NOTE FROM THE DIRECTOR

Welcome to the Osher Lifelong Learning Institute (OLLI) at the University of North Carolina Wilmington.

This spring catalog represents the hard work and dedication of many people including our committees of volunteers associated with each of our types of programs and courses, as well as our UNCW OLLI staff and the Office of University Relations. Though we distribute a print catalog, and will do so until the digital age completely absorbs us and we retire print, we really have a “living” catalog. Every semester, we present learning opportunities to our members that are not represented in our catalog.

For instance, the fall 2015 semester presented an opportunity to attend a course with UNCW undergrads through the Department of Public and International Affairs; we were invited to attend lectures in the College of Arts and Sciences by visiting faculty; and we interacted with and learned from faculty and graduate students from the International Islamic University in Islamabad, Pakistan, as part of a UNCW-awarded grant. I consider OLLI the gateway to UNCW for our members, and we will continue to explore opportunities to interact more closely with our university faculty and students. Please consider UNCW your second alma mater!

This spring, we will develop a strategic plan to strengthen our educational programming and our continued financial health so we may broaden our reach into the community. We will continue to improve the educational and social opportunities for you as a lifelong learner.

We hope this catalog’s selections will motivate you to become more involved with OLLI at UNCW!

Enjoy this semester!

Shelley L. Morse, Director

MISSION STATEMENT

The mission of the Osher Lifelong Learning Institute (OLLI) at UNCW is to be the premier lifelong learning opportunity for people 50+ years of age in Southeast North Carolina who seek academic, social and experiential learning. This is achieved through:

1. Fostering a high-quality, intellectually stimulating curricula centered on programs developed and led by university faculty, fellow OLLI members and others throughout the region;

2. Sustaining a positive, open environment that offers respect for sharing ideas and perspectives where people feel valued;

3. Connecting the university and lifelong learning community by serving as a gateway to university events and creating opportunities for involvement in teaching, research and service; and

4. Partnering with area organizations to support the mission of OLLI.

VISION STATEMENT

Our vision is to be a diverse, member-driven organization committed to being an exceptional community of lifelong learners.

WHO WE ARE

OLLI at UNCW is a membership organization which seeks to foster lifelong learning opportunities, individual growth and social connection. Funded in part by the Bernard Osher Foundation, we are part of a national network of 119 lifelong learning institutes on college and university campuses in each of the 50 states (plus the District of Columbia). The common threads among members of the network are: lifelong learning programs specifically developed for “seasoned” adults age 50+; university connection and support; volunteer leadership; faculty engagement and a diverse selection of intellectually stimulating courses.

We depend on OLLI members to contribute to the success and growth of OLLI at UNCW by serving as volunteers on our advisory board and committees.

BECOMING A MEMBER

Membership is a requirement for enrollment in all OLLI courses or events, except for Met Opera Live in HD and National Theatre events.

- Semester Membership: $30 (Jan. 1 – June 30, 2016)

Membership entitles you access to all courses and activities, members-only special events, as well as the many advantages of being a member of the UNCW family.

It’s easy to join! Go to our website at www.uncw.edu/olli or call our registration office at 910.962.3195.

OLLI at UNCW is the region’s best opportunity for lifelong learning for people age 50+
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REGISTRATION OPENS JAN. 6
Vermeer and the Contemporary Mind
with Michael White, Ph.D.
Monday, Feb. 1  •  Noon – 1:30 p.m.
$25  •  Register by Jan. 25

In the past two or three decades, Vermeer has become a household name. It is startling to think that a century ago, he was so little regarded that his magnificent painting, Girl with a Pearl Earring, sold for around $12 at an auction. Today, he is among the most revered painters of all time. Michael White offers a very personal view on Vermeer's work. His memoir, Travels in Vermeer, was longlisted for the 2015 National Book Award. White has taught at UNCW since 1994 and chairs the creative writing department. His four prize-winning poetry collections are The Island, Palma Cathedral, Re-entry and Vermeer in Hell.

Local Seafood: What, When and Where in N.C.
with Scott Baker, M.S.
Tuesday, March 1  •  Noon – 1:30 p.m.
$25  •  Register by Feb. 23

North Carolina is home to some of the most diverse commercial fisheries and seafood items on the East Coast. At this luncheon, participants will learn about the North Carolina seafood industry and seafood availability with emphasis on both popular and under-appreciated species. Attendees will receive an N.C. Sea Grant seafood availability calendar and/or wallet cards. Scott Baker is a fisheries extension specialist with the N.C. Sea Grant Program, based at the UNCW Center for Marine Science. He has more than 20 years of experience in marine fisheries, working with the commercial and recreational fishing communities to understand and apply the latest in fisheries management, research and technology. Baker holds a master's degree in oceanography and coastal sciences from Louisiana State University and a bachelor's degree in biology from the University of North Carolina Chapel Hill.

Behind-the-Scenes at Cape Fear Community College Humanities and Fine Arts Center
with LaRaisha Burnette
Wednesday, April 27  •  10:30 a.m. – Noon
$20  •  Register by April 20

Prominently located in historic downtown Wilmington, the CFCC Humanities and Fine Arts Center adds state-of-the-art learning spaces for our region in a newly opened arts facility. It includes the largest performing theater in the area, designed to accommodate Broadway touring productions, concerts, symphonic performances and other events. The building also houses a studio/black box theater and an outdoor conservatory for performances with a 600-person capacity. Center Services Coordinator LaRaisha Burnette leads the tour leads a tour of the building, including a brief description of its history and program line-ups, followed by a boxed lunch.

The Overbearing Genius of Frank Lloyd Wright
with Elliot Engel, Ph.D.
Tuesday, May 3  •  6 – 8 p.m.
$40  •  Register by April 26

Widely recognized as America's greatest architect, Frank Lloyd Wright's personal life was known as anything but great, yet the chaotic and often unwise relationships he had with women demonstrate the same original and non-conformist passions that shaped his brilliant professional career. Using anecdotes, analysis and large doses of humor, historian and storyteller Elliot Engel vividly brings to life this 20th-century giant.

Elliot Engel is sponsored in part by Brightmore of Wilmington.
Come join other like-minded newcomers and avid learners for the opportunity to familiarize yourself with the Cape Fear region, including our government (state and county), volunteer opportunities, education structure, local law enforcement, cultural arts and media. This program offers the unique opportunity to meet and interact with prominent elected officials and leaders. Enjoy the opportunity to discuss important economic, educational, cultural or media-related issues facing Wilmington. **JOIN US.**

Feb. 8, 9, 11, 12, 15 and 16 • 8 a.m. – 4 p.m.

**Individual: $250 + OLLI membership fee**

Register by Jan. 20, 2016

Tuition includes daily catered lunch, participant notebook, handouts and a graduation ceremony.

Register online at [www.uncw.edu/olli](http://www.uncw.edu/olli) or call 910.962.3195

If you need more information on this program, call 910.962.3644.

Once registered, someone will contact you to welcome you and provide a bio/data sheet for you to complete.

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**OLLI COURSES**

**ART AND ART HISTORY**

**Quest for the Divine: Michelangelo**

*with Benjamin Billingsley, M.F.A.*

**Thursdays, Feb. 4 – 18**

Three sessions • 6 – 7:30 p.m.

$45

Register by Feb. 3

More than 500 years after his birth, the Italian sculptor, painter, architect and poet Michelangelo remains one of the most famous and influential artists of all time. Noted for the *David*, *Pietà*, the Sistine Chapel ceiling and more, he was nicknamed “Il Divino” (the divine one) and was revered in his lifetime. From his childhood apprenticeship to the commission to finish St. Peter’s Basilica in Rome, Michelangelo’s life was full of great drama and mystery. Join Benjamin Billingsley for a look into the life and work of this fascinating Renaissance man.

Benjamin Billingsley is a painter and printmaker living in Wilmington. He holds an M.F.A. from UNC Greensboro and has exhibited work in the southeastern United States as well as in Estonia, Russia, Japan and Latvia; he has done two artist’s residencies at Pedvale Open-Air Art Museum in Sabile, Latvia. Billingsley is a regular participant in the large-scale, woodblock, steamroller printing events hosted by Cape Fear Press and UNCW. He has provided artwork for four books of poetry by Jason Mott and Daniel Nathan Terry. He teaches studio art and art history at Cape Fear Community College.

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**ADULT SCHOLARS LEADERSHIP PROGRAM**

Get to know your community through the}

Come join other like-minded newcomers and avid learners for the opportunity to familiarize yourself with the Cape Fear region, including our government (state and county), volunteer opportunities, education structure, local law enforcement, cultural arts and media. This program offers the unique opportunity to meet and interact with prominent elected officials and leaders. Enjoy the opportunity to discuss important economic, educational, cultural or media-related issues facing Wilmington. **JOIN US.**

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COMMUNICATION

**SpeakEasy: Public Speaking with Confidence**  
*with Sandra Moulin, B.A., M.A.*  
**Wednesdays, March 16 – 30**  
Three sessions • 1 – 2:30 p.m.  
$45  
Register by March 14

Public speaking is one of the most terrifying experiences for many people. In this class, students engage in a hands-on approach to learning and honing public speaking skills that will serve them well in front of groups, as well as in social situations. This course will take the edge off the fear and build the confidence needed for both leadership and performance roles.

Sandra Moulin has been an active Toastmaster for many years, currently serving as vice president of public relations for Lamplighters Toastmasters. She is an accomplished public speaker and has been an active teacher for OLLI. Moulin engages students in interactive ways to learn and hone the skills necessary to succeed in front of an audience without fear.

**COMPUTER SCIENCE**

**Hacking and Tracking in the 21st Century**  
*with Daniel Venese, M.S.*  
**Tuesdays, Jan. 19 and 26**  
Two sessions • 3 – 4:30 p.m.  
$30  
Register by Jan. 18

Hacking of PCs has become commonplace in recent years. This course explores less well-known ways you can be hacked and, consequently, tracked. These include biometrics, such as fingerprints and your gait; devices including your home router and thermostat; your cellphone’s accelerometer, search history, and medical records.

Dan Venese, an OLLI member, started working in computer security in the 1970s and has an M.S. in computer science. He has worked on sensitive computer systems for government and corporate clients. He has extensive experience designing security architectures for large-scale systems, performing security assessments and conducting a variety of security studies.

