

Dating Violence

Violence committed by a person who is or has been in a social relationship of a romantic or intimate nature with the victim. Includes sexual or physical abuse or threats of such abuse.

Domestic Violence

Abuse or violence committed by a current or former spouse or by a person with whom the victim shares a child in common or by a person who is cohabitating with or has cohabitated with the victim as a spouse.

Stalking

A course of conduct directed at a specific person that would cause a reasonable person to fear for their safety or the safety of someone else or suffer substantial emotional distress.

Sexual Misconduct

Any sexual acts attempted or committed without consent and/or by force, threat, coercion, or pressure, or through the use of the victim's mental or physical helplessness, of which the assailant was aware or should have been aware, including non-consensual sexual intercourse, non-consensual sexual contact, and sexual exploitation.

Consent

Mutually voluntary permission to engage in sexual activity demonstrated by clear actions and/or words.

CARE Violence Prevention/Response... 962.CARE

24-Hour Crisis Line512.4821

Confidential support services, crisis response and advocacy.

University Police962.2222

Response to campus safety and security issues, including criminal investigations. RAD self-defense classes.

Office of the Dean of Students.....962.3119

Support services, Title IX reports and facilitation of campus conduct procedures.

Student Health Services.....962.3280

Confidential medical care, including free STI testing and free preventative medication for STIs and pregnancy.

Counseling Center.....962.3746

Confidential individual and support group counseling for issues related to the healing process.

Title IX Coordinator.....962.3876

Oversight of Title IX reports, investigations and adjudication.

Title IX reports can be submitted to:
www.uncw.edu/noharm or ti-tleix@uncw.edu.

Local Resources

New Hanover County Sheriff's Dept. 798.4535

Wilmington Police Department 343.3600

Domestic Violence Shelter and Services... 343.0703

Rape Crisis Center 392.7460

North Carolina State Laws are available at:

www.ncga.state.nc.us/gascripts/statutes/StatutesTOC.pl?Chapter=0014

UNCW Gender-Based/Sexual Misconduct Policy is available at: www.uncw.edu/noharm

Understanding & Preventing Interpersonal Violence



UNCW TAKES A STAND

The University of North Carolina Wilmington takes these issues very seriously. Sexual misconduct, relationship abuse and stalking are prohibited at UNCW under the Gender-Based/Sexual Misconduct Policy.



Understanding Options

IF YOU ARE SEXUALLY ASSAULTED:

- ⇒ If possible, get to a safe place with people you trust. If you wish, call a friend or family member to be with you.
- ⇒ Call a UNCW CARE advocate, available 24/7 at 962.CARE or 512.4821. An advocate is confidential and can offer options and/or accompaniment through medical, law enforcement, court systems, campus conduct, housing and residence life systems and other on- and off-campus services or can be a source of emotional support.
- ⇒ To report the assault to police, call 911 or call University Police at 962.2222.
- ⇒ Seek medical attention at the local emergency room, New Hanover Regional Medical Center (NHRMC). NHRMC has trained Sexual Assault Nurse Examiners (SANE) with the ability to perform a sexual assault forensic exam to preserve evidence.
- ⇒ Make every effort to save anything that might contain the perpetrator's DNA, therefore do NOT:
 - Bathe or shower
 - Use the restroom
 - Brush your teeth
 - Clean up the crime scene
 - Change clothes (if you have already changed, preserve your clothing in a paper bag)
- ⇒ The Student Health Center can also provide confidential medical attention for victims of sexual assault. Treatment includes care for physical and emotional injury, medication to prevent pregnancy and measures to test for and prevent sexually transmitted infections.

Remember that it is never your fault. Regardless of the circumstances, no one asks or deserves to be sexually assaulted or abused in a relationship. It is your choice whether to report right away, at a later time or not at all.

IF YOU EXPERIENCE DATING VIOLENCE, DOMESTIC VIOLENCE OR STALKING:

- ⇒ If you are being abused or stalked, know that help is available, even when the abuse does not include physical violence.
- ⇒ To report the abuse to police, call 911 or call University Police at 962.2222.
- ⇒ Call a UNCW CARE advocate, available 24/7 at 962.CARE or 512.4821. An advocate is confidential and can offer options and/or accompaniment through medical, law enforcement, court systems, campus conduct, housing and residence life systems and other on- and off-campus services or can be a source of emotional support.
- ⇒ To file for a Domestic Violence Protective Order/Restraining Order (50-B) or a No Contact Order (50-C), go to the Clerk of Superior Court in North Carolina. A CARE advocate can accompany and assist with this process.
- ⇒ Preserve all physical evidence including everything in the area where the violence occurred. If there have been threats, save emails, text messages or voicemail messages when possible.

RECOGNIZING RED FLAGS IN ABUSIVE RELATIONSHIPS

- Isolating themselves and/or their partners from friends, family and the community
- Questioning every detail about activities after time apart
- Guilt trips, especially when partner feels like they did not receive enough attention
- Jealousy of friends, relatives or even strangers
- A Dr. Jekyll/Mr. Hyde split in partner's personality
- A repeating pattern where negative behaviors are followed by apologies, promises to change and hearts and flowers.
- Rushing the intensity of the relationship
- Controlling behaviors
- Constant criticism
- Frequent mood swings
- Disrespect or objectification of women



REPORTING GENDER-BASED/SEXUAL MISCONDUCT:

- ⇒ UNCW takes issues of sexual misconduct, domestic violence, dating violence and stalking very seriously. If a student wishes to make a report to the Office of the Dean of Students (ODOS), call 962.3119.
- ⇒ All students are entitled to a prompt, fair and impartial investigation and resolution of complaints.
- ⇒ Possible sanctions for violating the policy include a range from written reprimand up to and including suspension or expulsion. UNCW considers these violations to be serious, thus typically the most severe sanctions are imposed.
- ⇒ ODOS can issue a no contact order if requested by a victim. This is issued only through the university and both parties must be students at the university.
- ⇒ All non-confidential university employees (staff, faculty and RAs) who receive a report of alleged sexual misconduct, domestic violence, dating violence, and stalking on- or off- campus, must notify the Title IX Coordinator. **If you prefer to speak with a confidential resource, please contact UNCW CARE, the Counseling Center or the Student Health Center.**

BE AN ACTIVE BYSTANDER:

At UNCW, we believe that the safety of our community is EVERYONE's business. Sometimes the person being targeted isn't able to stop the escalation and that's when it's important for friends or bystanders to step in.

SOAR:

1. **See a problem**
 2. **Overcome Obstacles**
 3. **Assume Responsibility**
 4. **Respond**
- Direct—say something to those involved
 - Delegate—get others to help with the situation
 - Distract—create a distraction and get that person out of there

