

Anka Roberto
University of North Carolina Wilmington
School of Nursing
(910) 962-7755
Email: robertoa@uncw.edu

Education

DNP, Fairfield University Egan School of Nursing and Health Studies, 2016
Major: Psychiatric Mental Health Nurse Practitioner
Dissertation Title: Increasing Empathy utilizing a Poverty Simulation

Dual Master's Degree: MSN/MPH, Hunter College, 2005

BS, Fairfield University, 1999
Major: Nursing

Licensed Practical Nurse, Putnam Northern Westchester Technical Center, 1995

Professional Positions

Academic

Assistant Professor, College of Health and Human Services, University of North Carolina Wilmington. (August 13, 2018 - Present)

Visiting Assistant Professor, Fairfield University. (September 4, 2016 - May 15, 2018)

Director of Simulation, Fairfield University. (January 2012 - September 2016)

Adjunct Clinical Professor/Pediatrics, Pace University. (September 2005 - December 2007)

Professional

Telehealth Nurse Practitioner, Anka Roberto. (August 2018 - Present)

Psychiatric Nurse Practitioner, Anka Roberto. (January 2016 - June 2018)

Psychiatric Nurse Practitioner, Fairfield University Psychological and Counseling Services. (September 4, 2016 - May 15, 2017)

NICU Support Program Coordinator, Northern Westchester Hospital. (2009 - 2013)

NICU/Nursery Nurse, Northern Westchester Hospital. (December 2008 - March 2013)

NICU RN, Danbury Hospital. (September 2011 - September 2012)

Public Health Nurse II, Putnam County Department of Health. (October 2005 - December 2008)

Staff RN, Blythedale Children's Hospital. (April 2003 - October 2005)

Public Health Nurse, New Alternatives for Children (NAC). (May 2000 - April 2003)

Staff RN, New York University Medical Center. (August 1999 - March 2000)

Licensures and Certifications

- APRN, North Carolina State Board of Nursing. (March 2019 - Present)
- APRN, State of Connecticut. (May 2016 - Present)
- PMHNP-BC, American Association of Colleges of Nursing. (May 2016 - Present)
- Certified Adolescent Sexuality & Pregnancy Prevention Counselor, Children's Aid Society. (December 2000 - Present)
- Registered Nurse, NY, CT, NC. (1999 - Present)
- Neonatal Resuscitation Program Provider, NY state. (March 2009 - May 2016)
- Certified Lactation Counselor, Academy of Lactation Policy and Practice. (February 2005 - January 2011)
- Certified Instructor for First Aid/CPR/AED (Adult, Child & Infant), American Heart Association. (January 2000 - January 2005)

Professional Memberships

- North Carolina League for Nursing. (January 2019 - Present)
- American Psychiatric Nurses Association. (January 2014 - Present)
- Eye Movement Desensitization and Reprocessing International Association. (January 2014 - Present)
- American Nurses Association. (2012 - Present)
- International Nursing Association for Clinical Simulation and Learning. (2012 - Present)
- National League of Nursing. (2012 - Present)
- Sigma Theta Tau Mu Chi Chapter. (1999 - Present)

Development Activities Attended

- Workshop, "Writing intensive group," UNCW School of Nursing. (March 2019 - Present)
- Mentoring Activity, "1:1 Mentoring with Janie Canty-Mitchell." (January 2019 - Present)
- Tenure Faculty Group, "FACES (Fellowship, Accountability, Collaboration, Empowerment and Support) Tenure Faculty Group," UNCW, Wilmington, NC, USA. (September 2018 - Present)
- Workshop, "Teaching & Learning Circle," University of North Carolina Wilmington, Wilmington, North Carolina, USA. (September 2018 - Present)
- Conference Attendance, "Eastern Division of North Carolina Public Health Association Spring Conference," Wilmington, NC. (May 2019)
- Workshop, "Faculty Development Session: Developing Successful Research Teams," UNCW School of Nursing. (April 29, 2019)

Workshop, "Faculty Development Session: Laying your Service Footprint," UNCW School of Nursing. (April 29, 2019)

Conference Attendance, "CHHS Week," CHHS of UNCW. (April 1, 2019 - April 5, 2019)

Conference Attendance, "National League for Nursing: University of Central Florida Simulation Conference," NLN UCF, Florida. (March 2019)

Conference Attendance, "North Carolina League for Nursing Conference," NCLN, Durham, NC, United States. (March 29, 2019)

Workshop, "Faculty Development Session: Role and Expectations of Departmental Honors in Nursing," UNCW School of Nursing. (February 25, 2019)

Conference Attendance, "From Publication to Ideas," Center for Lifelong Learning, Chapel Hill, NC, USA. (January 2019)