**Managing Your Digital Existence**  
*with Daniel Venese, M.S.*  
**Thursdays, March 10 – 17**  
Two sessions • 2 – 3:30 p.m.  
$30  
Register by March 9

Modern digital devices – smart phones, digital cameras, tablets, computers and smart home devices – abound. They offer unparalleled convenience and capabilities, yet are frustratingly complex and prone to error. This course helps attendees define their personal technical profile and capabilities, as well as discover techniques to deal with the digital world.

see bio, left

**BECOME AN OLLI MEMBER TODAY!**

To become a member and register for programs, visit www.uncw.edu/olli  
or call our registration office at 910.962.3195
CREATIVE WRITING

Story of Your Life I
with Fracaswell Hyman, B.F.A.
Wednesdays, Feb. 10 – March 16
Six sessions • 10 a.m. – Noon
$70
Register by Feb. 8

Every life has a story, a purpose, a lesson – a plot. Using guided autobiography, a semi-structured process for life review, we help you unearth the roots of memory and write “The Story of Your Life,” two pages at a time. The course utilizes a series of life themes that helps gain access to memories and organize them in a way that honors the complex threads that shape our lives. By writing two pages each week and sharing in small groups, participants gain an appreciation for the direction their lives have taken and an understanding of how their personal identity has been shaped by the crosscurrents in their lives.

Fracaswell Hyman, a certified guided autobiography instructor since 2008, is an award-winning television writer (Humanitas Prize, Alma Award, Peabody award), playwright, director and producer who has created and executive produced successful live-action “The Famous Jett Jackson,” “Romeo,” “Taina”) and animated “Little Bill” television series for Disney and Nickelodeon. Hyman has led “Story of Your Life” workshops in schools and senior centers, and churches in Los Angeles and online. Hyman is an OLLI member and OLLI Advisory Council member.

Story of Your Life II
with Fracaswell Hyman, B.F.A.
Wednesdays, April 13 – May 18
Six sessions • 10 a.m. – Noon
$70
Register by April 11

As we continue our journey through the past two pages at a time, we use new themes and priming questions that guide us to stories we share with the group. Continue to explore writing tips that help make our writing as clear and vivid as possible. This class is open only to those who have completed Story of Your Life I.

ENVIRONMENTAL SCIENCE/ GEOLOGY

Offshore Energy: Summary, Pros and Cons of The Atlantic Outer Continental Shelf
Wednesdays, Jan. 27 – Feb. 3
Two sessions • 2 – 3:30 p.m.
$30
Register by Jan. 26

This course will provide background to the issues of offshore oil, gas and wind energy. Presentation will be made in an objective fashion to illustrate the pros and cons of the energy sources while providing information from geology to seismic to biological considerations.

Roger Shew, a native of southeastern North Carolina, has a passion for the unique ecosystem of the coastal plains. With a master’s in geology from UNC Chapel Hill, Shew worked for Shell Oil Co. in New Orleans and Houston for 20 years. He has been teaching geology and environmental science at UNCW for 14 years. Shew is actively involved with the Cape Fear River Watch and the Cape Fear Arch Conservation Collaboration; he also serves on the Sustainability Committee at UNCW. Shew and his wife work closely with the Nature Conservancy on studies of Venus Flytraps, endangered species and longleaf pine restoration.

FILM

Films on Location: Italy
Fridays, Feb. 19 – March 18
Five sessions • 1:30 – 4 p.m.
$25
Register by Feb. 18

Italy provides the amazing setting for this casual afternoon film club. Come to OLLI to watch and discuss a selection of five delightful English language films, all set in Italy. Whether you are going to Italy on tour or just dreaming of gorgeous Italian art and architecture, you’ll enjoy escaping to the romance of Italy on film. Screenings will include A Room with a View (1985), Enchanted April (1991), Where Angels Fear to Tread (1991) and more!

VOLUNTEER

Consider joining the Volunteer Team today!

Course Ambassadors
Event Assistants
Opera Ushers
Committee Members

Go to uncw.edu/olli, choose volunteer and fill out the volunteer form.
FOREIGN LANGUAGE

Spanish for Travelers  
with David Mesa Muñoz, M.A.

Wednesdays, March 30 – April 27  
Five sessions • 6 – 8 p.m.  
$65  
Register by March 29

Hola! Would you love to be able to express yourself in Spanish while travelling or in an everyday situation? Join native speaker David Mesa Muñoz to learn basic Spanish greetings and expressions at a beginning, conversational level. This course uses the communicative language approach, which involves conversational activities and role-playing in a relaxed atmosphere. It is never too late to learn a foreign language.

David Mesa Muñoz is from Cordoba, Spain. He studied translation and interpretation at the University of Granada, earning two master’s degrees – one teaching English as a Second Language and a second in translation and cognition. He has a passion for foreign languages, travel and teaching. Mesa Muñoz teaches Spanish full-time at UNCW.

GEOGRAPHY

La Dolce Vita: Italian Food, Culture and Geography  
with Giulia Orvieto, M.A.

Mondays, Feb. 15 – 29  
Three sessions • 3 – 4:30 p.m.  
$45  
Register by Feb. 12

What is it that makes the Italian culture so...Italianissimo? Join us for a light-hearted exploration of the fascinating Italian culture. The first session surveys the geography of the peninsula and its diverse regions. The second session focuses on language, including the roots and charming use of hand gestures. The final session considers Italians’ great passion for food, wine and la dolce vita (the sweet life) as a cultural identity.

Giulia Orvieto, a native Italian, received her B.A. and M.A. in linguistics and teaching of foreign languages from the Università di Verona, Italy. Her undergraduate thesis focused on the poetry of Goethe, and her master’s thesis explored the linguistic aspects of Germanic mythology from the 13th century. Orvieto teaches German and Italian at UNCW.
HISTORY

The Renaissance in Italy
with William McCarthy, Ph.D.

Tuesdays, Jan. 19 – Feb. 2
Three sessions • 6 – 7:30 p.m.
$45
Register by Jan. 18

The Italian Renaissance was a period of great cultural change during the 14th, 15th and 16th centuries. Discover the period known for flourishing commerce, art and architecture, as well as movements of humanism, protoscience, magic and medicine. The course explores some of the political framework of Venice, Tuscany, Naples, and the Papacy.

William McCarthy received his Ph.D. in European history from Boston University. He teaches courses on early modern Europe, Spain, colonialism and maritime history in the UNCW history department. His research interests include the history of early modern global sailors, shipboard life, sailortowns, and deserters. His publications have appeared in The Colonial Latin American Historical Review, the International Journal of Maritime History and the Bulletin of the Association for Spanish and Portuguese Historical Studies.

Women to the Ramparts: The Influence of Women in War and Politics in Medieval England
with Larry Usilton, Ph.D.

Tuesdays, Feb. 9 – 23
Three sessions • 6 – 7:30 p.m.
$45
Register by Feb. 8

This course seeks to refute the notion that Medieval damsels spent all of their time spinning, weaving, supervising the work of household servants and having children. Using England as a case study, consider the accomplishments of queens and other ladies of import, especially in the realm of war and politics, from the Anglo-Saxon period to the Wars of the Roses in the 15th century. Largely neglected by the chroniclers of the era, these women – Emma of Normandy, Empress Matilda, Eleanor of Aquitaine and Margaret of Anjou, among others – helped to shape the future course of England’s history.

Larry Usilton holds a Ph.D. from Mississippi State University. He joined UNCW’s faculty in 1971. He teaches Western Civilization, a variety of courses on the Crusades, the Black Death and the kings of medieval England. Publications include two books, The Kings of Medieval England and Conduits of History: A Sourcebook for the Study of Western Civilization. Since 1991, Usilton has taken students, parents and others on tours of the British Isles and continental Europe.

The Jewish Holocaust
with Jarrod Tanny, Ph.D.

Wednesdays, March 30 – April 20
Four sessions • 6 – 7:30 p.m.
$60
Register by March 29

This course surveys the Holocaust, the state-sponsored systematic genocide of European Jews, concocted and unleashed by Nazi Germany. Look at Adolf Hitler’s rise to power, the Nazi conquest of the Europe and the subsequent segregation, dehumanization and murder of the Jews. The course examines Nazi Germany and its Jewish victims in their historical context: What allowed Nazism to triumph? Why were the Jews selected for extermination? To what extent did the other peoples of Europe participate in the carnage? These are just a few of the questions we will tackle in our investigation of the 20th century’s greatest tragedy.

Jarrod Tanny is associate professor of history and the Charles and Hannah Block Distinguished Scholar in Jewish History at UNCW. Between 2008 and 2010, he was the Schusterman post-doctoral fellow in Jewish Studies at Ohio University. He received his Ph.D. from the University of California at Berkeley, focusing on Russian and Jewish history. Originally from Montreal, Canada, he completed an M.A. at the University of Toronto and a B.A. at McGill University.

His book, City of Rogues and Schnorrers, was published in 2011 (Indiana University Press). He is working on a larger study on Jewish humor in post-World War II America and its place within the larger context of the European Jewish past.

American Social History: The Harlem Renaissance
with Glen Anthony Harris, Ph.D.

Mondays, April 4 – 18
Three sessions • 6 – 7:30 p.m.
$45
Register by April 1

This course posits that the origins of the Harlem Renaissance can be found in the antagonistic discussion between Frederick Douglass, Booker T. Washington and W.E.B. DuBois from the last half of the 19th century and the first decades of the 20th century. The Harlem Renaissance is important because it demonstrates the appearance of a willingness, perhaps even an eagerness, to re-evaluate the social, political and intellectual status of black Americans during the 1920s.

Glen Anthony Harris received his Ph.D. from Florida State University and has taught at North Carolina Central University, North Carolina A&T State University and Florida A&M University before joining UNCW's
hispanic department in 2002. He is the author of The Ocean Hill-Brownsville Conflict: Intellectual Struggles between Blacks and Jews at Mid-Century (Lexington Books, 2012), which examines the role that certain black and Jewish writers and intellectuals played in the characterization of black-Jewish relations in relation to the 1968 school conflict. Harris offers courses in African American history, United States history, the Harlem Renaissance, United States since 1945, the Civil Rights Movement, and Hollywood and Black Film.

