PРЕМІЄР НАУЧНЕ НАВЧАННЯ ДЛЯ ЛЮДЕЙ ВОЗРАСТИ 50+ ОСІБ ПИДЗАГАДУВАЕ ОСЕНЬ 2020 КАТАЛОГ

РЕЄСТРАЦІЯ ВІДПОВІДАЄ ВІКЕНЗДАЙ, АГІ. 26
Welcome to the Osher Lifelong Learning Institute at UNC Wilmington

LETTER FROM THE DIRECTOR

This catalog represents the hard work of both OLLI at UNCW staff and volunteers who came together over these last many months to look deeply at our organization. Our attention turned to our health, the health of others, our families’ and friends’ safety, uncertainty, social isolation, and turning inward for an indefinite period of time. In addition, we have been confronted, rightfully so, with examining our own biases and the deep-rooted injustices and discriminations people in our own country are experiencing.

OLLI at UNCW has had to re-tool how we connect to our community. We had to do this thoughtfully and with purpose. We took this time to pull together, and to charter a new path with the same mission: “...to be the premier lifelong learning opportunity for members 50 years of age or older in southeast NC who seek academic, social and experiential learning.”

In so many conversations and working sessions, we wrestled with the disruption and the challenge to be innovative—to think bigger. We will continue our mission, however our staff and volunteers have reoriented our course delivery format so that most of our classes/programs will be delivered online with your health and safety our priority.

We asked for your help and many came forward – including many members who have never volunteered before! With your help, we are training our instructors and members on how to use remote technology to stay connected with learning. We are forming stronger volunteer-led committees to develop fundraising campaigns, membership drives and curriculum innovation for the future.

We are asking more from our community to support OLLI at UNCW. Purchasing a membership for yourself or a gift, recruiting more members to our organization and/or giving a generous donation. We look to you to keep the organization strong during this challenging year.

Do we look different? Yes, we do, for now. Amy, Susan, Donna and I look forward to the day when we can see our members again in person. However, we will continue to “Never Stop Learning.” Thank you for staying the course with us. We miss you!

Shelley L. Morse, Director

LETTER FROM THE ADVISORY COUNCIL CHAIR

Welcome to our 2020 fall catalog! I hope this message finds you and your family doing well.

In the spring catalog, our outgoing Advisory Council Chair, Geneva Reid, expressed the value of volunteerism. Over the past several months, both our volunteers and OLLI staff have proven their dedication, striving to achieve the ongoing mission of OLLI. I applaud them for their efforts to make our OLLI fall program a rewarding experience for all of us.

This is where our volunteers and OLLI staff have shown their collective strength: leading the training efforts for our OLLI instructors and members in learning to use and embrace distance education technology for their presentations. And I want to thank all of the instructors who stepped forward to offer courses and classes using this technology!

We know that in our present situation, change is constant. As an organization, OLLI at UNCW has planned to deliver the safest and most rewarding learning experiences possible. I invite you to explore the fall catalog and welcome you to join us on this new journey!

Bruce Myers, Advisory Council Chair, 2020-22

MISSION STATEMENT

The mission of the Osher Lifelong Learning Institute at UNCW is to be the premier lifelong learning opportunity for members 50 years of age or older in southeast North Carolina who seek academic, social and experiential learning. This is achieved through:

1. Fostering a high-quality, intellectually stimulating curricula centered on programs developed and led by university faculty, fellow OLLI members and others throughout the region.

2. Sustaining a positive, open environment that offers respect for sharing ideas and perspectives where people feel valued.

3. Connecting the university and lifelong learning community by serving as a gateway to university events and creating opportunities for involvement in teaching, research and service.

4. Partnering with area organizations to support the mission of OLLI.

VISION STATEMENT

Our vision is to be a diverse, member-driven organization committed to being an exceptional community of lifelong learners.

WHO WE ARE

OLLI at UNCW is a membership organization which seeks to foster lifelong learning opportunities, individual growth and social connection. Funded in part by the Bernard Osher Foundation, we are part of a national network of 124 lifelong learning institutes on college and university campuses in each of the 50 states and the District of Columbia. The common threads among members of the network are: an advisory council; lifelong learning programs specifically developed for “seasoned” adults age 50+; university connection and support; volunteer leadership; and a diverse selection of intellectually stimulating courses.

We depend on OLLI members to contribute to the success and growth of OLLI at UNCW by serving as volunteers either in our classrooms, on our Advisory Council or on many committees which design our high-quality programs and events.

BECOMING A MEMBER

Membership is a requirement for enrollment in all OLLI courses or events.

- Academic membership: $50 (July 1, 2020 – June 30, 2021)
- Fall membership: $30 (expires December 31, 2020)

Membership entitles you access (fees apply) to all courses and activities, members-only special events, as well as the many advantages of being a member of the UNCW family. It is easy to join! Visit www.uncw.edu/olli or call our registration office at 910.962.3195.
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We need your help.

OLLI at UNCW is a self-supporting organization that does not receive direct state funds. We are funded, in part, by membership and program fees, generous support from the Bernard Osher Foundation, in-kind support from the university for use of the OLLI building, and donations from community partners and OLLI members. The JoAnne Woosley Jarrett and Tabitha Hutaff McEachern endowments also provide some directed support to OLLI programs.

In normal times, most of our revenue (72%) is generated from course fees and membership fees. During this challenging time we have had to re-focus our delivery of courses to an online distance learning format and eliminate in person gatherings except for a small number of outdoor programs. Due to reduced course offerings this Fall and possibly this academic year, it is likely that program revenues and memberships will be affected and not be sufficient to support the organization. We appeal to you to make a donation to ensure the sustainability of OLLI at UNCW today and beyond.

Your generous donation will help ensure that OLLI at UNCW can continue to provide program offerings, as well as remain accessible and affordable to our community. Your ongoing financial support of OLLI is absolutely crucial now… more than ever. Only with your help can we guarantee that OLLI at UNCW’s high-quality lifelong learning programs will be here for our community.

Please consider what an enriching experience OLLI is in your life, how it challenges you to stay engaged and how OLLI friendships brighten your life. Whether you come to OLLI for the intellectual stimulation, experiential learning, or the social relationships which are so vital to our well-being and quality of life, we want to be here for you now and for many years to come.

If you value lifelong learning and want to support our organization, please make a contribution today to support OLLI at UNCW.

**Your gift can be made by check, payable to OLLI at UNCW:**

Osher Lifelong Learning Institute
UNCW
601 South College Road
Wilmington, NC 28403

OR simply make a secure donation online by visiting [uncw.edu/olli/giving.html](http://uncw.edu/olli/giving.html).

