

On Friday, Nov. 20, 2009, UNCW will offer a FREE H1N1 flu vaccination clinic for students, faculty and staff from 2 to 6 p.m. in the Burney Center. You will need to show your UNCW ID card to receive the free vaccine.

Both the nasal mist and injectable forms of the vaccine will be available. It is recommended that most students, faculty and staff receive the nasal mist, which is approved for healthy people, ages 2 through 49, who are not pregnant. Individuals who are over 49 years of age, pregnant or have certain chronic medical conditions or weakened immune systems cannot receive the nasal form of the vaccine, and must receive the injectable form.

If you have a severe (life-threatening) allergy to eggs or any other substance in the vaccine OR if you are moderately or severely ill, contact the Abrons Student Health Center at 962-3280 for assistance.

Due to the national widespread occurrence of the 2009 H1N1 virus, the vaccine is recommended by the Centers for Disease Control. Vaccination, along with proper hand washing and avoiding contact with infected persons, is considered the best method of prevention. The H1N1 vaccine is developed and manufactured using the same process as the seasonal flu vaccine and is considered just as safe.

For More information about the vaccine, go to the following web sites:

- Nasal spray vaccine: www.cdc.gov/vaccines/pubs/vis/downloads/vis-laiv-h1n1.pdf
- Injectable vaccine: www.cdc.gov/vaccines/pubs/vis/downloads/vis-inact-h1n1.pdf

For more information about the clinic, call the Abrons Student Health Center at 962.3280. The H1N1 vaccination clinic is sponsored by the Abrons Student Health Center, Environmental Health and Safety and the School of Nursing.