HEALTHFUL LIVING & FITNESS EDUCATION
K-12 TEACHER LICENSURE SPECIALTY
SCHOOL OF HEALTH & APPLIED HUMAN SCIENCES
COLLEGE OF HEALTH & HUMAN SERVICES

STRONG FACULTY
Our faculty are highly qualified and committed to student success.

ACCREDITATION
Our program is accredited by the National Council for the Accreditation of Teacher Education.

CURRICULUM
Our program has been carefully designed to prepare students to be effective in the professional-world setting.

OPPORTUNITIES
Students participate in faculty research and student organizations.

FOUNDATION
Majors have a strong foundation in science through the study of anatomy and physiology, biomechanics and motor behavior as it relates to children, physical activity and childhood obesity.

EXPERIENCE
Career opportunities available in a large variety of health care and human service agencies.

WHY PHYSICAL EDUCATION & HEALTH?
Our degree requirements meet the standards mandated by the North Carolina State Department of Public Instruction and prepare students to teach, coach and assume leadership positions in K-12 schools. Graduates can add licensure in other subject areas by passing the relevant PRAXIS II tests.

Over the past five years, 95 percent of PEH graduates have secured teaching and coaching positions in K-12 schools or have entered graduate degree programs. This degree program helps prepare future teachers and coaches who want to make a difference in the lives of children.

@uncwshahs
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Many graduates choose to continue their education by pursuing a master’s or doctoral degree to advance their knowledge in the field. Advanced degrees are sought in:

- Physical education & health
- Special education
- Strength & conditioning
- Coaching education
- K-12 school administration
- Exercise science or kinesiology
- Health education
- Athletic administration

For more information about this field, the career options, professional opportunities, and the UNCW program, visit uncw.edu/shahs

Questions? Contact Dr. Amelia Huelskamp, Program Coordinator at 910.962.7308 or huelskampa@uncw.edu.