**United States Navy WWII Carrier Aircraft**

*with John Lynch, B.E. civil engineering, M.B.A.*

Thursday, April 28
One session • 10 a.m. – Noon
$15
Register by April 27

Learn about the planes that won WWII in the Pacific. John Lynch presents the types of planes: fighters, dive bombers and torpedo bombers. Explore in detail their engines, design, engineering, manufacture and deployment, with plenty of photos and videos to detail the specifics.

John Lynch is a retired Civil Engineer Corps officer and a private pilot who has developed an in-depth understanding of these planes, their development and history. He is a tour guide on the USS Yorktown (CV 10) at Patriots Point, Mount Pleasant, S.C. The Yorktown is a WWII aircraft carrier and has examples of all the U.S. Navy planes that flew off U.S. carriers in WWII.

**Brazilian Musical Traditions**

*with Natalie Boeyink, D.M.E.*

Mondays, Jan. 25 – Feb. 15
Four sessions • 6 – 7:30 p.m.
$60
Register by Jan. 22

Just in time for the 2016 Olympics in Rio de Janeiro, this course introduces participants to the diverse musical styles of Brazil. Learn about the African, Portuguese and other European influences that created Brazilian music. Explore Bahia, the center of Afro-Brazilian music; Northeastern Brazil with its cowboy music, exciting maracatu and frenzied frevo; and Rio de Janeiro, known the worldwide as the birthplace of bossa nova.

Bassist Natalie Boeyink is the newest member of the jazz department at UNCW. A graduate of the Indiana University Jacobs School of Music, Boeyink has performed with Lorraine Feather, Jovino Santos Neto, Joe Piscopo, David “Fathead” Newman and John Hendricks. In 2014, she was awarded a Tinker Grant for travel to Brazil to study Brazilian bass styles. In 2015, her group Batuque Trio released its debut album, Transparency, which highlights their fusion of contemporary Brazilian, American and Afro-Cuban jazz.
Opera: Monteverdi to Mozart
with David Williams, M.M.

Thursdays, Feb. 4 – 18
Three sessions • 2 – 3:30 p.m.
$45
Register by Feb. 3

Enjoy an overview of opera from its earliest beginnings in the hands of the first great opera composer, Claudio Monteverdi, to the innovations and refinements of Mozart. The course includes a brief exploration of the baroque operas of Handel and the Age of the Castrato.

Educated at Western Kentucky State University, University of Wichita and North Texas University, David Williams is now in his 50th year of college teaching. His career includes solo singing, performing opera and choral conducting. He teaches at Cape Fear Community College, sings as cantorial soloist for Wilmington's Temple of Israel, helps with local church choirs, serves on the board for Opera Wilmington and performed in Opera Wilmington's productions of "The Merry Widow," "Aria Night" and "Rigoletto."

Inside Opera: Mozart’s Così fan tutte
facilitated by Helena Spencer, Ph.D.

Fridays, April 1 – 15
Three sessions • 4 – 5:30 p.m.
$45
Register by March 30

This course takes participants inside the history and interpretation of Mozart and da Ponte’s opera Così fan tutte, to be staged in summer 2016 by Opera Wilmington. As part of an applied learning initiative, advanced UNCW students from MUS 495: Seminar in Music and MUS 333: Opera Workshop present their research on topics related to this opera buffa masterpiece, including its literary origins, Mozart's musical characterizations, problems of gender/sex and ethnic representation and historical vs. present-day performance practices. Live musical examples will be provided by student cast members, understudies and chorus members from Opera Wilmington’s production.

Helena Kopchick Spencer is assistant professor of music history and bassoon and is affiliated faculty in Women's and Gender Studies at UNCW. She is a musicologist specializing in 19th century French opera and ballet, with a secondary research area in Tudor-era sacred polyphony. Spencer holds degrees from the Cleveland Institute of Music (B.M. performance) and the University of Oregon (M.M. performance, Ph.D. musicology), with additional studies at Michigan State University.

Special Invitation from Thalian Hall
A Day at the Theatre with OLLI Friends

MARY TUDOR
Saturday, Feb. 20 • Noon – 4:30 p.m. • $40

Thalian Hall hosts the East Coast premiere of an acclaimed play, “Mary Tudor.” The title character is Henry VIII’s older daughter and Elizabeth I’s half-sister, who went on to rule England as “Bloody Mary.” Set at the height of Henry’s power, when he decides to divorce Mary’s mother to marry Anne Boleyn, the play sold out virtually every performance during its world premiere run in Portland, OR, and was hailed as “a beautiful piece of work” and “unforgettable” by Portland critics.

OLLI members from UNCW and North Carolina State University are invited to attend the 2 p.m. matinee performance, with an exclusive pre-performance luncheon and lecture beginning at noon. The speaker, who will be in period costume, is Anne Barnhill, historical novelist whose works include At the Mercy of the Queen: A Novel of Anne Boleyn (St. Martin’s Press, 2012).

Registration is directly through Thalian Hall at 910.632.2285.

Taxes and fees may apply.
Registration includes performance, catered lunch and lecture.
The luncheon and lecture will be hosted at Ironclad Brewery (115 N. 2nd St.), less than two blocks from Thalian Hall. Visit www.thalianhall.org for more information.
OLLI LITERARY CLUB

The OLLI Literary Club invites you to explore great literary works. Each session is led by a guest speaker.

Tuesdays, Feb. 2 – April 5
Three sessions  •  2:30 – 4 p.m.
$45
Register by Jan. 30

Session I

Cormac McCarthy’s No Country for Old Men with Michael Ruwe, M.A.
Tuesday, Feb. 2

No Country for Old Men is a 2005 novel by Cormac McCarthy, Pulitzer Prize winning author of The Road. The story, set near the United States-Mexico border in 1980, follows a drug deal gone awry. The novel is described as a “breathlessly paced crime thriller,” but is also an exploration of greed and honor in an increasingly mercenary civilization.

Michael Ruwe has degrees in English and music. He taught English composition and literature at UNCW for several years and serves as the learning services coordinator in the University Learning Center.

Session II

Miles Franklin’s My Brilliant Career with Paula Kamenish, Ph.D.
Tuesday, March 1

This funny and inspiring novel, written by a teenager living in the Australian bush in the 1890s and originally published in 1901, is a candid representation of the aspirations and frustrations of a girl constrained by middle-class social arrangements. The narrative voice is strong and spirited, while the descriptions of the outback capture the rough and arid setting. The protagonist describes her life thus: “If the souls of our lives were voiced in music, there are some that none but a great organ could express, others the clash of a full orchestra, a few...the...exquisite sadness of a violin...and mine could be told with a couple of nails in a rusty tin pot.”

Paula Kamenish is an associate professor of English who holds an M.A. and Ph.D. in comparative literature from UNC Chapel Hill. She has been teaching in UNCW’s English department since 1992 and has been awarded the UNCW Distinguished Teaching Professorship and the UNCW Board of Trustees Teaching Excellence Award. Kamenish travels extensively and often leads university groups abroad. She speaks French and German and is a student of Spanish. Her book, Mamas of Dada: Women of the European Avant-Garde, was published in 2015 by University of South Carolina Press.

Session III

William Golding’s Lord of the Flies with John Denison, M.A.
Tuesday, April 5

A recipient of the Nobel Prize for Literature, William Golding used his experiences in the Royal Navy during World War II as a catalyst for his most popular and critically successful novel, Lord of the Flies. The idyllic tropical island on which a group of English schoolboys are stranded during wartime becomes the setting for Golding’s graphic, symbolic and meaningful depiction of the universal war between the forces of good and evil inherent in humanity. Written during the Cold War (1954), the problems faced by these innocent schoolboys and the disparate means by which they attempt to resolve those issues resonate profoundly in today’s world.

John Denison taught high school English and theatre arts for 37 years in New York State, where he also served as instructor at the Warner School of Education and Human Development at the University of Rochester. After retiring to Louisiana, he joined the adjunct faculty at Southeast Louisiana University, where he taught theatre history and acting. He has lived in Wilmington for nearly three years and is chair of the OLLI course committee.

PHILOSOPHY

A Primer on Political Theory with Matthew Eshleman, Ph.D.
Wednesday, Feb. 3 – 17
Three sessions  •  6 – 7:30 p.m.
$45
Register by Feb. 2

Join an introduction to thinking about political theory in a way that helps make sense out of complex, contemporary political issues. The instructor surveys several classical theories and raises a number of basic questions concerning human nature and social ontology.

Matthew Eshleman received his Ph.D. from Duquesne University, and he is an associate professor of philosophy at UNCW. His areas of interest include modern philosophy, French philosophy, existentialism and the philosophy of power.

Buddhism with Beverley McGuire, M.Div., Ph.D.
Wednesday, April 6 – May 4
Five sessions  •  2 – 3:30 p.m.
$65
Register by Feb. 5

Explore the philosophy, practices and historical development of Buddhist traditions in Asia and the West. Examine Buddhist ideas about suffering, impermanence and no-self, and how they influence Buddhist approaches to ethics. Consider similarities and differences between various types of Buddhist meditation.

Beverley McGuire is an associate professor of East Asian religions at UNCW. She earned a bachelor’s degree in comparative...
literature from Stanford University, a master's of divinity from Harvard Divinity School and a doctorate in East Asian languages and civilizations from Harvard University. As a historian of religion specializing in Chinese religions, especially late imperial and modern Chinese Buddhism, McGuire's intellectual interests include comparative religious ethics, religion and literature, and religion and media. Her first book, Living Karma (Columbia University Press, 2014), examined an important but overlooked figure in Chinese Buddhist history, a monk named Ouyi Zhixu (1599-1655).

PHYSICS
How the Internet Works
with John LaSala, Ph.D.

Wednesdays, Feb. 10 – March 2
Four sessions • 1 – 2:30 p.m.
$60
Register by Feb. 9

Ever wonder how this amazing communications system actually works? What is the physical means by which enormous volumes of information can be moved around so quickly and arrive at intended destinations? How is your data kept secure, and how is it sometimes compromised? How does the Internet reach out from cables in the ground to your cell phone, wherever you may be? Explore these questions and others, including the vulnerability of individuals, institutions and infrastructure to cyber attacks. Learn the history of the Internet, how it is implemented physically and topologically, how it is managed, how cryptography works and how it all connects into your daily life. The instructor guides students along this study through example, analogy and demonstration.

