**Ch-Ch-Ch-Changes!**
This month’s newsletter is all about YOU, and assisting YOU to be the best YOU—academically, socially, and professionally. Check out the incredible opportunities being offered, including: a DRC collaboration with Career Services on internships and people with disability; an upcoming meet-and-greet in the Military Lounge, and scheduling of information sessions for the Disability Advocacy Council. As you return from Spring Break, DRC wants to help you toward a successful finish to the semester and final exams. With that in mind, I’m excited to introduce you to Alyssa Brigham, who will be working with DRC to provide SEA.lab services to students with disabilities for the remainder of the academic year.

Dr. Chris Stone
Interim Director

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**“Don’t count the days, make the days count”**
~Muhammad Ali

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**SEA.lab**
Strategy Enhancement for Achievement

Through SEA.lab, students may access:
- Academic strategies in: reading, notetaking, study skills, time management, and organization;
- Help in understanding one’s weaknesses AND strengths;
- Computers with a variety of assistive technology;
- Assistive Technology training

**SCHEDULE AN APPOINTMENT NOW**

**INFORMATION ABOUT UPCOMING DRC WORKSHOPS COMING SOON**

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**INTEGRATING ALYSSA:**
DRC LEARNING SUPPORT SPECIALIST

Hi everyone,

My name is Alyssa Brigham, and I’m new to the DRC. My role is focused on providing SEA.lab services, offering individual and small group appointments with students to help them realize goals, learn new success strategies, and become better students. I’ve personally enjoyed being a student through my undergraduate and graduate years, and taking advantage of all the opportunities college has to offer. Before coming to UNCW I taught middle school math, but am now a graduate student in UNCW’s Higher Education Administration program. Through my new role with DRC, I hope to introduce many students to helpful strategies and new ways of approaching learning so that they too can fully enjoy their college experience. Now in Wilmington, I find most of my time is enjoyed taking my puppy on long walks and going to the beach. I look forward to meeting and working with you soon.

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**DIVISION OF STUDENT AFFAIRS**
Creating Experiences for Life
"Our greatest weakness lies in giving up. The most certain way to succeed is to just try one more time."

~ Thomas Edison

**Internship Workshop**

Internships are a great way to gain valuable experience within your field of study. Not only are you granted the opportunity to apply your education in professional settings, but this experience is great for your resume and will benefit you in your search for employment. In partnership with the UNCW Career Center, DRC will be hosting an informational workshop about Internships.

Students who are registered with the DRC are invited to attend. The following topics, along with others, will be covered during the workshop:

* Purpose and Benefit of Internships
* Utilizing the Career Center to Locate and Obtain Internships
* Career/Internship Exploration
* Paid vs. Unpaid Internships
* Disability Rights in Internships/Employment
* Q & A Regarding Internships

**DRC & Career Services Internship Workshop**
March 29, 2-4 pm.
DRC Conference Room.

Due to limited spacing, please RSVP: DisabilityAdmin@uncw.edu or 910-962-7555.

**Academic Success Strategy Workshops**

University Learning Center
DePaolo Hall Conference Room 1017

The University Learning Center is offering all UNCW students a series of Academic Success Strategy Workshops

- March 22: Learning Preferences & Support Strategies
- March 29: Motivation & Concentration Strategies

**RSVP by contacting**
ulc@uncw.edu or 910-962-7857 to schedule.

Check out the DRC website for more information, including previous newsletters with messages from Campus Recreation and Campus Activities & Involvement (CAIC):

http://uncw.edu/disability/

**DAC has been inactive of late and is danger of being lost if not reregistered soon. In an effort to help, DRC would like to arrange an informational meeting for students who may be interested in providing leadership for the remainder of this semester and forward into the next year.**

Meetings will be scheduled based on interest & availability: [http://doodle.com/poll/gzzpx85trgt6tv9](http://doodle.com/poll/gzzpx85trgt6tv9)

**DRC in UNCW Military Resource Lounge**
April 7, 2016 1:00-2:00 PM
Military Resource Lounge.

The Disability Resource Center invites military-affiliated students to a meet-and-greet with staff who will be on hand to discuss possible DRC resources available for those with service-related injuries or disabilities.