Thank you!
This fall semester, we will be using Zoom, a video conferencing technology, to conduct our academic classes, forums and societies. Many of you are already familiar with Zoom, but if not, NO PROBLEM! Zoom is a free tool that allows you to see the presenter’s material, make comments, ask questions, and interact with your instructor and your classmates – all safely and comfortably through technology.

All you need is a smart phone, a tablet, a laptop, or a desktop computer. The only additional requirement is an internet connection. You can connect and display yourself from your own built-in computer camera if you have one, or you can choose to stop/disable video if you prefer and participate with audio only.

OLLI volunteers will be available to assist OLLI members who may need orientation to the Zoom format and additional assistance getting started. In addition OLLI staff have prepared text materials that are available through our website at www.uncw.edu/OLLI.

To participate in a class that you have registered for, open the email from OLLI containing a link to the Zoom session. This email will be sent on the morning of the class. All you have to do is click on that link a few minutes before the start of class.

Once you’ve joined the Zoom session, you will initially be placed in a virtual “waiting room.” You will soon be admitted by the instructor/leader and become a full class participant.

There is of course no need to dress up, get in your car or drive to your OLLI class! You can learn and benefit just as you could by being in the classroom – but with Zoom you can attend OLLI classes from the comfort of your own home.

**FREE ZOOM TRAINING** for adults 50+

Are you familiar with Zoom? OLLI at UNCW is providing complimentary Zoom training to get adults age 50+ comfortable using the software!

Free and open to the public. Registration is required. Visit www.uncw.edu/olli to register online.

Monday, Aug. 31 • 1 p.m.
Tuesday, Sept. 1 • 2 p.m.
Wednesday, Sept. 2 • 3 p.m.
Thursday, Sept. 3 • 10 a.m.
Saturday, Sept. 12 • 10 a.m.
Monday, Sept. 14 • 2 p.m.
Wednesday, Sept. 16 • 10 a.m.
**BIOLOGY**

**CRISPR: What’s Next? Are We Ready to Control the Human Genome?**  
with Patricia Young, Ph.D.  
Fridays, Oct. 23 – 30  
Two sessions • 10 – 11:30 a.m.  
$30

CRISPR is a simple yet powerful tool for editing genomes, the hereditary information encoded in DNA. CRISPR allows researchers to easily alter DNA sequences and modify gene function. It is revolutionizing biomedical research due to its high efficiency, ease of use and relatively low cost. In agriculture, researchers use CRISPR to edit DNA to optimize crop yields and control plant diseases. In humans, CRISPR can remove a gene responsible for deadly genetic disorders. In the past year, scientists have used CRISPR to alter DNA in human embryos.

Patricia Young is a biochemist who has returned to Wilmington after a scientific career in the Boston area. Young focused much of her career on analytical biochemistry, using high-resolution techniques to identify and quantify biological compounds, specifically biomarker analysis. She has lectured to the OLLI community on CRISPR technology, biomarker identification and drug discovery.

**ENVIRONMENTAL SCIENCE**

**Climate Change and People – Causes, Effects and Solutions**  
with Warren Darrell, M.S.  
Tuesdays, Sept. 22 – Oct. 6  
Three sessions • 1 – 2:30 p.m.  
$45

Join a broad exploration of the critical topic of global climate change and its effects upon nature and humans. Potential solutions will be presented, including energy efficiency, emission reductions, hydroelectricity, geothermal, solar, wind, nuclear, and bioenergy. Learn more about greenhouse gases (GHG), the carbon cycle, the energy grid, and which public policies may help mitigate climate change. This learning experience is suited for people with or without a background in science and engineering.

Warren Darrell is a professional engineer with an M.S. in environmental engineering from the University of Alabama and an M.S. in environmental science from Montana State University. His experience includes engineering and management of energy efficiency improvements. He is an active volunteer with the Ecologic Development Fund in Central America, the North Carolina Coastal Reserve and the National Estuarine Research Reserve.
**GEOGRAPHY**

### Exploring Africa
*with Julie Hunt*

**Wednesdays, Sept. 2 – 16**
Three sessions • 4 – 5:30 p.m. • $45

Dreaming of a trip to South Africa and Victoria Falls? Enjoy a series of three lectures on some well-loved destinations from a seasoned, intrepid traveler. Illustrated with plenty of photographs and personal experience, you may be inspired to become a tourist in southern Africa yourself!

#### The Big 5 of South Africa’s Kruger National Park

Africa’s “Big 5” animals are in great abundance in this national park covering some 7,500 square miles. Combined with the private game reserves that surround the park, there is an abundance of flora and fauna viewing all year round. We’ll also explore the history of the park and the man whose name it honors, Paul Kruger.

#### In the Footsteps of Livingstone – Victoria Falls and Zanzibar

Victoria Falls straddles the border between Zambia and Zimbabwe and is truly one of the most amazing natural wonders on earth. Scottish explorer David Livingstone was the first European to view the great falls in 1855. The spice trading center of Zanzibar is a semi-autonomous island off the coast of Tanzania and played an important part in Livingstone’s life and death. It remains one of the most exotic places on Earth.

### Cape Winelands – Blending history, delicious wines, dramatic scenery

South Africa’s Cape Winelands has a rich history spanning some 350 years. Dutch settlers first planted grapes in the region in hopes of supplying wine to the ships of the Dutch East India Company. In the 1680s, French Huguenots, fleeing religious persecution, brought their much-needed expertise to the region. Today, wine enthusiasts tour and taste in the picturesque towns of Franschhoek and Stellenbosch and in the stark desert countryside in the Robertson Valley.

Julie Hunt is a sought-after travel expert and consultant to the travel and cruise industry for the last 20 years. She has served as producer, creative director and client advocate for a multitude of projects, and has project managed 12 new cruise ship deliveries, most recently Seabourn Ovation in Valletta, Malta. Hunt also works as an advisor on travel-related television programs, including Jeff Corwin’s Ocean Treks.

**HEALTH**

### Every Body Is Different: Learn Health Strategies That Are Right for You
*with Jane Brody, R.N., Ph.D.*

**Fridays, Sept. 25 – Oct. 9**
Three sessions • 11 – noon • $30

This is a three-session program on nutritional strategies for weight loss, weight management and healthy eating. Dr. Brody provides current, evidence-based information in an accessible and enjoyable format. Topics include reading food labels, nutritional myths, ways to create a supportive environment for achieving goals, and dealing with emotional eating. Learn tips and information on healthy eating for older adults.