John LaSala earned his doctorate in applied physics at Stanford University in 1987, and as an active duty U.S. Army officer he served a total of 12 years as a physics professor and lab director at the United States Military Academy, West Point. Upon retirement from the Army, he spent 15 years in private industry, where he applied his expertise in lasers and optics to develop new products and businesses. Before moving to Wilmington, he served as the Class of ’67 Endowed Professor of Physics Chair at West Point, where he developed a new course on renewable energy. He is a graduate of UNCW’s Adult Scholars Leadership Program and volunteers as a business student mentor in the Cameron Executive Network.

PUBLIC AND INTERNATIONAL AFFAIRS
Great Decisions 2016
facilitated by Remonda Kleinberg, Ph.D., L.L.M.

OLLI members have been invited to attend the lecture portion of this UNCW course.

Tuesdays, Jan. 12 – March 1
Eight sessions • 7 – 8:45 p.m.
$40
Register by Jan. 11

Great Decisions at UNCW is an annual political science course organized by professor Remonda Kleinberg that has been attended by hundreds of UNCW students and lifelong learners. The purpose is to educate students from all majors about issues of vital importance to American foreign policy, to provide the information to make informed decisions about the topics and encourage participation in the foreign policy process. Highly respected guest speakers give their own twist and focus to the topics at hand.

Run by the Foreign Policy Association in New York, “Great Decisions” is the oldest and largest grassroots educational program on world affairs of its kind in the country, with about 350,000 overall participants. Each year, eight topics are chosen by a panel and in-depth articles on each subject are prepared by experts. The articles go into the Great Decisions book that appears with new content every January.

The topics for 2016 include: Middle East, The Rise of ISIS, The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change and Cuba and the U.S.

Course Text: Great Decisions 2016
Available online at www.fpa.org.

TECHNOLOGY
Free Tools From Google
with Jeff Ertzberger, Ed.D.

Tuesdays, Feb. 9 – 23
Three sessions • 3 – 4:30
$45
Register by Feb. 8

Did you know that Google has a free flight simulator or can give you free voicemail? Google, the search engine company, provides much more than just Internet searches. In this survey course, learn how Google grew to be one of the most dominant technology companies in the world in less than a decade and be exposed to many useful free programs available online from Google. Participants receive handouts that will show how to access all the great sites shown in the presentation.

A lifelong educator, Jeff Ertzberger is director of technology for the Watson College of Education at UNCW. During his career, he has been a classroom teacher and specialist for the N.C. Department of Instruction. His research interests are games in education, using technology effectively in education, instructional design and Web-enhanced instruction. Ertzberger’s unique experiences and personality allow him to present sometimes complex technologies in ways that are understandable and fun. In 2006, he was awarded a Microsoft Innovative Teachers award.
Feb. 29  Employing Expressive Arts to Heal
with Lorraine Perry, expressive arts therapist
An extensive educational background, including bachelor's and master's
degrees in such varied subjects as art education, psychology, expressive
arts and health sciences has led Lorraine Perry from New York, to
Wilmington, overseas to England and back to Wilmington. She has used
her knowledge as a healing arts counselor for New Hanover Regional
Medical Center and most recently as bereavement counselor and healing
arts counselor at Lower Cape Fear Hospice. She will share how she uses
the expressive arts to heal through therapy.

March 7  Creating Unique Wearable and Decorative
Fiber Art
with Louise Giordano, fiber artist
Self-taught fiber artist Louise Giordano designs and creates remarkable,
one-of-a-kind wearable and decorative art. She also markets her
products via websites and numerous online venues. She has studied
felting, knitting and crochet and participated in many juried exhibitions
and shows. She shares her experience through teaching as well.

March 14  What Do You Get When You Combine
Silver Pieces with Clay?
with Kim Seastrom, jewelry artist
A degree in business management has served Kim Seastrom well, both
in her work in banking and now with her jewelry-making business. Many
years ago, she began to experiment stringing beads with varieties of items
such as Czech glass and pearls, semiprecious gems and metal beads.
Eight years ago, she was exposed to precious metal clay (PMC) and
after studying the use of the medium, she chose it as the ideal material
because it is capable of texture application. She crafts unique silver
pieces and uses PMC to form jewelry. She will demonstrate her art during
the presentation.

March 21  A Musical Journey Through Life
with Paula Brinkman, director, Wilmington Choral Society
As musical director and conductor of the Wilmington Choral Society, Paula
Brinkman shares her journey of 35 years as a music educator. She has
studied with some of the great choral music teachers and performed with
such musical legends as Aaron Copland, James Levine, Sarah Caldwell
and many others. Her work has been recognized multiple times, including
being named to Who's Who Among America's Teachers and Who's Who
of American Women, as well as being a recipient of the Murray Award for
Excellence in Education.
March 28  Moving Life’s Focus from the Technical to the Artistic  
with Liz Hosier, artist

For 30 years, Liz Hosier was an information technology professional. But after retiring seven years ago, she answered the urge to follow her own artistic voice. Having studied both studio and art history, she has now explored new techniques and media. She will bring her unique artistic insight and share it during her presentation.

April 4  Capturing the Beauty of the World Through Photography  
with John Mehalik, photographer

The magic of creating an image through photography has long fascinated photographer John Mehalik. For many years, he taught photography and now, as a retiree to the Wilmington area, he is inspired by the shadows and light found in the beauty of coastal Carolina. Mehalik explains how practicing photography of natural and manmade objects enables him to share his view of the world.

April 11  Combining Words and Art to Leave a Legacy  
with Lynn Olsen, writer and acrylic artist

Lynn Olsen taught English, Spanish and humanities for 30 years. A prolific writer, she has written more than 14 books, including two poetry books. She will talk about leaving a legacy through memoir writing and share how to make beautiful acrylic art forms using simple devices.

April 18  Designing Theatre Productions Shapes a Life  
with Max Lydy, technical director and sound designer

As an assistant professor at UNCW, Max Lydy draws on his many years of working with theatre and dance companies, off-Broadway productions designing scenery, lighting or sound as well as more than 20 years of teaching. His credits also include design work for the PBS series “Dance Talks” and the off-Broadway production “The Diary of Anne Frank.” Lydy explains how his background led to the interesting life of design in a special on-site presentation at the theater in the Cultural Arts Building at UNCW.

The NC Symphony kindly offers discounts to members of OLLI at UNCW to select performances. Discounts are valid on best available, section A seating and are only available by calling the Symphony Box Office at 919.733.2750 and mentioning the promo code. The promotional code is given upon the purchase of an OLLI membership. This offer is not retroactive or available at the door.

Restrictions may apply.
### TUESDAYS with PLATO

PLATO (People Learning Actively Teaching Ourselves) is meaningful and fun peer interaction at its best. Classic PLATO sessions are led by guest speakers while book and international issue sessions are led by PLATO members.

**Tuesdays, Jan. 26 – April 26**

12 sessions • 10 a.m. – Noon

$60 • Register by Jan. 25

*chaired by Michael Heeb*

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<td>Energy in the Wind, led by John LaSala, Ph.D.</td>
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<td>Guest Speaker: Judicial System in New Hanover County, with J.H. Corpening, chief district court judge for the 5th Judicial District</td>
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<td>Guided Autobiography, led by Cas Hyman</td>
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<td>March 8</td>
<td>Guest Speaker: Access for All: The Essential Role of Public Libraries in an Information Society, with Paige Owens, assistant director of New Hanover County Public Library</td>
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<td>March 15</td>
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<td>March 29</td>
<td>Codes and Ciphers “101,” led by Cort Barnes</td>
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<td>April 5</td>
<td>Guest Speaker: James Holmes, superintendent of the New Hanover Correctional Center</td>
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<td>April 12</td>
<td>From Baby Boomers to Millennials – Who Are These Groups?, led by Rich Cooper</td>
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<td>April 19</td>
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<td>April 26</td>
<td>Genetic Engineering, led by Mike Wang</td>
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Feb. 3  Catherine the Great: What Could She Teach Vladimir Putin?
Susan McCaffray, UNCW professor of history, asserts that Catherine the Great was possibly Russia's greatest ruler. Among other things, she was the first to annex the Crimea. McCaffray explains Catherine's considerable achievements and how her legacy affects Russia even today.

Feb. 10  Your 911 Center: What Can It Do for You Before, During and After an Emergency?
Debora Cottle, New Hanover County 911 manager, shares information about the emergency response system and how it works to serve the community.

Feb. 17  Women, Art and Devotional Agency in the Late Middle Ages
Let's face it, the Middle Ages were not kind to women. Women were generally categorized as one of three types: virgins, mothers or whores. They had little control over their own lives or faith. Vibeke Olson, UNCW associate professor of art and art history, explores how medieval women may have used art and devotion as a mode of empowerment.

Feb. 24  Women's Conditions: A View from the Global 21st Century
Regina Felix, UNCW associate professor of Portuguese and Brazilian studies, considers important issues affecting women's lives in our own and other societies today. She focuses on a retrospective of Brazilian women through literature and film to explore topics like communal interactions, environmental health and educational opportunity that impact women around the world.

March 2  Writing Beyond the Stereotype of Chinese Women
May-lee Chai, UNCW assistant professor of creative nonfiction/fiction, uses her extensive research on the changing roles of Chinese women, as well as her memoir, *The Girl from Purple Mountain*, which is set against the shifting tides of 20th century China, to explore an extraordinary family story and to illustrate how Chinese women today differ from historical stereotypes.

March 9  Instilling Sustainability in Our Youth
Megan Foster, UNCW elementary education graduate student and guest speaker at the 2015 Appalachian Energy Summit at Appalachian State University, discusses the importance of educating young children about clean energy and the global environment.

March 16  Eleanor Roosevelt: “A Continuing Story”
Joanna Clancy, a scientist, OLLI advisory council member and an active leader in OLLI special interest forums, tells the story of Eleanor Roosevelt years after she left the White House. Vigorously promoting the humanitarian causes so close to her heart, Eleanor earned the title, “First Lady of the World.”

