



Which Program is Right for Your Patient?

Onslow County Health Department offers 3 different diabetes-related programs to help you maximize your patients' health. **Diabetes Prevention Program (DPP)** is a lifestyle intervention program for adults designed to prevent or delay the onset of type 2 diabetes. Research shows when people apply what they learn in DPP, it is just as effective as medication at protecting health! **Diabetes Self-Management Education (DSME)** is a program for adult diabetics referred by their doctor. Focus is on self-care for long-lasting improvements in health. **LEAP Diabetes** is a program for adult diabetics within Onslow County's minority population, which includes linkage to primary care, supplies, case management, and education. Family participation is welcome.

Enrolling in a program is easy! Provide your patient's contact and other necessary information and check the pertinent boxes below. Then, fax this form to Health Promotions, at (910) 347-2789. If you are referring them for the DSME program or specific nutritional services, please also send the attached referral form completed.

NAME: _____

PHONE: _____

ADDRESS: _____

Gender: _____

Race/Ethnicity: _____

Height: _____

A1C: _____

Blood Glucose: _____

Weight: _____

Age: _____

Any other health concerns: _____

DIAGNOSIS:

- Type I
- Type II
- Gestational
- Pre-diabetes.
- Was diagnosed within the past year.

RISKS:

- Has a parent or sibling diagnosed with diabetes.
- Gets less than 30 minutes of activity daily
- Had a baby that weighed over 9 pounds at birth.
- Has been hospitalized in the past year for diabetes related issues (number of times _____)

NEEDS:

- A PCM
- Assistance with purchasing supplies
- Assistance with transportation to and from appointments.
- Information on how to support a diabetic family member.

REFERRED BY:

Name/Organization/Dept: _____

Phone #: _____

Fax: _____