Jane Brody is a psychiatric nurse clinician with more than 40 years of experience clinically and as a nurse educator. She was the recipient of the SUNY Chancellor’s Award for Excellence in Teaching.
**The Modern Dilemma of Health and Chronic Disease**
*with William Stewart, Ph.D.*

Mondays, Oct. 19 – Nov. 9  
Four sessions • 10 – 11:30 a.m.  
$60

This course will explore the last quarter century of research in the development of chronic diseases. Topics will include why modern societies are burdened with chronic diseases as well as the roles of genetics, inflammation, our microbiome, nutrition and exercise in the development of chronic diseases. We will explore Alzheimer’s disease as a “model” chronic disease, the onset/course of which is affected by the factors mentioned above.

William Stewart has a Ph.D. in educational psychology and M.S. degrees in both biostatistics and genetics. Over a 35-year career in the pharmaceutical industry, he helped design and interpret clinical trials in most chronic disease areas. He has subsequently pursued studies in exercise and nutrition as a disease preventative.

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**HISTORY**

**Turning Points in American History and The People Who Influenced Them**
*with Robert Toplin, Ph.D.*

Wednesdays, Sept. 30 – Oct. 21  
Four sessions • 10 – 11:30 a.m.  
$60

Through biography, examine individuals and consider key questions about major turning points in U.S. history.

- Southerners seceded and started a war in response to Lincoln’s actions. Could Lincoln have avoided war?
- Margaret Sanger led the fight for birth control in America. How did this radical socialist, eugenicist and feminist of the early 20th century manage to win mainstream support for her cause?
- Andrew Jackson’s populist-style presidency uprooted traditional politics. Did Jackson energize American democracy or undermine it?
- Eleanor Roosevelt rejected First Lady traditions and became a prominent public figure. How did her example arouse interest in feminine “liberation?”

Robert Toplin was a professor of history at UNCW and at Denison University and recently taught history courses at the University of Virginia. He has published 11 books and more than 100 articles. Toplin has commented on history several times on nationally broadcast television and radio programs.
Vietnam’s Wars, Part I: The Viet Minh, France and the U.S.
with Ginger Davis, Ph.D.

Wednesdays, Sept. 2 – 23
Four sessions • 10 – 11:30 a.m.
$60

This course covers events in Vietnam from the French colonial era through the First Indochinese War (late 1800s to 1954). Davis will discuss diplomatic, military, economic and socio-cultural factors as well as larger historical forces, such as decolonization and the Cold War. Special consideration will be paid to the evolution of U.S.-Vietnam relations within the context of World War II and Vietnam’s war for independence from France.

Ginger R. Davis, a native North Carolinian and UNCW alumna, received her doctorate in history from Temple University, where she specialized in U.S. foreign policy, race relations and Vietnamese studies. After research in the Hanoi archives through a Fulbright grant, she taught for a decade at Vietnam National University and served as director of the University of California’s Vietnam program. Since her return to the U.S., she was appointed director of Norwich University MA Capstones while remaining a Fulbright Vietnam consultant and lecturer at Duke University.

Twice There Was A Country: Yugoslavia
with Joseph Gouverneur, M.Div., Ph.D.

Mondays, Nov. 30 – Dec. 14
Three sessions • 10 – 11:30 a.m.
$45

Twice in the 20th century there was a bold experiment in ethnic diversity, multi-culturalism and religious pluralism. The first, Royal Yugoslavia, arose out of the ashes of World War I. It was destroyed when Adolf Hitler annihilated Yugoslavia. A second, socialist Yugoslavia emerged out of the ashes of World War II. Although ostensibly a Communist state, Yugoslavia opposed Joseph Stalin and the Soviet Union. Eventually, there was greater freedom in Yugoslavia than in any other state in Eastern Europe during the Cold War. Communist Yugoslavia was destroyed, not from without, but from within, in a series of violent civil wars. We are still living with that fallout today.

Joseph Gouverneur, M.Div., Ph.D., lived in the Republic of Croatia during the Yugoslav Civil Wars of the 1990s where he was employed as an educator and humanitarian aid worker. He has studied and written extensively on the history of Yugoslavia. Dr. Gouverneur is a UNCW lecturer in the history and philosophy and religion departments. He is currently finishing a work of history, “The Fuel of War: Alcohol and Alcoholism During the Second World War.”
Korea: Forgotten Sacrifice  
*with Frank Amoroso, J.D.*

**Mondays, Oct. 5 – 12**  
Two sessions • 10 – 11 a.m.  
$20

The Korean War (1950-53) has been called the Forgotten War. The 70th anniversary of that conflict occurred in June 2020, and a retrospective is important particularly in light of the growing nuclear capabilities of the Democratic People’s Republic of Korea. The Korean War was the first time the Cold War between Communism and western democracies went hot. Over three years there were millions of civilian and military casualties. In addition to this tragedy, there is the untold story of Project Ramona, a top secret OSS/CIA investigation of Japanese atomic bomb research during WWII, which was performed on the Korean Peninsula.

Frank Amoroso is a retired attorney with a Juris Doctorate from St. John’s University School of Law. He established a law school course on white-collar crime, which he taught as an adjunct professor for 10 years. Since retirement he has embarked on a career as a novelist concentrating on historical fiction. *Korea: Forgotten Sacrifice*, released in 2019, is his ninth book. He has made a number of OLLI presentations over the last few years on topics as diverse as the Russian Revolution, the origins of the Federal Reserve Bank and Babe Ruth.

Key Battles of World War II in the Pacific  
*with Ronald H. Henderson, Jr., Rear Admiral USN (retired)*

**Tuesdays, Oct. 27 – Dec. 8**  
Six sessions  
10 – 11:30 a.m., except first class*  
Free for members.

<table>
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<th>Date</th>
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| Oct. 27 | Pearl Harbor  
|  *Class meets 2 – 3:30 p.m.* |
| Nov. 3  | No class                     |
| Nov. 10 | Coral Sea and Midway          |
| Nov. 17 | Guadalcanal Campaign          |
| Nov. 24 | Naval Battle of Leyte Gulf     |
| Dec. 1  | Iwo Jima                      |
| Dec. 8  | Okinawa                       |

In this series, Rear Admiral (retired) Ron Henderson once again presents and expands upon his popular chronicles of World War II in the Pacific. Two new sessions have been added, Pearl Harbor and Guadalcanal, in order to deliver a smooth chronological narrative of the dramatic clash between the United States and Japan, from the first bombs dropped at Pearl Harbor to the surrender in Tokyo Bay.

