TEAL MEAL Options

Dunkin' Donuts

**OPTION 1** Bagel with Cream Cheese
- Whole Fruit

**OPTION 2** 2 Donuts
- Whole Fruit

**OPTION 3** Bacon, Egg and Cheese Sandwich
- Hashbrown or Whole Fruit

**OPTION 4** Sausage, Egg and Cheese Sandwich
- Hashbrown or Whole Fruit
+ Small Iced Tea, Iced Coffee or Medium Hot Coffee

Chick-fil-A

**OPTION 1** 3 Count Chick-n-Mini Combo

**OPTION 2** Any Breakfast Biscuit Combo

**OPTION 3** Regular Chick-fil-A Sandwich Combo

**OPTION 4** 8-Piece Nugget Combo

**OPTION 5** 8-Piece Grilled Nugget Combo

Options 1-2
+ Small Coffee or 22 oz. Fountain Beverage or Water

Options 3-5
+ 22 oz. Fountain Beverage or Water

Subway (Mobile Ordering Only)

**OPTION 1** 6 in. Breakfast Sandwich
- Chips or Apple Sauce

**OPTION 2** 6 in. Sub (Turkey Breast, Veggie Delite, Italian BMT, Meatball Marinara, Ham, Tuna, or Sweet Onion Chicken Teriyaki)
+ Choice of Can Beverage or Bottled Water

Convenience Stores

*Premium menu items not included.

Jolé Molé (Mobile Ordering Only)

**OPTION 1** Burrito

**OPTION 2** Nachos

**OPTION 3** Taco Salad

**OPTION 4** Quesadilla

+ Choice of Can Beverage or Bottled Water
+ Rice and Beans, Chips, or Whole Fruit

Mooyah

**OPTION 1** Mooyah Cheeseburger

**OPTION 2** BYO Grilled Chicken Sandwich

**OPTION 3** BYO Black Bean Burger

**OPTION 4** Hot Dog

**OPTION 5** Loaded House Salad with Choice of Protein (hamburger, chicken, or black bean burger)

Options 1-4
+ French Fries or Sweet Potato Fries
+ Choice of Can Beverage or Bottled Water

Panda Express

**OPTION 1** Bowl - Any 1 Side and 1 Entrée
+ Choice of Can Beverage or Bottled Water
+ Choice of Can Beverage or Bottled Water

Einstein Bros. Bagels

**OPTION 1** Bagel and Shmear
- Whole Fruit

**OPTION 2** Tasty Turkey or Veg Out
- Chips or Whole Fruit

Hawk’s Nest Grab ‘n Go

**OPTION 1** Choice of Select Sandwiches
- Choice of Can Beverage or Bottled Water
- Bag of Chips or Whole Fruit

**OPTION 2** Select Sushi Roll
- Choice of Can Beverage or Bottled Water

Contact campusdining@uncw.edu with any questions.