March 23  Ordinary Icons of Extraordinary Change
How can a nurse, a seamstress, an educator, a political candidate and a charity worker help explain the history of the 20th century? Jan Davidson, Cape Fear Museum’s historian, explores how material culture can shine a light on women’s lives. Davidson shows how artifacts can help us understand women’s lives in the Cape Fear region and their social and economic impact.

March 30  From Farm to Table
Jane Steigerwald, executive director for Feast Down East, describes how this grassroots organization has been working to improve our local food system and economy by helping small-scale farms connect with consumers and increase access to healthy, affordable, local food for all socioeconomic groups while improving the health and wellbeing of communities.

April 6  “Meg’s Great Rooms”
Meg Caswell, interior designer and winner of HGTV “Design Star” season six, shares her interior decorating expertise on how to transform boring rooms into beautiful spaces. She gives us a behind-the-scenes look into what it’s really like to film a reality TV show and shares some of the great rooms from two seasons of her own show on “Meg’s Great Rooms.”
Science and Environmental Academy (SEA) and Coffee meets weekly to present relevant topics from the fields of science and the environment. UNCW professors, as well as knowledgeable community presenters, share their expertise and offer opportunities for enjoyable interaction in a friendly, relaxed setting.

Thursdays, Jan. 28 – April 21
13 sessions • 10 a.m. – Noon
$60 • Register by Jan. 27

chaired by Meredith Glicksman and Bill Murray

The spring 2016 program was developed by committee members Jerry Donaldson, Molla Donaldson, Meredith Glicksman, Bill Murray, Valerie Robertson, Eric Robinson, Art Seifert, Linda Seifert and Sue Zarutskie.

Jan. 28  The Science Behind Strategies to Optimize Wellness and Achieve Lasting Weight Loss
The fitness community and weight loss industry are full of misinformation and complicated routines to follow. Learn how science has contributed to identifying what really works, and see how easy it is to apply this science to achieve lasting fitness and wellness results.

Chris McAbee, director of Corporate Health Live Oak Bank, co-owner Wilmington Performance Lab

Feb. 4  Whatever Happened to the 4-H Clubs?
For more than 100 years 4-H Clubs have embraced the idea that youth are the single strongest catalyst for change. What began as a way to provide rural youth new agricultural skills, today has grown into a global organization with science programs that educate on cutting-edge topics. The scope and range of the modern, local 4-H Club is explored.

Sabrina Woofter, M.S.; Leslie Dill, M.S.; Amy Mead and Tina Sharpe, NC State University Extension 4-H

Feb. 11  The Origins of Music and Its Importance in Our Lives
In this talk, explore the origins and importance of music. As practiced in every culture on the planet, music is one of the most widespread and multifaceted of all human experiences. Topics include music and the brain, its social importance and its role in promoting health and wellness.

Daniel C. Johnson, Ph.D., UNCW Department of Music

Feb. 18  Impact of Industrial Farms in North Carolina
The Cape Fear River Basin has the densest concentration of animal feeding operations on planet Earth. The impacts of these industrial farming operations on the environment and the communities around these facilities are immense. Cape Fear Riverkeeper Kemp Burdette discusses the rise of the factory farm, the impacts on water quality, the failures of North Carolina’s regulatory agencies to control the industry and the efforts to force the industry to clean up its act.

Kemp Burdette, Cape Fear Riverkeeper
Feb. 25  North Carolina Water Quality 101
North Carolina faces challenges and threats to the fresh water resource. Discuss the state’s role, responsibility and strategies for protecting, conserving and ensuring there is an ample supply of safe fresh water for the future. In addition, explore the state’s role/strategies for improving the quality of NC’s surface and ground water resources.

Jim Gregson, Linwood Peele and Diane J. Williams, N.C. Department of Environmental Quality

March 3  Landscaping for Wildlife: Creating Habitat for Wildlife in an Urban Environment
Expansion of urban areas and loss of wildlife habitat are growing concerns for those interested in wildlife conservation. This talk focuses on creating a backyard habitat that is both functional and aesthetically appealing for all wildlife, humans included.

Sam Marshall, M.S., NC State University Extension, Brunswick County

March 10  Living Shorelines: The Key to Maintaining Healthy Estuaries and Coasts
Sea level rise threatens many of our beaches and coastal communities, requiring regular maintenance. But what about the coastal estuarine systems that act as nursery areas for many species? Without these estuarine systems many of our commercial and recreational fisheries would not exist. Here we discuss the value of living shorelines to mitigate erosion, buffer sea level rise and support populations of important fish species.

Troy Alphin, M.S., UNCW Center for Marine Science

March 17  Innovation and Pricing of Medication: A Multivariate Perspective
In the course of his three decades in the marketing and management side of the pharmaceutical industry, Zito Sartarelli has had an opportunity to be involved in drugs being brought to the global marketplace. He will share his perspective on the multivariate elements of pharmaceutical pricing from consumers’ concerns and innovation to intellectual property to cost and competition.

Jose V. Sartarelli, Ph.D., Chancellor, UNCW

March 24  Natural Disasters
Is anywhere safe from natural disasters? Can we hide or should we learn to live with the hazards around us? We will explore the causes, effects and societal response to selected natural disasters. By learning from previous disasters, we can develop strategies to avert them or at least mitigate their effects. Examine a variety of natural hazards and related disasters including flooding, volcanoes, landslides, earthquakes, hurricanes and tsunamis.

Scott L. Nooner, Ph.D., UNCW Department of Geography and Geology and Center for Marine Science

March 31  Using Forests as Fuel: Tradeoffs in Carbon Emissions and Forest Sustainability
A recent policy in the European Union is leading to the harvesting of U.S. Southern forests to make wood pellets, which provide renewable, low GHG-emitting and efficient energy sources. Pellet production affects forests and timber markets. Carbon payback, forest sustainability, biodiversity and carbon neutrality are some of the scientific and public concerns with these new markets.

Karen Lee Abt, Ph.D., research economist, USDA Forest Service

April 7  Science and Politics
The call for improved use of science in policymaking often holds the perspective that science can and should direct decision-making. This view misses the key ingredient needed to help make sense of and resolve today’s most difficult issues: politics. In her talk, Jessica Weinkle explores the messy interface of science, policy and politics and will share reflections from her research on hurricane risk and insurance.

Jessica Weinkle, Ph.D., public and international affairs

April 14  Pollinators: What’s the Buzz?
Learn about some of the 500 native bee species in North Carolina that depend on natural habitat to thrive. Find out what threatens these populations and how we can help. Following the presentation, weather permitting, there will be an optional visit to the UNCW campus to find pollinators and other beneficial insects.

Nancy Lee Adamson, Ph.D., The Xerces Society and the USDA Natural Resources Conservation Service

April 21  The End of Plenty: The Race to Feed a Crowded World
Environmental journalist and agronomist Joel Bourne in his book, The End of Plenty describes political and human consequences of the problems of population growth, food production and alleviation of hunger in the world. Given the skyrocketing population, experts now say that we must grow as much food in the next four decades as we have since the beginning of civilization. Bourne discusses what he has learned in his journey from his N.C. family farm to international agricultural hotspots engaged in the challenge of feeding Earth’s population sustainably.

Joel K. Bourne Jr., journalist and former senior editor for the environment at National Geographic
SPECIAL-INTEREST FORUMS

chaired by Mike Wang

Special Interest Forums are thought-provoking roundtable discussions on a single topic. The forums are smaller (20-30 people) than the societies, and many require pre-reading on the assigned topic. Forum participants are encouraged to suggest topics, lead the discussion on topics of special interest to them and help develop the agenda for future forum sessions.

Please note: Participants must have email to receive class materials.

KINGS, QUEENS AND OTHER RULERS
chaired by Murray Sherman

Fourth Fridays, Jan. 22 – April 22
Three sessions • 10 a.m. – Noon
$24 • Register by Jan. 20

Rulers throughout history – and some unlikely individuals who stepped in to save the day – have had the ability and charisma to impact not only their own people, but often other nations as well. Join us for these reviews and stimulating discussions of three significant historical figures and the legacies they left behind.

Jan. 22  Queen Elizabeth I: England’s Golden Age
led by Andy Logothetis

Feb. 26  King John: The Magna Carta and the Beginnings of Modern Democracy
led by Julie Loeffler

April 22  King Alfred: Uniter of England
led by Hugo Thomas
THE PUBLIC ISSUES FORUM
Coordinating committee: Sue Patterson (chairperson), Tom Fulda, Dave Morrison, Alice Nida, Rich Cooper
Second and fourth Mondays, Jan. 25 – May 9
Seven sessions • 1 – 3 p.m.
$50 • Register by Jan. 22

The Public Issues Forum is for those interested in gaining a deeper understanding of major political, economic and societal issues. Members will be provided with short background articles on most topics and encouraged to read a book or articles on the subject. The format includes lectures by UNCW faculty experts or others, a book discussion, viewing of certain public affairs programs and other presentations by members followed by a facilitated discussion.

Jan. 25 Income Inequality
Bill Moyers’ tape with supplemental articles, led by Tom Fulda

Feb. 8 Black Lives Matter
Presentation by Fifth Judicial District Judge James Faison III; short presentation by poet Delthea Simmons

Feb. 22 The Many Roles of Today’s Community College
Cape Fear Community College leaders discuss their roles in higher education and keeping our workforce competitive

March 14 NO SESSION

March 28 Gun Control
Discussion of former Supreme Court Justice John Paul Steven’s recommendations in Six Amendments: How and Why We Should Change the Constitution

April 11 Campaign Finance Reform in N.C.

April 25 Climate Change: Science vs. Politics in N.C.

May 9 Impact of Technology on Relationships
TED Talk by Sherry Turkle; Rich Cooper, facilitator

AMERICAN PRESIDENTS
with Joanna Clancy, Andrew Marhevsky and Dean Gattone

Fourth Wednesdays, Jan. 27 – May 25
Five sessions • 10 – Noon
$40 • Register by Jan. 25

In this forum, explore the myths, realities and challenges in the lives of former American presidents. Participants commit to reading one biography from a list of suggested sources. Questions to facilitate discussion will be provided in advance by each presenter.