Each session will last approximately 90 minutes, with time for online socialization before and questions after the presentation. Previous attendees are welcome to attend new presentations as well as review those previously delivered. New students are warmly welcomed.

The USS Arizona Memorial at Pearl Harbor, Oahu, Hawaii
ACADEMIC COURSES - ONLINE

What Makes Putin Tick?
with Susan McCaffray, Ph.D.

Thursdays, Nov. 5 – 19
Three sessions • 1 – 2:30 p.m.
$45

Vladimir Putin has ruled Russia for 20 years. What is the secret to his longevity, and what motivates him? We will examine his career with special attention to his policy toward Ukraine and his attitude toward the United States.

Susan McCaffray recently retired from UNCW, where she taught Russian history for 31 years. She is the author of several books and articles on Russian history, including most recently The Winter Palace and the People.

LITERATURE

Morrison’s Beloved:
Historical Revelations, Narrative Genius
with Barbara Waxman, Ph.D.

Wednesday, Oct. 28
One session • 10:30 a.m. – noon
$15

Beloved is a novel by American writer Toni Morrison; it won the Pulitzer Prize for Fiction in 1988. The novel is set after the American Civil War and explores the lasting and damaging psychological effects of slavery. Based on a true story, the novel’s haunting and imaginative narrative brings to light topics of family, trauma, memory and self-preservation.

Barbara Waxman, professor emerita, has taught literature courses at UNCW for three decades. Her teaching interests include multicultural U.S. literature, literature about later life, contemporary women’s literature, Victorian literature, the memoir and the culinary memoir. She co-chairs the American Women of Valor Forum.
ACADEMIC COURSES - ONLINE

SCIENCE

STEM Frontiers
with John LaSala, Ph.D.

Wednesdays, Sept. 9 – Oct. 7
Five sessions • 1 – 2:30 p.m.
$65

This course will consist of five more or less independent classes on topical subjects in science and technology with a view to the future. Topics will include:

• Everyday Algorithms: From finding a parking spot to predicting the future (drawn partially from the book Algorithms to Live By).

• Hardwired: How nature shaped our brains (drawn partially from the book The Believing Brain).

• Epidemiology: How we probe health issues (revisiting PFAS in our water and RCTs in light of COVID-19).

• Outward Bound: The practicality of human space travel.

• Cosmic Mysteries: An era of anomalies.

For a more detailed description of the course, see the Fall 2020 tab at johnlasala.net.

OLLI member John LaSala earned his doctorate in applied physics at Stanford University in 1987 and, as an active-duty U.S. Army officer, served a total of 12 years as a physics professor and lab director at the U.S. Military Academy, West Point. Upon retirement from the Army, he spent 15 years in private industry, where he applied his expertise in lasers and optics to develop new products and businesses. Before moving to Wilmington, he served as the Class of ’67 Endowed Professor of Physics Chair at West Point, where he developed a new course on renewable energy. He volunteers as a business student mentor in the Cameron Executive Network.

LEISURE

Understanding Your Dreams
with Jenny Yates, Ph.D.

Wednesdays, Oct. 14 – 28
Three sessions • 2 – 3:30 p.m.
$45

We spend almost half our life sleeping and dreaming; yet in an academic context, we seldom explore their relevance for our lives. As both a Jungian analyst and a professor, Jenny Yates will share some insights into how our dreams give us guidance from the wisdom of our unconscious.

Jenny Yates is an instructor in UNCW department of philosophy and religion, with an interest in the psychology of religion. She teaches a course on Carl Jung’s autobiography: Memories, Dreams, Reflections (1961) in the UNCW graduate liberal studies program. She holds a diploma in analytical psychology from the Jung Institute in Zurich, a Ph.D. in interdisciplinary humanities (religion and philosophy) from Syracuse University, and an M.A. in religion from Yale Divinity School.
PUBLIC AND INTERNATIONAL AFFAIRS

Crime in the Cape Fear
with Benjamin David, district attorney for New Hanover and Pender counties

Mondays, Sept. 14 – Nov. 16
Pre-recorded lectures released each week
Eight sessions • 10 a.m. – noon
Password required

Discussion sessions
Mondays, Oct. 12 and Nov. 16
Two sessions • 10 a.m. – noon
(Zoom link provided to participants)
$50

This course will be available through eight pre-recorded sessions which will be released to registered participants each Monday during the course semester. OLLI members will follow District Attorney Ben David as he explores a broad introduction to topics relating to crime and punishment and takes you into places where crime occurs and is combated. Through his personal insight and legal experience, DA David will review and explore in depth, 25 legal cases which shaped this region and created legal precedent in North Carolina. Students will learn about the foundational tenets of the prosecution process through the first four lectures. The fifth session will be an interactive Zoom session with DA David focusing on the first four book chapters. The final four pre-recorded lecture sessions and book chapters will shift the focus to how citizens can build community to fight crime, to include establishing youth programs to prevent gang violence, handling the opioid crisis at the community level, caring for victims of sexual and intimate partner violence, and confronting evolving conversations and reform around race and justice. This dynamic class will conclude session ten with an interactive Zoom session and discussion focusing on the final four pre-recorded course sessions and second half of the book.

Required Reading: Crime and Community in the Cape Fear: A Prosecutor’s Guide to A Healthier Hometown. Details covering the book purchase will be sent to registered course participants. It will be available at the UNCW bookstore and for order online. Syllabus included.

ACADEMIC COURSES - ONLINE

NEVER STOP LEARNING

At Brightmore of Wilmington and Carolina Bay at Autumn Hall, residents enjoy daily life enrichment opportunities that continue to challenge the mind, body and spirit. With resort-style amenities, whole-person wellness programs, and a variety of floor plans, our rental retirement communities are designed with you in mind. Whether you prefer Wilmington’s coastal lifestyle or midtown locale, your ideal retirement destination and community await you.

CALL TODAY TO LEARN MORE.

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Carolina Bay at Autumn Hall
CONTINUING CARE RETIREMENT COMMUNITY
910.769.7500
630 Carolina Bay Dr. Wilmington, NC CarolinaBayatAutumnHall.com
The Birds of Southeastern North Carolina  

with Jill Peleuses, owner, Wild Bird & Garden  

Thursday, Oct. 15, 29 & Nov. 12  

$45  

Three sessions  

Oct. 15 • 8:30 – 10:30 a.m.  
South End of Wrightsville Beach  

Oct. 29 • 8:30 – 10:30 a.m.  
Airlie Gardens Bird Walk  

Nov. 12 • 8:30 – 10:30 a.m.  
Greenfield Park  

Located along the “Atlantic Flyway” Southeastern North Carolina is a haven for many different bird species. Join us to discover the birds of our region. Bird watch in some of our area’s great birding hotspots. Throughout this class students observe and learn how to identify spring migrants, backyard birds, shorebirds and resident songbirds during nesting season. You’ll soon be hooked on this lifelong hobby.

