

PHASES OF FIRST-YEAR TEACHERS' ATTITUDES TOWARD TEACHING



From *A Guide to Prepare Support Providers for Work with Beginning Teachers*. Developed by Ellen Moir, University of California, Santa Cruz and Sue Garmston, California Department of Education, 1990.

Anticipation

Provide encouragement and confidence building, answer questions

Survival

Focus on one thing at a time and daily goal-setting

Disillusionment

Highlight achievements, focus on specific needs

Rejuvenation

Encourage to try something new and observe master teachers

Reflection

Select what worked well and start to discuss adjustments for next year