topics as the education of women artists, their struggles for recognition and their successes will be discussed.

Kemille Moore has been an art history faculty member at UNCW for 30 years. During that time, she has taught courses including: Art of the United States, 19th century Art, History of Printmaking, and History of Photography. Her most recent research involves art in Victorian London. Moore also currently serves as senior associate dean for faculty policy and enrollment management in UNCW’s College of Arts and Sciences.

CREATIVE WRITING

Story of Your Life
with Sherry Rotz, MSW, M.Ed., certified instructor of Guided Autobiography
Tuesdays, Nov. 1 – Dec. 13
(no class on Nov. 22)
Six sessions  •  9:30 – 11:30 a.m.
$90

Every life has a story, a purpose, a lesson – a plot. Using Guided Autobiography, a semi-structured process for life review, this program helps unearth the roots of memory and use those memories to write “the story of your life,” two pages at a time. The course utilizes a series of life themes to gain access to memories and to organize them in a way that honors the complex threads that shape our lives. By writing two pages each week and sharing in small groups, participants gain an appreciation for the direction their lives have taken and an understanding of how their identity has been shaped by their crosscurrents.

Sherry Rotz practiced as a clinical social worker specializing in individual and group therapy with children, adolescents and adults for 18 years. Prior to that, she taught fourth grade for 20 years. The highlight of her teaching career was teaching others to write their stories. Rotz is a certified instructor for Guided Autobiography and believes that everyone should have the opportunity to tell their unique story.

Writing Personal Essays
with Anthony Aycock, MFA, MLIS
Thursdays, Oct. 6 - Nov. 3
Five sessions  •  6 – 8 p.m.
$75

Look around the internet, and you’ll see one type of writing that dominates: the personal essay. This class will lead students through the stages of writing a great personal essay. This will be done through reading and discussion, in-class writing and peer reviews of one another’s work. By the end of the course, students will have written a draft of a publishable essay.

Anthony Aycock is a librarian, a writer and a teacher of writing (not necessarily in that order). He has an MFA from Queens University of Charlotte and an MLIS from the University of South Carolina. He is the assistant editor of Convention Scene, a pop culture news site, and his essays have appeared in the Missouri Review, the Gettysburg Review, Ploughshares, The Millions, Creative Nonfiction, and the Chronicle of Higher Education. His first book, The Accidental Law Librarian, was released in 2013.
DANCE

Martha Graham: Modern Dance Innovator
with Nancy Carson, B.A.

Tuesdays, Nov. 29 and Dec. 6
Two sessions • 3 – 4:30 p.m.
$30

Martha Graham once said, “Nothing is more revealing than movement.” She was a revolutionary choreographer and dancer who boldly changed the shape of modern dance, and her impact continues to influence dancers and choreographers today. The Martha Graham Dance Company has been in existence since 1926 and still amazes audiences with its unmistakable style and unique storytelling. Who was this force of nature and how did she achieve such stature in the dance world? Learn about her childhood influences, her desire for greatness and the choices she made throughout her life which catapulted her to the pinnacle of the modern dance world.

Nancy Podrasky Carson is an educator, choreographer and dancer who has taught, created work and performed with professional and nonprofit companies, universities and community groups throughout the United States. Nancy has taught dance at UNCW since 1998. She serves as the resident choreographer for Opera Wilmington and is a founder, teacher and choreographer for The Dance Cooperative, a local 501(c)3.

ECONOMICS

The Federal Reserve and Monetary Policy
with Don Anderson, M.S.

Mondays, Nov. 14 – 21
Two sessions • 1 – 2:30 p.m.
$30

The Federal Reserve has been referred to as “the fourth branch of government” in the United States. Created in 1913 when President Woodrow Wilson signed into law the Federal Reserve Act, the Federal Reserve’s mission has evolved to “promote effectively the goals of maximum employment, stable prices and moderate long-term interest rates.” In this course, we will discuss why the Federal Reserve was established, describe how it exercises monetary policy to achieve certain goals and review its record of success. The Fed has been blamed for inflationary periods, recessions and high interest rates, but it is also credited with preventing several economic catastrophes since its creation as well as being instrumental in promoting long periods of low inflation and low unemployment. In addition, we will describe the less traditional roles the Fed has played during the global Covid-19 pandemic and how the Fed may become involved in the regulation of cryptocurrencies.

OLLI member Don Anderson has a master’s degree in economics from North Carolina State University. He worked as an economist at RTI International for 25 years, then as an economist, statistician and policy analyst at the U.S. Department of Agriculture for 14 years before retiring in Wilmington.

ENGLISH/LITERATURE

T.S. Eliot’s The Waste Land
with Alessandro Porco, Ph.D.

Tuesdays, Nov. 1 – 15
Three sessions • 1 – 2:30 p.m.
$45

T.S. Eliot’s The Waste Land—one of the defining literary works of the modernist period—first appeared in print in October 1922. This course is intended to coincide with The Waste Land’s centenary and is an occasion to reflect on all the pleasures and challenges of Eliot’s poem. Our primary goal will be to read The Waste Land closely and discuss its mythic structure, collage aesthetics, dramatic voices, symbolism and representation of city life. Is the poem simply one man’s autobiography or is it a moral indictment of the modern world in general? We will also consider the composition history of The Waste Land, especially Ezra Pound’s role in its editing circa January 1922. We will explore the publication history of the poem, which appeared in modernist magazines (The Criterion and The Dial) followed by book editions in America and England. Finally, we will tune our ears to the performance history of the poem, from Eliot’s “chanting” it in Virginia Woolf’s drawing room to Eliot’s later recordings and to more recent recitations by dramatic actors such as Jeremy Irons.

Alessandro Porco is an associate professor in the Department of English at UNCW. He specializes in 20th century poetry and poetics. Porco is currently working on a book-length study of M.C. Richards.
ITALIAN FOR TRAVELERS
with Jennifer Heber-Brown, Ph.D.
Wednesdays, Oct. 12 – Nov. 16
Six sessions • 3 – 4:30 p.m.
$75

Benvenuti! For both the practical and the appassionati, this course can help participants prepare for a trip or more deeply appreciate the many gifts of Italian culture. Each session will focus on a different theme relevant to travelers, such as eating and drinking, getting around, accommodation and sightseeing and will include important cultural tips. There will be plenty of opportunities to practice speaking, listening to and reading the language, with a focus on communication and fun.

Jennifer Heber-Brown earned her doctorate in Italian language and literature from Harvard University and spent 15 years living in Europe before settling down in Wilmington in 2018. Over the years, she has taught foreign languages to adults for business and pleasure, and to college, high school and middle school students.

HISTORY
Four People Who Influenced the Course of Modern History
with Robert Toplin, Ph.D.
Thursdays, Sept. 8 – 29
Four sessions • 10 – 11:30 a.m.
$60

Angela Merkel, an obscure scientist, became the Chancellor of Germany and made a huge impact on European affairs. Andrew Carnegie, a poor immigrant, became one of the world’s richest individuals and gave away most of his fortune to promote education and the arts. Barbara Tuchman was a popular historian. One of her books made a significant impact on President Kennedy’s decision-making during a crisis. Yitzhak Rabin, a general and prime minister in Israel, achieved fame as a warrior, but he risked his life to achieve peace with the Palestinians. Their stories have relevance for our times.

Robert Toplin has taught courses recently at UVA after retiring from full-time teaching at Denison University and the University of North Carolina, Wilmington. He has published several books and articles about history, politics, and film and has commented on history frequently on nationally broadcast television and radio programs!
The Scots and the Irish: A Celtic Antisyzygy

with Alan Sturrock, Ed.D., MAT

Wednesdays, Sept. 7 – 28
Four sessions • 10 – 11:30 a.m.
$60

The word “antisyzygy” is defined as the presence of dueling polarities within one entity – a focus on contrasts or a union of opposites. Recent biopics of Scotland and Ireland amplify the inherent contradictions in both cultures. In this four-session course, Alan Sturrock will lead an interactive exploration and conversation about the historical, philosophical, political, religious, literary and cultural aspects of these contradictions.

Alan Sturrock was born in Scotland to a Scots-Irish family and has taught in Scotland, Argentina and in the United States. He holds an Ed.D. from Harvard University and an MAT from Duke University. He currently teaches online courses in education leadership at George Mason University.