Training, "Canvas Training," Office of E-Learning, Wilmington, North Carolina, USA. (November 2018 - January 2019)

Training, "Applied Learning Training," UNCW School of Nursing. (December 11, 2018)

Workshop, "ATI training Workshop," UNCW School of Nursing. (December 10, 2018)

"SON New Faculty Orientation," UNCW School of Nursing. (August 17, 2018)

Training, "CHHS New Faculty Orientation," CHHS of UNCW. (August 16, 2018)

Training, "Simulation Faculty Development Session," UNCW School of Nursing. (August 15, 2018)

"UNCW New Faculty Orientation," UNCW Center for Teaching Excellence. (August 13, 2018 - August 15, 2018)

TEACHING

Teaching Experience

University of North Carolina Wilmington

Fall 2019 NSG 329, Mental Health Nursing, 2 courses
 Section: 200, Enrollment: 8
 Section: 203, Enrollment: 8

Fall 2019 NSG 398, Health Policy, 1 courses
 Section: 800, Enrollment: 22

Fall 2019 NSG 499, Honors Work in Nursing, 1 courses
 Section: 322, Enrollment: 1

Spring 2019 NSG 329, Mental Health Nursing, 1 courses
 Section: 200, Enrollment: 9

Spring 2019 NSG 329, Mental Health Nursing, Clinic, 1 courses
 Section: 201, Enrollment: 9

Spring 2019 NSG 398, Health Policy, 1 courses
 Section: 807, Enrollment: 21

Spring 2019 NSG 398, Health Policy, On-Line, 1 courses
 Section: 804, Enrollment: 24

Fall 2018 NSG 329, Mental Health Nursing Clinical, Clinic, 1 courses
Section: 203, Enrollment: 8
Fall 2018 NSG 329, Mental Health Nursing, Lecture, 1 courses
Section: 001, Enrollment: 48
Summer II 2018 NSG 316, Professional Nursing Practice, 1 course
Section: 62511, Enrollment: 12

Teaching Innovation and Curriculum Development

New Degree Program. BSN-DNP PMHNP program. January 2019 - Present.
A program committee member of 3 faculty developing the new BSN-DNP PMHNP program that will launch in Fall 2020.

New Course. Spirituality & Wellness Course TBD. September 2018 - Present.
Chairing group of interdisciplinary faculty within CHHS in developing a Spirituality & Wellness course.

Non-Credit Instruction

Guest Lecture, School of Nursing: FNP Program. (April 2019)

Directed Student Learning

Undergraduate Honors Thesis Committee Member, Nursing. (May 2019 - Present)
Advised: Hannah Diskin

Undergraduate Honors Thesis Committee Chair, Nursing. (March 2019 - Present)
Advised: Danielle Dubois

RESEARCH

Published Intellectual Contributions

Book Chapters

Published

Roberto, A. (November 2019). Community Resilience and Emergency Preparedness. *Population Health for Nurses: Improving Community Outcomes* (1st edition ed.). Springer.

Roberto, A. (January (1st Quarter/Winter) 2018). Mother-Infant Toddler Relationships. In Fitzpatrick (Ed.), *Encyclopedia of Nursing Research* (4th ed., pp. pg. 429-431). New York: Springer.

Refereed Journal Articles

Published

Mager, D. R., Roberto, A. (October (4th Quarter/Autumn) 2019). Multipatient Prioritization in Simulation. *Nurse educator*, 44(5), 235-236. 10.1097/NNE.0000000000000618

Roberto, A. (May 18, 2019). Use of Simulation to Develop Students' Skills in Reminiscence Research. *The International Journal of Reminiscence and Life Review*, 6(1), 16-20.

Presentations Given

Presented:

Roberto, A. (November 2019). Southeastern Area Health Education Center Scholars Program, "ACEs, Integrative Care and New Trends in Healthcare," SEAHEC, Wilmington, NC.

Roberto, A. (October 2019). Coastal Horizons General Staff Training, "Trauma informed care in the clinical setting," Wilmington, NC.

Roberto, A. (May 2019). Coastal Nurse Practitioner Spring Symposium: Advanced Practice Nursing Across the Lifespan, "Clinical Pearls for a trauma informed approach in caring for children and families in primary/community care settings," UNCW School of Nursing: Community Engagement, UNCW.

Roberto, A., Winslow, H. J., Hunter-Jones, J. J., Rowan, N. L., Nanney, L. W., Dugan, L. P., Hohn, K. L., Cherry, S. T. (April 2019). College of Health and Human Services Research and Innovation Day, "The Impact of Spirituality on Wellness: A Literature Review," UNCW, Wilmington, NC.