Masonboro Island Kayak and Birding Excursion  

with Don Harty and Jill Peleuses  

Session I • $85  
Tuesday, Oct. 20 • 8:30 – 11:30 a.m.  

Session II • $85  
Wednesday, Oct. 21 • 8:30 – 11:30 a.m.  

Join Mahanaim Adventures (Don Harty) and Wild Bird & Garden (Jill Peleuses) on a guided birding kayaking adventure to Masonboro Island Reserve. Masonboro Island has more than 5,500 acres of natural barrier islands habitat and estuary habitats to explore. Masonboro is a pristine coastal island that is only accessible by boat and offers adventurers a fantastic opportunity to experience this natural barrier island and estuary.  

Meet at Trails End Park at 8:30 a.m.  
Bring binoculars, a bottle of water, a light snack and an adventurous spirit for this great adventure. Dress for fun, sun and adventure along the beaches of Masonboro Island. The kayaks, paddles and all safety equipment will be provided.

Oakdale Cemetery Historical Tour  

with Eric Kozen  

Session I • $15  
Wednesday, Sept. 16 • 11 a.m. – 1 p.m.  

Session II • $15  
Monday, Sept. 28 • 11 a.m. – 1 p.m.  

Session III • $15  
Thursday, Nov. 5 • 11 a.m. – 1 p.m.  

Session IV • $15  
Tuesday, Nov. 10 • 11 a.m. – 1 p.m.  

Join Eric Kozen, superintendent of Oakdale Cemetery, for a two-hour walking tour. While walking through this natural outdoor museum, learn how such a majestic cemetery was formed in Wilmington. Kozen shares stories of those who have passed and those who have played a role in our daily lives. Oakdale’s grounds represent an arboretum treasure and are abundant with horticultural specimens of grandeur along with many towering monuments, a unique blend of history, nature and funerary art.

Kayaking Excursion to Sharks Tooth Island  

with Don Harty, owner of Mahanaim Adventures  

Friday, Sept. 25 • 8:30 – 11:30 a.m.  

$79  

Kayak through a secluded area of the Cape Fear River to Sharks Tooth Island to hunt prehistoric sharks’ teeth. This half-day kayaking adventure on Wilmington’s Cape Fear River highlights the ecology and rich wildlife in our area. The kayaks, paddles and all safety equipment will be provided.
**NC Plant and Garden Tips**
with Master Gardener Susan Brown

Tuesdays, Sept. 22 – Oct. 13
9 – 11 a.m.  •  $30

Pruning is an essential gardening skill. When you prune correctly, you encourage healthy growth, flowering, and create a desired shape for the garden. For most shrubs and trees, it helps to prune at the right time of year. Join us at the NHC Arboretum in the Ability Garden and learn answers to some questions you may have when tending your garden.

Sept. 22  Care and pruning tips: Trees
Sept. 29  Care and pruning tips: Shrubs
Oct. 6   Care and pruning tips: Roses
Oct. 13  Tour of the Arboretum perennial gardens, focusing on garden design

**NC Plant and Garden Tips – Zoom class**
with Master Gardener Susan Brown

Thursdays, Sept. 24 – Oct. 15
1 – 2 p.m.  •  $20

Sept. 24  Most common garden mistakes
Oct. 1   Vegetable gardening for beginners
Oct. 8   Proper plant selection
Oct. 15  Landscape design tips

Susan Brown graduated from NCSU in 1996 and has been working in the horticultural industry ever since. She began as a professional grower at an independent garden center where she specialized in growing roses, perennials and poinsettias. Currently Susan is the North Carolina Cooperative Extension Consumer Horticultural Agent at the New Hanover County Arboretum; she teaches the Master Gardener course at the extension. She is a Certified Arborist, a Certified Plant Professional and has a pesticide license.
A SIG is a group of OLLI members looking to meet people who share a specific common interest. SIGs may evolve from an OLLI class, in which members are motivated to continue to explore the subject in more depth. SIGs may begin when a member wants to create a new group to share an interest or experience. SIGs may include less formalized learning such as book clubs, walking groups, genealogy research, etc. These member-led groups are free to OLLI members; registration is required, and space is limited.

**White Privilege and Racism**  
*Facilitators: Rich Cooper and Pat McCarthy*  
**Thursdays, Sept. 3 and 10**  
Two sessions • 2 – 3:30 p.m.

Why is it so hard for white people to talk about racism? Join this member-led group for a discussion about Robin DiAngelo’s book, *White Fragility*, and how it relates to current events. Discussion topics include other contemporary issues related to racism and implicit bias.

**COVID-19 Research**  
*Facilitator: Joanna Clancy*  
**Mondays, Oct. 5 and 19; Nov. 2, 16 and 30**  
Five sessions • 2 – 3:30 p.m.

This member-led group seeks to learn more about the latest scientific research on COVID-19. Information and publications will be shared via email between SIG members about the current research findings and understanding of disease transmission, pathology, outcome, vaccines, treatment, etc. Meetings will be an opportunity to discuss research and learn more about the science behind the pandemic.

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**Have an idea for a Shared Interest Group?** Find others to explore a shared interest or passion! To propose a new SIG, review the guidelines and complete a Shared Interest Group proposal form on the OLLI webpage. Please contact Program Coordinator Susan Williams (williamssl@uncw.edu) if you have any questions.
Sept. 29 – Oct. 27
Five sessions: 10 a.m. – noon • $30
Chaired by Ed DeMarco with Charles Fox, Anne-Marie Goff, Janice Kingoff, Shirley Levine, Pat Myers and Lillian West.

Sept. 29  The Making of a Murder Mystery
with Author Mike Maccalupo, Ph.D.
Do you love to read a great mystery? Explore the elements that make up a murder mystery story, beginning with a look at the seven basic plots from which all stories emerge. A look at the various types of murder mystery stories will also be part of the presentation.

Oct. 6  Alzheimer’s Disease –
Economic and Social Impacts
OLLI member Herb Strickler will discuss Alzheimer’s disease, including medical aspects, economic impacts on families, federal costs, societal impacts and current research.