Key Battles of World War II in the Pacific

with Ronald H. Henderson Jr., Rear Admiral USN (Ret.)

Thursdays, Oct. 6 – Nov. 10
Six sessions • 3 – 4:30 p.m.
$75

In this series, Rear Admiral (Retired) Ronald Henderson presents his popular chronicles of World War II in the Pacific. Henderson delivers a smooth chronological narrative of the dramatic clash between the United States and Japan, from the first bombs dropped at Pearl Harbor to the surrender in Tokyo Bay. Each session will include time for socializing before and for questions after the presentation.

Oct. 6 Pearl Harbor
Oct. 13 Coral Sea and Midway
Oct. 20 Guadalcanal Campaign
Oct. 27 Naval Battle of Leyte Gulf
Nov. 3 Iwo Jima
Nov. 10 Okinawa

OLLI member Ron Henderson retired to the Wilmington area in 2015 after a career of service in the United States Navy. A Navy pilot, he flew FA-18 jet fighters from aircraft carriers and commanded an FA-18 squadron aboard USS Nimitz. He also commanded the amphibious assault ship USS Juneau and the aircraft carrier USS John F Kennedy. After military retirement in 2010, he worked for a civilian nonprofit. Henderson is on the Board of Directors for Friends of the Battleship North Carolina.
**ACADEMIC COURSES**

**LITERATURE**

**Origins and Evolution of the Detective Story in the U.S.**
*with Jennifer Heber-Brown, Ph.D.*

Mondays, Oct. 10 – 31
Four sessions • 3 – 4:30 p.m.
$60

U.S. audiences love a good mystery! Novels, films and series continue to embrace and expand the genre more than 150 years after Edgar Allen Poe’s Auguste Dupin solved his first (fictional) case. While the phenomenon is international and multi-media, this course will focus on shorter written works by U.S. authors to trace the development of the detective story from its 19th century origins through its golden age in the mid-20th century.

Jennifer Heber-Brown earned her doctorate in Italian language and literature from Harvard University. Her master’s thesis (University of Virginia) focused on the uses and violations of the traditional detective story in Carlo Emilio Gadda’s 1957 novel, *Quer pasticciaccio brutto de Via Merulana*. After spending a decade studying literature, culminating in a Ph.D. in Italian language and literature, and 15 years living and working in Europe, Heber-Brown settled in Wilmington in 2018. She continues to work remotely as a translator (German, Italian), editor and copywriter for German companies and institutions.

**Elena Ferrante’s My Brilliant Friend**
*with Jennifer Heber-Brown, Ph.D.*

Mondays, Nov. 7 - Dec. 5
No class Nov. 21
Four sessions • 3 – 4:30 p.m.
$60

This course explores themes of authorship, identity and place in the first of Ferrante’s four Neapolitan novels. We’ll dive deep into the text’s fictional universe while considering the broader historical context of post-war Italy in which it’s set. The discussion will include references to season 1 of the television series of the same name, as well as to the significance of and sensation surrounding the Elena Ferrante pseudonym.

**Mistresses in Victorian Literature**
*with Katie Peel, Ph.D.*

Tuesdays, Sept. 6 – 20
Three sessions • 6 – 7:30 p.m.
$45

We know what the ideal, middle-class, Victorian woman was supposed to be like, but what of her shadowy twin, the mistress? Unlike French and Russian novels of the time, 19th-century British fiction rarely features mistresses explicitly. Rather, mistresses tended to exist by implication only. In these class sessions, we will explore the presence and roles of Victorian mistresses. Readings may include Augusta Webster’s poem “A Castaway” and Anne Brontë’s novel *The Tenant of Wildfell Hall*.

Katie Peel is an associate professor of English at UNCW. She teaches courses in Victorian, queer, young adult and Holocaust literatures, as well as women’s, gender and sexuality studies. She is from upstate New York and Connecticut.

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**Balourdert String Quartet**
October 16, 2022

**Merz Trio**
November 6, 2022

**Cassat String Quartet**
January 8, 2023

**Trio Reveron**
March 12, 2023

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22/23 Season Tickets Now on Sale
www.chambermusicwilmington.org
all performances held at UNCW’s Beckwith Recital Hall at 4:00pm
MATH

Mysteries and Marvels of Mathematics
with John LaSala, Ph.D.

Wednesdays, Sept. 7 – 28
Four sessions • 1 – 2:30 p.m.
$60

We will take a broad, often lighthearted look at how mathematics plays into our lives and the world we live in. Topics will include facts about statistics, how math errors in engineering and design have caused myriad misadventures over the years, how patterns described by simple mathematical formulae are found in nature, the surprising mathematics of music, the intimate and startling relation between logical dilemmas and mathematics, the power of symmetry, and more. Previous exposure to high school-level mathematics will suffice as we will not stray far beyond basic algebra and geometry. For an updated, more extensive description of the course, see www.johnlasala.net/fall-2022.html.

John LaSala earned his doctorate in applied physics at Stanford University in 1987 and, as an active duty U.S. Army officer, served a total of 12 years as a physics professor and lab director at the U.S. Military Academy, West Point. Upon retirement from the Army, he spent 15 years in industry, where he applied his expertise in lasers and optics to develop new products and businesses. Before moving to Wilmington he served in the Class of ’67 Endowed Professor of Physics Chair at West Point. LaSala is a member of the Adult Scholars Leadership Program Class of ’14 and serves as mentor in UNCW’s Cameron Executive Network.

MUSIC

Scottish Music and Culture: Bagpipes and Beyond
with Daniel C. Johnson, D.M. and Catherine Fort

Fridays, Sept. 16 – 23
Two sessions • 1 – 2:30 p.m.
$30

Sept. 16: Music and Culture
Background of Scots in the Cape Fear Region

Many immigrants to the Cape Fear region came from Scotland and brought with them a range of cultural traditions. Hear some examples of their musical heritage played on small pipes and learn about the associated Scottish history. Discover how descendants of these Scots offer a range of events to continue their cultural traditions through the Scottish Society of Wilmington.

Sept. 23: The Great Highland Bagpipe: A Scottish Musical Tradition

The Great Highland Bagpipe has a unique and distinctive sound. Experience the sound of the bagpipes at this demonstration performance of marches, strathspeys, reels, jigs and hornpipes. Learn about the Scottish roots and modern practices of this well-known and impressive instrument.

Daniel C. Johnson is a professor and music education coordinator in the UNCW department of music. Catherine Fort is president of the Scottish Society of Wilmington.
ACADEMIC COURSES

PHILOSOPHY and RELIGION

Cultivating Qualities of the Heart: Kindness, Compassion, Delight and Equanimity
with Beverley McGuire, Ph.D. M.Div.
Mondays, Oct. 31 – Nov. 28
Five sessions • 10 – 11:30 a.m.
$65

This course explores how we might cultivate four boundless qualities of heart: kindness, compassion, delight and equanimity. The first week of the course will provide introductory training in mindfulness of breath and body; those with previous experience in mindfulness will have the opportunity to deepen their practice this week. We will then spend each of the next four weeks exploring different qualities of the heart.

Beverley McGuire is a professor of East Asian religions in the Philosophy and Religion Department at the University of North Carolina Wilmington, and she is a certified mindfulness teacher and yoga instructor. She received a Ph.D. in East Asian Languages and Civilizations from Harvard University in 2009, and she has taught at UNCW since 2010. She currently co-leads Mindful UNCW, a campus-wide initiative designed to increase mindfulness practice among students, faculty and staff across curricular, co-curricular and workplace spaces (www.uncw.edu/mindful).

Judaism and Ethics
with Rabbi Chaya Bender, M.A.
Tuesdays and Thursdays, Dec. 6 – 15
Four sessions • 1 – 2:30 p.m.
$60

Now more than ever, we require a solid understanding of how ethics inform our discussions and decisions about the critical questions of the day. Judaism has a long history of wrestling with moral issues, responding to them in a way that considers all sides of an issue. We will address four central topics:

Dec. 6: Foundation: Do ethics need God? What are the sources of Jewish ethics?
Dec. 8: The Relationship Between Jewish ethics and scientific discovery: genetic engineering and tech-issues.
Dec. 15: What is Tikkun Olam? The ethical dimensions of global citizenship.

