



A Beginning Teacher
Professional Development Program

Module Three Avoiding Burnout





Module 3: Avoiding Burnout



SECTION TWO: Application

Time: 45 minutes

Materials Needed: Internet, PowerPoint File (Give-Take.ppt)

Activity 4 : Give and Take

Revisit the sticky notes! Earlier today you posted two sticky notes. Each of you identified one strength and one area of your teaching that could benefit from change. You are your best resources! If you need help, choose a sticky note from the strengths list to get help in an area where someone else is doing great things! If you want to give help, choose from the struggle list.

Make contact with the person on the back of each sticky note and offer them some help in the area where they are struggling, or contact the person whose strength you have chosen and find out how they found success in this area!

(Use M3-Give-Take.ppt).



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Notes

