

**Curriculum Vitae**  
**Penny Sauer PhD, RN, CNE, CCRN**

**Education**

<b>Institution and location</b>	<b>Degree</b>	<b>Dates</b>	<b>Major</b>
The University of North Carolina at Greensboro Greensboro, NC	PhD	2009-2013	Nursing
The University of North Carolina at Greensboro Greensboro, NC	MSN	2006-2008	Nursing Education
The University of North Carolina at Greensboro Greensboro, NC	BSN	2004-2006	Nursing
Scottsdale Community College, Scottsdale, AZ	ADN	1987-1989	Nursing

**Employment in Nursing Education**

<b>Institution and location</b>	<b>Dates</b>	<b>Title</b>
University of North Carolina Wilmington, Wilmington NC	2013-present	Assistant Professor
Duke University, Durham, NC	2010-2013	Consulting Associate, Clinical Instructor
Wake Technical Community College, Raleigh, NC	2008-2010	Nursing Skills Lab Instructor
Wake Technical Community College, Raleigh, NC	2006-2008	Adjunct Clinical Faculty

## Other Employment

<b>Institution and location</b>	<b>Dates</b>	<b>Title</b>
Alamance Regional Medical Center, Burlington, NC	2012-2013	Critical Care Staff Nurse
The University of North Carolina at Greensboro, Greensboro, NC	2010-2011	Research Assistant
WakeMed Medical Center, Raleigh, NC	2005-2009	Staff Nurse, Critical Care Float Pool
Duke Medical Center, Durham, NC	2002-2005	Staff Nurse, Cardiac Intensive Care Unit
University of North Carolina Hospitals, Chapel Hill, NC	2001	Assistant Nurse Manager for CTSU, CCU and telemetry unit
Good Samaritan Medical Center, Phoenix, AZ	1996-2001	Staff Nurse, Cardiac Care Unit
Scottsdale Memorial Hospital, Scottsdale, AZ	1989-1996	Staff Nurse, Intensive Care Unit

## Honors and Awards

2016	North Carolina Nurses Association Nurse Educator of the Year
2015	Recognition of excellence in nursing at NCNA Nurses Day Celebration.
2015	Principal investigator "Exploration of incivility in nursing students," Sponsored by Charles L. Cahill Award, University of North Carolina Wilmington, \$2,535.00. (January 1, 2015 - May 31, 2015).
2014	Principal investigator: "The prevalence of bullying among nurse and effects on general quality of life and intent to change employment," Sponsored by Corbett Charitable Trust, University of North Carolina Wilmington, \$5,930.00. (June 1, 2014 - May 31, 2015).
2013	University of North Carolina at Greensboro, Faculty Award for Leadership for Graduate Student
2013	Sigma Theta Tau-Gamma Zeta Chapter Ruth P. Council Research Grant for PhD Student
2011	North Carolina Nurses Association Triangle Region Research Award
2010-2012	North Carolina: Nurse Educator of Tomorrow Scholarship
2006-2007	North Carolina: Community College Project Health
2007	Sigma Theta Tau, International Honor Society for Nursing

## Certifications and license

2012-2017	Certified Nurse Educator
Exp 6/2016	North Carolina Registered Nurse
2004-current	CCRN

Exp 2018	American Heart Association CPR Healthcare provider
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### Presentations

2016	Sauer, P. (2016). <i>Impact of incivility to students in nursing programs [oral presentation]</i> . Sigma Theta Tau European Conference, Utrecht, NL. June 6-8 2016.
2016	Sauer, P. (2016). <i>The effects of nurse bullying [poster]</i> . Sigma Theta Tau European Conference, Utrecht, NL. June 6-8 2016.
2015	Sauer, P., Verzella, M., Murdock, N. L., Hannon, A., Hot Issues Conference, <i>Exploration of incivility in nursing students, [oral presentation]</i> AACN, Las Vegas. (April 17, 2015).
2015	Sauer, P. Hot Issues Conference, <i>Nurse bullying: Effects on health and intent to change employment, [oral presentation]</i> AACN, Las Vegas. (April 17, 2015).
2015	Sauer, P., Jones, C., Elsevier Faculty Development Conference, <i>Patient Teaching Practicum</i> , Elsevier. (January 2015).
2014	Sauer, P., Sigma Theta Tau Nu Omega Chapter, <i>Does resilience mediate the effects of bullying in nursing, [oral presentation]</i> UNCW. (November 2014).
2014	Sauer, P., Jones, C. J., Sigma Theta Tau Nu Omega Chapter, " <i>Patient Teaching Practicum: Low-fidelity simulation for pathophysiology/pharmacology students, [poster presentation]</i> UNCW. (November 2014).
2012	Sauer, P. (2012) <i>Exploration of nurse on nurse bullying</i> Poster presented to North Carolina Nursing Leaders annual conference in Wilmington, NC.
2012	Sauer, P. (2012) <i>Exploration of Nurse on Nurse Bullying</i> . Poster presented at Southern Nurses Research Society annual conference in New Orleans, Louisiana
2011	Sauer, P. <i>Is your unit stressing you out: Which units have the highest incidence of stress?</i> Poster presentation Southern Nursing Research Society annual conference in Jacksonville Florida.
2005	French, P. "New Nurse Meetings" National Training Institute for Critical Care Nurses, Chicago Illinois.

