

Presenting

QPR for Suicide Prevention

Ask a Question, Save a Life

If you have ever wondered what to say to a troubled friend, student or other person that you were worried about, this may be the workshop for you. The QPR workshop will teach you how to approach a troubled person, how to talk to them and how to get them to help. Research has shown that offering hope is the most important factor in preventing suicide.

Wednesday, Sept. 13 *from* **11:30am - 1:00pm**

Presented by: UNCW Counseling Center

DePaolo Hall | [Email Tammy Haraga to register!](#)

Become a Certified QPR Gatekeeper:

Please join the UNCW Counseling Center in achieving our goal of training UNCW personnel in this life saving intervention. Our next workshop will be offered on September 13th, but seating is limited, so please sign up early. Please email Ms. Tammy Haraga at haragat@uncw.edu. Upon completion, you will receive a certificate and be a Certified QPR Gatekeeper. This is a great item for your resume.



**Ask A Question,
Save A Life**

Counseling Center



Co-Sponsored by:
UNCW Dare to Learn Academy
HR Learning & Talent Development