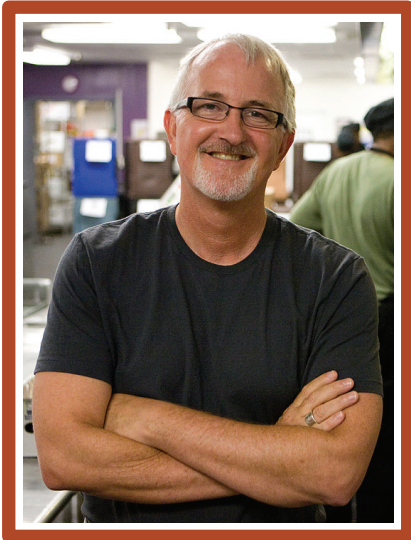




# FOOD for Thought



## A Virtual Health Transformation Lecture with Robert Egger

**Tuesday, Nov. 10, 2020 | 2 - 3 p.m. | FREE!**

Discuss the impact of food insecurity in our community with Robert Egger, founder of L.A. Kitchen and DC Central Kitchen.

Hear how Egger scaled the community kitchen movement and helped produce and distribute more than 50 million meals—while training 2,000 men and women for culinary careers. Egger will inspire you to see challenges and opportunities as baby boomers age and our economy continues to evolve.

Q&A will follow. Space is limited. Reservations required. Follow link: <http://bit.ly/chhsfoodforthought>



## A Closer Look: Food Insecurity in Our Backyard

**Thursday, Nov. 12, 2020 | 12:30 - 2 p.m. | FREE!**

Explore what food insecurity is and how it affects our Wilmington community. Food looks different for everyone, and not all community members have the same consistent access to nutritious foods. The conversation will be led by community partners and will not only explore the different faces of hunger, but also understand the relief efforts taking place in our city.

Space is limited. Reservations required. Follow link: <http://bit.ly/chhsfoodforthought>

*The Fall 2020 Health Transformation Lecture Series is a partnership with the College of Health and Human Services, Brunswick Community College, Cape Fear Community College and the South East Area Health Education Center. Funding for this program provided by a CHHS Cultural Activities grant.*