Hunter-Jones, J. J., Hohn, K. L., Sellon, A. M., Cherry, S. T., China, A., Roberto, A. (April 2019). College of Health and Human Services Research and Innovation Day, "Towards an Interdisciplinary Minority Student Research Group (IMSRG) at UNCW," UNCW, Wilmington, NC.

Roberto, A. (April 2019). Eastern Division North Carolina Public Health Association Spring Conference, "Trauma & Resilience," EDNCPHA, Wilmington, NC.

Roberto, A. (April 2019). U.S. National Conference, "Trauma considerations in hospitalized children," NCNA.

Roberto, A. (March 2019). National League for Nursing, "Development of a 50% on campus clinical simulation experience for students in a BSN mental health nursing course," University of Central Florida, Orlando, FL.

Roberto, A., Hunter-Jones, J. J. (March 2019). New Hanover County Resiliency Taskforce Meeting, "Life is Good: A Playmakers Approach: Pilot Project Presentation," Wilmington, NC.

Roberto, A. (March 2019). Teaching Learning Circle of School of Nursing, "Critical Conversations using Advocacy/Inquiry communication," UNCW School of Nursing, Wilmington, NC.

Published Conference Proceedings:

Roberto, A., Lusk, P. (October 2019). American Psychiatric Nurses Association Annual Conference, "Psychiatric Nurse Practitioners taking a bottom up approach in helping to heal anxiety, inattention and other common ailments of children; discovering trauma as a factor feeding into their presentation.," New Orleans, LA.

Roberto, A., Bove, L. A. (October 2019). American Psychiatric Nurses Association Annual Conference, "What every Psychiatric Mental Health Nurse Practitioner needs to know about Telehealth.," New Orleans, LA.

Roberto, A. (July 2019). Sigma Theta Tau 30th International Nursing Research Congress, "Integrating a psychospiritual approach of holistic wellness in treating those with mental health disorders," Sigma Theta Tau, Alberta, Canada.

Roberto, A. (June 2019). International Nursing Association for Clinical Simulation Annual Conference, "Development of a standardized patient program for psychiatric nursing utilizing a method acting approach: An immersive experience," INACSL (International Nursing Association for Clinical Simulation), Phoenix, Arizona.

Baisden, P. A., Coward-Murrell, C., Gell, S. E., Roberto, A. (June 2019). International Nursing Association for Clinical Simulation Annual Conference, "Innovative team teaching in psychiatric nursing," INACSL (International Nursing Association for Clinical Simulation), Phoenix, AZ.

Contracts, Grants and Sponsored Research

External Grants/Sponsored Research

Not Funded

Roberto, A. (Principal), & Hunter-Jones, J. (Co-Principal). (August 30, 2019 - August 31, 2020). Sponsored by Cape Fear Memorial Foundation, Local, \$80,000.00.

Roberto, A. (July 2018). "Optimizing the learning environment; a trauma-informed approach," Sponsored by Robert Wood Johnson Foundation, Private, \$75,000.00.

Internal Grants/Funding

Currently Under Review

Roberto, A., & Hunter-Jones, J. J. (January 2020 - December 2020). "Optimizing the learning environment; a trauma informed approach.," Sponsored by SPARC/Cahill Grant, University of North Carolina Wilmington, \$10,000.00.

Roberto, A., & Hunter-Jones, J. (November 4, 2019). "Cultural Activities Grant," Sponsored by The power of optimism in overcoming adversity to promote resilience and wellness., \$3,000.00.

Funded

Roberto, A., Palumbo, R. (Co-Principal), & Protokowicz, J. (Co-Principal). (January 2020 - December 2020). "Eye Movement Desensitization & Reprocessing (EMDR), treatment for substance use disorders (SUDs): A mixed method quasi-experimental study.," Sponsored by School of Nursing; Corbett Grant, University of North Carolina Wilmington, \$8,000.00.

Roberto, A. (July 2019 - December 2019). "Optimizing the learning environment; a trauma informed approach.," Sponsored by Corbett Grant, \$2,500.00.

Hinkle, J. F. (Principal), Arms, T. E. (Co-Principal), Bove, L. A. (Co-Principal), Roberto, A. (Co-Principal), & Rowan, N. L. (Co-Principal). (November 12, 2019 - Present). "Developing Adaptive Case Studies in Tele-Psychiatry," Sponsored by UNCW Office of the Director for the School of Nursing, University of North Carolina Wilmington, \$20,000.00.