Jan. 27 James Buchanan
Feb. 24 Abraham Lincoln
March 23 Andrew Johnson
April 27 Ulysses S. Grant
May 25 Rutherford B. Hayes

chaired by Paula Rice

Fourth Wednesdays, Jan. 27 – May 25
Five sessions • 10 a.m. – Noon
$40 • Register by Jan. 25

Learn how the key “titans” of this explosive era revolutionized American Industry and framed political and cultural standards for decades. Their lives and legendary status intrigue us to this day.

Jan. 27 Cornelius Vanderbilt and the Railroad Magnates
led by Murray Sherman

Feb. 24 John D. Rockefeller and the Energy Explosion
led by Lou and Linda Orlando

March 23 J.P. Morgan and Jay Gould – Monetary Geniuses
led by Clauston Jenkins

April 27 Andrew Carnegie and Henry Ford – Steel to Cars
led by Jerry Smith

May 25 Legacy of the Gilded Age, Past, Present and Future
led by Paula Rice
BETWEEN WORLD WARS – THE INTERWAR YEARS
chaired by Cort Barnes

First Wednesdays, Feb. 3, March 2, April 6, May 4
Four sessions • 9:30 a.m. – Noon
$32 • Register by Feb. 1

The mission and objectives of this discussion forum are to highlight the significant international issues between World War I and World War II, i.e., the Russian Revolution, the League of Nations, the Washington Naval Conference, the rise of Fascism, the Spanish Civil War and the Greater East Asia Co-Prosperity Sphere. The spring semester covers the significant events of the years 1930-39.

THE FRIDAY FORUM
chaired by Ron Miller

First and third Fridays, Feb. 5 – May 20
Eight sessions • 10 a.m. – Noon
$50 • Register by Feb. 3

The Friday Forum is a program for individuals who seek adventures in collaborative learning and informed discussion. Each member of the group becomes a vital contributor to the learning experience and is expected to lead a session after two semesters of attendance. The overall objective is to have group members increase their knowledge of major issues facing us in the 21st century.

Feb. 5 Micro-aggression/Identity Politics/Speech Impacts/“PC”
Feb. 19 Pros and Cons of Fracking
March 4 World Population – Are We Beyond the Limit?
March 18 Denmark: Happy and Overtaxed. Could It Happen Here?
April 1 U.S. Supreme Court: Major Decisions and Their Impacts on U.S. Society
April 15 Cyber Security: National and Personal Threats
May 6 Is Congress Dysfunctional (Senate and House)?
May 20 Petroleum Industry: Past, Present and Future

ACADEMIC SEARCH FOR HISTORICAL PETER, JAMES AND MARY

Second Wednesdays, April 13 – June 8
Three sessions • 10 a.m. – Noon
$24 • Register by April 11

This academic forum takes a book club approach and is not a lecture-based course. Class participants read and discuss a specific book or a similar one. The presentations and discussions will be on a historical basis, not faith based.

The books are typically written by historical authors with a specialty in religious studies. Each session is led by a different class member, who is a layperson, not an “expert”. A forum provides a venue for class participation and members should prepare themselves to do so.

In the previous three semesters, we have reviewed eight books concerning academic scholars’ views of the historical Jesus and three books discussing the historical Paul. This semester we will review the books of three scholars on the historical Peter, James and Mary. The books will be from the Studies on Personalities of the New Testament series, D. Moody Smith, editor.

April 13 Peter: Apostle for the Whole Church by Pheme Perkins
University of South Carolina Press, 1994
led by Andy Logothetis

May 11 Just James: The Brother of Jesus in History and Tradition by John Painter
University of South Carolina Press, 1997
led by Elwood Walker

June 8 Mary: Glimpses of the Mother of Jesus by Beverly Roberts Gaventa
University of South Carolina Press, 1995
led by Bob Kanich
AMERICA’S GREATEST TREASURES:
THE UNITED STATES NATIONAL PARKS
chaired by Mary Walker

Thursdays, June 2 – 23
Four sessions • 10 a.m. – Noon
$32 • Register by May 31

For the second summer, enjoy an exploration of U.S. National Parks. This forum, conducted by OLLI members, offers a chance to learn more about our major national park service, monuments, memorials, historic sites and military parks. This summer, the forum concentrates on the national parks and memorials in Alaska (Denali, Gates of the Arctic, Glacier Bay, Katmai, Kenai Fjords, Kobuk Valley, Lake Clark, Wrangler-St. Elias), Washington (Mount Rainier, North Cascades, Olympic), and South Dakota (Mount Rushmore, Crazy Horse Memorial, Jewel Cave, Minuteman Missile National Historic Site, City of Presidents, Black Hills National Forest, Devils Tower, Badlands, Wind Cave). This forum also includes a photographic exploration and insider’s perspective on the National Parks Service from OLLI member Linda Seifert, who worked with both National Parks and non-park programs for more than 20 years.
The OLLI Wine Society offers educational programming for those interested in learning about the many aspects of wine. Do you prefer an earthy, buttery or oaky wine? Wine with a bite or something more grapey? What factors influence those tastes? Discover more about your own palate and preferences. Tastings typically include five to six varietals to sample with light snacks, as well as enlightening presentations and score sheets for taking notes. The Wine Society’s annual dinner at the Culinary Institute of Cape Fear Community College is always a great evening!
PROGRAM I

High-End Italian Wine Tasting
Wednesday, Jan. 27 • 6 – 8 p.m.
$75 • Register by Jan. 13

Join us as we taste our way through five Italian wines and specially prepared paired appetizers. Our host, Ernie Manzella, owner of Divine Wines, is an Italian wine lover who will guide us on this sensational journey. We will sample wines from Veneto (Amarone), Tuscany (Brunello and a super Tuscan from Bolgheri), Piedmont (Barolo or Barberesco) and a white wine from either Lombardy or Friuli. The wines are made from indigenous as well as international varietals that produce flavors that can be bold or elegant and complex. Join as we explore the regional differences of these wines, known as "special occasion" wines because they are rarely consumed on a daily basis.

PROGRAM II

THREE MONTHLY TASTINGS

$75 • Register by Feb. 3

Wines from Languedoc, France
Wednesday, Feb. 24 • 6 – 8 p.m.

This tasting will introduce us to wines from the Languedoc region of France, one of the most exciting and underrated wine regions of the world. This region offers a great variety of wines – from the fruity and delicious reds of Saint Chinian, Faugères and the Corbières, to crisp white Picpoul and honeyed Viogniers from the coast. Shawn Underwood, level II sommelier, introduces us to the region and leads a tasting of six different wines produced by the "New World" winemakers of Languedoc.

Australian Wines
Wednesday, April 27 • 6 – 8 p.m.

Australia has a hugely diverse wine community with more than 60 wine regions spanning from coast to coast. All of these regions offer distinct flavors and wine styles. Please join us for an enjoyable and educational evening as David Koebley, wine consultant at the Country Vintner, leads a vineyard wine tour from Perth to Brisbane as we taste several of these regionally distinct wines.

Bubbles Around the World
Wednesday, May 25 • 6 – 8 p.m.

Champagne, Prosecco, Cava, sparkling wines. They are all made from grapes and all have bubbles, yet they come from different parts of the world and have distinguishing characteristics. Learn about the differences (and similarities) with Beth Flaherty of the Country Vintner, who will lead us in an effervescent tasting that will surely tickle our senses and help us understand why “bubbly” is not just for special occasions.

PROGRAM III

TWO TASTINGS IN BRUNSWICK COUNTY IN THE FOREST RESTAURANT AT CAPE FEAR NATIONAL IN BRUNSWICK FOREST

$50 • Register by Jan. 28

A Tasty Nod to Lesser-Known Grapes
Thursday, Feb. 18 • 7 – 9 p.m.

Are you in a rut when it comes to drinking wine? Do you reach for Cabernets or Chardonnays time and time again? Explore some of the world’s wonderful wine varietals that are often overlooked in this class focusing on lesser-known grapes. Sip an Aligoté or savor a Nero d’Avola or give a Tannat a taste. There are more than 5,000 grape varieties used in wine production today. Michael Lane, a district manager with Mutual Distributing of North Carolina, a certified wine educator and certified sommelier, will introduce us to several “odd” varietals and bring along six wines to sample.

Wine Blends – What, When, Why, How
Thursday, April 21 • 7 – 9 p.m.

Some of the most famous wines in the world are blends – Châteauneuf du Pape, Champagne, Chianti and Meritage – to name a few. In this class we’ll learn about the blending process which some wine professionals say is the most creative part of being a winemaker. Certified wine educator Michael Lane, a district manager with Mutual Distributing of North Carolina, will explain why blended wines are often better than a single grape wine. Join us as we taste several blends and take a turn at creating our own blends. Chateau OLLI, anyone?

PROGRAM IV

An Epicurean Delight with CFCC
Date and Time To Be Announced

Your wine committee and the Culinary Institute of Cape Fear Community College are planning our fourth annual CFCC/OLLI dinner and wine tasting. This is a wonderful opportunity to sample excellent food prepared by CFCC students paired with complementary wines. Those who attended past events know what a truly enjoyable evening this is. Last year’s event sold out quickly. Watch for details in the weekly OLLI email.
The Osher Lifelong Learning Institute at UNCW presents the 2015-16 season of Met Opera Live in HD, the Metropolitan Opera’s award-winning series of live transmissions. It features productions and live interviews with cast, crew, production and other behind-the-scenes extras.

Be a part of the thrilling, close-up experience of opera at one of the world’s greatest houses. All shows are subtitled in English and include a guest lecture 45 minutes prior to the broadcast. All performances are live and in high-definition unless noted as an ENCORE, which means the performance is a rebroadcast of the original.

All performances are live and in high-definition unless noted as an ENCORE, which means the performance is a rebroadcast of the original.
LES PÊCHEUERS DE PERLES
Saturday, Jan. 16 • 1 – 4 p.m.
$20 OLLI members, $24 nonmembers
Bizet’s gorgeous opera of lust and longing set in the Far East returns to the Met stage for the first time in 100 years. Soprano Diana Damrau stars as Leïla, the beautiful Hindu priestess pursued by rival pearl divers competing for her hand. Her suitors are tenor Matthew Polenzani and baritone Mariusz Kwiecien, who sing the lilting duet “Au fond du temple saint,” which opera fans know and adore. Director Penny Woolcock explores the timeless themes of pure love, betrayal and vengeance in a production that vividly creates an undersea world on the stage of the Met. Conductor Gianandrea Noseda brings his romantic flair to the lush score from the composer of Carmen.