Rabbi Chaya Bender serves at the Bnai Israel Congregation in Wilmington. She earned a B.A. in anthropology with two minors in Near Eastern, Judaic Studies and gender studies from Brandeis University. After Brandeis, she spent two years studying Rabbinic literature at Drisha as a music fellow in the Artist Beit Midrash program. She received Rabbinic Ordination and an M.A. in Jewish Education from the Jewish Theological Seminary.
ACADEMIC COURSES

PSYCHOLOGY

Current Developments in Opiate and Psychedelic Drug Use
with Wendy Donlin Washington, Ph.D.

Thursdays, Dec. 1 – 15
Three sessions • 10 – 11:30 a.m.
$45

Psychoactive drugs, including stimulants, depressants, opioids and hallucinogens, are used both recreationally and for treating medical conditions. This course will focus on recent trends and research on opiates and psychedelics.

Wendy Donlin Washington is a faculty member in the Department of Psychology at UNCW and serves as the special assistant to the dean of the Graduate School. She conducts research on health-related behaviors, including drug use, physical activity and eating. Additionally, she has collaborated on an NIH grant using artificial intelligence to enhance opiate use disorder treatment.

SOCIAL WORK

The Intersection of LGBT Populations and Aging: Biological and Cross-Cultural Explorations
with Noell L. Rowan, Ph.D., LCSW and Michaela Howells, Ph.D.

Tuesdays, Sept. 20 – 27
Two sessions • 1 – 2:30 p.m.
$30

The first session will address the intersection of lesbian, gay, bisexual and transgender people and aging, including educational film clips of the award-winning film, GEN SILENT, which depicts members of the LGBT older adult communities in the Boston area. We will discuss local and national resources and opportunities for community service involvement. In the second session, we will explore naturally occurring variations in genetics, hormones, sex-determining factors, and how these influence our development, bodies and lives. We will incorporate cross-cultural biological, medical and legal examples of how we respond to sexual variation and provide a framework to understand human diversity. Highlights of research on improving cultural sensitivity with LGBT older adults will also be presented.

Noell L. Rowan is a professor in UNCW’s School of Social Work and founder of the Substance Use Disorders and Addictions program within the School of Social Work. Her research is in the areas of gerontology, LGBT populations, substance use/addictions, and impact on interdisciplinary and social work practice. Rowan is a distinguished fellow and Social Work Scholar with the National Academies of Practice as well as a distinguished fellow, Gerontological Society of America.

Michaela Howells is an associate professor of biological anthropology at UNCW. She is a human biologist and medical anthropologist specializing in maternal and child health. Her research interests include stigma, social determinants of health, reproductive justice and health equity. She is the director of the UNCW GAPS (Growth Adaptation Pregnancy Stress) Lab. Her work aims to identify barriers to health care surrounding marital status, prenatal care, menstrual equity, natural disasters, Zika infection, and HIV/AIDS.

To become a member and register for programs, visit www.uncw.edu/olli or call our registration office at 910.962.3195

BECOME AN OLLI MEMBER TODAY!
ACADEMIC COURSES

SOCIETY AND CULTURE

The Social Commentaries of Rod Serling, The Twilight Zone with Amy Maclean, M.S.

Tuesdays, Oct. 11 – Nov. 1
Four sessions • 6 – 7:45 p.m.
$60

View and discuss original “Twilight Zone” episodes from the late 1950s–early 1960s (two episodes per weekly session) that reflect issues of that period: the Cold War, the Nuclear Age, communist scare/scapegoating and isolationism, among others. After each episode, we will identify which social/political area(s) the episode references and consider whether it successfully conveys the intended theme.

Amy Maclean currently serves as the managing editor of various home and outdoor magazines. A semi-professional flutist, she has also taught music, Spanish and journalism at various times and at all academic levels, encouraging students from kindergarten through college age to develop critical-thinking skills, as well as a lifelong love of music, language and reading. She attended Hofstra University, where she completed her bachelor’s and master’s degrees and has taught in both public and private schools on Long Island and in Southern California.

Travel Destinations: Southern Stars with Julie Hunt, B.S.

OPTION I: EVENING CLASS
Thursdays, Nov. 3 – 17
Three sessions • 6 – 7:30 p.m.
$45

OPTION II: FULL CLASS IN ONE WEEK
Monday, Nov. 28 / Wednesday, Nov. 30 / Friday, Dec. 2
Three sessions • 1 – 2:30 p.m.
$45

Join travel expert Julie Hunt on a virtual visit to some of her favorite destinations in the southern hemisphere, including updated travel tips and recommendations.

Sydney – explore Sydney’s early history, plus famous harbor-side sites, including the outlandish story of building the famous Opera House.

Buenos Aires – a stylish Latin American capital with a European flair. Explore the city’s rich history, dynamic food scene and fascinating neighborhoods, including San Telmo and colorful La Boca.

South Africa’s Garden Route – Journey along the southwest tip of South Africa, regarded as the most beautiful region in the country. Take in the views of wide, sandy beaches, lovely lakes and lagoons and Protea-studded cliff sides. Botanical gardens, African wildlife and winetasting – this region has it all!

Julie Hunt has been a sought-after travel expert and consultant to the travel and cruise industry for the last 20 years. She has served as producer, creative director and client advocate for a multitude of projects, and has project managed 12 new cruise ship deliveries, most recently Seabourn Ovation in Valletta, Malta. Hunt also works as an advisor on travel-related television programs, most recently for Jeff Corwin’s “Ocean Treks.”
THEATER

Romeo and Juliet: Stage, Screen, Dance
with Clare Kiley, M.A.

Fridays, Oct. 28 – Nov. 18
Four sessions • 1 - 2:30 p.m.
$60

A look at the work of filmmakers, stage directors and choreographers in interpreting one of Shakespeare’s greatest tragedies. We will look at filmed versions by Zeffirelli and others, live productions from the RSC and National Theatre, ballet versions by MacMillan and Cranko, and the music of Prokofiev, Tchaikovsky and others. Guided discussions will take place about the many and varied interpretations.

Clare Kiley has an M.A. in dance history from George Washington University and a B.A. in theatre from the University of Maryland. She is on the faculty of the UNCW Theatre Department. Kiley worked as a performing arts manager for 25+ years in the D.C. area.

OLLI
NEW HORIZONS
BAND

with Dominic Talanca, D.M.A.

Mondays, Sept. 12 – Nov. 28
Twelve sessions • 7:30 – 9:30 p.m.
$79 OLLI Members
(No rehearsal on Nov. 7)

Free Community Concert:
Monday, Dec. 5 • 7:30 p.m.
Kenan Auditorium

In cooperation with the UNCW music department, the OLLI New Horizons Band provides an ensemble experience for adult brass, woodwind and percussion players interested in making music. New Horizons International Music Association provides opportunities for music-making for adults, including those who were active in school music programs but have been inactive for a long period. Each weekly session includes full band rehearsals. The band performs one concert each semester, which is free and open to the public.

Dominic Talanca, DMA, UNCW assistant professor and director of bands, conducted bands for 10 years in the Texas public school system at Marcus High School and Durham Middle School. He received his Bachelor of Music in music education and his Master of Music in wind conducting from the University of North Texas, and his Doctor of Musical Arts in wind conducting at Northwestern University.
**Bald Head Island Nature Excursion**
*with the Bald Head Island Conservancy*

Session I • $105  
Thursday, Sept. 29 • 8 a.m. – 3 p.m.

Session II • $105  
Wednesday, Oct. 12 • 8 a.m. – 3 p.m.

Two miles off the coast of Southport lies a beautiful and unique island, bordered by the Atlantic Ocean and the Cape Fear River, with the northernmost semitropical climate on the East Coast. Beautiful maritime forests and expansive wetlands provide habitat for a diverse array of flora and fauna. Spend the day with OLLI as our naturalist guides from the Bald Head Island Conservancy tour us around the island on golf carts highlighting these special features.

Price includes box lunch, round-trip ferry ticket from Southport, guides and transportation on the island. Participants must be on the 8 a.m. ferry from the Deep Point Marina in Southport to arrive on Bald Head in time for the program.

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**Beginner Mah-Jongg**
*with Dennis Conlon at Cambridge Village*

Six sessions • $69  
Mondays, Sept. 12 – Oct 17 • 1 – 2 p.m.

The history of mah-jongg is shrouded in myth. Is it truly thousands of years old, or does it only date back to the early 1900s? Is the game created by Confucius, geared for Chinese culture, or is it the creation of some American Adventurers and entrepreneurs? Or is it both? What is not a mystery is the worldwide popularity of this game of strategy and chance.

