

Template for CAA students earning an AS degree							
who are interested in Bachelor of Science in Exercise Science							
at the University of North Carolina Wilmington							
Part I: Complete the AS degree within the NCCCS as outlined.							
Universal General Education Transfer Component							
English Composition (6 SCH)				The following two English composition courses are required.			
Prefix	Course Name	Credit Hours	Pre-requisites	UNCW Course Equivalent	Credit Hours	Required by Major	Notes
ENG 111	Writing Inquiry	3		ENG 101	3		
ENG 112	Writing/Research in the Disciplines	3	ENG 111	ENG 201	3		
Total Credit Hours Required		6			6		
Humanities/Fine Arts (6 SCH)				Students will select two courses from at least two different disciplines:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required by Major	Notes
ART 111	Art Appreciation	3	None	ART 001	3		
ART 114	Art History Survey I	3	None	ARH 201	3		
ART 115	Art History Survey II	3	None	ARH 202	3		
COM 231	Public Speaking	3	None	COM 101	3		
ENG 231	American Literature I	3	None	ENG 223	3		
ENG 232	American Literature II	3	None	ENG 224	3		
MUS 110	Music Appreciation	3	None	MUS 115	3		
MUS 112	Introduction to Jazz	3	None	MUS 116	3		
PHI 215	Philosophical Issues	3	ENG 111	PAR 101	3		
PHI 240	Introduction to Ethics	3	ENG 111	PAR 115	3		
Total Credit Hours Required		6			6		
Social /Behavioral Science (6 SCH)				Students will select two courses from at least two different disciplines:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required by Major	Notes
ECO 251	Principles of Microeconomics	3	None	ECO 221	3		
ECO 252	Principles of Macroeconomics	3	None	ECO 222	3		
HIS 111	World Civilizations I	3	None	HIST 101	3		
HIS 112	World Civilizations II	3	None	HIST 102	3		
HIS 131	American History I	3	None	HIST 105	3		
HIS 132	American History II	3	None	HIST 106	3		
PSY 150	General Psychology	3	None	PSY 105	3		
POL 120	American Government	3	None	PLS 101	3		
SOC 210	Introduction to Sociology	3	None	SOC 105	3		
Total Credit Hours Required		6			6		
Mathematics (8 SCH)				Students will select two courses from the following:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required by Major	Notes
MAT 171	Precalculus Algebra	4		MAT 111	4	X	Required for entry into the major
MAT 172	Precalculus Trigonometry	4		MAT 112	4		
MAT 263	Brief Calculus	4		MAT 151	4		
MAT 271	Calculus I	4		MAT 161	4		
Total Credit Hours Required		8			8		
Natural Sciences (8 SCH)				Students will select 8 SCH from the following courses:			
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Required by Major	Notes

BIO 111	General Biology	4		BIO 201	4		Required for entry into the major
CHM 151	General Chemistry I	4		CHM 101	4		Required for entry into the major
Total Credit Hours Required		8			8		
Total UGETC Hours		34			34		

Additional General Education Courses (11 SHC) : These courses must be classified as UGETC or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
CIS 110	Intro. To Computers	3		CSC 105	3	Gen Ed	Required for major
ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS, or SPA 111	Foreign Language	3	None	ASL, CHN, FRH, GER, ITN, JPN, LAT, PRT, RUS, or SPN 101	3	GEN ED	3-9 credit hours required for UNCW University Studies: Proficiency at the 201 level (or higher) in a language previously studied or 2 semesters 101-102 in a new language. Note that ASL, CHN, ITN, PRT, and RUS may not be offered at the 201 level. If student must take more than 6 cr hours to fulfill this requirement, then recommend that the other 3 credits be taken as part of the Other Required Hours below.
ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS, or SPA 112	Foreign Language	3		ASL, CHN, FRH, GER, ITN, JPN, LAT, PRT, RUS, or SPN 102	3	GEN ED	
ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS, or SPA 211	Foreign Language	3		ASL, CHN, FRH, GER, ITN, JPN, LAT, PRT, RUS, or SPN 201	3	GEN ED	
Free electives		0-5			0-5	GEN ED	# depends on how many credits of Foreign Language are needed to fulfill UNCW requirement.
Total Credit Hours Required		11			11		
Total General Education Hours Required		45			45		
***Recommend that the 45 hours include 1 LDN & 1 LGS; 2 WI & 2 IL						Rec for US	
***Recommend that the 45 hrs include 9 hrs total in Human/Art, including 3 in PHI; and 9 hrs total in SBS, including 3 in HST						Rec for US	
Other REQUIRED HOURS (15-16 SHC): These courses must be classified as pre-major, elective or general education within the CAA.							
Prefix	Course Name	Credit Hours	Pre-requisites	University Course Equivalent	Credit Hours	Category	Notes
ACA 122	College Transfer Success	1		UNI 001	1	GEC	required by CAA
BIO 165 or 168	Anatomy & Physiology I	4		BIO 240	4	PreMaj/Elective	Required for major
BIO 166 or 169	Anatomy & Physiology II	4		BIO 241	4	PreMaj/Elective	Required for major
PED 110	Fit & Well for Life	2		PED 101	2	PreMaj/Elective	Required for major
Free electives		1-5			1-5	GEN ED	# depends on how many credits of Foreign Language are needed to fulfill UNCW requirement. Use this to finish Foreign Language if necessary (see section above).
Other Required Hours (15-16 SCH)		15-16			15-16		

Total Semester Credit Hours in Program: 60-61

NOTE: The BS in Exercise Science program at UNCW requires completion of certain requirements before being able to enroll in major courses at UNCW. Please visit the School of Health & Applied Human Sciences website at UNCW to learn more about entry requirements.

Part II: Complete the UNCW BS Exercise Science Degree Plan						
3rd and 4th Year Plan for Exercise Science BS Degree at UNCW						
Upon completion of the AS degree as outlined above, an AS student will have 61 transferrable hours toward a BA in Athletic Training degree at UNCW.						
This degree can be completed at UNCW with 63 additional hours as outlined below.						
Semester	Course	Hours	Notes			
5	EXS 340	3	Major Requirement			
5	EXS 349	4	Major Requirement			
5	EXS 355	3	Major Requirement			
5	EXS Elective	3	Major Requirement			
5	Free Elective	3	Meet residency requirement for Modeling cluster	16		
6	PED 350	3	Major Requirement			
6	EXS 359	3	Major Requirement; 2nd IL			
6	EXS 379	3	Major Requirement			
6	EXS Elective	3	Major Requirement			
6	Free Elective	3	2nd WI			
				15		
7	HEA 465	3	Major Requirement			
7	EXS 460	3	Major Requirement			
7	EXS 470	4	Major Requirement			
7	EXS Elective	3	Major Requirement			
7	Free Elective	3	LGS or LDN Requirement.			
				16		
8	EXS 347	3	Major Requirement; Capstone & EBC			
8	EXS 410	4	Major Requirement			
8	EXS 471	3	Major Requirement			
8	Free Elective	3	3rd IL			
8	Free Elective	3	3rd WI			
				16		
					63	UNCW credit hours
					61	transfer hours
					124	hours for graduation