OLLI member Barbara Waxman will examine Morrison’s novel, especially how the novel depicts the grief and desperate antipathy to slavery at the core of the character Sethe. The memories of slavery that haunt her and her continuous violent interactions with her ghostly daughter, called Beloved, help readers to grasp the depths of the tragedy that embodies slavery.

Oct. 20  Go Native! Gardening with Native Plants in the Cape Fear Region
with Susan Brown, Consumer Horticulture Agent at New Hanover County Arboretum
A myriad of different plants grows well in this area of the country, so why prefer natives over introduced species? This presentation describes the benefits of using native plant varieties and the basics of creating a native habitat in your own yard to attract species of birds and butterflies. Enjoy seeing an illustrated gallery of native species of trees, shrubs, vines and perennials for the gardener’s consideration when “going native.”

Oct. 27  The Color of Law
with Rich Cooper
OLLI member Rich Cooper will present the conclusions of the book The Color of Law, which documents the fact that discrimination against African Americans is not only the result of individuals and groups, but of government-promoted systematic racial segregation that we find in metropolitan areas today. He will touch on its impacts for education, poverty, the need for affordable housing, police misconduct and more.

To become a member and register for programs, visit www.uncw.edu/olli or call our registration office at 910.962.3195
Science and Environmental Academy (SEA) and Coffee meets weekly to present relevant topics from the fields of science and the environment. UNCW professors and knowledgeable community presenters share their expertise and offer opportunities for enjoyable interaction.

Thursdays, Sept. 17 – Nov. 19
10 sessions • 10 a.m. – noon • $60

Committee Chair – Pamela Dressell
Committee Members: Andrea Carson, Dick Hayes, Sue Hayes, Donna Howard, Dianne Linkfield, Valerie Robertson, Eric Robinson, David Smith, Sue Zarutskie

Sept. 17 DNA Sequence Data and Analysis Applications
D. Wilson Freshwater, Ph.D., Research Analyst, Center for Marine Science, UNCW

Attend “DNA sequencing school” to review the basic structure of DNA. Learn about Sanger sequencing, a technique that Frederick Sanger used to read DNA sequences quickly. Explore how the application of modern DNA analysis and sequence data can answer questions about marine organisms.

Sept. 24 New Technologies for Aging Eyes
Laura Harris, M.D., FACS, Ophthalmic Surgeon, CEO/Founder/President, Cataract Consultants, PA

Vision is dynamic, as is every part of our body, particularly as we age. This presentation will touch on the main changes in the anatomy of the aging eye: cataracts, macular degeneration, presbyopia, and glaucoma. With a focus on cataracts, the leading cause of blindness in the world, we will discuss types, causes and treatment of cataracts with advanced modern technology.

Oct. 1 Longevity Secrets from the Blue Zones
Lisa Sprod, Ph.D., Program Coordinator and Associate Professor in Exercise Science, UNCW

The Blue Zones are longevity hotspots, defined as such due to the unusually high number of centenarian residents. Much can be learned from observing and discussing the behaviors of the Blue Zone residents. Dr. Sprod and her students have traveled to numerous Blue Zones and will share their experiences and lessons learned from these experiences.

Oct. 8 Manmade Chemicals in the Environment: Living in the Anthropocene
Ralph N. Mead, Ph.D., Professor, Department of Chemistry and Biochemistry, UNCW

Humans leave calling cards of our presence wherever we go. These may be as simple as where and how we build our homes or more complex—on the molecular level and invisible to the naked eye. These “calling cards” have reshaped the physical and chemical landscape to such a point that a new geological epoch has been proposed: The Anthropocene. In this presentation we will discuss manmade chemicals detected in the atmosphere and water such as GenX, and their corresponding implications.
Oct. 15  The Evolution of Weather Prediction Techniques and Technologies
Steven Pfaff, Warning Coordination Meteorologist, National Weather Service, Wilmington, NC

Weather prediction has evolved considerably over the past 150 years. While atmospheric research and technology continues to improve, the vulnerability and risk to the public has skyrocketed, particularly in coastal communities like Wilmington, NC. This presentation will discuss the evolution of forecasting and warning operations, historical weather information for the Wilmington area, and tools and technologies used to optimize hurricane preparedness and response.

Oct. 22  100 Ways to Save the World—Project Drawdown
Lindsay Lake and Noelle Powers, Co-Directors, 350 Wilmington

Project Drawdown, founded by environmentalist Paul Hawken, has ranked the top 100 solutions to reversing global warming, from educating girls and regenerative agriculture to plant-rich diets and recycling. In this interactive workshop, learn more about Project Drawdown and these 100 solutions. Feel empowered about generating ideas to take action in your personal life and community.

Oct. 29  Coexisting with Coyotes in New Hanover County
Rachel Urbanek, Ph.D., Associate Professor and Assistant Chair of the Department of Environmental Sciences, Department of Environmental Services, UNCW

Coyote populations are successfully adapting to urban areas throughout their range, including in New Hanover County. Residents have become increasingly aware of coyotes and their presence in residential areas. In this presentation, we will discuss coyote biology, local resident interactions with coyotes, and practical ways to coexist peacefully with our new furry neighbors.

Nov. 5  Local Oyster Aquaculture
Conor MacNair, CEO and Founder, N.SEA. Oyster Company and Alyssa MacNair, CFO, COO, N.SEA. Oyster Company

This second-generation oyster farmer and UNCW alumnus started his own oyster farming operation in North Carolina’s Topsail Sound in 2017. Learn how this farm put North Carolina on the raw bar map at top restaurants in the nation with sustainable, regenerative, intensive farming techniques that yield a high-quality product. The MacNairs closed the gaps between farm and table by branding and distributing a family farm product.

Nov. 12  Forensic Osteology: Three Cases of Human Identification
A. Midori Albert, Ph.D., Professor, Forensic Osteologist, Forensic Science Coordinator, Department of Anthropology, UNCW

Explore the background stories and analyses of three cases of forensic osteological examination of human skeletal remains found in our area. See how the age at death, sex, stature, trauma, and postmortem interval were assessed from the bones, how the individuals died, and where their stories led. Engage in lively discussion; ask your questions on these cases, CSI work, new forensic science technologies, myth-busting or anything else you would like to know about forensic science and human identification.

Nov. 19  If the Ocean Could Talk
Bonnie Monteleone, Executive Director, Plastic Ocean Project

Monteleone has devoted the last decade to research and collaboration on plastic pollution in the ocean in the North Atlantic. She will share, in story form, her plastic marine debris research projects and how this research led to a full-length documentary.
Oct. 1  Environmental Issues of the Cape Fear Region  
Kemp Burdette, Cape Fear Riverkeeper

Our local riverkeeper will provide an introduction to the Cape Fear watershed and to the Cape Fear River Watch, including information about its mission to protect and improve the water quality of the Cape Fear River Basin for all people through education, advocacy and action. Working with its partners, CFRW serves as the region’s go-to source for information, advocacy and legal action related to GenX and other per- and polyfluoroalkyl substances (PFAS) discharged into the environment from the DuPont/Chemours facility located in Fayetteville, NC.

