

EDUCATION:

- Doctor of Nursing Practice** Completed May 2020
University of North Carolina, Wilmington NC
Doctoral Project: Obesity in a Rural Women's Health Clinic
- Post Master's Certificate Family Nurse Practitioner** Completed- July 2009
East Carolina University, Greenville NC
- Master of Science in Nursing**
Health Systems Management / Clinical Specialist HIV/AIDS Completed- May 2001
The Johns Hopkins University, Baltimore MD
- Bachelor of Science in Nursing** Competed- May 1998
Salisbury State University, Salisbury MD

PROFESSIONAL EXPERIENCE:

- Clinical Associate Professor** August 2021
College of Health and Human Services
School of Nursing
University of North Carolina Wilmington
- Family Nurse Practitioner** November 2009-present
Carteret OB-Gyn Associates
- Provides gynecological, prenatal, post partum, and primary women's health care in a large fast-paced OB-GYN practice and satellite facility.
 - Sub-investigator for Unified Women's Health Research at Carteret OBGYN.
 - Participated as a sub-investigator in Phase III clinical trials for conditions specific to women's health, such as endometriosis, fibroids, hot flashes, and recurrent vaginal infections.
 - Practices independently in the smaller satellite clinic and assists with daily clinical and administrative decision making for the clinic.
 - Creates electronic health record templates for medical assistants and providers to utilize to improve efficiency, documentation, patient outcomes, and coding of patient encounters.
 - Established an order set to assist providers with addressing obesity in patients having a BMI greater than 30 in an effort to improve patient health outcomes and improve incentive measures such as Merit Based Performance Measures (MIPs).
 - Developed patient education to accompany the obesity order set to aid both patient and provider in appropriate counseling and available resources.
 - Educates and develops policies and procedures for all staff and providers regarding infection control and OSHA standards
 - Clinical Consultant for the Infection Control Committee
 - Provides clinical and administrative guidance for Employee Health issues such as immunizations, needle sticks, on the job injuries, and COVID exposures.
 - Collaborates with Carteret Health Care infection control department and surgical services to identify and investigate potential surgical site infections
 - Researched, coordinated, and developed infection control procedures and protocols involving COVID 19 prevention.

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- Created and presented educational programs regarding important health topics for the State Employees health education initiative.
- Precepts nurse practitioner students from multiple North Carolina universities

Family Nurse Practitioner
Onslow Memorial Hospital

April 2013- June 2014

- Provided emergency medical care in a busy community hospital that serves 50,000 patients a year that reside in Onslow county, surrounding counties, and military bases

Infection Control Practitioner II

May 2005-April 2008

Craven Regional Medical Center New Bern, NC

- Clinical consultant to physicians and nursing staff regarding patients and infectious diseases
- Developed Infection Control policies and protocols in accordance with local, state, and federal governing bodies as well
- Consultant and member of multiple committees including Infection Control, Patient Safety, Dialysis, Hospital Construction, Critical Care, Craven Co. Health Department Epidemiology, Value Analysis, Pandemic Influenza, and Rapid MRSA surveillance.
- Developed educational infection control programs for the department of nursing, physicians, and ancillary services
- Abstracted and analyzed data related to hospital associated infections through daily surveillance and maintenance of surveillance data base
- Contributed to Pitt County Health System Pandemic Flu Newsletter and member of the editorial board

Outcomes Specialist / Infection Control

February 2004-May 2005

Craven Regional Medical Center New Bern, NC

- Outcomes Specialist for Pneumonia National Hospital Quality Measure
- Developed Measure Up! A JCAHO Education Program for hospital employees
- Facilitator for unit based JCAHO educators called JCO Champions
- Created The Quality Report; a monthly newsletter focused on educating physicians regarding JCAHO, National Hospital Quality Measures, and Centers for Medicare and Medicaid services
- Provided coverage and assistance to Infection Control Practitioner
- Assisted in daily surveillance activities, infection control rounds, reporting of communicable diseases, and policy development

Registered Nurse PRN Float Pool

December 2003- February 2004

Craven Regional Medical Center, New Bern NC

Nursing Supervisor

July 2002-November 2003

The Johns Hopkins University Moore Clinic Baltimore, MD

- Managed a clinical care team in outpatient clinic that provided care to 3200 HIV+ clients
- Developed a new "Primary Nursing Model" to improve patient access to care
- Instituted standards of care within the clinic to improve safety, quality, and consistency of care within the clinic.
- Assisted in adult clinical trials for many new HIV/AIDS therapies.
- Facilitated committees within clinic to include Performance Improvement, Patient Education, and

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Service Excellence

- Served as Staff Educator to Clinical CareTeam for HIV/AIDS, Infection Control, and practical nursing skills
- Analyzed epidemiological trends within the clinic and surrounding community regarding infectious diseases and control of infection
- Assisted with development of Bioterrorism plan within the clinic

Nurse Clinician II E

January 2000- July 2002

Johns Hopkins Hospital

- Provided direct patient care on a 20- bed HIV/AIDS
- Designed and implemented unit- based MRSA Performance Improvement Project
- Created resource materials for JCAHO survey, staff career development, and nurse recruitment
- Developed staff education materials, precepted new nursing staff, charge nurse for nights and day rotation, acted as a HIV/AIDS resource to nurses

Medical/Surgical Registered Nurse

July 1998 - January 2000

Anne Arundel Medical Center, Annapolis MD

ACTIVITIES and CERTIFICATIONS:

- Family Nurse Practitioner Board Certified by American Nurses Credentialing Center since November 2009
- North Carolina Board of Nursing Approval to Practice as a Nurse Practitioner since November 2009
- Certificate of completion for 68 hours of Institute for Health Care Improvement courses
- Board Certified Infection Control May 2005, December 2010
- Member of Association of Professionals in Infection Control 2005, 2010
- Completed NC SPICE Infection Control Programs I 2004 and II 2005, 2017
- Good Clinical Practice certified 2017-2020
- Member of North Carolina Nurses Association
- Member of Sigma Theta Tau National Honor Society of Nursing
- Member of Eastern North Carolina Physician Assistant and Nurse Practitioner Organization
- Member of Phi Kappa Phi National Honor Society