Join OLLI to learn about the composition of the mah-jongg set, the mechanics of playing the game, how to formulate a strategy to win and tactics to prevent others from winning. Several sessions of supervised play will illustrate the lessons and confirm students’ ability to play the game either socially or in a competitive atmosphere.

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**New Hanover County Arboretum Tour**
*with Friends of the Arboretum Master Gardeners*

Session I • $15  
Monday, Oct. 3 • 1:30 – 3 p.m.

Session II • $15  
Tuesday, Oct. 11 • 1:30 – 3 p.m.

Join OLLI for three informative presentations and tours of the New Hanover County Arboretum. The Arboretum contains more than seven acres of beautiful plants and flowers. Additional features include a Japanese tea house, a stunning rose garden, an herb garden, vegetable gardens, native plants, a stormwater demonstration, and pollinator gardens – so much to see! There will be a formal presentation to kick off each tour, followed by a walking tour of the gardens.
Water Aerobics
with Christine Parker

PROGRAM I
Twenty sessions • $185
Mondays and Wednesdays, Sept. 12 – Nov. 16
11:30 a.m. – 12:30 p.m.

PROGRAM II
Twenty sessions • $185
Tuesdays and Thursdays, Sept. 13 – Nov. 17
11:30 a.m. – 12:30 p.m.

Kayaking for Beginners at Moores Creek National Battlefield
with Don Harty

Session I • $79
Tuesday, Oct. 18 • 10 a.m. – 2:30 p.m.

Session II • $79
Wednesday, Oct. 19 • 10 a.m. – 2:30 p.m.

Explore historic Moores Creek and Moores Creek National Battlefield with Don Harty, owner of Mahanaim Adventures. This is a leisurely three- to four-mile paddle on a slow-moving black water creek, surrounded by swamp trees, fall colors and the birds that call this creek home. After a morning of kayaking, enjoy your picnic lunch at the pavilion before the park ranger leads a very interesting historical tour of the battlefield.

This event includes kayak instruction, a brief history of the area and fauna, a kayak guide, all kayaks, PFDs, paddles and group safety gear. This is not a difficult paddle; this excursion is designed for beginner kayakers, but those with experience will enjoy the trip as well. Participants should be in good physical shape and comfortable on the water. Please wear comfortable clothing and water-type shoes/sandals and bring a bag lunch.

Kayaking Excursion to Sharks Tooth Island
with Don Harty

Session I • $69
Tuesday, Sept. 20 • 9 a.m. – 12:30 p.m.

Session II • $69
Thursday, Sept. 22 • 9 a.m. – 12:30 p.m.

Enjoy the benefits of water fitness and get a great workout without stressing your joints. Classes are held in the beautiful, warm, salt-water therapy pool at Brightmore Independent Living Fitness and Aquatic Center. All fitness levels are welcome. Each class includes a warm-up followed by cardiovascular and resistance training, ending with cool down stretches for posture and balance.

SUP – Stand Up Paddleboard Lessons
with Wrightsville SUP

Session I • $59
Friday, Sept. 23 • 9:30 – 11 a.m.

Session II • $59
Friday, Sept. 30 • 2:30 – 4 p.m.

Explore the various options that standup paddleboarding has to offer based on your skill level and comfort zone. Wrightsville SUP provides a lesson on this fun and easy outdoor water activity so you can feel what it’s like to walk on water. Leave your worries on land and let’s glide through the beautiful flatwater of the southern North Carolina waterways and pristine Atlantic Ocean.

www.uncw.edu/olli • 19
The Birds of Southeastern North Carolina and Fall Migration

with Jill Peleuses, owner, Wild Bird & Garden

Three sessions • $45
Thursdays, Sept. 22 – Oct 6 8:30 – 10:30 a.m.

Located along the Atlantic Flyway, southeastern North Carolina is a haven for many different bird species. Join us to discover the birds of our region as you birdwatch in some of Wilmington’s great birding hotspots. Students observe and learn how to identify spring migrants, backyard birds and resident songbirds throughout this class. You will soon be hooked on this lifelong hobby.

Sept. 22 Greenfield Lake
Sept. 29 Airlie Gardens
Oct. 6 Burnt Mill Creek

All About Birds

Three sessions • $45
Thursdays, Nov. 3 – 17 1 – 2:30 p.m.

Welcome to ornithology with OLLI at UNCW! Join three local bird experts talk about the life cycle, habitat, ecology, and conservation of eastern North Carolina’s most popular birds.

Shorebirds – Jill Peleuses, owner of Wild Birds Unlimited
Bluebirds – Dr. George Wesoloski, New Hanover County Bluebird Association
Songbirds – Charley Winterbauer, past president of the Cape Fear Audubon Society

Gentle Somatic Yoga – Zoom Series

With Heather Till, e-ryt 500

Eight sessions • $69
Mondays, Sept. 12 – Oct. 31 9 – 10 a.m.

Gentle Somatic Yoga is a unique “art of movement” practice that combines traditional hatha yoga, Hanna Somatic Education, breathing techniques and healing visualizations. Through a practice of slow, mindful, self-corrective exercises called Somatic Movement Flows, one learns to raise bodily awareness, unwind from old stress holding patterns and find greater ease and freedom throughout the body. GSY meets you where you are to create a more integrated experience of body and mind, bringing greater states of inner peace and joy.

Yoga for Balance – Zoom Series

With Heather Till, e-ryt 500

Eight sessions • $69
Thursdays, Sept. 15 – Nov. 3 9 – 10 a.m.

Discover a balance of effort and ease. These classes are a combination of floor yoga and standing poses (using a wall, chair or free-standing). They are designed to improve coordination and increase physical strength and stability. The classes are a fun and slightly challenging exploration of finding more balance in our bodies, minds and lives.

Heather Till, e-ryt 500, is a Certified Professional Yoga Therapist and Integrative Nutrition Health Coach (Institute for Integrative Nutrition). She teaches simple practices for mindful living that help individuals to reclaim their natural energy and live healthier, happier lives.
**Oakdale Cemetery Historical Tour**

*with Eric Kozen*

**Session I** • $15
Thursday, Nov. 3 • 10 a.m. – noon

**Session II** • $15
Monday, Nov. 7 • 10 a.m. – noon.

Join Eric Kozen for a two-hour walking tour of Oakdale Cemetery, a natural outdoor museum. Learn the history of this majestic cemetery in Wilmington, which dates from the mid-1800s. In addition, Oakdale Cemetery's grounds represent an arboretum treasure and are abundant with mature native and landscape horticultural specimens along with towering monuments. The cemetery is a unique blend of history, nature and funerary art. Kozen shares stories and guides us through the memorial park.

Eric Kozen has been superintendent of Oakdale Cemetery since 2002. His primary work includes the operation and management of the cemetery. He is also responsible for budgeting, sales, fundraising, building and grounds maintenance, planning, repairs, and historic preservation.

**Hand Drumming for All – Beginners**

*with Perry Smith*

**Six sessions** • $69
Mondays, Sept. 19 – Oct. 24
11 a.m. – noon

This six-week course is designed for folks who have not played hand drums before or for those who might need a refresher. Polyrhythms are layers of rhythm patterns played together in a set. During this workshop you will explore and learn several rhythms for each set and get a chance to play each one in a polyrhythm on a provided hand drum.

**Hand Drumming for All – Continuing**

*with Perry Smith*

**Six Sessions** • $69
Tuesdays, Sept. 20 – Oct. 25
11 a.m. – noon

In this six-week course we will continue to explore rhythms you may have studied before building up more stamina and knowledge of this beautiful art form.

**A History Buff’s Cruise on the Cape Fear River**

*with Wilmington Water Tours and Chris Fonvielle, Ph.D.*

**One session** • $59
Friday, Oct. 14 • 1 – 3 p.m.

All aboard on a cruise full of the history of this area with historian Chris Fonvielle. This guided cruise will focus on the history of Wilmington and the Lower Cape Fear, the Civil War, the Revolutionary War, pirates and the shipping industry.

