

## State Health Plan Notice: ALL HEALTH ASSESSMENT DATA WILL BE CLEARED MAY 1, 2016

The State Health Plan announced that all Health Assessment data will be cleared from members' Personal Health Portals on May 1, 2016. This is meant to encourage members to provide their most up-to-date health information. Over time, our health status and risk potentially changes.

Regular reassessment increases your awareness to any changes in your health status and allows the State Health Plan to better direct members to appropriate health and wellness resources.

In order to receive-premium credit during October 2016 open enrollment, a new health assessment will need to be completed between May 1 and October 31, 2016.

To complete your health assessment, log in to My Personal Health Portal on the State Health Plan website [www.shpnc.org](http://www.shpnc.org). Instructions are located [here](#). Once completed, please print a confirmation and keep this for your records.

You may also call 1-800-817-7044 to complete the assessment via telephone. Please make note of the name of the person you speak with, the date and the time you complete the assessment. Keep this information for your records until you confirm you have received the health assessment premium credit during open enrollment.