MADAMA BUTTERFLY
Saturday, April 2 • 1 – 4:30 p.m.
$20 OLLI members, $24 nonmembers
Anthony Minghella’s breathtaking production has thrilled audiences ever since its premiere in 2006. One of the world’s foremost Butterflys, soprano Kristine Opolais, takes on the title role, and Roberto Alagna sings Pinkerton, the naval officer who breaks Butterfly’s heart. Karel Mark Chichon conducts.

ROBERTO DEVEREUX
Saturday, April 16 • 1 – 4:45 p.m.
$20 OLLI members, $24 nonmembers
Soprano Sondra Radvanovsky takes on the extraordinary challenge of singing all three of Donizetti’s Tudor queens in the course of a single season, a rare feat made famous by Beverly Sills—and not attempted on a New York stage since. In this climactic opera of the trilogy, directed by Sir David McVicar, she plays Queen Elizabeth I, forced to sign the death warrant of the nobleman she loves, Roberto Devereux. Tenor Matthew Polenzani is Devereux, and mezzo-soprano Elina Garanca and baritone Mariusz Kwiecien complete the principal quartet in the bel canto masterpiece, conducted by Donizetti specialist Maurizio Benini.

ELEKTRA
Saturday, April 30 • 1 – 3:15 p.m.
$20 OLLI members, $24 nonmembers
The genius director Patrice Chéreau (From the House of the Dead) didn’t live to see his great Elektra production, previously presented in Aix and Milan, make it to the stage of the Met. But his overpowering vision lives on with soprano Nina Stemme—unmatched today in the heroic female roles of Strauss and Wagner—who portrays Elektra’s primal quest for vengeance. Legendary mezzo-soprano Waltraud Meier is chilling as Elektra’s fearsome mother, Klytämnestra. Soprano Adrianne Pieczonka and bass Eric Owens are Elektra’s troubled siblings. Chéreau’s musical collaborator, Esa-Pekka Salonen, conducts.
LES LIAISONS DANGEREUSES
by Christopher Hampton
Friday, Feb. 5 • 2 – 5 p.m. (Encore)
$18 OLLI members, $20 nonmembers

National Theatre Live brings the Donmar Warehouse’s highly anticipated new production of Les Liaisons Dangereuses to cinemas – recorded live in the Donmar’s London home.

Directed by Josie Rourke (Coriolanus), the cast includes Elaine Cassidy (The Paradise), Janet McTeer (The White Queen) and Dominic West (The Wire).

In 1782, Choderlos de Laclos’ novel of sex, intrigue and betrayal in pre-revolutionary France scandalized the world. Two hundred years later, Christopher Hampton’s irresistible adaptation swept the board, winning the Olivier and Evening Standard Awards for Best Play. Josie Rourke’s revival now marks the play’s 30-year anniversary.

Former lovers, the Marquise de Merteuil and Vicomte de Valmont now compete in games of seduction and revenge. Merteuil incites Valmont to corrupt the innocent Cecile de Volanges before her wedding night but Valmont has targeted the peerlessly virtuous and beautiful Madame de Tourvel. While these merciless aristocrats toy with others’ hearts and reputations, their own may prove more fragile than they supposed.

AS YOU LIKE IT
by William Shakespeare
Thursday, Feb. 25 • 2 – 5 p.m.
$18 OLLI members, $20 nonmembers

Shakespeare’s glorious comedy of love and change comes to the National Theatre for the first time in over 30 years with Rosalie Craig (London Road, Macbeth at MIF) as Rosalind.

With her father the Duke banished and in exile, Rosalind and her cousin Celia leave their lives in the court behind them and journey into the Forest of Arden. There, released from convention, Rosalind experiences the liberating rush of transformation. Disguising herself as a boy, she embraces a different way of living and falls spectacularly in love.

Broadcast from London’s National Theatre and shown in high-definition in the OLLI Building, unless otherwise stated.
The Birds of Southeastern North Carolina Spring Nesting Season

Mondays, Feb. 8 – May 10
Five sessions • 8 – 10 a.m.
$75
Register by Feb 3

Located along the Atlantic Flyway, southeastern North Carolina is a haven for many different bird species. Join us to discover the birds of our region and birdwatch in some of our area's great birding hotspots. Throughout this class, students observe and learn how to identify spring migrants, backyard birds, shorebirds and resident songbirds during nesting season. You’ll soon be hooked on this lifelong hobby.

Feb. 8  Spring Nesting Season and Bird Identification Program
(OLLI Classroom)
with Jill Peleuses, owner, Wild Bird & Garden

Feb. 9  Oakdale Cemetery
with Jill Peleuses and Dave Weesner, Wild Bird & Garden staff and birding expert

March 8 New Hanover County Arboretum and Oleander Memorial Cemetery
with Jill Peleuses and Dave Weesner, Wild Bird & Garden staff and birding expert

April 12 Wrightsville Beach
with Jill Peleuses and N.C. Audubon bird steward

May 10 Ev-Henwood
with Jill Peleuses and Gretchen Schramm, Cape Fear Audubon Society

Airlie Gardens Tour

Wednesdays, March 2 – May 4
Three sessions
$29
Register by March 1

Explore New Hanover County's splendid Airlie Gardens from three perspectives: environment, birds and art. Each session focuses on a different way to be immersed in the beauty of Airlie Gardens.

SESSION I
March 2  8:30 – 10:30 a.m.
Airlie Garden Nature

Discover some of the wildlife that calls Airlie Gardens home with an educational presentation followed by a nature walk through the gardens with Jennifer O’Keefe, Airlie Gardens’ Environmental Educator. The park’s variety of ecosystems, from salt marsh to lowland forest, provides habitat for a range of animals.

Jennifer O’Keefe is an environmental educator with New Hanover County Parks and Gardens. She has a B.S. in Wildlife Biology from Colorado State University, a Certificate of Non Profit Management from Duke University and is working on obtaining an NC Environmental Education certificate.

SESSION II
April 6  8:30 – 10:30 a.m.
Airlie Garden Birds

Many different species of birds visit Airlie Gardens. Join us to learn about the nesting habits and preferred habitats of songbirds, raptors and shorebirds. This program will include a presentation and bird walk led by Jill Peleuses, Owner of Wild Bird & Garden, and Jennifer O’Keefe, Airlie Gardens Environmental Educator.

SESSION III
May 4  2 – 3:30 p.m.
Airlie Garden Art: Bottle Chapel Tour

Learn the history of the Bottle Chapel from conception through construction to completion told by its creator, Virginia Wright-Frierson. This program includes a presentation and a tour of the Bottle Chapel.

Virginia Wright-Frierson earned her B.F.A. from UNCG and studied art in New York, Arizona and Cortona, Italy. Her works are exhibited in museum, private and corporate collections throughout the U.S. and in Italy. Her accomplishments include award-winning children's books and numerous public art commissions. In 2003 she won the competition to honor outsider artist Minnie Evans, which led to Wright-Frierson's creation of the Bottle Chapel.

Oakdale Cemetery Historical Tour
with Eric Kozen

Tuesday, April 19
10 a.m. – Noon
$15
Register by April 15

Join Eric Kozen, superintendent of Oakdale Cemetery, for a two-hour walking tour. Learn how such a majestic cemetery was formed in Wilmington, while walking through this natural outdoor museum. Kozen will share stories of those who have passed and those who have played a role in our daily lives. Oakdale’s grounds represent an arboretum treasure and are abundant with horticultural specimens of grandeur along with many monuments towering into the heavens embraced by nature and funerary art.
Moores Creek National Battlefield Kayak Trip  
with Don Harty  
Wednesday, April 20  
9 a.m. – 2:30 p.m.  
$79  
Register by April 13
Explore historic Moores Creek and Moores Creek National Battlefield with Don Harty, owner of Mahanaim Adventures. This is a leisurely three- to four-mile paddle on a slow-moving black water creek, surrounded by spring color and the birds that call this creek home. After your morning of kayaking, a ranger leads a history tour of the battlefield.  

This event will include kayak instruction, a brief history of the area and fauna, a kayak guide, all kayaks, PFDs, paddles and group safety gear. Although this is not a difficult paddle, (beginners are welcome) participants should be in good physical shape and comfortable on the water.

Wilmington Water Tours – Blackwater Adventure Cruise  
with Doug Springer – Cape Fear Riverkeeper  
Tuesday, April 26  
10 a.m. – Noon  
$35  
Register by April 20
Enjoy a relaxing, scenic two-hour cruise from downtown Wilmington up the Northeast Cape Fear River; the ideal way to spend an unforgettable morning. This has become our signature cruise and Capt. Doug’s favorite. Join us as we travel the Northeast Cape Fear River to the upper reaches of the black water system of this mysterious river. It is still largely unpopulated and looks much as it did when Wilmington was colonized in the late 1600s. We will cruise through the Castle Hayne Aquifer and by the bluffs of the Rose Hill Plantation. This journey is comfortable, relaxing and inspirational. Photographers, birders and nature buffs will love the variety of wildlife – osprey, alligators, sea turtles and river otters – and native plants that adorn the river banks. Bring your camera so you won’t forget the untouchable beauty of this black water adventure.

Behind-the-Scenes Cruise of Wrightsville Beach  
with Wrightsville Beach Scenic Tours  
Friday, May 6  
3 – 5 p.m.  
$32  
Register by May 2
Grab a behind-the-scenes glance at the waterways surrounding Wrightsville Beach from the deck of the area’s favorite cruising boat, Shamrock. Join OLLI and Capt. Joe as we cruise through Banks Channel, Mott’s Creek and the Intracoastal Waterway, passing Harbor Island, Airlie Gardens and the causeway on our trip “around the world” at Wrightsville Beach. Discover the fascinating history behind the third-oldest yacht club in America, the ecology of our natural salt marsh, the destructive power of Hurricane Hazel, the foundation and construction of man-made Harbor Island and much more.  

Wrightsville Beach Scenic Tours is a premier water tour company in the Cape Fear area. With two vessels and a full crew of U.S. Coast Guard-licensed personnel, they have the experience and equipment necessary to get you where you need to go on the water.