Oct. 8  Historical Development of the Cape Fear Region  
James (Jim) Morgen McKee, site manager of the Brunswick Town Fort Anderson State Historic Site

Brunswick Town was the first successful European settlement in the Cape Fear region, a world-class port for over 50 years, home to two provincial governors and the Stamp Act crisis, before it was raided by the British during the American Revolution. Join us and learn about the history of our community and adopted homeland for many of us!

Oct. 15  Ancient Wisdom: Superpowers for a Modern World  
Julian Keith, Ph.D., UNCW Psychology Department Chairperson; co-director of MARS Memory-Health Network

Buddhism and Stoicism first emerged in cultures and climates that were far more stressful, threatening, and uncertain than the conditions faced by people living in the modern developed world. Yet, anxiety, anger and despair are rampant today. What can the ancient Buddhist and Stoic masters teach us about how to live well and flourish regardless of the circumstances in which we find ourselves? Can we build an inner life that serves as a foundation for unshakable well-being by adapting their practices to our daily routines? Spoiler alert! The answer is yes.
Special-interest forums are thought-provoking discussions led by OLLI member volunteers and special guests. Participants are encouraged to suggest topics, lead the discussion on topics of special interest to them and help develop the agenda for future sessions.

AMERICAN WOMEN OF VALOR
Second Tuesdays, Sept. 8 – Nov. 10
Three sessions • 2 – 4 p.m. • $24

Each session brings a knowledgeable discussion leader who has researched the life and work of her/his chosen valiant woman, using a variety of biographical, autobiographical and historical sources. Participants in the forum will be encouraged to ask questions and to join the conversation during each session.

Sept. 8 American Women Win the Vote
presented by Joanna Clancy

Oct. 13 From Madam C.J. Walker to the Neo-Natal Nurses of Small Beginnings: Gender and Twentieth-Century Rhetoric of Innovation
presented by Sarah Hallenbeck

Nov. 10 Shirley Chisolm: Leaping Over Racial and Gender Barriers
presented by Nancy Nail

LANGUAGE FORUM

Second and fourth Thursdays, Oct. 8 – Nov. 12
Three Sessions • 10 a.m. – noon • $24

The Language Forum presents relevant topics of historical and present-day significance on the development, evolution and usage of languages. UNCW faculty and other knowledgeable individuals share their expertise and create a forum for discussion. We welcome suggestions for future topics and speakers.

Oct. 8 The Business of Audiobooks: From Page to Production
led by Hannibal Hills, professional narrator and voice actor

Hannibal Hills discusses how printed books are turned into audiobooks. He outlines the process, the challenges and techniques involved, and how these differ between fiction and non-fiction. He also talks about the equipment he uses to produce recordings and how new narrators get started in the business.

Oct. 22 Hebrew, Yiddish, and the Many Languages of the Jews
led by Jarrod Tanny, Ph.D., Associate Professor and Block Distinguished Scholar in Jewish History, Department of History, UNCW; author.

Learn the history of Judaism’s linguistic diversity and the role it has played in religion, society, culture and humor.

Nov. 12 Exploiting Connections in Related European Languages (Romance, Germanic, Slavic)
led by David Graber, Ph.D., lecturer in German and Russian, UNCW; former journalist in Berlin and Prague

Many people who know one European language (like Spanish or German) realize that they can learn a related language (like Italian or Dutch) by making connections between the language they know already and the new language. How close are the connections in the main European families of languages – Romance, Germanic, and Slavic – and how can we make good use of those connections?
THE PUBLIC ISSUES FORUM
Coordinating Committee: Don Messer (Chair), Sue Patterson, Rich Cooper, Bruce Jordan, Jim Horan

Second and fourth Mondays, Sept. 14 – Dec. 14
Seven sessions • 1 – 2:30 p.m. • $50

The Public Issues Forum is for those interested in gaining a deeper understanding of major political, economic and societal issues. Members are encouraged to read a book or articles on the subject. The format may include lectures by UNCW faculty or other experts, book discussions, viewing of certain public affairs programs, and presentations by members. Presentations are followed by facilitated discussion. Due to the COVID-19 situation, some topics or speakers may change from this published listing.

Sept. 14 Update on the Hospital Situation and NHRMC
Facilitator: Sue Patterson
A speaker to be determined will discuss the NHRMC situation or outcomes and its effect on area healthcare OR a speaker to be determined will discuss single-payer healthcare, what that means and how it differs from our present healthcare insurance system(s).

Sept. 28 Electoral College and the NPVI Compact with Ted Fuller
Facilitator: Don Messer
Theodore (Ted) Fuller, Professor Emeritus at Virginia Tech, will discuss the National Popular Vote Interstate Compact (NPVIC). Critics have identified several flaws in the way the Electoral College currently operates. Supporters of the NPVIC have proposed a key modification in the way the Electoral College operates.

Oct. 12 PFAS Update with Larry Calhoun
Facilitator: Don Messer
Larry Calhoun, former Dean at the Gatton College of Pharmacy at East Tennessee State University, will discuss perfluorinated and polyfluorinated alkylated substances (PFAS) that have made national news as emerging contaminants of drinking water. Gen X, a PFAS manufactured in North Carolina, made news as a water contaminant in our region in mid-2017, but had been present for decades before that. We’ll explore the nature of the PFAS contaminants to which we were exposed, how that contamination came to be, and where this may be going.

Oct. 26 Census and How It Affects the Electoral College with Jim Horan
Facilitator: Don Messer
Jim will give details about the census and how the data is used in determining representation in Congress and ultimately in the Electoral College. Jim will also provide information on the census governments and the American Community Surveys.

Nov. 9 Renewable Energy Resources with Roger Shew
Facilitator: Don Messer
Roger Shew, lecturer at UNCW, will discuss renewable energy resources which are growing and are becoming cost-competitive to most fossil fuels. Wind and solar are predominant in renewable energy. Included will be the issues surrounding the development of new renewable resources, the transformation to them, the demand for them and the costs involved.