Fonvielle will talk about Wilmington’s transformation from a backwater seaport to the “Las Vegas of the South,” blockade running at a tar heel port town, Union military operations to capture the Confederacy’s most important seaport and city in 1864-65, and much more. Chris Fonvielle Jr. is a native Wilmingtonian with a lifelong interest in the American Civil War. He is a Professor Emeritus in the UNCW Department of History. He was presented with the Order of the Long Leaf Pine for his distinguished service to the State of North Carolina in 2018.
Shared Interest Groups (SIG)

Racism, Discrimination and Hate
Co-facilitators: Donna Coulson and Jim Hoge
Second Fridays, Sept. 9, Oct. 14, Nov. 11 and Dec. 9
2 – 3:30 p.m.

Join this discussion group as we attempt to increase our awareness and understanding of racism, hatred and discrimination. At the inception of this SIG, the focus of study was on the history and impact of racism on Wilmington’s Black community. The SIG has also sought to understand issues of discrimination against other groups of people, including Native Americans, Asian Americans and Latinos. Local guest speakers identified many critical issues, notably the lack of equal access to education, healthcare, transportation and healthy food. This semester, we continue to study and discuss the impact of racism, discrimination, and hate in our society, focusing on veterans, the economically disadvantaged and non-English speaking community members.

OLLI Volunteer SIG
Thursdays, Sept. 15 and Oct. 20
1 – 2:30 p.m.

This is an OLLI Shared interest Group for members to interact with others who want to become more deeply involved with the Osher Lifelong Learning Institute as a volunteer. OLLI depends on the time and talents of more than one hundred volunteers who serve the organization in a multitude of ways – from committee work on curriculum, marketing, or technology to facilitating a class, hosting a Zoom session, giving a presentation, or serving on the Advisory Council. OLLI at UNCW needs you, and there is a place for you! Current and potential volunteers are welcome to join this casual, socially-oriented SIG, where you can find a place in our community of OLLI volunteers.

OLLI Walkers SIG
Led by Ed Temple
This walking SIG seeks to foster the enjoyment of walking in the greater Wilmington area. Group leaders provide varied levels of walks to meet the needs of group members, introduce a variety of walking locations and provide a social outlet to interact with other OLLI members. Meeting dates, times and locations for each walk will be communicated through email.

Have an idea for a Shared Interest Group?
Find others to explore a shared interest or passion! To propose a new SIG, please contact Program Coordinator Susan Williams (williamssl@uncw.edu).
LECTURE AND DISCUSSION SERIES

PLATO
–PEOPLE LEARNING ACTIVELY TOGETHER–

PLATO (People Learning Actively Together at OLLI) is a series that explores an eclectic curriculum. Sessions may be led by outside speakers or possibly by fellow members.

Planning Committee: Anne-Marie Goff, Bob Kanich, Pat McCarthy and Pat Myers

Sept. 13  Jewish History in Wilmington
Glenn and Beverly Tetterton will discuss the history of the Jewish community in Wilmington, from the early days before the Civil War through its growth in the late 19th century until today. There are currently three congregations thriving in Wilmington. Glenn Tetterton is a retired history and German teacher, and Beverly Tetterton is an author and retired librarian. She has written several books, the most recent on the Temple of Israel, where the Tettertons are active members.

Sept. 20  Daughters of the Sky: Women Airforce Service Pilots in North Carolina
John Moseley, the assistant site manager at the Fort Fisher Historic Site, will discuss the Women’s Airforce Service Pilots (WASP) – the first women trained to fly the military’s frontline arsenal. In 1943, women pilots arrived in North Carolina to train at Camp Davis Army Airfield in Holly Ridge and the Army Air Force Weather Squadron based in Asheville. Learn about these amazing women and their unique ties to the state.

Sept. 27  Med Instead of Meds
Meghan Lassiter, a family and consumer sciences agent at the NC Cooperative Extension in Brunswick County, will present this program created by nutrition and health professionals from NC State University and the NC Division of Public Health on the Mediterranean-style diet. This brief introduction will provide a framework for eating the “Med” way, which has been proven to protect against chronic illness. The presentation includes recipes, free tools, resources and more. Note: This session will be presented on Zoom.

Oct. 4  Healthy Communities: UNCW and Wilmington Community Partnerships
Leah Mayo, Interim Assistant Dean of Community Engagement and Health Equity in UNCW’s College of Health & Human Services, will discuss the purpose and importance of the center to the university and its community partners in promoting health. How did the center evolve? Who are the strategic stakeholders and partners? What is the center’s current status and how does the university work with its partners to promote the health of the community? What is its vision for the future? This session covers these and other questions.

Oct. 11  The Art and Joy of Fly-Fishing
Jim White, an experienced fisherman and highly qualified teacher, will talk about the techniques and joys of fly fishing and local opportunities to practice. How is that beautiful arc at the cast’s apex achieved? What exactly is the weightless object at the end of the line that carries the fly? How can you experience the calm that comes with fly fishing and enjoy the surrounding environment, whether a quiet pond in coastal Carolina, a rapidly flowing river in Alaska or the vast shallows surrounding a Caribbean Island? Join us to find out!

Oct. 18  The Film Industry in Wilmington: Lights, Camera, Action in “Wilmywood”
Johnny Griffin, Wilmington Region Film Commission Director, and Mariana Johnson, Ph.D., chair of the UNCW Film Department, will describe the origins, evolution and future of the film industry in Wilmington. Learn about the various roles of the filmmakers and actors who make it happen, the economic impact on the community and the state, and how UNCW film majors are trained to contribute to these efforts.

Oct. 25  Buying Your Next Car – Will It Be Electric or Gas-Powered?
OLLI member Herb Strickler will discuss the pros and cons of purchasing vehicles that use different energy sources. Topics include both short and long-term costs and benefits as well as the impact on climate change, future technologies, and evolving incentives and regulations. The presentation will feature TED talks and YouTube videos with diverse outlooks covering environmental effects, the future of batteries, charging stations, infrastructure improvements and new research about automobiles of the future.

Nov. 1  From Bean to Brew: The Story of Coffee
Pat Myers, a member of our PLATO Planning Team and coffee lover, will share the history of the coffee plant, from its humble beginnings as a small bean to the brew that we know and love today. The origins of coffee plant cultivation date back to the 15th century, and its history includes some interesting legends. We will learn where it is grown, methods of roasting and brewing, its health effects, and what impact the Fair-Trade movement has on countries where it is planted and harvested.
LOOK is a six-semester course that explores community life in the southeast Cape Fear region focusing on health, government, economy, education, cultural arts and communications. In each of these areas, we seek opportunities to volunteer and serve our community.

Fall 2022 Focus: Education

Local Organizations and Opportunities for Knowledge

Wednesdays, Oct. 12 – Dec. 7 • Seven sessions • 10 a.m. – noon • $50
Committee: Greg Stone, Paul Stone, Herb Strickler and Owen Wexler

Oct. 12 History of Schooling in NC
• Tara White, Ph.D., assistant professor in the UNCW Department of History.

Oct. 19 Healing Racial and Cultural Divides in Education
• Donyell Roseboro, Ph.D., Chief Diversity Officer at UNCW and professor in the Department of Instructional Technology, Foundations and Secondary Education.

Oct. 26 Meeting the Challenge
• Todd Godbey, CEO Glow/Beacon Education
• Rachel Manning, Principal of Snipes Academy

Nov. 2 Meeting the Needs of Our Community: Achievement, Opportunity, and Access
• Erika Talbert, Associate Vice President, Economic and Workforce Development at Cape Fear Community College
• Brian Todd Barnette, Director of Community Outreach and Resource Development, disAbility Resource Center.

Nov. 16 School Governance
• Christopher Barnes, Ed.D, Assistant Superintendent of Human Resources
• Stephanie Adams, M.Ed., board member, New Hanover County Schools

Nov. 30 UNCW: Education and Evolution
• Jamie Winebrake, UNCW Provost
• Van Dempsey, Dean of the Watson College of Education

Dec. 7 Education and Athletics
• Kelly Lewis, New Hanover County Schools district athletic director
• Jimmy Bass, UNCW athletic director
Kathryn Polk, director of Wilmington Global Connections Refugee Resettlement, shares facts and figures that portray what is happening to refugees both globally and nationally. She also provides information about the history of refugee resettlement in Wilmington. She will be accompanied by recent local refugees who will share their stories.

