

# The Role of Leisure in Life Transitions: The Thread that Ties it All Together

Distinguished Researcher Presentation

**Monday, April 1 | 10:30 a.m.**  
**McNeill Hall, Room 1005 (Lecture Hall)**

UNCW professor Candy Ashton-Forrester will present her research on the role of leisure, recreation and play in life transitions. Spanning the past 30 years, her research has included young adults on the autism spectrum transitioning out of high school; older women transitioning into retirement; adults waiting for a heart transplant; adults after gastric bypass surgery; and adults learning to live with a disability.

## FEATURED DISTINGUISHED RESEARCHER



**Dr. Candy Ashton-Forrester**

Candace Ashton-Forrester is a professor and coordinator of the Recreation Therapy Program at UNCW's School of Health and Applied Human Sciences. She has three degrees in the area of recreation and leisure, all with an emphasis on recreation therapy. She earned her Ph.D. from the University of Illinois, her B.A. from the University of Florida and her M.S. from Florida State University.

Dr. Ashton-Forrester is credentialed as a certified therapeutic recreation specialist by the National Council on Therapeutic Recreation Certification and as a licensed recreational therapist by the North Carolina Board of Recreational Therapy Licensure.

HEALTH & HUMAN SERVICES WEEK

2019



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