Nov. 23 The Cost of Justice with Cristina Becker
Facilitator: Sue Patterson
Cristina Becker, mitigation specialist and attorney at the ACLU of NC, discusses our state’s oppressively structured criminal fines and fees system that unduly burdens and endangers the freedom of thousands of people. A recent ACLU report estimates that each year hundreds of state residents are jailed due to court debt, imperiling work, health, family, and basic tenets of life.

Dec. 14 Save Our Seas, Save Ourselves with Bonnie Monteleone
Facilitator: Rich Cooper
Bonnie Monteleone, executive director of the Plastic Ocean Project, will provide an overview of the problem; how it is being addressed through research, outreach and public/private partnerships; and what we, as individuals, can do to help. Visit plasticoceanproject.org.
FRIDAY FORUM
chaired by Bruce Myers

First and third Fridays, Oct. 2 – Nov. 20
Four sessions • 10 a.m. – noon • $32

The Friday Forum is a program for individuals who seek adventures in collaborative learning and informed discussion. Each member of the group becomes a vital contributor to the learning experience and is encouraged to lead a session. The objective is to have group members increase their knowledge of major issues facing us in the 21st century.

Oct. 2 Monetary Policy and the Federal Reserve
led by Don Anderson

Oct. 16 The Color of Law: The Societal Effects of Racial Injustice
led by Rich Cooper

Nov. 6 Global Warming: The Ultimate Challenge
led by Gus Dahl

Nov. 20 Albert Einstein: His Life and Contribution to the World
led by Bud Dealy

INTRODUCTION TO THE BILL OF RIGHTS FORUM
with Murray Sherman and Clauston Jenkins

Thursdays, Oct. 15 – 29
Three sessions • 2 – 3:30 p.m.
$24

The Bill of Rights, which are the first 10 amendments of our Constitution, was so important that our founders promised that the enumerated rights would be attached to the Constitution. So many of what we think of as our basic rights are set out in these amendments, not in the body of the Constitution itself. The states ratified the ten amendments in 1791, two years after the ratification of the Constitution.

In the three sessions of this forum, Murray Sherman and Clauston Jenkins will lead a discussion of what the Bill of Rights meant at our founding and how our understanding or misunderstanding of some of those rights stands today. We will discuss the first, second, fifth, ninth and tenth amendments.
The OLLI Wine Society offers educational programming for those interested in learning about the many aspects of wine. Discover more about your own palate and preferences.

THE VIRTUAL WINE SOCIETY –
ON WINE, ON LINE
Both sessions are led by Michael Lane, Certified Wine Educator, Certified Sommelier and Johnson Brothers wine representative.

Mike Lane will provide a few selections of wine styles and appetizer ideas for you to purchase in preparation for his unique tasting presentation. Enjoy a fun and educational wine class from the comfort of your own home!

Climate Change Is Altering Wine Production
Thursday, Oct. 15
6 – 7 p.m.
$10

Climate change effects are rapidly altering global wine production. Wine is, of course, an agricultural product and wine grapes are sensitive to climate. From the health of grapevines to the taste and quality of the wine in the bottle, climate is changing the wine industry. And it’s not all bad news for wine – the warming and cooling changes may help some grape varieties.

Celebrating Unique Whites and Underrated Reds
Thursday, Nov. 5
6 – 7 p.m.
$10

White wine sometimes seems like an afterthought. Whites often do not command the same prices or prestige as their red wine counterparts even though they are as challenging to grow and make. Far too many whites do not receive much fanfare being in the shadow of more famous red varietals. This class introduces members to unique and undervalued white wines and underrated reds from regions we ought to know more about.
PAULA RICE ................................................... Academic Courses
NANCY NAIL .................................................. American Women of Valor
BARBARA WAXMAN ...................................... American Women of Valor
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M.K. COPE ..................................................... Distance Learning Team
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DON MESSER ............................................... Public Issues Forum
BRUCE MYERS ............................................... Revenue Development, Friday Forum
PAMELA DRESSELL ......................................... SEA & Coffee
SUZANNE KAMINSKI ....................................... Thinking on Thursdays, Distance Learning Team
BUZZ AMES .................................................. Wine Society
SUE CAUSE .................................................... Wine Society
LYNN GATTONE ............................................. Women on Wednesdays
STEPHANNA TEWEY ...................................... Women on Wednesdays

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www.uncw.edu/olli
910.962.3195

A confirmation letter and program information will be sent to you via email. If you do not have an email address, you will receive these materials at the address you provide. Specific course location will be provided at registration.

Refunds/Cancellations: Fees can only be refunded if a written notification of withdrawal is received three (3) university working days prior to the start of the program, unless otherwise noted. A processing fee of $10 is charged on cancellations.

The Osher Lifelong Learning Institute at UNC Wilmington follows the closings of the university. If the university’s opening time is delayed or if the university is closed, all OLLI classes, events, meetings and other activities will be canceled for that duration. Visit the university website at www.uncw.edu for the latest information on university closings.

We are located at 620 South College Road, Wilmington, NC 28403-5614.

UNC Wilmington is committed to and will provide equal educational and employment opportunity. Questions regarding program access may be directed to the Compliance Officer, UNCW Chancellor’s Office, 910.962.3000, Fax 910.962.3483. UNCW does not discriminate on the basis of sex. Questions regarding UNCW’s Title IX compliance should be directed to TitleIX@UNCW.edu.

UNCW complies with all provisions of the Americans with Disabilities Act (ADA). Accommodations will be made available upon request. If you have special needs and would like to participate in this program, please contact the Osher Lifelong Learning Institute at UNCW, 910.962.3195 ten (10) days prior to the event so proper consideration may be given to the request. This publication is available in alternative format on request. The Osher Lifelong Learning Institute at the University of North Carolina Wilmington follows an open admissions policy.

4,000 copies of this public document were printed at a cost of $3,722.50 or $.93 per copy. (G.S. 143-170.1).
Encounter Scandinavia at its best! From cosmopolitan Copenhagen and Oslo to Norway’s magnificent fjord country, OLLI at UNCW is hosting an exclusive small group, educational tour. The 16-day journey begins in Copenhagen. Visit Elsinore, infamous setting of Shakespeare’s Hamlet, and the Karen Blixen Museum. Ferrying overnight to Oslo, stay in a Gaala ski lodge hotel. Journey to Geiranger along Norway’s “roof,” enjoying sensational views of dramatic Geirangerfjord.

AUGUST 9 - 12, 2021

Tour picturesque Bergen, then travel through the breathtaking Western Fjord District to Lofthus. Ferrying across stunning Naeroyfjord, board the storied Flåm Railway for a thrilling excursion.

For more information, visit www.uncw.edu/olli or call 910.962.4034.