## Publications

2017	Sauer, P. Hannon, A.E., Beyer, K. (2017). Peer and classroom incivility among undergraduate nursing students. <i>Nurse Educator</i> . In press
2016	Sauer, P. McCoy, T. P. (2016) Nurse bullying: Impact on nurses' health. <i>Western Journal of Nursing Research</i> .
2015	Ahern, N., Sauer, P., Thacker, P. (2015). Risky behaviors and social networking sites: How is YouTube influencing our youth? <i>Journal of Psychosocial Nursing</i> , 53(10), 25-29.
2013	Simons, S., Sauer, P. (2013). An exploration of workplace bullying experience: Coping strategies used by nurses. <i>Journal for Nurses in Staff Development</i> , 29 (5), 228-232.
2012	Sauer, P. (2012). Do nurses eat their young? Truth and consequences. <i>Journal of Emergency Nursing</i> , 38 (3), 43-46.
2009	Sauer, P., Van Horn, E.R., (2009) Impact of intravenous protocols on hypoglycemic patient safety and nursing workload. <i>Dimensions in Critical Care Nursing</i> , 28(3), 95-101.

## Teaching activities

2015-2017	Issues, trends and health policy in nursing NSG 322
2015-2017	Pathopharmacology NSG 335
2016	NSF 404 Health Policy
2015	Clinical instructor for Adult Health II (NSG 403)
2015	Pathopharmacology NSG 335
2014	Pathophysiology pharmacology II development and implementation
2014	Clinical instructor for Adult health II
2013-2014	Clinical instructor for Adult health I
2013	Pharmacology
2011-2013	Clinical Instructor for Senior Synthesis
2011-2013	Clinical Instructor for Geriatrics
2011-2013	Clinical Instructor for Adult Health
2010- 2013	Clinical Instructor Nursing Foundations
2010-2011	Collaboration between MD's and Nurses
2008-2010	Incorporation of simulation into curriculum
2008-2010	Development of remediation program with and without simulation
2008-2010	Acid Base Balance, interpreting ABG's NUR 112 (Nursing Health Illness Concepts)
2008-2010	Cardiac Care for NUR 135 (Adult Nursing Concepts)
2008-2010	Medication administration NUR 115 (Nursing Fundamentals), NUR 111, NUR 135 (Adult Nursing Concepts), NUR 235 (Nursing Synthesis)
2003-2005	New nurse meetings for nurses in CCU at Duke
1993-1996	Sections of Critical Care Core Curriculum

1994-1995	ACLS instructor
1991-1996	CPR instructor

### Invited presentations

2010	Pinning address for Wake Technical Community College
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### Professional service

2016-2017	Senator Faculty Senate
2016	Nurses Day Scholarship Committee
2015	NCNA Scholarship reviewer
2015-present	NCNA Professional practice committee member
2014-2015	Task force member for American Nurses Association Sept 2014-2015
2014	Scholarship selection committee member American Association of Critical Care Nurses
2014	Scholarship committee member NCNA
2013	Scholarship committee member NCNA
2013-current	NCNA Beyond Bullying committee
2013-current	NCNA Bullying education taskforce
2013	Gamma Zeta STTI Award committee member
2012-2013	NCNA delegate member for Triangle Region
2010	Reviewer for chapter on Nursing Collaboration in Pearson book
2010-current	Reviewer for the Journal of Holistic Nursing
2010	Medical volunteer for Homeless Connect in Durham
2010-2011	Student advisory representative for PhD program to Dean of SON
2008-2010	Program Evaluation Committee Wake Tech
2009-2010	Committee Chair Implement simulation into curriculum
2009-2010	Committee Chair simulation building and planning committee
2009-2010	Committee to develop LPN program
2009-2010	Development committee for NUR 111, 112, 211 and 212
1993-1999	American Heart Association volunteer
1991-1997	Medical volunteer for Tradition Senior Golf Tournament

### Memberships

1992-present	American Association of Critical Care Nurses
2007-present	North Carolina Nurses Association
2007-present	Sigma Theta Tau International, Gamma Zeta Chapter
2009-2014	Southern Nursing Research Society
2012-present	National League for Nursing

**Community Service**

2011-current	Foster and volunteer for German Shepherd Rescue and Adoption
2005-2013	Supporting member and volunteer for Chatham County Animal Rescue
2004-2010	Supporter and volunteer for the Triangle Region Chapter of the American Heart Association