Irene Glaeser, retired army colonel and federal executive, describes her journey from the U.S. Army Infantry Airborne School to Cold War Germany, Korea, Australia, Kuwait, Afghanistan and Iraq. In the then male-dominated military police corps, her faith and sense of humor helped her to overcome tremendous odds to rise through the ranks, while sustaining marriage, motherhood, and looking out for others along the way.

Britney Melvin, New Hanover County Fire and Rescue Community Risk Reduction Coordinator, explains why older adults are at risk of dying from home fires and experiencing fall injuries. She provides several steps to reduce risk and highlights available local resources.

Carol Price, conservation research coordinator for the NC aquariums, presents research happening at all three NC aquariums and addresses the sustainability and survival of marine animals in the wild and in managed care.

Julie Hunt, travel expert, invites us to explore the animals of Okavango Delta, the Chobe River, and Kruger National Park. She also takes us to Victoria Falls, one of the seven natural wonders, and shares practical advice for planning your own safari.
The James Webb Space Telescope
Michael T. Menzel, James Webb Space Telescope Mission Systems Engineer, NASA
The James Webb Space Telescope launched on December 25, 2021 and is NASA’s successor to the Hubble Space Telescope. JWST was designed and developed to observe “first light” objects in the nascent universe, the evolution of galaxies, star birth and planet formation, in addition to making detailed observations of some recently discovered exoplanets. Michael Menzel will describe the JWST science and systems design from the perspective of a NASA mission systems engineer.

Sleep Science: Sleep, Sleepiness and Sleeplessness Explained
Kenneth Lichstein, Ph.D., Professor Emeritus, University of Alabama
This presentation will review the history and current status of sleep science. We will discuss the complexities of both healthy sleep and disordered sleep, including normal sleep characteristics, sleep measurement, sleep changes, dreaming, basic brain processes and the health risks of inadequate sleep. Note: this presentation will not cover sleep treatment.

Let’s Talk Turtles! Sea Turtle Conservation
Kathy Zagzebski, Executive Director, Karen Beasley Sea Turtle Rescue and Rehabilitation Center
Sea turtles are iconic, and these ancient reptiles depend on North Carolina’s extensive sandy beaches to lay their eggs and on its productive estuaries and coastal habitats to forage. The Karen Beasley Sea Turtle Rescue and Rehabilitation Center conserves and protects sea turtles through direct action and by educating the public. Learn about the center, the sea turtles it protects, and what you can do to help.

Native Pollinator Conservation and Mosquito Management
Gabriela Garrison, Eastern Piedmont Habitat Conservation Coordinator, NC Wildlife Resources Commission and Sydney Ross, Pesticide Operations Specialist, NC Department of Agriculture and Consumer Services
This joint presentation will look at the fascinating world of beneficial insects and mosquito biology and control. We will discuss beneficial insects, such as native bees, wasps, butterflies, and moths and learn about their critical role in the ecosystem. We will also discuss mosquito biology and management, including common practices used by homeowners, commercial applicators and public health departments.
Oct. 13  The Latest on Climate Change: A Reality Check  
Larry Cahoon, Ph.D., professor, UNCW Department of Biology and Marine Biology

The science of climate change is more solid and widely agreed upon than ever. The negative impacts of climate change are mounting much faster than scientists predicted and are having a significant effect on civilization and all life on earth. The scope of the topic, as well as rampant disinformation, can make it hard to separate fact from fiction. This presentation will give an update on the science of global climate change and its implications.

Oct. 20  A Research and Monitoring Conservation Blueprint for North Carolina Birds  
Lindsay Addison, coastal biologist, Coast Islands and Sanctuaries, Audubon North Carolina
Curtis Smalling, Director of Conservation, Boone Mountain Office, Audubon North Carolina

Audubon North Carolina has recently developed a bird conservation blueprint emphasizing natural climate solutions and enhanced ecological function for four priority ecosystems: beaches, marshes, forests and colonial waterbird sites. This presentation will illustrate how Audubon NC identifies and prioritizes various coastal conservation actions and will present examples of these projects from concept to implementation.

Oct. 27  LGBTQ+ Identities: Real Research, Real People, Real Understanding  
Kathleen Clark, Ph.D., Chief Learning Officer, Identiversity

Are you attempting to keep up with evolving terminology around LGBTQ+ identities or curious to learn more about current research and understanding? Beginning with the “building blocks” of biological sex, gender identity, gender expression and sexual identity, this presentation will expand to include nonbinary and transgender identities and pronoun usage. A blend of fact-based research and real-life examples from the LGBTQ+ community will create an engaging forum to explore topics many of us are unfamiliar with.

Nov. 3  Drug Discovery at UNCW—Bringing Big Pharma Experience to Academia  
R. Thomas Williamson, Ph.D., Yousry Sayed Distinguished Professor of Chemistry and Biochemistry, MARBIONC, UNCW

UNCW’s MARBIONC is an R&D-based economic and workforce development program that discovers, develops, and markets new products and technologies derived from the sea. Williamson leads the drug discovery research group, which utilizes advanced analytical technologies to discover new chemical structures that could lead to medical advances. This presentation will provide an overview of the drug discovery process and give examples of ongoing UNCW independent drug discovery projects as well as collaborations with external biotechnology partners.

Nov. 10  Local Initiatives to Monitor and Minimize Microplastics in Our Waterways  
Jessica Huffham, President, Plastic Ocean Project Club, CFCC  
Megan McDeavitt, student at CFCC and UNCW

Plastic plays a significant role in our individual lives and in local and global ecosystems. This presentation will discuss statewide and local initiatives to monitor microplastics and to understand what happens to plastic when it enters our waterways. Learn about Sea Bins and Trash Trout—two local projects that are part of a statewide initiative to reduce plastic pollution in North Carolina’s waterways. In partnership with Keep New Hanover Beautiful, Cape Fear River Watch and the Plastic Ocean Project, marine debris trapped by these devices will be researched to better understand and conquer plastic litter in our surface water.

Nov. 17  How Prescribed Burning and Ecological Restoration Benefit Biodiversity  
John Taggart, Ph.D., Associate Professor Emeritus, Department of Environmental Studies, UNCW

Prescribed burning, or the planned use of fire to achieve specific environmental objectives, is a critical management tool that benefits North Carolina’s forests and wildlife and helps reduce the impact of wildfire hazards. We will discuss why our local native plant communities are adapted to fire and how its careful application by trained professionals maintains biodiversity and prevents catastrophic wildfires. We will also discuss ecological restoration, the various means by which altered ecosystems can be made more natural in appearance and function.
Rediscover
The UNCW Department of Music

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and the Beckwith Recital Series:
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  Latin Dance Social Event at
  Brunches on Nov. 11, 2022
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  documentary screenings at
  Jengo’s Playhouse (Full list of films
  will be available in Sept. 2022)

Purchase your subscription
at the box office or call
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SPECIAL-INTEREST FORUMS

Special-interest forums are thought-provoking discussions led by OLLI member volunteers and special guests. Participants are encouraged to suggest topics, lead the discussion on topics of special interest to them and help develop the agenda for future sessions.

AMERICAN WOMEN OF VALOR

Tuesdays, Sept. 13, Oct. 11 and Nov. 15
Three sessions • 2 – 4 p.m.
$24

Committee Chairs: Nancy Nail and Barbara Waxman

Each session brings a knowledgeable volunteer discussion leader who has researched the chosen valiant woman’s life and work using various biographical, autobiographical and historical sources. Participants in the forum will be encouraged to ask questions and to join the conversation.

Sept. 13  Ruth Asawa and Black Mountain College: Shaping the Future
led by Mari de Moya

led by Rebecca Taylor

Nov. 15  The Women Behind America’s First Cookbooks: 1796-1896
led by Nancy Nail

Photo Credit: Ruth Asawa with Hanging Sculpture, 1951
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The Language Forum presents relevant topics of historical and present-day significance in the development, evolution and usage of languages. UNCW faculty and other knowledgeable individuals share their expertise and create a forum for discussion. We welcome suggestions for future topics and speakers.

Chaired by Stan McLeRoy. Committee members: Polly Burtelow, Cleve Callison, Carol Cole, Elizabeth Hickmon and Louis St. Peter

Second and Fourth Fridays, Sept. 9 - Dec. 9
Six Sessions • 10 a.m. – noon • $48

Sept. 9 Basque: The Mystery Language of Europe
led by Larraitz Ariznabarreta, Ph.D., University of Deusto, Bilbao, Spain; Center for Basque Studies (Univ. of Nevada at Reno).