Masonboro Eco Tour  
with Capt. Joe Abbate  
Friday, May 13  
2 – 4 p.m.  
$40  
Register by May 9
Come along to pristine Masonboro Island, the largest marine sanctuary in the Cape Fear region, and explore a landscape that has been frozen in time. While the rest of North Carolina’s coastline was being paved
and developed, nothing on Masonboro has changed in more than 200 years. After a boat ride to the island, disembark and hike through the dunes to see the magnificent, unspoiled coast. Expect to find shells, spot wildlife and learn about our coastal ecosystem with a naturalist expert. Please be prepared to get your feet wet getting from the boat to the island.

As the self-proclaimed “Cape Fear naturalist,” Capt. Joe Abbate’s goal is to increase environmental awareness and understanding for everyone enjoying our beautiful region. With a professional background in shorebird biology and a U.S. Coast Guard master captain’s license, Capt. Joe blends his unique experiences on the water with his scientific knowledge to inform, educate and foster local environmental stewardship through outdoor educational activities from his boat, the 28-foot motorized catamaran Shamrock.

**Kayaking Excursion to Sharks Tooth Island with Don Harty and Roger Shew**

**Wednesday, May 18**
10 a.m. – 2 p.m.
$59
Register by May 11

Kayak through a secluded area of the Cape Fear River to Sharks Tooth Island to hunt prehistoric sharks’ teeth and learn how the old-timers fished for blue crab. This half-day kayaking adventure on Wilmington’s Cape Fear River highlights the rich wildlife in our area, including brown pelicans, egrets, herons, gulls, dolphins and more with both a tidal and freshwater influence from further upstream. The kayaks, paddles and all safety equipment will be provided. Kayaking excursion is led by Don Harty of Mahanaim Adventures.

Roger Shew has taught geology and environmental science at UNCW for 14 years and is an OLLI favorite. He is on the Sustainability Committee at UNCW as well as on the boards of the Cape Fear River Watch and Cape Fear Arch Conservation Collaboration.

**Black River Birding Adventure with Don Harty and Jill Peleuses**

**Wednesday, June 15**
8:30 a.m. – 2:30 p.m.
$79
Register by June 8

The Black River is a popular paddling destination on one of the most beautiful rivers in North Carolina. It is popular not just because of its numerous sand bars and sandy bottom, but because of the beauty of its wildlife. This river’s blackwater swamps contain some of the oldest known living trees in eastern North America. In 1994, the Black River was recognized as one of the cleanest, high-quality waterways in North Carolina when the state designated the river an outstanding water resource. It is possible to see a variety of wildlife species including turkey, deer, bobcat, river otter, belted kingfishers, great blue herons, barred owls, pileated woodpeckers, warblers and more.

The activity includes kayak instruction, birding and fauna educational instructional time, a kayak guide, a bird guide, all kayaks, PFDs, paddles, and group safety gear. Participants will need to bring bag lunches to enjoy on one of the river sandbars. Although this is not a difficult paddle, participants should be in good physical shape and comfortable on the water for this 7.8-mile trip paddling with the flow of the water.

**OLLI NEW HORIZONS BAND**

with John LaCognata, Ph.D., Department of Music, UNCW

**Mondays, Jan. 25 – April 25**
13 sessions • 7 – 9 p.m.
No rehearsal March 7
$79 OLLI members
Register by Jan. 25

Concert: Monday, April 25 Kenan Auditorium

Strike up the band! In cooperation with the UNCW music department, the OLLI New Horizons Band provides an ensemble experience for adult brass, woodwind and percussion players interested in making music. The band welcomes all adults who are currently playing their instrument as well as those individuals who participated in their school music programs and may not have played for a long time. Each weekly session includes sectionals and full band recitals. The band performs one concert at the conclusion of each semester.

John LaCognata received his Bachelor of Science degree in music education from the University of Illinois, his Master of Music degree in trumpet performance from Auburn University and a Ph.D. in music education with an emphasis in wind conducting at the University of Florida. He continues to teach and perform as a trumpet player.
Water Aerobics  
with Fran Tabor

Series I  
Jan. 11 – March 16  
Mondays and Wednesdays  
20 sessions • Noon – 1 p.m.  
$185  
Register by Jan. 8

Series II  
April 4 – June 8  
Mondays and Wednesdays  
20 sessions • Noon – 1 p.m.  
$185  
Register by March 30

Enjoy the benefits of water fitness and get a great workout without stressing your joints. Classes are held in the beautiful, warm, salt-water therapy pool at Brightmore Independent Living. All fitness levels are welcome. Each class includes a warm-up followed by cardiovascular and resistance training ending with cool down stretches for posture and balance. Participants must be in good physical condition to join this class.

Tai Chi:  
Gentle Beginner’s Class  
with Marty Gregory

Mondays, Jan. 18 – March 21  
Ten sessions • Noon – 1 p.m.  
$85  
Register by Jan. 13

Tai chi is a gentle exercise technique that uses slow, fluid body movements to strengthen, calm and focus the body and mind. It can improve muscle tone, flexibility, balance and coordination.

Tai chi can also boost energy, increase stamina and agility while sharpening reflexes and providing an overall sense of well-being. This gentle beginner’s class, taught at Brightmore Independent Living Fitness and Aquatic Center, is a perfect introduction to this beautiful and beneficial form of movement.

Marty Gregory has been teaching tai chi and qigong since 1986. She is also certified in tai chi for arthritis and has taught at the New Hanover Senior Resource Center and with the Healing Arts Network at New Hanover Regional Medical Center.

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**Così Fan Tutte**

**OPERAL**

**PRESENTS**

**COSI FAN TUTTE**  
summer 2016  
July 29, 31 and Aug. 5, 7  
Mainstage Theatre at UNCW  
Tickets go on sale at Kenan Box Office April 24  
[www.opera-wilmington.org](http://www.opera-wilmington.org)
Mindfulness and Meditation  
with Cameron Gordon, Ph.D.

Mondays, Jan. 25 – Feb. 8  
Three sessions • 3:30 – 5 p.m.  
$45  
Register by Jan. 20

This program will introduce attendees to the concept of mindfulness. Mindfulness, a nonjudgmental awareness of the present moment, has a wide variety of potential implications including benefits for memory and attention, pain management, dealing with stress and creating a more frequent and more deeply satisfying connection to the good things in life. The science regarding the benefits of mindfulness meditation will be reviewed. The primary emphasis will focus on teaching attendees how to engage in both formal and informal mindfulness meditation practices.

Cameron Gordon received his M.A. and Ph.D. in psychology from the University of North Carolina Chapel Hill. He is a clinical psychologist with particular areas of expertise in positive psychology and intimate relationships. Gordon directs a research lab at UNCW aimed at discovering ways to help individuals and couples achieve maximum enjoyment and fulfillment from their lives. He also enjoys sharing principles of positive psychology through his teaching at UNCW and his therapy practice at Trinity Wellness Center in Wilmington.

Introduction to Mah Jongg  
with Dennis Conlon

Tuesdays, Feb. 16 – March 29  
No class March 15  
Six sessions • 12:30 – 2:30 p.m.  
$69  
Register by Feb. 8

The history of mah jongg is shrouded in myth. Is it truly thousands of years old or does it only date back to the mid-1800s? Was it created by Confucius as is fabled or as a game for the royal court which was forbidden to commoners? What is not a mystery is the popularity of this game of strategy and chance all over the world.

Students will learn about the composition of the mah jongg set, the mechanics of playing the game, how to formulate a strategy to win and tactics to prevent others from winning. Several sessions of supervised play will illustrate the lessons and confirm students’ ability to play the game either socially or in a competitive atmosphere. Each student must acquire a copy of the Official Standard Hands and Rules of the National Mah Jongg League ($7 at www.nationalmahjongleague.com) to participate in this course.

Ballroom Social Dance  
with Verna Jordan

Sundays, Feb. 14 – March 20  
Six sessions • 3:30 – 4:25 p.m.  
$59  
Register by Feb. 8

Join the fun! Learn to dance. Feel comfortable dancing at clubs, casual evenings out, special events, cruises or even your own wedding. This starter class includes beginning steps and technique in waltz and Latin dance addressing the basics of leading and following. No prior dance experience is necessary.

Verna Jordan is a professional, certified, pro-am ballroom/Latin dance instructor and adjudicator. She has been teaching ballroom and Latin dancing at UNCW for 12 years and is the owner operator of a local ballroom Latin swing dance studio.

REGIONAL TRAVEL

Highlights of the NCMA Permanent Collection

Friday, April 1 • 9 a.m. – 6 p.m.  
$79 day trip to Raleigh includes transportation, exhibit/docent fees and lunch  
Register by March 28

Join OLLI on a day trip to Raleigh for a welcoming introduction to the permanent collection of the North Carolina Museum of Art. In 1947, with a $1 million appropriation from the General Assembly, North Carolina became the first state in the nation to use public funds to buy art. The collection has grown to include major holdings in European paintings from the Renaissance to the 19th century, Egyptian funerary art, sculpture and vase painting from ancient Greece and Rome, American art of the 18th through 20th centuries and international contemporary art. Other strengths include African, ancient American, pre-Columbian and Oceanic art, and Jewish ceremonial objects.

After the guided tour, relax with a delicious lunch, then choose to wander the grounds of the 164-acre museum park or take a self-guided tour of the enthralling traveling exhibition, “American Impressionist: Childe Hassam and the Isles of Shoals.”
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A confirmation letter and program information will be sent to you via email. If you do not have an email address, you will receive these materials at the address you provide. Specific course location will be provided at registration.

We must receive your registration information and payment at least three (3) university working days prior to the program start date, unless otherwise noted.

Refunds/Cancellations: Fees can only be refunded if a written notification of withdrawal is received three (3) university working days prior to the start of the program, unless otherwise noted. A processing fee of $10 is charged on cancellations.

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We are located at 620 South College Road, Wilmington, NC 28403-5614.

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Join OLLI at UNCW as we explore Southern France in a small group, guided, educational tour through the beautiful and historic countryside. Highlights include the Loire Valley, three nights in Bordeaux, medieval villages and stunning chateaux, an overnight stay in the renovated Abbey of Fontevraud, Toulouse, Carcassonne, the stunning Pont du Gard and three nights in the incredible village of Avignon. This is an active trip, limited to 24 participants, with adventures planned to delight the senses.

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