Cherry, S. T. (Co-Principal), Hunter-Jones, J. J. (Principal), Roberto, A. (Co-Principal), Hohn, K. L. (Co-Principal), Sellon, A. M. (Co-Principal), & China, A. (Co-Principal). (August 15, 2019 - Present). "Developing an Interdisciplinary Minority Student Research Group (IMSRG) at UNCW to Applied Learning Strategic Initiative Awards," Sponsored by ETEAL, University of North Carolina Wilmington, \$30,000.00.

Roberto, A. (Principal), & Hunter-Jones, J. (Co-Principal). (January 2019 - June 2019). "Optimizing the learning environment; a trauma-informed approach," Sponsored by Community Engagement, University of North Carolina Wilmington, \$5,000.00.

Hunter-Jones, J. (Co-Principal), & Roberto, A. (Principal). (January 2019 - May 2019). "Integration of a Life is Good Playmaker systems model: A trauma informed approach in promoting resiliency among children K-8," Sponsored by Cahill Grant, University of North Carolina Wilmington, \$5,000.00.

Not Funded

Bove, L. A. (Co-Principal), & Roberto, A. (Co-Principal). (July 1, 2019 - June 30, 2022). "Strategic Initiatives: Creating a telehealth psychiatry continuing education and DNP course for PMHNPs," Sponsored by University of North Carolina Wilmington, University of North Carolina Wilmington, \$30,000.00.

Roberto, A. (Principal), Hunter-Jones, J. (Co-Principal), Rowan, N. L. (Co-Principal), Nanney, L. W. (Co-Principal), Hohn, K. L. (Co-Principal), Cherry, S. T. (Co-Principal), & Winslow, H. J. (Co-Principal). (October 2019). "Integration of Spirituality to promote health and wellness of individuals and communities.," Sponsored by Cultural Activities Grant: The Globalization, Culture, and Diversity Committee, \$3,500.00.

Roberto, A. (March 2019). "Adverse Childhood Events and Resiliency; what every health care provider needs to know, an interdisciplinary approach.," Sponsored by Cultural Activities Grant: The Globalization, Culture, and Diversity Committee, University of North Carolina Wilmington, \$3,500.00.

Roberto, A. (Principal), Martin, A. (Co-Principal), Mitchell, A. (Co-Principal), & Allen, A. (Co-Principal). (March 14, 2019). "Adverse Childhood Events and Resiliency; what every health care provider needs to know, an interdisciplinary approach.," Sponsored by E-Teal (SURCA), University of North Carolina Wilmington, \$3,500.00.

Hunter-Jones, J. J. (Principal), & Roberto, A. (Co-Principal). (March 14, 2019). "Optimizing the learning environment; a trauma-informed approach," Sponsored by UNCW Community Engagement Grant, University of North Carolina Wilmington, \$5,000.00.

Research in Progress

"Integration of a Life is Good Playmaker systems model; a trauma informed approach in promoting resiliency among children k-8." (On-Going).
Trauma informed playmakers program training educators k-8 who work with children with high ACE scores. Measuring burn out, resilience, optimism and teachers response to behavior in classrooms.

"The Image of Psychiatric Nursing" (Planning).

SERVICE

Department Service

Committee Member, DNP Admission Committee. (February 2019 - Present)

Committee Member, BSN- DNP Admission Criteria Graduate Workgroup/Taskforce. (January 2019 - Present)

Committee Member, School of Nursing General Faculty Council. (August 2018 - Present)

Committee Member, School of Nursing Graduate Program Faculty Council. (August 2018 - Present)

Committee Member, School of Nursing Undergraduate Program Faculty Council. (August 2018 - Present)

Guest Lecture, Association of Student Nurses. (January 28, 2019)

Guest Lecture, NS 112 Nurse Practitioner Panel. (November 6, 2018)

College Service

Faculty Advisor, Association of Self Care for future Healthcare Professionals. (August 2019 - Present)

Committee Member, CHHS IPC Advisory Council. (February 2019 - Present)

Committee Chair, Spirituality Special Interest Group. (October 2018 - Present)

Guest Lecture, College of Health and Human Services Leadership Team Meeting: Making CHHS Trauma Informed. (May 2019)

University Service

Grant Proposal Reviewer, Internal, NIH Mock Review Team. (March 2019 - Present)

Faculty Mentor, Faculty Commons. (September 2018 - Present)

Professional Service

Volunteer, Coastal Horizons. (May 2019 - Present)

Regional Coordinator, EMDRIA, Wilmington, NC. (April 2019 - Present)

Committee Member, New Hanover Resiliency Taskforce Health Care Subcommittee. (January 2019 - Present)

Committee Member, American Psychiatric Nurses Association (APNA) Graduate Branch Education Council. (September 2018 - Present)

Public Service

Workshop Organizer, Lifepoint Church, Wilmington, North Carolina. (February 2019 - Present)