



SOAR Analysis Worksheet

Strengths

What do you do well?
What do *you* bring to the team/UNCW?
What resources or assets can you draw on?
What do others see as your strengths?

Opportunities

What opportunities are open to you?
Is there a process, program or process that could be improved or created?
How can you turn your strengths into opportunities?

Aspirations

What do I care deeply about in my role?
What differences do I want to make to our customer/key stakeholders? What projects, programs or processes will support these aspirations?

Results

What are the measurable results I want to achieve?
What will look different after achieving aspirations?
What results do I want me/my team/UNCW to be known for?

