# NC Community College Four-Year Pathway Plan

**Schedule for Full-Time Students**

Pursuing AA Degree & transfer into Exercise Science – Exercise Physiologist Certification (BS) at UNCW.

*(Placed Out of All Developmental Courses)*

North Carolina Community College classes are listed below in bold with (AA Requirement Sections). The UNCW degree requirements fulfilled listed next to the classes.

The University of North Carolina at Wilmington strongly recommends students complete their Associate’s degree prior to transferring to UNCW. Pathways are structured for students who have completed all requirements for their Associate’s degree and qualify for the CAA. UNCW recommends that transfer students complete the Foreign Language Requirements prior to enrolling at UNCW.

<table>
<thead>
<tr>
<th>NC COMMUNITY COLLEGE- FIRST YEAR</th>
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<tbody>
<tr>
<td><strong>Fall Semester</strong></td>
</tr>
<tr>
<td>ENG 111 (English Composition) – ENG 101</td>
</tr>
<tr>
<td>Foreign Language 111/FL 181 (Global Awareness &amp; FL + 1 Elective Credit) – FL 101</td>
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<tr>
<td>History (Social/Behavioral Science I)¹</td>
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<tr>
<td>BIO 111 (Natural Sciences) - BIO 201</td>
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<tr>
<td>ACA 122 (Academic Transition) – Elective</td>
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<tr>
<td>TOTAL CREDIT HOURS</td>
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Students may also elect to take courses during the summer, pending availability.

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<thead>
<tr>
<th>NC COMMUNITY COLLEGE- SECOND YEAR</th>
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<tr>
<td><strong>Fall Semester</strong></td>
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<tr>
<td>(Elective) – Choose any elective</td>
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<tr>
<td>Foreign Language 211/ (Global Awareness &amp; FL)² – FL 201</td>
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<tr>
<td>SOC 210 (Social/Behavioral Science II) - SOC 105</td>
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<tr>
<td>MAT 171 (Mathematics) – MAT 111</td>
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<tr>
<td>(Arts/Humanities I)³</td>
</tr>
<tr>
<td>TOTAL CREDIT HOURS</td>
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¹History (Social/Behavioral Science I); student can take HIS 111, HIS 112, HIS 131 or HIS 132
²(Social/Behavioral Science III); student can take any course from Social/Behavioral Science I or II that they haven’t previously taken
³(Arts/Humanities I); student can take ART 114, ART 115, MUS 110 or MUS 112
⁴(Arts/Humanities II); student can take ENG 231, ENG 232, ENG 241, ENG 242, PHI 215 or PHI 240
⁵(Arts/Humanities III); student can take any course from Arts/Humanities I or II that they haven’t previously taken
⁶Communications (Required Courses); student can take COM 110, COM 120 or COM 231
⁷If student graduated high school more than 7 years ago or is taking a different language than studied in high school, they can take another course in the Global Awareness & FL category at the community college. If student graduated high school within last 7 years and is taking same language as high school or did not have at least two foreign language courses in high school, then they must take the same FL through 201 level at the CC or at UNCW. UNCW recommends that transfer students complete the Foreign Language Requirements prior to enrolling at UNCW. A student who chooses to wait on the FL requirement should consult with their advisor about satisfying the FL requirement at UNCW.

**THIS SHEET IS FOR ADVISING PURPOSES ONLY.** Students should work with their Advisor to determine course selections that will result in the greatest transferrable credit, for the intended program, upon transfer to the four-year school. Please remember that C-'s do not transfer to UNCW.
## Schedule of Courses for the Exercise Science - Exercise Physiologist Certification (BS) at UNCW

| Minimum Credit Hours Required for Graduation | 120 |
| Hours Remaining in UNCW Degree | 59 |

| UNCW- JUNIOR YEAR |  |
|------------------|--|------------------|--|
| **Fall Semester** | **Credit** | **Spring Semester** | **Credit** |
| UNI 201 | 3 | EXS 310 | 3 |
| EXS 210 | 3 | EXS 311 | 3 |
| PED 350 | 3 | EXS 312 | 3 |
| PED 101 | 2 | EXS 313 | 3 |
| EXS/L 216/BIO/L 240 | 4 | EXS/L 217/BIO/L 241 | 16 |
| **TOTAL CREDIT HOURS** | 15 | **TOTAL CREDIT HOURS** | 12 |

<table>
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<tr>
<th>Summer Semester</th>
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<tr>
<td>EXS/L 320 – 4</td>
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<tr>
<td>EXS 321 – 3</td>
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<td><strong>TOTAL CREDIT HOURS: 7</strong></td>
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| UNCW- SENIOR YEAR |  |
|------------------|--|------------------|--|
| **Fall Semester** | **Credit** | **Spring Semester** | **Credit** |
| EXS 411 | 4 | EXS 497 | 3 |
| EXS 412 | 3 | EXS/L 420 | 4 |
| EXS 322 | 3 | EXS 421 | 3 |
| EXS 410 | 3 | General Elective | 3 |
| **TOTAL CREDIT HOURS** | 13 | **TOTAL CREDIT HOURS** | 13 |

- Students should seek academic advising to determine the best courses and sequence to meet their educational goals and degree requirements.
- Following the Pathway to Degree does not guarantee admission to UNCW or guarantee an AA degree or BA degree will be conferred.
- Please refer to University of North Carolina Wilmington Admissions for more information on admission to UNCW and the transfer of credits to UNCW: [https://uncw.edu/admissions/trreqs.html](https://uncw.edu/admissions/trreqs.html)