The origins of the Basque language have long been a mystery to international linguists and scholars. Its roots unknown, a multitude of theories have been developed to explain its origins, ancestry and its linguistic resemblance to other languages. However, the true mystery of Basque lies not in its origins, but in its survival. The language is currently spoken by around 900,000 people in Euskal Herria, a territory bridging the Pyrenees and the border between France and Spain.

Sept. 23 The Islamicate Languages
led by Mike Turner, Ph.D.; assistant professor of Arabic, Dept. of World Languages and Cultures, UNCW

The advent of Islam in the 7th century and subsequent Arab-Islamic expansion brought millions of people into contact not only with a new religion, but also a new language. Many adopted Arabic itself, but others kept speaking their own languages, only to have them transformed nonetheless by the impact of Arab-Islamic culture. This session will explore the concept of “Islamicate languages” and the long-term impact of Arabic on languages such as Turkish, Persian, Urdu and others.

Oct. 14 Translingual Writers and Their Complex Figurative Language
led by Barbara Waxman, Ph.D., professor of English emerita, UNCW; long-time OLLI contributor and Language Forum member

Authors who have more than one language in their literary toolbox create unique literary works because “their position between languages enable[s] them to challenge the limits of their own literary medium” (Steven G. Kellman). We look at several translingual writers’ autobiographical writings that use complex metaphors and other tropes to express themes of the stance between languages and the aim of reshaping identity in a new language.

Oct. 28 What’s in a Name: How Much Does a Name Influence Our Perceptions?
led by Jane K. Brody, Ph.D., Adelphi University, SUNY Chancellor’s Award for Excellence in Teaching

Labeling bias refers to expectations that people might have because of a particular label or name. The act of naming something demonstrates power and bestows recognition. This session looks at issues of labeling bias and the power of naming in the areas of health care, sports, geography and advertising.

Nov. 11 Braille, Tactiles and Other Technologies for the Visually Impaired
led by Mirella Timms, MS TVI/COMS (Teacher of Students with Blindness/Visual Impairments, Certified Orientation and Mobility Specialist) in NH County Schools Special Ed/Related Services; National Board-Certified Teacher - Exceptional Needs Specialist.

This is an introductory discussion of approaches for assisting the visually impaired, especially in their formative years. It includes an overview of how braille texts are created and used, the relevance of Braille today, the role of “tactiles” and the emergence of digital technologies as well as current challenges.

Nov. 25 No Class

Dec. 9 The Professor, the Madman and the Dirty Words: The Oxford English Dictionary
led by Cleve Callison, Ph.D., English, retired station manager WHQR Public Radio, Wilmington

The “OED” is so much more than just another dictionary. Callison will tell us how it came to be, about some of the people who made it happen, and what sets it apart from the ordinary dictionaries that we have on our bookshelf… or used to. And, oh yes, about those dirty words!
FRIDAY FORUM
Committee Chair: Don Anderson.
Committee members: Bruce Myers and Jim Horan

First and Third Fridays, Sept. 16 – Dec. 2
Six sessions • 10 a.m. – noon
$36

The Friday Forum is a program for individuals who seek adventures in collaborative learning and informed discussion. Each group member becomes a vital contributor to the learning experience and is expected to lead a session after two semesters of attendance. The objective is to have group members increase their knowledge of significant issues facing us in the 21st century.

Sept. 16  Minimum Wage Laws: Intended and Unintended Consequences
Do minimum wage laws cause inflation? Do they raise the standard of living? Do minimum wages cause workers to lose their jobs, raising the unemployment rate? We’ll explore these and other issues surrounding state and federal minimum wage laws. Led by Don Anderson.

Oct. 7  Buying Your Next Car – Will It Be Electric or Gas-Powered?
OLLI member Herb Strickler will discuss the pros and cons of purchasing vehicles that use different energy sources. Topics include both short- and long-term costs and benefits as well as impacts on climate change, future technologies and evolving incentives and regulations. The presentation will feature TED talks and YouTube videos with diverse outlooks covering environmental effects, the future of batteries, charging stations, infrastructure improvements and new research about automobiles of the future. Led by Herb Strickler.

Oct. 21  Vietnam and Afghanistan: Similarities and Differences
This program will discuss the five “W’s”—what, when, where, who and why—of these conflicts. The presentation will conclude with a survey of their results and the lessons learned. Led by Bill Ahlberg.

Nov. 4  Robert Morris and Salmon Chase: Financing a Revolution and a Civil War
How do you finance a revolutionary war when you have no national currency, no national bank and no national credit? Robert Morris did it. How did the Union finance the Civil War when they lost access to 60% of their exports? Secretary of the Treasury Salmon P. Chase led the way, even though he was no banker. Their accomplishments provide an interesting financial perspective on our history. Led by Clauston Jenkins.

Nov. 18  Birthing the U.S. Constitution
Although it was intended to be a foundational document forming the basis of our government, the Constitution has also been a source of controversy – think of how contentious some Supreme Court decisions are. A casual examination of the circumstances, the people and the prevailing values of the times help us to understand the context surrounding the birth of this document and the challenges its creators faced. Led by Gustav Dahl.

Dec. 2  School Board Conflicts - Democracy at Work or Anti-Democratic Activism
Rich Cooper will share information about the school board conflicts occurring throughout the country, including confrontations about mask wearing, the teaching of “Critical Race Theory” and the 1619 Project. Led by Rich Cooper.
Sept. 12   Outer Space

The launch of Sputnik I in October 1957 marked the beginning of the space era and of the space race between the United States and the Soviet Union. In the 21st century, there are many more participants in space, including countries such as India and China, and commercial companies such as SpaceX. How will the United States fare in a crowded outer space?

Sept. 19   Climate Change

The ideological divide in the United States on the subject of climate change has impeded progress in curbing greenhouse emissions. But extreme weather events at both ends of the thermometer have focused attention on the consequences of inaction. What role will the United States play in future negotiations on climate?

Sept. 26   Russia

Russia and the United States have many areas of conflict and some possible areas of mutual interest. Arms control, Russian interference in U.S. elections and support of cyberattacks, the status of Ukraine and the fate of opposition politicians in Russia all continue to be concerning. How will the new administration in Washington approach these issues?

Oct. 10   The Quad Alliance

As part of the U.S. pivots to Asia, the United States has been in dialogue with Japan, Australia and India in an effort to contain China. Recently, the Quad countries held joint naval exercises in the South Pacific. How effective will the actions of this alliance be?

Oct. 17   Industrial Policy

The current discussion of industrial policy in the United States is not simply about whether to support specific companies or industries, but about trust or mistrust of the government and its ability to manage the economy and deal with a rising China. The upheaval in supply chains during the pandemic exposed weaknesses in the international economy. What policies can the United States implement to deal with trade and the economy?

Oct. 24   Drug Policy in Latin America

The issue of migration to the United States from Latin America has overshadowed the war on drugs, which has been underway for decades with few signs of progress. What are the roots of and the bureaucratic logic behind today’s dominant drug policies in Latin America? Is it time to reconsider punitive drug control policies that disrupt supply chains and punish drug possession?

Oct. 31   Biden’s Agenda

The new administration in Washington promised to reverse many of the policies of the past administration, especially in foreign policy. How will issues such as climate, the pandemic and alliances be treated under the Biden administration?
Lunch with Our District Attorney

with Benjamin David, District Attorney for New Hanover and Pender Counties

First Thursdays, Oct. 6 – Dec. 1
Three sessions • 12:30 – 2 p.m. • $99

Come join the five-time elected DA on first Thursdays from October to December to discuss contemporary issues confronting our region and hear about the solutions to some of the biggest challenges we face in the Cape Fear region. This interactive experience will be built around lunch discussions in the Great Hall of St. James Episcopal Church, located across the street from the courthouse on Third and Market Streets.

Oct. 6  The Epidemic of Child Abuse
Toxic stress in our kids and the strategies being employed to combat its long-term effects (optional tour of the courthouse to follow from 2 – 3 p.m.).

Nov. 3  Gang Violence, Drug Dealing and Human Trafficking in the Port City
Defining the problem and proposing long term solutions to punishing and even preventing these crimes (optional tour of The Harrelson Center to follow from 2 – 3 p.m.).

