



Summer Enrichment Opportunities





What Are Summer Enrichment Opportunities?

- **Summer experiences, Typically 6-8 Weeks at colleges *all across the country*.** These programs are designed to facilitate the following outcomes:
 - Help Students Gain a competitive edge
 - Provide Honors Level Research Exposure
 - Provide Academic Enrichment: seminars in reading speed and comprehension, test-taking strategies, essay writing, and interview techniques.
 - Provide Test Preparation (MCAT, DAT, GRE) & Provide Awareness of the Application Process to Graduate Programs
 - Expose Participants to Clinical Health Settings and Health Professionals
 - Help Participants Develop a Relationship with a Mentor
 - Provide a Pipeline to Graduate Programs -Including those from following backgrounds
 - First-generation, underrepresented minority, rural, and/or socioeconomically disadvantaged undergraduate students (rising sophomores and juniors) who seek admission into graduate/health professional programs
 - Some focus on Rising Freshmen and Sophomores: Others focus on Juniors and Seniors
 - Participants typically receive housing on campus, a travel stipend and an competitive stipend

What Kinds of Summer Programs Are There?

- There are many different types of medical- or health-related summer programs available.
- Some are research based and involve lab work, while others are one-on-one experiences within a community or clinic.
- Some programs, like the Summer Health Professions Education Program (SHPEP) include both workshops and clinical exposure. This program is available to freshman and sophomore college students interested in careers in medicine or dentistry. SHPEP is a free program, and participants receive housing, meals, and a stipend, during the six-week summer academic enrichment program.



What these Programs Look for In Applicants?

- Genuine Interest in Health or Attending Medical or Dental School(Able to Communicate Interest via Personal Statement/Interview)
- USA Resident or Permanent Resident
- Be Classified as Rising Sophomore or Rising Junior current first-year or second-year) student at the time of application: Some focus On Seniors
- Some Programs have a Requirement that students identify as one or more of the following: first generation, financially disadvantaged, underrepresented minority
- Some Programs also have course requirements: Ex: Some require completion of math, biology and chemistry before application



What Categories do Enrichment Programs Fall Into?

- **Health Disparities & Public Health**
- **Medicine**
- **Dental**

Health Disparities & Public Health

Any *Pre-health students can apply UNLESS they specify certain majors

- Have interest in working with health disparities
- Health Career Opportunity Program (HCOP) – *Google*
- *Summer Research Opportunity Programs (SROP)*
<https://ccrf.uchicago.edu/opportunity/summer-research-opportunities-program-srop-big-ten-academic-alliance-universities>
- Summer Health Professions Education Program (SHPEP)
<https://www.shpep.org/>
- Explore Health Careers <https://explorehealthcareers.org/enrichment-programs/>
- National Science Foundation Research Opportunities (REUS)
http://www.nsf.gov/funding/education.jsp?fund_type=1

*****There may be additional requirements. See site***

Medicine

- Summer Medical and Dental Education Program (SMDEP) <http://www.smdep.org/>
- Summer Health Professions Education Program (SHPEP) <https://www.shpep.org/>
- AAMC database of [summer enrichment programs](https://services.aamc.org/summerprograms/) <https://services.aamc.org/summerprograms/>
- Medical Education Development (MED) Program (UNC Chapel Hill) <https://www.med.unc.edu/inclusion/programs-initiatives/medical-education-development-program/>
- Science Enrichment Program (SEP) (UNC Chapel Hill) <https://nchcap.unc.edu/college/sep-program>
- Explore Health Careers <https://explorehealthcareers.org/enrichment-programs/>

A photograph of a building facade with large, red, three-dimensional letters spelling out the word 'MEDICINE'. The letters are mounted on a dark grey ledge. The background shows a brick wall and a window.

Dental

- Summer Medical and Dental Education Program (SMDEP) <http://www.smdep.org/>
- Summer Health Professions Education Program (SHPEP) <https://www.shpep.org/>
- Medical Education Development (MED) Program (UNC Chapel Hill) <https://www.med.unc.edu/inclusion/programs-initiatives/medical-education-development-program/>
- Science Enrichment Program (SEP) (UNC Chapel Hill) <https://nchcap.unc.edu/college/sep-program>
- Explore Health Careers <https://explorehealthcareers.org/enrichment-programs/>





Additional Sources

- *Google*

- * Summer Enrichment Opportunities (Medicine, Public Health, Health Disparities, Dental)

- * Summer Medical and Dental Education Program (SMDEP)

- * Health Career Opportunity Program (HCOP)

- * Summer Research Opportunities Program (SROP)

- <https://ccrf.uchicago.edu/opportunity/summer-research-opportunities-program-srop-big-ten-academic-alliance-universities>

Aggregate Directories

- <https://www.swarthmore.edu/health-sciences-office/summer-opportunities>

- <https://www.wesleyan.edu/careercenter/students/health/summer-post-bac-opportunities.html>

- <https://www.savvypremed.com/blog/the-top-40-pre-med-summer-internships>



Timeline

- ***Most Programs Open Around Nov 1st***
- Submission Deadlines Vary But Typically Between January-Feb

Next Steps

- Do Research and Make a List of 10 Programs You Are Eligible to Apply to
-Note program application deadline and application requirements
- Attend an Interest Session
- Order 3 Copies of Official Transcript
- Start Identifying Faculty that can write letters of recommendation (2)
- Know Your Pre-Req GPA (UNCW GPA Calculator)
- Write Your Personal Statement (University Learning Center)
- Make an application timeline/Checklist
- Share with us that You Applied and Your Acceptances!!

