Unlocking Your Inner Nancy Drew: Lessons Learned During the Quest for Knowledge

Monday, March 23 | 10 a.m.
UNCW McNeill Hall, Room 1051

Dr. Justine Reel, associate dean for research and innovation in CHHS and interim director for UNCW’s Sponsored Programs and Research Compliance Office, was selected to keynote this year’s Research and Innovation Day. She is best known for her work to promote positive body image and health. For this presentation, she will share insights gleaned about how to keep passions alive and how to navigate the challenges related to one’s researcher trajectory.

Prior to joining UNCW, Dr. Reel served on the University of Utah faculty for 13 years as the director of Graduate Studies and associate department chair of the Department of Health Promotion and Education. She founded the SPEAK organization to raise awareness and prevent eating disorders through research and outreach. She worked in the private sector to establish an eating disorder treatment facility. She has also held faculty positions at Temple University, West Chester University and Salem College. She earned her Ph.D. and both master’s degrees from the University of North Carolina Greensboro and her B.A. from North Carolina State University. Reel has published 115 journal articles and book chapters, seven books and delivered over 150 presentations.