Dec. 1  My Decades with Death
Murder cases that have shaped the region and created court precedent in this state and beyond (optional tour of New Hanover County Detention Facility; time TBA).
End of Days Distillery Tour
with Oliver Earney, CRO and partner

Session I • $15
Wednesday, Sept. 28 • 1 p.m.

Session II • $15
Wednesday, Sept. 28 • 2 p.m.

Join OLLI for an End of Days Distillery tour and experience firsthand their thoughtful approach to crafting heritage spirits. Earney will discuss the history of the distillery and their process of sourcing, fermentation, distillation and finishing. Along the way, you’ll discover the nuances of grain-to-glass distilling while sipping on some of their most soulful creations.

Annual Holiday Wine Tasting
with committee members John Tufano and Ted Richman

Wednesday, Dec. 14 • 6 – 8 p.m.
One session • $55

The UNCW OLLI Wine Society is pleased to announce the resumption of the annual OLLI Wine Society Holiday Wine Tasting. This program will be led by planning committee members John Tufano and Ted Richman, who will present specially selected wines that befit a holiday tasting. Enjoy savory hors d’oeuvres and a dinner that will enhance your wine tasting experience and make the evening a festive time to share with fellow OLLI members.

IN CONCERT • INTERNATIONAL OPERA STAR
LAWRENCE BROWNLEE

Sunday, March 19, 2023 • 4 p.m.
Beckwith Recital Hall • UNCW Cultural Arts Building

“Without question one of the greatest bel canto tenors singing today.”
– Fanfare Magazine

Please visit us online for more information, including our complete fall and winter concert schedule.
This semester we are offering two options in our popular wine tasting programs. OLLI members may register to attend all three sessions of: Three Monthly Tastings in person, which include wine and food. The other option is to take part virtually, on Zoom, from the comfort of your home. Registration is required for each session. A wine list with food suggestions will be shared in advance.

**OPTION I**
Classes presented in UNCW’s Truist Hall, paired with delectable bites by UNCW’s chef.

**Three Monthly Tastings $99**
Wednesdays, Sept. 21, Oct. 19 and Nov. 9 • 6 – 7:30 p.m.

**Sept. 21 Italian Wines from off the Beaten Path**
with Doug Zucker, owner and self-described wine explorer of Bridgewater Wines and Dines
Zucker will take participants on a tour through some of Italy’s lesser-known wine regions. Travel from the mountains of the north to the sunbaked “heel and toe” in the South to find and taste wines produced from gaglioppo, lagrein, pecorino, and other grape varieties that make Italy so special.

**Oct. 19 Blended Wines — What Are They and Why?**
with Amanda Leese, Certified Wine Educator
Many of the best known and loved wines are made from blending various types of grapes, but why? Leese will take us back to the origins of traditional wine blending including styles from Bordeaux, Côtes du Rhône, Champagne and others. Learn what makes a blended wine, why and how they are produced, and tips on how to pair them with foods.

**Nov. 9 The Diverse Faces, Colors and Expressions of Pinot Noir**
with Chris Miller, Kellogg Selections
Anyone who has been on the receiving end of a good bottle of pinot noir (or has seen the movie Sideways) can easily tell you that pinot noir is arguably the world’s greatest red wine variety. Capable of showing both power and elegance laced with endless aroma profiles, it has captivated the wine collecting world. Pinot noir can be molded into so many different styles and colors while still retaining a sense of the place and conditions it comes from. Chris Miller will guide participants in an exploration of pinot noir and how it is produced the world over.

**OPTION II**
Zoom Tastings from Home

**Italian Wines from Off the Beaten Path**
with Doug Zucker, owner of Bridgewater Wines and Dines
Wednesday, Sept. 21 • 6 – 7:30 p.m.
One session • $10

**Blended Wines — What Are They and Why?**
with Amanda Leese, Certified Wine Educator
Wednesday, Oct. 19 • 6 – 7:30 p.m.
One session • $10

**The Diverse Faces, Colors and Expressions of Pinot Noir**
with Chris Miller, Kellogg Selections
Wednesday, Nov. 9 • 6 – 7:30 p.m.
One session • $55
Travel with OLLI!

OLLI at UNCW organizes international trips with our members. Come with us to appreciate experiential, cultural learning with a bit of adventure, too. Spread your wings and make new friends on an OLLI trip. Past trips have included memorable and exciting explorations through North and South America, Central America, Europe and Africa. These small group, educational trips are fully guided and offer experiential learning opportunities with the comfort of traveling with your OLLI at UNCW community.

Space is limited and available on a first-come-first-served basis. For more information, please visit www.uncw.edu/olli/travel.html or contact OLLI staff today at 910.962.2792.

**Journey through Britain:**
**England, Scotland, and Wales**
**June 5 - 18, 2023**
Prices from $6,021 per person, double occupancy from Wilmington
Limited to 24 travelers

On this wide-ranging 14-day small-group tour, see history and legend come to life and enjoy Great Britain’s timeless hospitality. The journey begins in stately Edinburgh. Then, in England’s beloved Lake District, spend two nights on Lake Windermere’s shores, enjoying an idyllic cruise. Explorations in Wales include Bodnant Garden, Conwy Castle, and a scenic train ride through Snowdonia National Park. Returning to England, visit Shakespeare’s Birthplace in Stratford-upon-Avon. Spend two nights in storied Bath. After stops at enigmatic Stonehenge and Windsor Castle, encounter London’s celebrated landmarks during a two-night stay. Enjoy London independently with an optional 3-day/2-night post-tour extension.

**Insider’s Japan**
**Oct. 21 - Nov. 2, 2023**
Prices from $7,284, per person, double occupancy from Wilmington
Limited to 24 travelers

A truly fascinating land of rich traditions and dizzying modernity is revealed on this well-crafted 13-day small group tour. See highlights of amazing Tokyo and cultural capital Kyoto, engage in local life and head off the beaten path to alluring historic destinations. Japan’s pastoral side dazzles with magnificent Mt. Fuji and a cruise on Ashi Lake. Overnight in a traditional ryokan inn and travel by express train to lovely Takayama in the Japanese Alps. A traditional tea ceremony and a cooking class offer hands-on Japanese cultural experiences. Explore culturally rich Kanazawa. Discover Hiroshima reborn with an optional 3-day/2-night post-tour extension.
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A confirmation letter and program information will be sent to you via email. If you do not have an email address, you will receive these materials at the address you provide. Specific course location will be provided at registration.

Refunds/cancellations: Fees can only be refunded if a written notification of withdrawal is received three (3) university working days prior to the start of the program, unless otherwise noted. A processing fee of $10 is charged on cancellations.

The Osher Lifelong Learning Institute at UNC Wilmington follows the closings of the university. If the university’s opening time is delayed or if the university is closed, all OLLI classes, events, meetings and other activities will be canceled for that duration. Visit the university website at www.uncw.edu for the latest information on university closings.

We are located at 620 South College Road, Wilmington, NC 28403-5614.

UNC Wilmington is committed to and will provide equal educational and employment opportunity. Questions regarding program access may be directed to the Compliance Officer, UNCW Chancellor’s Office, 910.962.3000, Fax 910.962.3483. UNCW does not discriminate on the basis of sex. Questions regarding UNCW’s Title IX compliance should be directed to titleix@uncw.edu.

UNCW complies with all provisions of the Americans with Disabilities Act (ADA). Accommodations will be made available upon request. If you have special needs and would like to participate in this program, please contact the Osher Lifelong Learning Institute at UNCW, 910.962.3195 ten (10) days prior to the event so proper consideration may be given to the request. This publication is available in alternative format on request. The Osher Lifelong Learning Institute at the University of North Carolina Wilmington follows an open admissions policy.

4500 copies of this public document were printed at a cost of $7665.80 or $1.70 per copy. (G.S. 143-170.1).
COLLEGE DAY 2022

Save the Date!
Saturday, Oct. 29 • 8:30 a.m. – 3 p.m.

Experience and celebrate the liberal arts when UNCW’s College of Arts and Sciences presents College Day 2022. The college’s faculty encourages a love of learning and provides students with the tools to become lifelong learners. It is in this spirit that the college faculty invites the community to come to “college” for a day. Attend four classes, choosing among those offered in the humanities, the arts, social sciences and the sciences.

Linger after class to chat with a professor, enjoy a tasty, mid-day lunch break and enjoy a fall day on the beautifully landscaped grounds of UNCW!