



A Beginning Teacher
Professional Development Program

Module Three Avoiding Burnout





Module 3: Avoiding Burnout



SECTION TWO: Application

Time: 45 minutes

Materials Needed: Blue Dots, PowerPoint File, Phases Chart, Matching Needs Cards

Activity 1 : Connecting the Dots

Each beginning teacher should be given a blue dot. At this time, participants should be directed to stick their blue dot to the Phases Chart on the wall, designating their current attitude towards teaching at this moment in the school year.

Note: Mentor teachers should either display a large copy of the Phases Chart (*use M3-Phases-Chart.pdf*). Teachers will need to refer back to this placement for collaboration later in the workshop.

In table groups, teachers will then match the phase with the supports that are needed by teachers within each phase using the crossword puzzle handout. (*M3-Phases-Crossword.pdf*). Teachers can check their answers on of the *M3-Phases.ppt* .



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Notes

