



A Beginning Teacher  
Professional Development Program

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## Module Three Avoiding Burnout





# Module 3: Avoiding Burnout



## SECTION FOUR: Conclusion

**Time:** 15 minutes

**Materials Needed:** M2-3 Commitment Letter

### **Activity 1 = Question and Answer Time:**

Lead teachers will provide participants time to share any questions that they may want to ask. These questions could be about the module or anything regarding teaching.

### **Activity 2 = The Cat Video:**

Watch the video found at: <http://goo.gl/whVWWd>

After watching the video, have participants discuss these questions:

- 1) In what ways are you the kitten?
- 2) In what ways are you the cat?
- 3) How do the strategies you learned today apply to the video?



## Module 3: Avoiding Burnout



**Notes**

